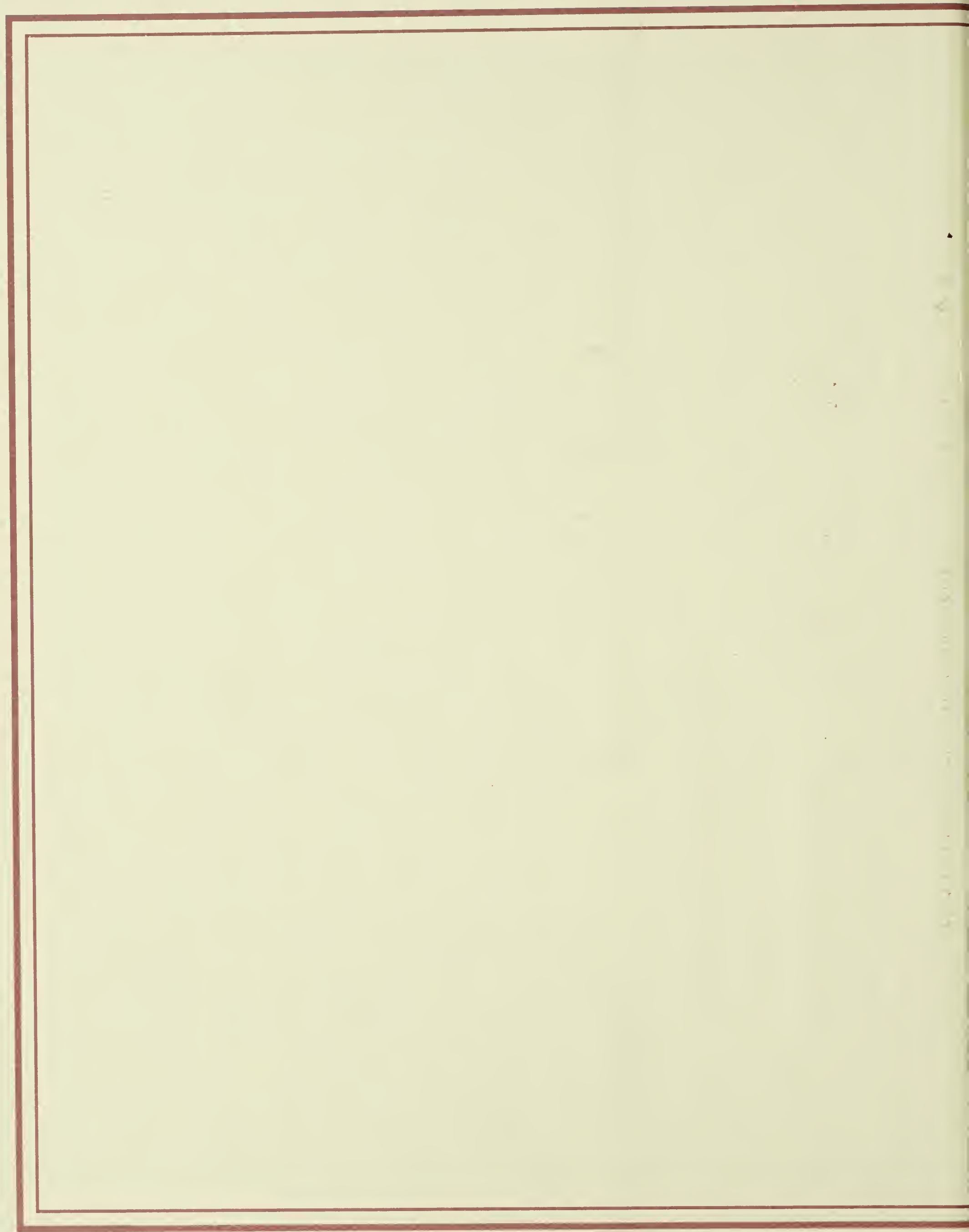


VALHALLA 1992

A Twist On
tradition





A Twist On

tradition

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The hottest game at Woodbridge — the five legged race. Junior Beth Robins ties the legs of 4 members of the Varsity Volleyball team together; seniors Martha Clark and Michelle Hummel along with

juniors Jennifer Kass and Keri Pratcher hobbled across the gym in a 5 legged race with other representatives of the fall sports teams. This activity was developed for the Potomac pep rally.

Valhalla 1992

Woodbridge Senior High School
3001 Old Bridge Road Woodbridge, VA 22192
(703) 494-7135 Enrollment: 2860 Volume 28

A Twist On tradition

High school, it's four years of continuous tradition. Each year is a cycle: the first day of school, football games, Homecoming, basketball season, semester exams, spring break, and graduation. However, no two years are alike nor are any two schools alike. There is always a *Twist* on tradition.

Woodbridge was no exception.

After seven years of service to the school as an assistant principal, Mrs. Pamela White was named the first female principal ever at Woodbridge.

The Woodbridge/Gar-Field rivalry was taken to an extreme with the 11th annual Ms. Gar-Field contest.

Central Fidelity named Woodbridge the VHSL champions in both academics and athletics, the first school ever to achieve such an honor.





Just hanging out. Senior Jennifer Boyt and juniors Brian Foley and Eric Goldberg stand along the track at the Osbourn Park game despite the "No Standing" signs.

Give me a W! Senior Rick Krimmer waves the green and gold spirit flag during the game against Osbourn Park. The spirit flag was bought during the 1989-1990 school year.



Congratulations Woodbridge! Central Fidelity Representative Garren Gualdoni presents Jeff Thurnher with the 1990-1991 trophy for VHSL Academic and Athletic Champions.

↑ *A Twist On* tradition

Student Life was dominated by traditional attitudes towards dating, free time, school functions, and the world in general. In some cases, these attitudes were maintained. In other cases, they accepted all new *Twist*.

Traditionally, boys asked girls out to dinner and a movie. However, the recession transformed these dates into group dates or going "dutch." Other students even began to stay home and hang out with friends rather than spend money.

Saturday mornings were a time for more than teenage Mutant Ninja Turtle cartoons and sleeping. They were a time for DISCIPLINE. Saturday morning detention from 8 to 10 a.m. in Health Room 4 was a deterrent for tardies.

The student body adopted the theme, "Woodbridge Goes Animated" for Homecoming '91. The Class of 1992 won both the Spirit Stick for the Spirit Week dress-up competition and the float competition. The winning Cinderella carriage which required 7,000 napkins to fill in the chicken wire upheld the Senior tradition for victory.

Outside of Woodbridge, Virginia, the world was changing at a breakneck speed. Communism died after a failed August coup in Moscow. Bush and Gorbachev spurned one another on in a race to CUT the levels of nuclear weapons. Oct. 30 signaled the beginning of the historic Middle East Peace Conference in Madrid.

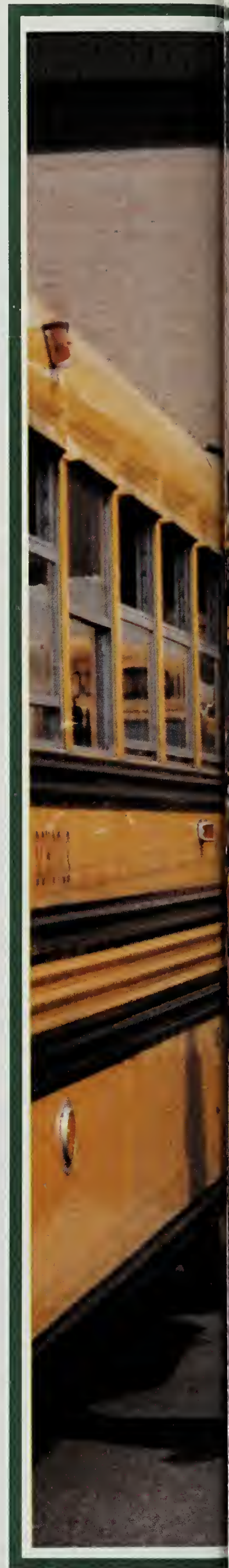
"There is student life in high school? I knew I was missing something. Between sports, activities, and grades, there isn't time for much else. However, I do indulge in a little sleep."

Elizabeth Erlandson, senior



Let's do the color shout! Junior Michelle MacDonald spreads her spirit during a Friday morning pep rally. On these mornings, the band and the cheerleaders performed in the lobby.

The 16 minute race. With 39 buses stretching to the Mohican intersection, Sophomores Scott Flickinger and Melissa Puttre race to catch their bus before 2:20.





Tradition

Can you imagine having your long awaited Senior Prom in the library? The Class of 1966 did! The football players carried all the books out, and Woodbridge's first Prom was held in the school library. Things have definitely changed. Prom has been at Stouffer's in Crystal City since 1982.



It was such a great honor," stated Erin McLaughlin after receiving her title. Paige Muendel adjusts the sparkling crown before Erin and Daniel Wheeler dance to the theme song.

Making their grand entrance, junior Princess nominee Scott Cheatham and Escort Jason Schooler walk into the ballroom to begin the announcement of the Prom Court.





An Evening for Memories and "Feelings of Forever"

Unforgettable

"Can you go back in time to a place in your mind . . ." These words sung by the band "New Censations" filled the second floor ballroom of the Stouffer's Concourse Hotel to begin the unforgettable evening, "Feelings of Forever".

It was a night of limousines, strapless dresses, chauffeurs, colorful corsages, expensive dinners and moonstruck moments after dark. It was Prom Night.

Junior Dana Carlsen stated, "The best part about Prom was getting so dressed up and being able to stay out really late."

Underneath all of the glamour, glitter and excitement, however, students had to face the outrageous expenses that accompany this special occasion.

"Expensive? It depleted my entire savings account," stated jun-

ior Paxton Dickson.

Others were more fortunate when it came time for paying the bills. Junior Jeff Vogelsang explained, "After getting lost on the way to the restaurant, it was great to find out that our dinner had been paid for by a benefactor."

After dinner, students traveled to Crystal City to get to the dance. The band continued playing a variety of music from M.C. Hammer to Michael Bolton, pausing briefly for the announcement of Prom King and Queen.

Former Queen Paige Muendel crowned senior Erin McLaughlin Prom Queen, and senior Daniel Wheeler was named Prom King.

Junior Meredith Phillips exclaimed, "Prom was really exciting! It was a night I will never forget!"



"And when she danced . . ." As the band played its final song, seniors Angela Lee and Ron Newcomb dance hand in hand in the ballroom of the Stouffer's Concourse Hotel.

Wearing a corsage of five white roses on her wrist, senior Katherine Vicano concentrates on carefully pinning a boutonniere on her date's lapel before leaving for dinner.

Tradition

Green robes for guys and white robes for girls has been a tradition at Woodbridge for 19 years. Prior to wearing green and white, graduates wore black robes or white robes. Unlike other schools, seniors can only wear the traditional Beta Club cords and Honor Society sashes on their robes.

Sharing a final moment together, seniors Denise Quinn and Nancy Rankin reflect on their high school memories. Graduation brought an equivalence of tears and laughter.



Moving On

Seniors Look to the Future Yet Hold on to the Past

This was the moment. The moment for 703 seniors to walk across the stage to receive their diplomas. The moment for friends to say good bye to high school and hello to freedom.

Four years of cramming for tests had finally paid off. "It felt so good knowing that I was finished with high school," exclaimed senior Khristy White.

Graduation was a time for friends to get together before having to go separate ways in the fall.

Most would be attending college while others would look for jobs or join the military.

"It was neat to see the whole senior class all decked out in green and white," stated senior Tanya Yurchak.

Graduation ended in a bang. A letter from a jailed classmate inspired the class. It stated that in spite of his present condition, he had gone on to get his GED. "You can succeed if you try." And with these words, the class of 1991 threw their hats into the air.





Following Viking tradition, seniors David Merz, Douglas Middleton, and Joseph Monastra hold their hats low for the playing of the National Anthem.

Grasping her diploma tightly in her hand, senior Tiffany Thompson looks down the road to her future. The hot June day found many seniors looking ahead to the paths they would be taking.



One more pin and I think we've got it! Senior Alison McKay helps senior Gina Morra with some finishing touches. Everything had to be exactly in place for the big day.

“Each picture will remind you of all our memories together.” Senior Emily Sorbello takes time out with her sister to enjoy her present. Some gifts money couldn't buy.

Tradition

L.R.P.R.A., Lake Ridge Parks and Recreation, opened the first Lake Ridge Pool in 1977. The pool was called Ridgewood and was located off Old Bridge Road on Oakwood Drive. Ridgewood was the first of five pools. As the community grew Oakwood, Tall Oaks, Edgewood, and Springwoods Pools were built.



Senior Jeff Martin explains to junior Kara Nelson the procedure of scrubbing scum-line. Scum-line proved to be a tedious task. However, on a long, hot day the chore was a nice break.

Senior George Forsythe can't seem to stay away from the water. On his days off from guarding George often took trips to the beach to play in the water instead of watching over it.





Lifeguards Realize It's More Than Just Fun in the Sun

Sun Seekers?

“You’re up in the chair in five minutes and before you leave get the garbage on deck and scrub the scum-line, okay?” “Yeah, sure!” replies junior Craig Baldwin. Although lifeguarding may seem like a glamorous job in the sun, it entails more than people think. Senior Dana Carlsen stated her view of lifeguarding, “Most importantly we supervise the patrons, but you can’t forget what goes on behind the scenes: emptying skimmers, scrubbing scum-line and bathroom floors, cleaning toilets, mirrors, and sinks. The job may look glamorous but work is actually done!”

Senior Jason Strohecker revealed his frustrations about comments made by his friends, such as “You’re a lifeguard? All you do is get a tan!”, “The pressure of the children’s lives being in our hands

is overwhelming. A person making a statement of that nature obviously has no real comprehension of the true responsibilities of a lifeguard!”

The job of lifeguarding was demanding as well as fun. Junior Tracy Tomlinson described the reasons why lifeguarding as a summer job fit her, “I enjoy being outside and I wanted a job in which I would spend the majority of the time outside as well as near the water. Lifeguarding seemed like the perfect choice!”

Every lifeguard last summer did gain a good tan, but one can’t overlook the true responsibilities and the daily work that was involved with the job. When patron safety was ensured and all the work on deck was done, lifeguarding was “FUN IN THE SUN!”



Sophomore Lincoln Burke watches over the pool while the umbrella shades the sun. Hot days proved to be crowded days, which meant spending your fair-share of time in the chair.

Taking pride in her work, senior Michelle Sullivan makes sure the mirror is spotless. Cleaning bathrooms was one of the many closing duties that were performed nightly.

Homecoming Game Full of Excitement and School Spirit

Victorious

The votes were all in and "Woodbridge Goes Animated" was chosen as the homecoming theme. The classes all worked hard on their floats, but the class of '92 rode off as the winner of the best float in Cinderella's carriage, made out of tissues instead of a pumpkin. Senior Mike Todaro said, "From a distance our float looked like a giant spit ball, but as I got a closer look I thought it looked great."

The parade started at 5:15 under slightly overcast skies. Hard work and a lot of planning went into the parade. Senior Jason Solomonson said, "The Norsemen were instrumental in organizing the parade. Scheduling had to be rearranged at the last minute, but the Norsemen came through with spirit and charisma."

Senior Will Martin and junior Scott Porrier agreed that the game was uplifting and inspirational and were happy to be a part of the Viking spirit. Quarterback Jason Ri-

chards passed for 281 yards — 262 of them to senior Sean Scales to help the Vikings roll over the Stonewall Raiders 26-7. "The game was very exciting, action packed, and explosive. Our team looked awesome and the atmosphere at the game was full of spirit and fan involvement. This was my first homecoming at Woodbridge and I must say I was very impressed," said sophomore Andy Stephenson. The Vikings clinched the district title with their win over Stonewall.

Halftime entertainment included showing off the entourage of class and club floats followed by a motorcade of cars carrying princesses and escorts. Senior Michelle Smith was crowned Homecoming Queen by last year's queen Kerry Pallo. "Homecoming was a real show of school spirit and I always look forward to all of the homecoming festivities like spirit week," said senior Jen Boyt.



All cramped up senior Sean Scales receives a much needed calf massage from teammate Cornell Smith. Sean Scales later returned to the game in full force after a short rest.

After being named Homecoming Queen during the halftime festivities, senior Michelle Smith receives a hug from her father. Afterwards Michelle took a victory lap around the track.



Tradition

Woodbridge has carried on the tradition of having a homecoming parade since 1965 when it traveled through Marumsco Hills to the original Woodbridge High School located on York Dr. Woodbridge is the only school in the county that still has a parade. It now travels from Deepford Dr. to Antietam Rd.



Once upon a time . . . senior Erin Vandivork and her prince charming David Cheatham glance out over their adoring fans from Cinderella's carriage. It was named the winning float.



"Let's go Vikings!" Junior Craig Baldwin cheers and shows school spirit at the Homecoming game. Football games were prime time to show off just how much spirit a student had.

*Dinner, Dancing, and to
Top It All Off, a Movie!*

A Night Out

Pictures have been taken. Dinner was great. You went to the dance and saw the court parade down the lobby, saw all your friends dressed up, and danced to a few of your favorite slow songs. Now what?

Students gathered around in small groups discussing what was next on the agenda. The options seemed numerous, being so close to Washington D.C. and Old Town Alexandria. So why did many students spend the rest of the evening at a friend's house? For freshmen and sophomores it was because of the lack of transportation. Also couples found it cheaper and a lot of fun to get a group of friends

together, rent a few movies, and watch them. "We couldn't find anything better to do so we met everyone at a friend's house and watched T.V.," said Sophomore Scott Kennedy. "You can have just as much fun at home," said senior Ted Pelot.

After all the excitement, a comfortable couch and a warm blanket seemed to be the only things needed to end a perfect evening.

All dressed up with somewhere special to go! Senior Sean Stogsdill and sophomore Sheila Sebastian enjoy a minute with friends. Homecoming is like a mini-prom for all classes.



Taking a break. Freshmen Tiasha Carter, Treva Greer, Toi Kyles, and Cerina Wouzer take a break from dancing to cool off and talk about their plans for the rest of the evening.

One last dance. Seniors Dean Gri-seto and Sherry Nichols savor their last dance of the evening. This last dance was special to seniors knowing that this would mark the end of their last Homecoming Dance.





A moment of rest! Senior Kim Dehnel and Kevin Donahue, a student at Radford, took a minute to talk. With Kevin being away at college, Kim enjoyed the time they had together.



Tradition

Homecoming Dance has been held in the lobby ever since a wooden floor was placed in the gym. The junior class wakes up early on the morning of the dance to decorate the bare, brick walls with beautiful decorations that represent the selected Homecoming theme.



May I help you? Junior Daniel Barone purchases a drink for him and his date. After a few dances, students could quench their thirst at the snack bar provided by the juniors.

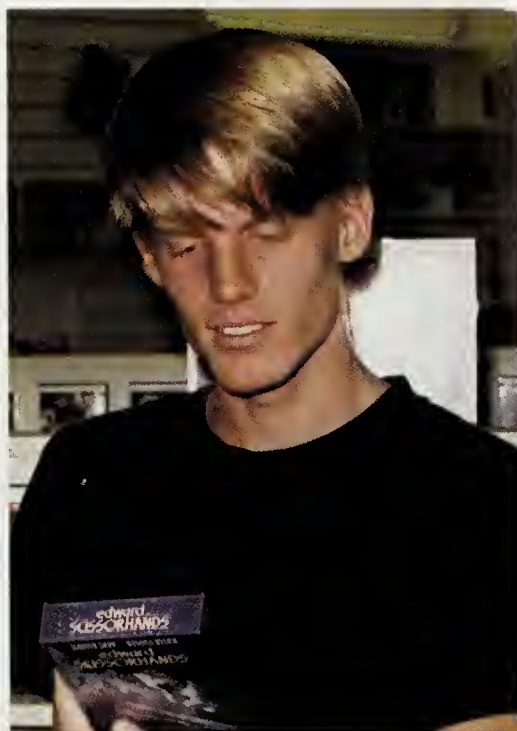
Smile! The Homecoming Court gathered together for a picture after their grand entrance. The senior princesses were Betsy Russell and Keri Godfrey. The queen was Michelle Smith. Each class voted for their representative.

After watching Julia Roberts perform in *Sleeping with the Enemy*, senior Ellen Wahlquist removes the tape from the VCR to make sure it is completely rewound.

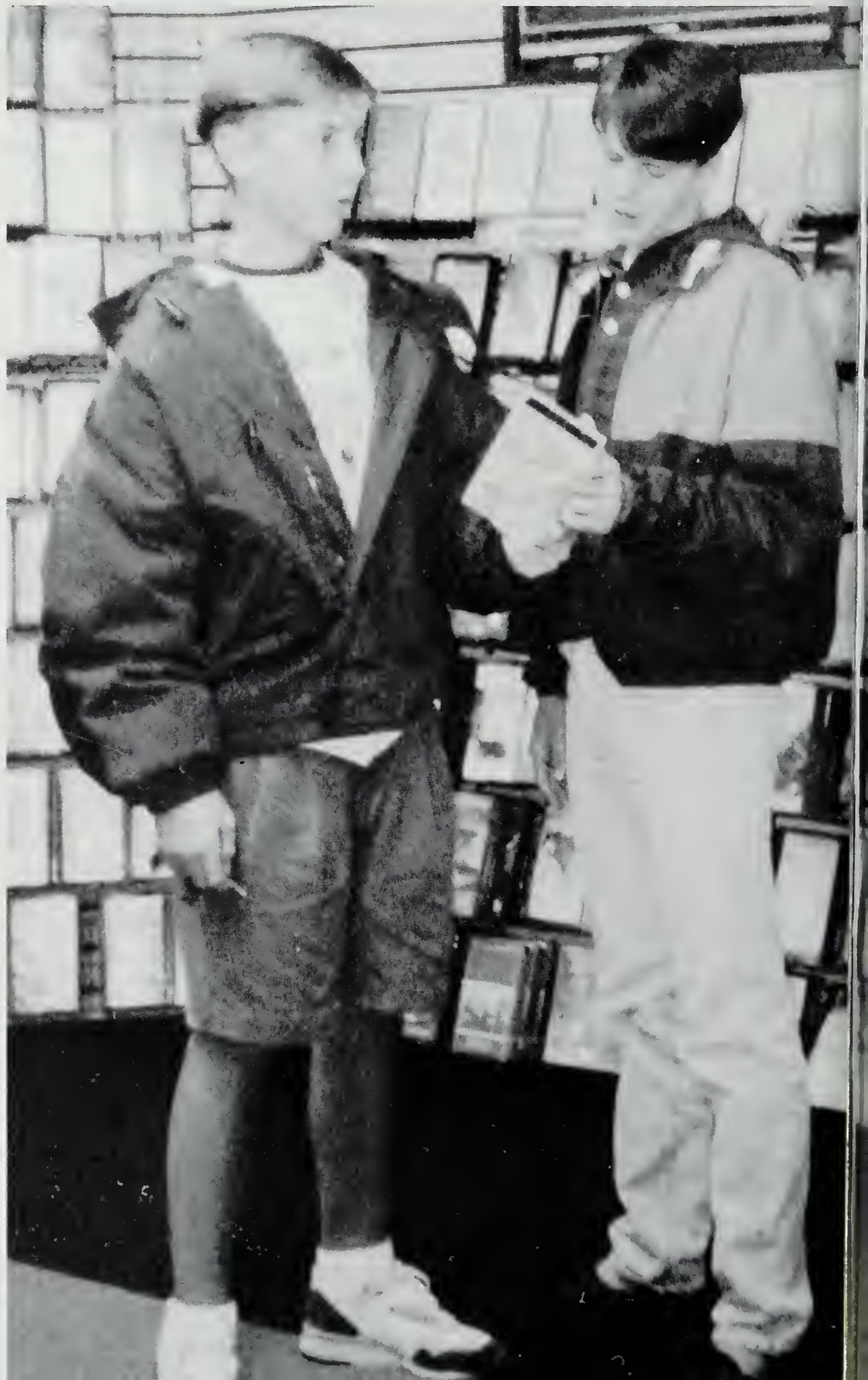


Tradition

Watching movies is one of the most popular forms of art and entertainment throughout the world. Motion pictures were projected on a screen publicly for the first time on December 28, 1895. Today, Americans pay more than \$3 1/2 billion dollars to see movies each year.



Where does snow come from? The answer is found in *Edward Scissorhands* with Johnny Depp. Before checking it out from Blockbuster Video, junior Grant Wahlquist reads the movie summary.



Movies just wouldn't be the same without it! Sophomore Autumn Pittman enjoys a handful of freshly popped popcorn while watching Kevin Costner in *Robin Hood*.

With movies in hand, senior Michelle Smith attempts to alphabetize them in the "Hot New Releases" section of Erol's. One advantage of working for Erol's was free movie rentals.



Choosing Movies was Often a "Die Hard" Decision

Rental Rerun

It was a Friday night. The final buzzer had just sounded to end the basketball game, and Cindy, Michele and Jenny were in search of something to do for the remainder of the night.

Walking into Erol's, the girls were overwhelmed by the selection of movies. They glanced at the variety of categories, only to disagree on whether they wanted to see a comedy, drama or an adventure.

"How about *Lethal Weapon*?" suggested Cindy.

Michele exclaimed, "I'm not watching Mel Gibson and Danny

Glover again. We must have seen it twenty times!"

Visiting the local Erol's or Blockbuster video stores was a quick solution for a boring night. Not only did it save money, but renting movies was a good activity for large groups.

"When lots of my friends get together, we always rent a couple of movies and buy tons of food!" said junior Matt Lisack.

Deciding which movies to rent could take time and even cause arguments among the closest of friends. Freshman Elliot Walls remembered searching for a movie with freshman Brent Maloney. He stated, "We spent an hour in Blockbuster and ended up getting something we've seen and could recite all words!"

After the football game against Potomac, freshmen Elliot Walls and Brent Maloney search for a movie at Erol's. They chose the adventure *Die Hard 2* starring Bruce Willis.

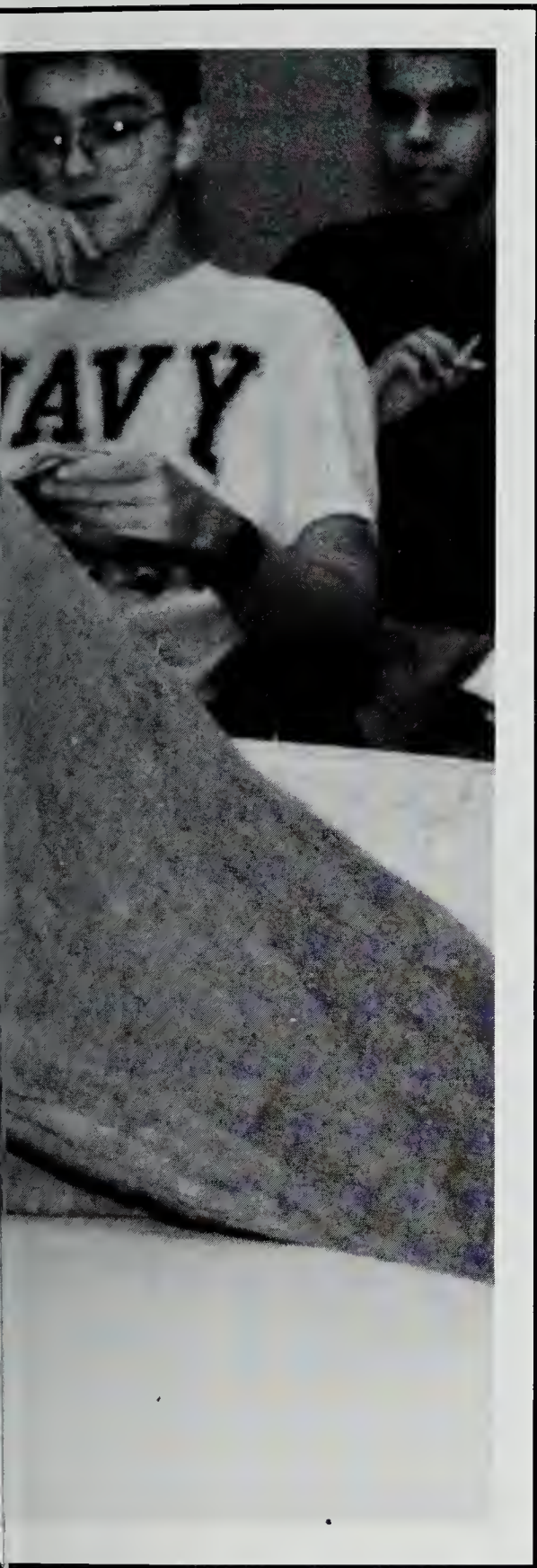
The day after pulling an all-nighter is a rough one for senior Michelle Orme. She stayed up almost all night long working on her homework, and payed for it in class.

Another last minute project. Senior Alexis King concentrates while gathering information from a reference book in the library. Longterm projects resulted in all-nighters.



After spending half the night working on a project, senior Jenny Blackburn works hard to finish in time. This was how many people finished their work when they didn't work all night.

Gathered for study in the library, seniors Morianna Santiago, Julie Todaro, and Jen Tinsley all work together to finish a project. Group projects provided a welcome challenge for students.



Tradition

Students have been pulling all-nighters since teachers began to assign homework. Throughout the years, the invention of Coca-Cola, Jolt and Pepsi have given students the caffeine they needed to stay awake all night. Although coffee helped students stay awake longer, top choice has been cola.

Junior Seth Johnson doodles in art class after he finishes the English project that he spent the whole night before working on. Seth is known by his friends to be a perfectionist.



All-Nighters

Doing Long-Term Projects All in One Night!

“**A**fter twelve straight hours it's finally done.” This is how students felt after pulling all-nighters. When students procrastinated, they faced deadlines. When those deadlines had to be met, sometimes it meant working through the night.

“Once I had to do a project in one night because I waited. I worked hard and with some luck, I received an ‘A’,” said sophomore Carolyn Lambros.

Unfortunately, this didn't work for everyone. “When I did projects

in one night, they always turned out sloppy and messy,” commented junior Darin Council.

Other students didn't want to put the effort into working an entire night. “I've never stayed up all night for school. If I had to, I'd just do it in school,” admitted junior Lynne Gallitz.

Whether or not students took the time to do their work or waited until the last minute, teachers still assigned projects. Students still had to decide to plan ahead, and get their work done, or they would have had to pull all-nighters.

With ax in hand and his "turnout" gear on, senior Herb Ley demonstrates how to put a ventilation hole in the roof of a house in case of an emergency.



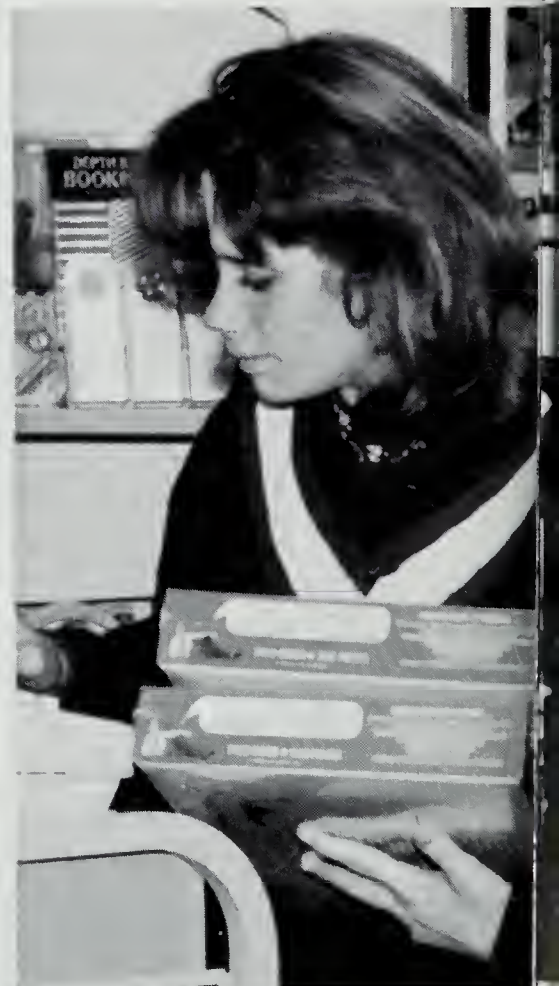
Tradition

The American Red Cross is an organization which serves communities and helps to relieve human suffering. There are Red Cross programs in more than 120 nations. The United States has more than 30 million members and all of their services are from volunteer contributions.



Seniors and candy strippers, Betsy Story and Alli Walls look over an issue of *Hospital News*. Working at the information desk required them to be well-informed.

Talking jigsaw puzzles? Senior Leigh Sullivan rings up two talking jigsaw puzzles in the gift shop of Chinn Library. Leigh volunteered every Tuesday at the library.





Time Out!

Volunteers Take Time to Show How Much They Care

“You’re always hoping for the ‘big one’, a fully involved structure fire, yet dreading the possibility of losing a victim. Even though there’s a downside the good things make fire-fighting worthwhile,” explained senior Dean Griseto.

Juniors on the Occoquan-Woodbridge-Lorton Volunteer Fire Department were required to take Emergency Medical Training and firefighting classes. The volunteers gained experience by traveling with firemen on their emergency calls. Each volunteer worked at the fire stations once a

week.

Working at Potomac Hospital as a candy striper was another way students served their community.

Junior Katrina Wahus expressed her feelings about candy striping, “The thank-you’s and smiles are worth more than any amount of money. It means a lot to me to make someone’s day a little brighter by doing simple tasks.”

Candy strippers offered their services to the hospital by delivering flowers, taking vital signs, filling and above all, providing a friendly atmosphere.

Other students spent time volunteering for ACTS, local libraries and other organizations. Senior Leigh Sullivan stated, “Volunteering is just one way I can contribute to my community.”

Volunteering at Station #2, junior Mike Darabond and senior Herb Ley, practice handling the hose while senior Ken Machak watches. For them, knowing what to do could save a life.



Volunteering many hours at the Muriel Humphrey Center, senior Holly Jonely enjoys the special times she shares with handicapped children. She was a substitute for the class.

Tradition

From eight-track tapes to compact disk players, students had always considered music a must in their bedrooms. Music was used as inspiration for homework, a lullaby to fall asleep to, or a way to get going in the morning. No matter what the purpose, music personalized every bedroom.

Senior Amy Rosenberg reaches for her "Spaghetti Garfield". This is only one of the many Garfield items that she collects and puts on her shelves. Her walls are covered from top to bottom with different Garfield comics.



Feeling Cozy

Students Take A Quick Break In the Comfort of Their Bedrooms

Heart pounding and head throbbing she shoved her way through the unbearably crowded halls. She escaped the mass hysteria of the hallway to her car only to be met by honking horns and impatient drivers. Once home she jiggled her key into the lock, flung open the door, and darted upstairs to her room. Dropping her books onto the floor, she collapsed onto the bed. The horrors of the day disappeared into the soft, airy feeling of her favorite place.

For students, returning from

school and crashing onto their beds meant instant comfort. Senior Jeff Rhodes admitted, "My favorite thing in my bedroom is my bed because that's where I spend most of my time."

While students enjoyed their beds, they also had other favorites. Junior Jeff DeMain's favorite thing in his bedroom is his "pet cactus". Sophomore Kelly Finnegan's favorite thing in her bedroom is the everpopular telephone. Janelle Sweeney said, "I love my bedroom walls because the coral color is so pretty."





Sophomore Rob Dooley reads a comic book in his spare time. He also hangs up cut-outs of heavy metal singers and skaters. Adding unique pictures to his room is one of his hobbies.

Junior Kate Duecy leans down to look at a picture of Cindy Crawford that's pinned on her door. She has been cutting out pictures in fashion magazines for three years and putting them on her door.

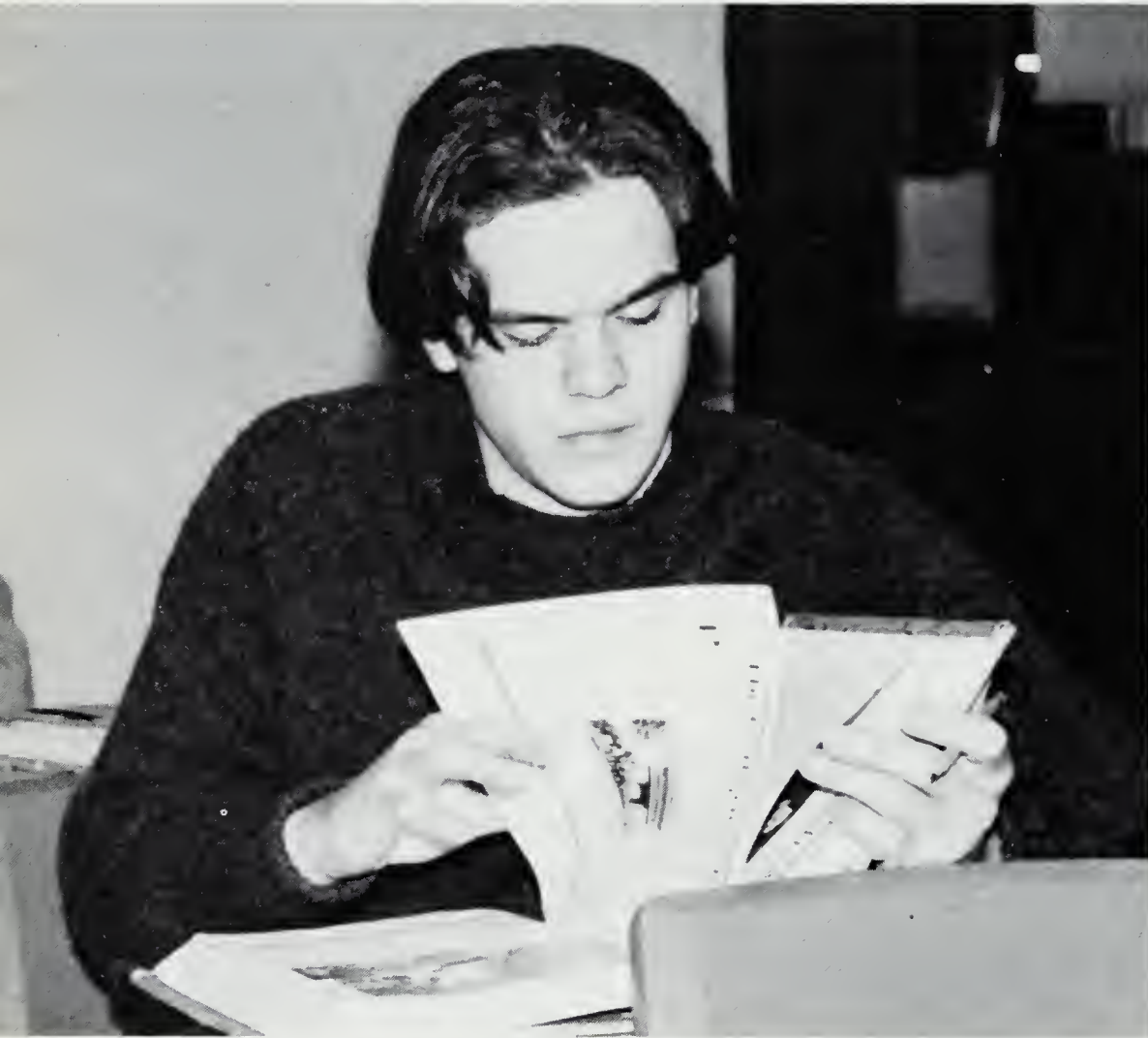


Sophomore Scott Kennedy strings the head of his lacrosse stick. Scott is a newcomer to Lacrosse, joining the 14-0 Viking Lacrosse team last year. He practices Lacrosse wherever he goes.

Slimy reptiles with hard shells are the focus of senior Monica Neel's attention. She has been collecting turtles since she was seven years old and she has over 20 in her collection.

Tradition

In the wake of the upheaval in the Soviet Union, students looked to the past for answers. The peace movement of the '60's and '70's had resurfaced in the '90's. Peace symbols and sixties haircuts and clothes showed outwardly the students' inner need to encourage peace in the next decade.



Studying right before a quiz, junior Jake Fretwell flips to the assigned chapter in his Twentieth Century History book. Students often crammed in class for a test.

Seeking refuge in the library, senior Chip Kramer takes notes from his history book. Before being able to worry about the present, Chip focuses on the past and his grade.





Social Coup

Thawing the Cold War Barrier Old Fears Replaced by Hope

“Those who cannot learn from history are doomed to repeat it.”
Santayana

While some thought history was dry facts and ancient textbooks, most realized that it was witnessed every night on the evening news. The event that captured the world's attention caught the concerns of students. The fall of communism in the Soviet Union took a personal twist when students evaluated its impact on their future.

A Twentieth Century History class of thirty students was polled about the new risks from the end of the Cold War. While the majority polled felt more secure now, five students felt the risks were even greater. Senior Jeff Martin said, “I feel less secure because no one knows what form of government the U.S.S.R. will be. It's

like a live wire. Bush is just hoping for a democracy.”

In the past, the threat of a nuclear war was eminent. Students disagreed as to whether there was still a threat. Junior Heather Wilson said, “There will be a threat of nuclear war as long as there are nuclear weapons in the world.”

Senior Brian Smith believed, “There never has been a nuclear threat. No one will ever start a nuclear war unless they want to destroy themselves as well.”

Those that believed there was a threat thought it was from other parts of the world. Most believed the Middle East posed the greatest threat, as long as Saddam Hussein was in power.

While opinions varied, most everyone was optimistic about the future. Junior Kelly Popp said, “I'm just praying for peace.”



With the world changing without notice, keeping on top of the news is sometimes difficult. Junior Heather Conti takes time to read the paper before class.

Amid book bags and confusion, junior Rachel Ward looks over her current history notebook. As an A.P. American History student, she must know past and present issues facing the world.

Senior Class president, Scott Parker presents principal Pam White with a cream pie. Officers advanced up ladders prompted by the shouts of their classmates.

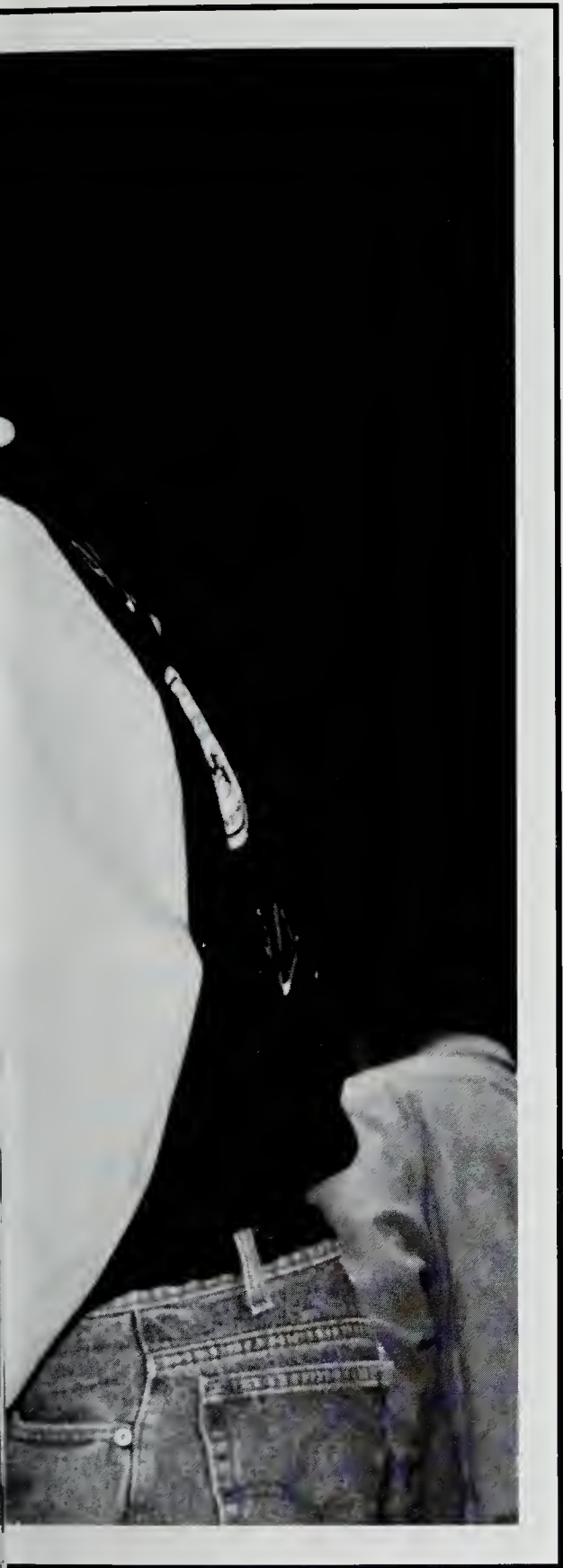
Junior Jamie Pratscher struts his stuff at the annual Gar-Field pep rally. He competed with candidates from each of the other classes for the title of Miss Gar-Field.



Number seven, senior Jason Richards gets ready to throw a pass in the game against Gar-Field. This was a very important game to the team and to the students as well.

Sitting in the section reserved for the seniors at pep rallies, seniors Chris Navarro, Jennie Statler, and David Alexander watch the action. Pep rallies were a time to let loose.





Tradition

The rivalry between Gar-Field and Woodbridge existed even before the identical school buildings were opened. Gar-Field used to be the old Saunders Middle building and Woodbridge was the Woodbridge Middle building. The annual pep rally and Miss Gar-Field contest lasted for eleven years.

Here come the spirit links! The senior class won this competition at the pep rally. Senior Sarah Weiland leads the train of links in a victory lap around the gym.



Gar-Field

Taking One Last Look at the Indian-Viking Rivalry.

“Come on Vikes, beat Gar-Field!” roared through the stands at the annual football game. Viking pride was at an all-time high because Gar-Field was the team to beat. Unfortunately, due to boundary changes, this was the last year we played Gar-Field in the regular football season.

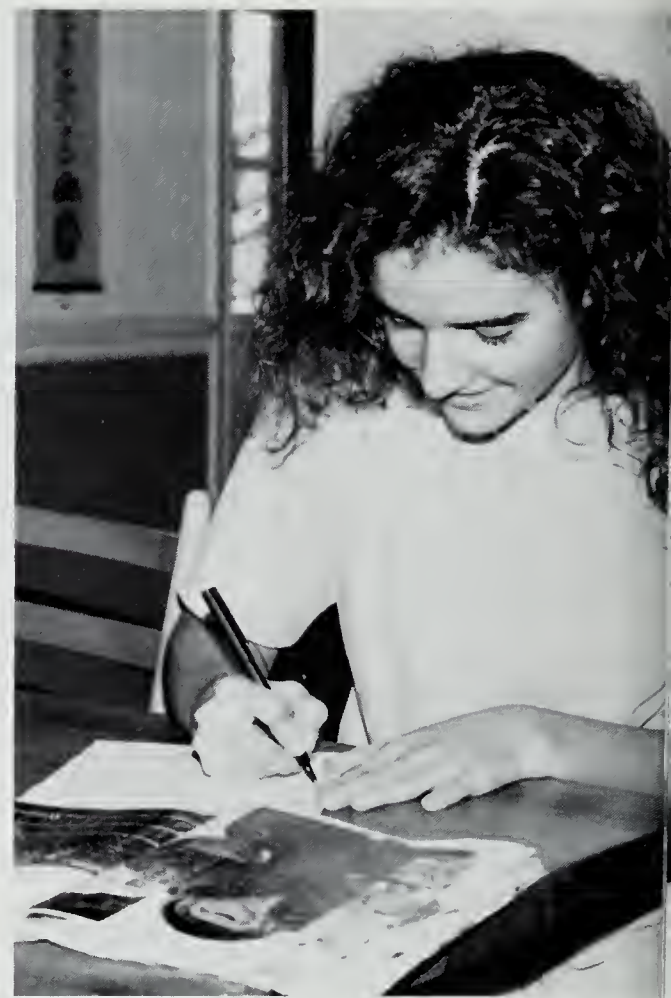
“The rivalry is such a fun tradition,” said junior Jen Sutton, “We just go wild!”

Spirit Week was an exciting prelude to Friday night’s game. Students showed their school spirit by dressing up. There was pa-

jama, hat, snob, sweatsuit, and finally, green and gold day. The Gar-Field pep rally had a reputation for being the best. It included the Miss Gar-Field Contest, won by the senior twins, Ted Pelot and Jerel Williams. Spirit links, bought at lunch for a dime, were also won by the senior class. The Vikings proved victorious at the football game with a score of 21-16. Junior Rachel Ward said, “The only reason the game was so tough was because of the rivalry between the schools. Everyone was pumped up!”

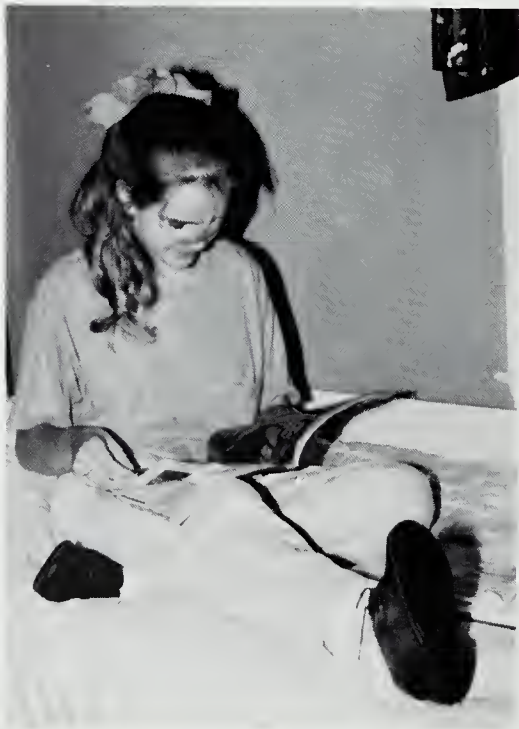
The Vikings upheld the rivalry with the Gar-Field Indians.

Skimming through a catalog that just arrived by mail junior Meghan McGrath previews the upcoming winter wonder wear in an L.L. Bean catalog which comes out every season.



Tradition

Montgomery Ward and Sears and Roebuck brought the necessities of life to rural America at substantial savings through their catalogs. The first catalogs came out in 1894 which enabled farmers to buy things such as stoves, clothes, and jewelry, items not readily available in rural areas.



Taking a break from her studies, senior Kari Kennedy looks over the new catalog put out by Spiegel. Catalogs informed subscribers of what's new and popular in merchandise and clothes wear.





Senior Kara Luck takes her time when filling out a J. Crew Catalog order form. Catalogs made it impossible to try on clothes so putting the correct size, color, and style down was vital.



With so much to choose from senior Erik Muendel closely examines his J. Crew Catalog. Catalogs featured casual styles that appealed to students and enabled students to save time from shopping.



Buy By Mail

Students Obsession With Convenience and Style

“Have you seen that cool suede jacket in the new J. Crew catalog yet? I’m trying to talk my mom into buying it so it can arrive just in time for my birthday!”

Receiving merchandise through the mail was always exciting, especially when knowing that the stylish new sweater from L.L. Bean was on its way. “It’s cool when I come home from school and find a package. It makes my day because I love to receive new stuff and wear it before my sister Melissa does,” commented junior Amanda Crowe.

“That would look good on you!” exclaims junior Melissa Crowe to junior Sandra McConnell while comparing catalogs. Getting together with friends was a good way of sharing fashion advice.

Ordering through catalogs helped save time and energy. Catalog shopping cut down the need for having to drive twenty minutes to the nearest mall and spend hours trying on clothes. “With so many things to do like homework and after school activities, ordering from a catalog is really the most convenient way to shop for me,” said senior Kara Luck.

Some drawbacks from ordering by mail were the inability to try clothes on and the uncertainty of when the merchandise would arrive. Sophomore Adam Stephenson commented, “I ordered a pair of goalie gloves by mail, but the processing of the merchandise took too long and I didn’t receive them until after the soccer season had passed and had to use my old gloves instead.”

Where to Go

What's In and What's Out Italian-Tex-Mex-Chinese

“**W**here do you wanna eat?” This was a common question asked on a Friday night. With the variety of new restaurants open, a number of options were available: burgers at the Silver Diner, steak at the Outback, enchiladas at Carlos O’Kelley’s, or chicken wings at Brittney’s.

Students usually looked for a place to eat that was popular and inexpensive. Senior Chris Koerner said, “Chili’s, Mike’s Bar and Grill, The Outback, and Carlos O’Kelley’s are where a lot of people go on dates or just with a group of friends.” These places maintained an affordable and entertaining atmosphere. Many people usually ordered a burger, fries, and a soda. A decent meal ranged from seven to ten dollars per person.

Going Dutch has changed dating. The guy doesn’t have to carry the burden of paying for everything through the evening. Senior

Mindy Ferguson replied, “I think going Dutch helps the guy out financially and gives the girl a turn to pay, which is only right.”

Going out with a group of friends relieved the pressured and worries that you would have to face going out as a couple, such as the bill. Senior Donna Guerrero explained, “I like being with people, so group dating is a lot of fun for me, plus there’s no pressure as to who is going to pay the bill.” The bill was divided among the number of people in the group and was evenly split along with the tip.

Some students preferred going out on dates as a group and others just liked going out with one another. Senior Matt Paxton replied, “I like to go (on a date) one on one because you can get more intimate. Being with a group of people causes mixed signals and prevents you from getting to know one another better.”



Group dating added excitement and more conversation to eating out. With a smile on her face, junior Barbara Greyson enjoys the company of her friend, junior Jen Sutton.

Delicious and good for you too! Sophomore Ashley Klimkiewicz enjoys breakfast at the Chesapeake Bagel Bakery. Students woke up early to eat and get to school on time.



Tradition

In 1955 Raymond Kroc established a franchise of over 2,000 outlets of McDonalds across America. Teenagers began going to McDonalds because it was cheap and convenient. Today there are McDonalds all over the world, including Russia and Europe. McDonalds has become the teen "hang out" of the world.



"Mmm, mmm good!" Junior Tom Weed samples the sweet and delicious ice cream cone held by junior Caytie Van Allen. Dessert was one of the main highlights of dining out.

Carrying a tray full of food, junior Melanie Montanari walks through McDonalds to find her date. Going against most traditions, she took her turn and paid for their meal.

Wake-Up!

Cartoons, Job, or Work Lots to Do Sat. Mornings

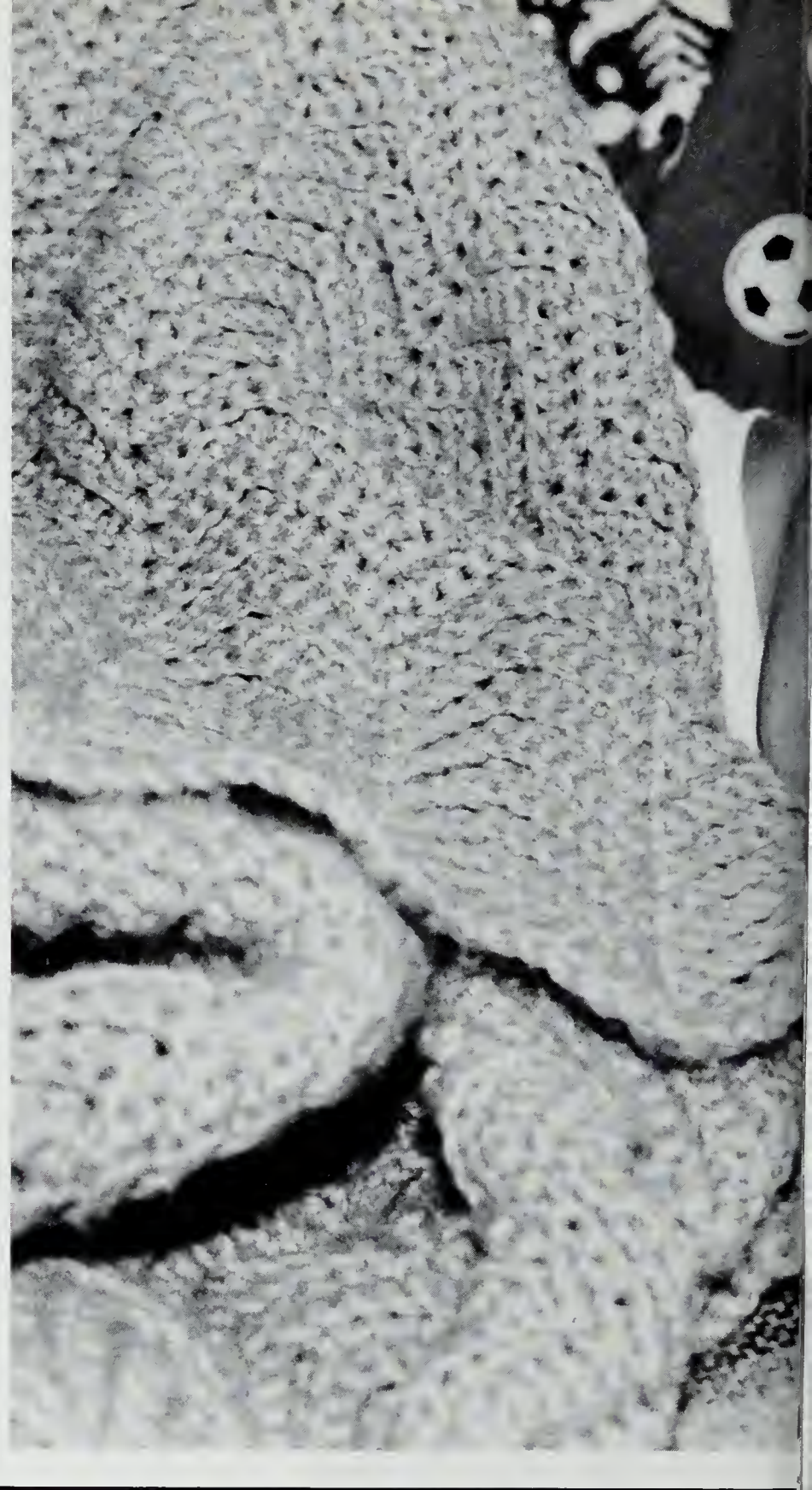
“**A**lright, tomorrow’s Saturday I can sleep in!” thought senior Mindy Ferguson after a long week at school. For most people Saturday mornings were a day to look forward to, but for others they weren’t so welcome. “I really hate getting up at eight o’clock in the morning to go to work on our one day to sleep in,” complained senior David Howe. Many people had to get up early in order to get to their all-day jobs on time.

While sleeping in ranked as the most common thing done on a Saturday morning, some students still loved to get up early to watch their favorite cartoons. “Every Saturday morning I get up at ten o’clock just in time to watch my favorite cartoon, *Bill and Ted’s Excellent Adventures!*” exclaimed junior Darin Council.

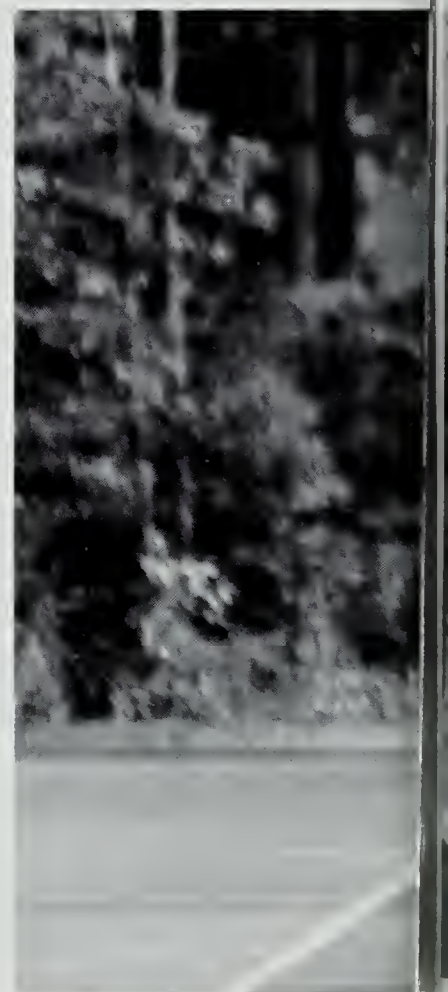
Among some of the more popular cartoons like *Muppet Babies*, *Darkwing Duck*, *Talespin*, and *Tazmania*, *Tiny Toons* was by far the most frequently watched. In some households, trying to decide just which cartoon to watch turned into a battle. “I hate fighting with all my sisters for the TV in the morning,” explained junior Michelle Ford.

Saturday mornings also became a perfect opportunity to go out for a jog. Senior Nina Angulo said, “I like to get up kind of early, go jogging, come back, and watch cartoons with my little brother.”

Not a care in the world, junior Grant Latin sleeps the morning away. Saturday mornings became the time to catch up on all the hours of sleep lost during a busy week at school.



Accepting the challenge with pleasure, junior Steve Nowlin wrestles junior Tommy Hamm at the beach. Finding time to be with friends was easy on Saturday mornings.



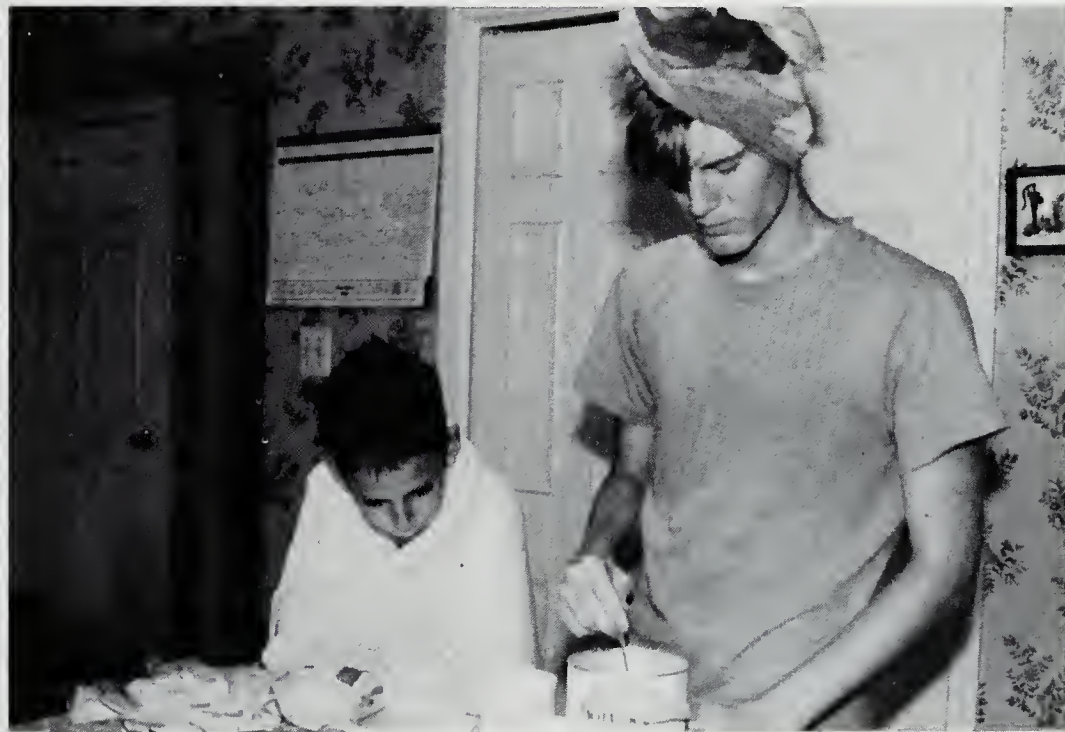


Trying to make up for a lot of lost time in English class, Freshman Heidi Latin spends her Saturday Morning reading *The Crystal Cave* for class on Monday morning.



Tradition

One of the most famous producers in history was Walt Disney. He became well-known in the 1920's for creating cartoon characters like Mickey Mouse and Donald Duck. His first studio was in his garage. In 1928, he released the first short Mickey Mouse cartoon, drawn with a series of circles.



Practicing his serve, junior Brandon Childers got up early and headed for the courts. Saturday mornings were times set aside for special interests and hobbies.

Coffee? Nope just hot cocoa! Grant Wahlquist teaches his little brother how to make hot cocoa. Making hot cocoa before watching cartoons was a tradition in the Wahlquist home.

With a brisk walk, junior Carla Blackmon heads for the bus tunnel. Due to the number of buses, all of them couldn't make it into the tunnel, so students had to walk in the rain.



Tradition

Thumbing through such catalogs as L.L. Bean, J. Crew, Land's End, and Eddie Bauer, students looked for rain gear. Duck boots seemed to be a must for rainy days. The stylish boots kept your feet dry and looked great with jeans. Umbrellas, seen in every color, were also extremely popular.



With an umbrella in hand, freshman Heidi Dunn is prepared for rain. Students came to school with duck boots and rain jackets on, and an umbrella in hand when there was a chance of rain.





Walking into school very quickly, freshmen Jenny Buggs and Dan Clark try to keep dry. On rainy mornings students often had their parents drop them off.

Slowly walking into the school, senior James and junior Shawn Klein don't mind a little rain. When the rain came down much harder, students ran from their cars to keep dry.



Staying Dry

Rain Jackets, Duck Boots, and Colorful Umbrellas!

It was another rainy morning. Students slammed their car doors shut and ran for cover in an attempt to keep themselves and last night's homework dry. As students entered the building, they wiped their feet and shook the water off their umbrellas. Students seemed to welcome the sight of school just so that they would be inside. "I like coming to school on rainy days because it is so dreary outside," said senior Misty Clark.

Rainy days brought out a new sense of fashion. Students could be seen walking across the park-

ing lot with brightly colored umbrellas in hand, and duck boots on their feet; anything to remain dry.

Every student seemed to have a different feeling on rainy days. Some enjoyed waiting out the storm indoors while others braved the climate and headed outdoors. "On rainy days I like to curl up under my blanket and watch football," said Dacia Dumas, but senior Mark Dawson said, "Rainy days are great for playing football."

Rainy days were great for catching up on work, cleaning, or even sleeping, but once the sun came up students headed outside. Senior Jason Solomonson said, "I don't mind rainy days because they make you appreciate the sunny days more."

A little rain isn't going to spoil our fun! Seniors Renee Bryson and Sonya Singleton didn't mind the rain when the chorus department performed at VMA in Richmond.

Ignition!

Tales from Behind the Wheel Students Take to the Streets

After waiting sixteen or more long years, taking Driver's Education, and waiting in line at the Department of Motor Vehicles for what seemed to be countless hours, a student received his golden passport to freedom: the almighty driver's license.

But was he so free?

"After a while, having your license isn't fun anymore. The privilege is nothing, a lot of the time, it can be a burden," complained junior Christine Royston. Others shared in the belief that their prized token somewhat withered into being just a piece of laminated paper.

However, when a license is placed in the hot little hand of an anxious and eager new driver, the stories pile up: unique tales of pursuit by the police, when they got lost, speeding adventures, and, of course, how they narrowly es-

caped certain death in an accident. "I have seen death come upon me like a blanket. There's too many maniac drivers out there," fearfully recalled junior Barbara Greyson, remembering her near-missed collisions.

The worst situation junior Lilly Alvidrez recalled that she ever found herself in was when she was driving home from D.C., took a wrong turn, and accidentally drove into a myriad of red, flashing lights. Soon after being pulled over, the thought struck her she had unknowingly steered into a drug bust!

"I was absolutely terrified!" she excitedly remembered. "The policeman had a gun pointed straight at me when he ordered me to get out of the car, and he order me several times. I could barely move! He was so insistent. He refused to believe that all I did was take a wrong turn!"



Sophomore Wendy John talks among her friends as they stand next to the product of an accident on Old Bridge Road. Collisions reminded students about the dangers behind the wheel.

Before shutting the door, senior Jennifer Tinsley hurriedly grabs her supplies that she needs for her after school meeting. Friends often dropped students off for activities.





Tradition

Ever since Woodbridge was built in 1973, students have been driving to school. Traditionally, seniority is given to students who live out of district, and then to twelfth graders when it comes to parking stickers. Underclassmen are then given the opportunity to get stickers.



Happy that the school day is over, senior Matt Beland waits in line to get out of the student lot. Although students hurried to get out of school, many got stuck behind the buses.



Co-accidentalists senior Scott LeHockey and junior Cheryl Shannon stare at the damage to their cars. Meanwhile, the police tried to determine who was at fault.

Seniors Kevin Ward and Gigi Guerrero were taking a traditional one on one date to the movies before going out to dinner at Chili's. Dinner and the movies was a popular group date.

Senior Chris Morgan instructs senior Sheri Brandenburg on how to putt properly. Miniature golf was an inexpensive way to date and very entertaining too.



Seniors Kim Butts, Jennifer Roberts, Stacey Eckhart, Jennifer Blackburn and sophomore Keri Blackburn discussed plans for the weekend. Between classes was a time to finalize weekend plans.

Running on the treadmill, senior Paige Robinson receives assistance from senior Teddy Hilios at Chinn Aquatics. A new trend of dating in the 90's was exercising together.





Tradition

Sady Hawkins is a tradition dating back to the 1950's. It first originated in the hills of Tennessee and Kentucky. It was a dance in which girls broke all the traditions and asked the guys. People attending the dance dressed like hillbillies and danced the night away.

Junior Jason Phillips gives sophomore Autumn Pittman a hand while drinking some juice. Couples often spent time together after school hanging out.



Then and Now

Single Dates in the 60's, Group Dates in the 90's

“**S**o where are we meeting?” “Oh, Chili's . . . 8:30.” “Gotcha, I'm driving five people. How many are you taking?” “Oh, I don't know. Whoever wants to go.”

Group dating was the new trend of the 90's. These grew from double dates into large groups of friends going out together. These groups would go out to dinner, to the movies, to Georgetown, to D.C., or to various school activities. “I like going with a lot of other people when I go to D.C. because I feel much safer,” said junior Melissa Crowe.

When our parents dated it was

customary for the boy to borrow his father's car and pick the girl up at her house for a Saturday night date. When he picked up his date, he was obliged to go in and meet her parents. In contrast, dating of the 90's was much more relaxed. This was demonstrated by the increase in girls picking guys up or meeting places. “Dates seem more laid back compared to when our parents dated,” said senior Ted Pelot.

However, some students preferred the traditional one on one dates. “I'd prefer to go on a one on one date because it's more my style,” said senior Erik Muendel.



A Twist On tradition

Club activities and traditions ranged from the traditional National Honor Society inductions to the *twisted* and well-publicized Norsemen inductions. However, each of the 36 chartered clubs, whether it was a service organization, a competitive team, or an ideological forum such as the Young Republicans, contributed to the *twists* and traditions of the year.

On February 10, the Forensics team placed second overall at the Commonwealth District competition, the best finish ever. Out of 13 events, individuals earned three first place medals, three second place medals, and one third place finish.

The Foreign Language Honor Societies made preparations for the eleventh annual Foreign Language Week held March 2-6. The festivities included a program on Tuesday evening and a t-shirt contest. Sophomore Janice Mallia, a French III student, designed the winning shirt and logo for the theme, "The Olympics: Bringing the World Together."

In support of the country-wide push for recycling, the Science and Ecology Club began a school recycling program. Boxes were set out in the hall for aluminum and bi-metal cans while teachers kept boxes in their classrooms for office paper collection.



"Being involved at Woodbridge, especially with teen counseling, has opened my eyes to many opportunities, to the people around me, and has helped me feel comfortable with myself." Michelle Sullivan, senior.

Wrap it up! Junior Janet Ayala packs and wraps presents for the residents of the Woodbridge Nursing Center at an FBLA meeting.

Quick research! Sophomores Chris Kreutzer and David Gignillat finish up their research for a speech at the Student Congress V tournament.



SCA: First row: Sarah Weiland; **Second Row:** Jennifer Tinsley, Courtney Littig, David Aylor; **Third Row:** Jeff Thurnher



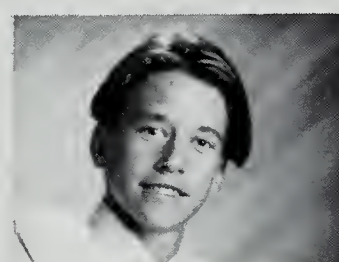
President
Jeff Thurnher



Vice President
Jennifer Tinsley



Treasurer
David Aylor



Secretary
Eric Muendel



Relaxing with a good book, senior Betsy Erlandson thinks of today's meeting. Betsy was very involved in school activities.



Looking at a list of new students, junior Cameron Mays plans to help them around. SCA reps planned activities for new students.



SCA Works

Benefiting Our School

The likes and dislikes of the school seemed to be the topic of the new year. Over the summer the officers met with Mr. Ross and the class officers. They discussed how they would improve the school if given ten million dollars. "The question gave us a chance to think of ways to improve the school without worrying about money. I only wish that we could have done at least half of the things we discussed," said sophomore treasurer, Cindy Burns.

Before school started the SCA held a party for the new students. The party gave the students a chance to make some new friends and get acquainted with the school and

staff.

The SCA still held monthly fourth period representative meetings. "Being a fourth period rep is not only a way to get out of class, but it is means through which the students have a voice in things that effect their school," said senior Betsy Erlandson. The SCA was still responsible for the Homecoming theme, dances, and discussing school problems.

SCA provided a chance for the student body to get to know each other. "I have had a great time getting to know some of the administrators and students better while working with them," said senior Jen Tinsley, V.P.



Looking through old pictures, junior Ed Gekosky looks for any of him and his friends. SCA gave students a chance to make new friends.

Working hard, junior Amanda Ohle finishes her assignment before the SCA meeting. Representatives met during fourth period.

Taking a break from the long day, seniors Scott Cheatham and Jessica Botta decide which service project to vote for.

Smart Talk

Hard Work Pays Off

"Homework, tests, projects! Ahhh!" For 100 students it finally paid off.

Induction into these clubs was well-earned. Beta Club inducted juniors and seniors with a minimum of 3.756 GPA. While this was the only requirement, maintaining membership wasn't always easy. "I started membership with a 3.78, and I really had to watch my grades. One slip, and I would be out," stated junior Jim Trimble.

The National Honor Society required a 3.45 GPA, but students were also rated on the basis of leadership, character, and activities.

Both clubs worked on service projects during Christmas. The Beta Club

went to Potomac Place to play Bingo with the elderly while NHS created care packages for families in need. "Helping the elderly was a great experience. They really appreciated us taking the time to be with them," reflected senior Scott Crissey.

Besides the honor and community interaction achieved through membership, Beta Club and NHS offered students a helpful boost on their transcripts. "NHS looks great on a college application, but the club offers more than just a space filler on a list of activities. NHS does useful things like buying Christmas presents for needy families," stated senior Betsy Erlandson.



"While operating Bingo for Beta Club, I laughed so much the players called me Gig-gles."

Michelle Hummel



"Here!" Officers David Aylor, Jason Schooler, and Jennifer Jackson take role at an NHS meeting. Attendance was very important.

Getting information on students who need tutoring, senior Tim Cornwell ponders which subject to teach. Beta Club members often tutored.



Beta Club: *First Row:* M. Hummel, A. Dhuy, J. Raynor, M. Diate, C. Royston, K. VanAllen, G. Patterson, B. Story; *Second Row:* S. Weiland, J. Smith, M. Clark, A. Walls, J. Cyphere, C. Livingston, K. Reinhart, S. Lee; *Third Row:* N. Kistner, R. McGarry, J. Tinsley, S. Layton, J. Summy, K. Wittmann, D. Aylor, J. Sutton, H. Urben, M. Smith; *Fourth Row:* C. Littig, H. Ley, P. Harris, B. Rothlisberger, V. Hase, S. Crissey, P. Robinson, J. Strohecker, J. Lind, K. Luck, C. Carpenter; *Fifth Row:* M. Phillips, L. Massaro, T. Cornwell, J. Trimble, B. Flanagan, A. Deadman, J. Gagliano.



National Honor Society: *First Row:* A. Dhuy, A. Vaughn, B. Erlandson, C. Davidson, C. Livingston, L. Sullivan, J. Todaro, J. Jackson; *Second Row:* J. Tinsley, J. Roberts, C. Thal, J. Lind, R. McGarry, M. Clark, M. Neel; *Third Row:* M. Smith, C. Littig, M. O'Malley, P. Robinson, K. Petersen, E. Carter, S. Layton, S. Eckhardt; *Fourth Row:* M. Cotner, M. Phillips, A. Zezula, K. Eminger, J. Summy, M. O'Dea, J. Coctozin, G. Forsythe; *Fifth Row:* K. Powell, L. Massaro, M. Flaherty, S. Debban, C. Morgan, L. Weir, T. Cornwell, J. Thurnher, S. Parker.



National Honor Society: *First Row:* L. Simon, K. Luck, K. Dehnel, M. Hummel, K. Ward, M. McIntosh, K. Rainey, J. Botta; *Second Row:* M. Sullivan, B. Story, A. Walls, M. Blockis, A. Lynn, S. Cheatham, C. Roth, B. Majewski, A. McWhirter; *Third Row:* D. Aylor, J. Schooler, J. James, S. Weiland, M. Luberecki, H. Ley, B. Hill, D. Howe, N. Kistner, R. Fedak; *Fourth Row:* J. Strohecker, A. Burns, B. Bellamy, J. Smith, P. Harris, K. Wittmann, J. Vogelsang, B. Rothlisberger, C. Carpenter; *Fifth Row:* B. Simms, V. Hase, S. Crissey, M. Britton, D. Alexander, J. Jackson.



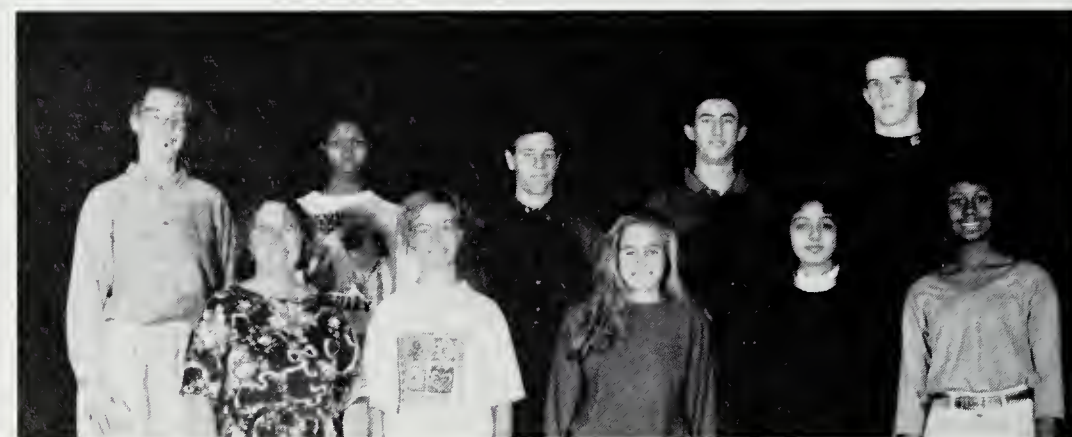
Spanish H.S.: *First Row:* K. VanAllen, J. Kooyoomjian, T. Able, K. Reinhart, M. McIntosh; *Second Row:* B. Story, A. Walls, J. Joseph, D. Hoerner, T. Jenkins; *Third Row:* Mrs. Garon, J. Sutton, M. Navarro, H. Urben, J. Demain, K. Hamby, Ms. Latham; *Fourth Row:* M. Sevon, K. Wilson, M. Phillips, V. Hase, J. Watson, J. Jackson, J. Tinsley; *Fifth Row:* M. Buckles, M. Clark, S. Allen, C. Turnbow, K. Swan, D. Howe, R. Bass, P. Robinson.



German H.S.: *First Row:* C. Thal, M. Ferguson, B. Nieuwsma, A. Lance, R. Hauser; *Second Row:* C. Morgan, K. Powell, Mr. Rose, E. Emminger, J. Thurnher.



French H.S.: *First Row:* C. Sisouvang, K. Luck, C. Littig, J. Roberts, Mrs. Anne McDow; *Second Row:* R. Henry, S. Lee, K. Machado, C. Little, J. Lind; *Third Row:* S. Tendler, B. Majewski, K. Wahus, E. Callender, C. Patterson, K. Sweeney.



Latin H.S.: *First Row:* Mrs. Lehto, C. Garrett, E. Jordan, S. Sharma, K. Mitchell; *Second Row:* M. Buckles, M. Davis, D. Council, M. Greto, F. Cundy.





At a German Honor Society meeting senior Kirsten Powell, Mr. Rose, and senior Bridget Nieuwsma gather together to discuss new events.

Speak To Me

In Foreign Tongues

"Parles-tu francais?" The French Honor Society could! Students went beyond learning a foreign language in a class by joining a Foreign Language honor society.

There were different requirements for each honor society. Sophomore Sean Peirce admitted, "I applied for the French H.S. to have more chances to use my verbal skills in French outside the classroom."

Students did various activities in each honor society. The societies at times watched videos and held fund raisers to pay for their events. One activity the Spanish H.S. participated in was eating at the Mexican Lindo Restaurant. Junior Ryan Bass explained, "Being in the

Spanish H.S. enables us to learn Spanish in a more creative way that time doesn't permit in the classroom."

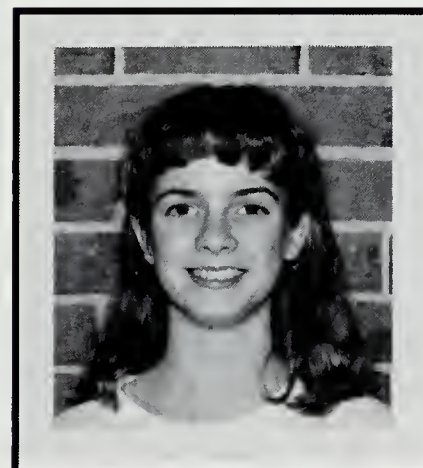
The Latin and German Honor Societies went to speech debates. The students found that their foreign language was more widespread than previously thought. Senior Kirsten Powell, a German H.S. member exclaimed, "It's a big accomplishment to carry on a conversation in a foreign language."

For some students, honor societies meant more than just learning more about the language. Junior Kristie Mitchell explained, "I'm in the Latin H.S. so I can make others more aware of the language."



Focusing on Christmas events, senior Tivona Jenkins reads over the Spanish Christmas songs to get into the holiday spirit.

Seniors Bridget Nieuwsma and Karen Rainey spend their spare time studying for their foreign languages. This enables them to be in honor societies.



"Being in the French Honor Society is a way to learn French cultures outside the classroom."

Katrina Wahus



F.H.A.: *Front Row:* Charissa Heth, Stacey Hylton, Mel Gantt, Jenne Parsell, Sheri Testerman, Heather Myers, Lisa Izaquirre. *Second Row:* Meghan McGrath, Denise Haithecock, Shaune Proctor, Nikki Rhodes, Pam Ruiz, Sandy Sales, Donna Johnson. *Third Row:* Brandi Girdler, Karen Lagerquist, Wenona Murphy, Andy Conk, Jenni Lyon, Teresa Briel. *Fourth Row:* Mary Yatsko, Jeanette Seese, Kita Odell, Kym Mays, Kathy Coates, Cherie Washington; *Fifth Row:* Mrs. Cleary



"Being president of F.H.A. is a big responsibility, but it has taught me to be a better person."

Jenne Parsell



"Working with children is very exciting. There is never a dull day in F.H.A. I really enjoy it."

Shaune Proctor



Good old Winnie-the-Pooh! Junior Charissa Heth cuddles with a child from day care as she reads her favorite book.

Ipledge allegiance . . . Junior Meghan McGrath leads the way for children at the day care that F.H.A. members run.





Facing Life

Meeting the Real World

Are students ready to be an independent parent all on their own? The majority of students could answer that with a definite "No!" However, Future Homemakers of America felt differently. F.H.A. members were experienced in such areas as child care, financial management, and cooking.

Club members began the year with a cleaning project. It took place on October 19 at the Moor-mont Orchards. Apples were collected for A.C.T.S. "It was a grueling day," said junior Stacey Hylton, "but it was for a good cause." Throughout the day, 35 bushels of apples were collected.

Another important event was the Cluster meeting held on October

26. Members chose from various workshops at the session. Such workshops included community service and communications. Senior Jen Parsell said, "The convention was a great opportunity for our club to get close and learn skills."

In November, students learned C.P.R. skills and First Aid. This was extremely important since F.H.A. members run a day care during school with young children.

F.H.A. had a memorable year in which they learned values and ideals that would help them in the future. Junior Melody Gant said, "I've improved as a person and my experience in F.H.A. has inspired me to become a preschool teacher."



FH.A. member sophomore Pamela Ruiz concentrates on preparing food. Cooking skills were a necessity for the club.

"Once upon a time . . . " Reading patiently to a day care child, sophomore Nikki Rhodes remembers when she was once read to.

Keep It Up!

Sharing With a Smile

Visiting homeless shelters and nursing homes, collecting food and presents for ACTS, helping border babies, ringing bells for Salvation Army . . . just how much giving did the Leo and Key Club give?

The Leo and Key Clubs were community service clubs strictly dedicated to helping the community and school. Not only did members visit different community organizations, but they also raised money for various groups through activities such as Santagrams, Valentinegrams, and other holiday goodies. Senior Kym Dehnel said, "I found that raising money for a good cause to make other people happy lets me feel great too!"

The clubs carried out most of their events during the holidays. "The best part about visiting the nursing home during the holidays was knowing how much the patients appreciated us being there and talking to them," explained senior Mallory Roth.

The members of the clubs had desires to participate in the neighborhood and community. The members also joined with their friends for fun and enjoyment. Senior Julie Young said, "I've been living here about one year and I met some of my best friends in the Key Club. It feels great to help the community, plus the fun and benefits make it a rewarding experience."

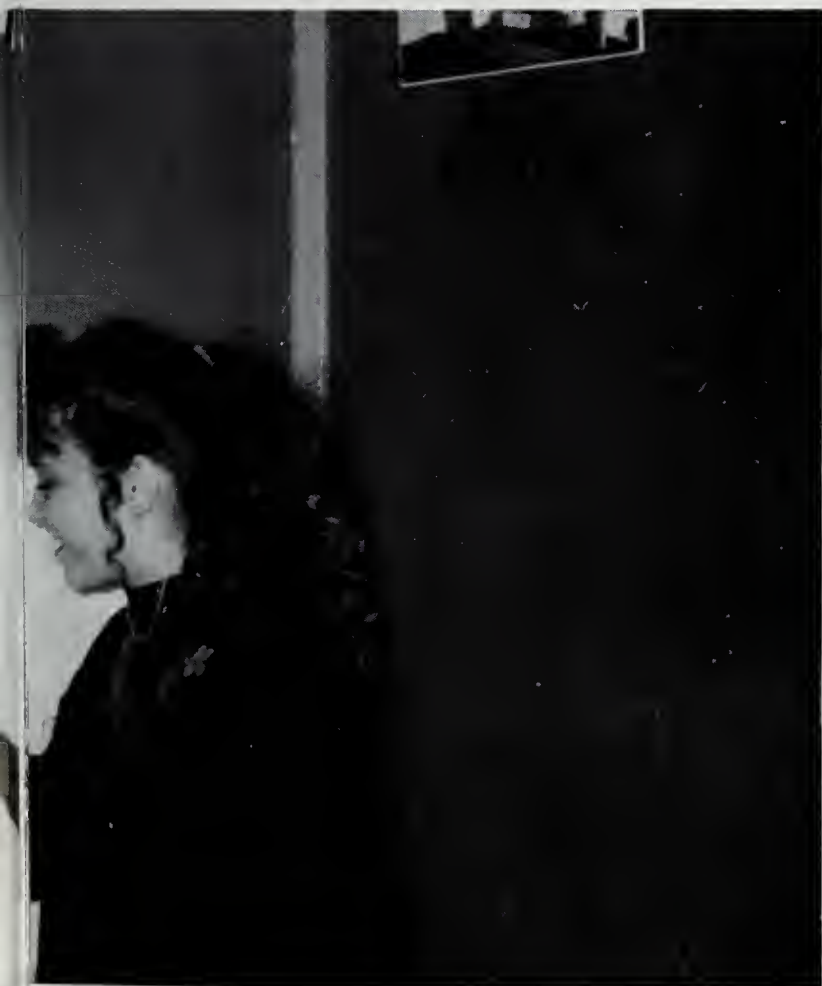
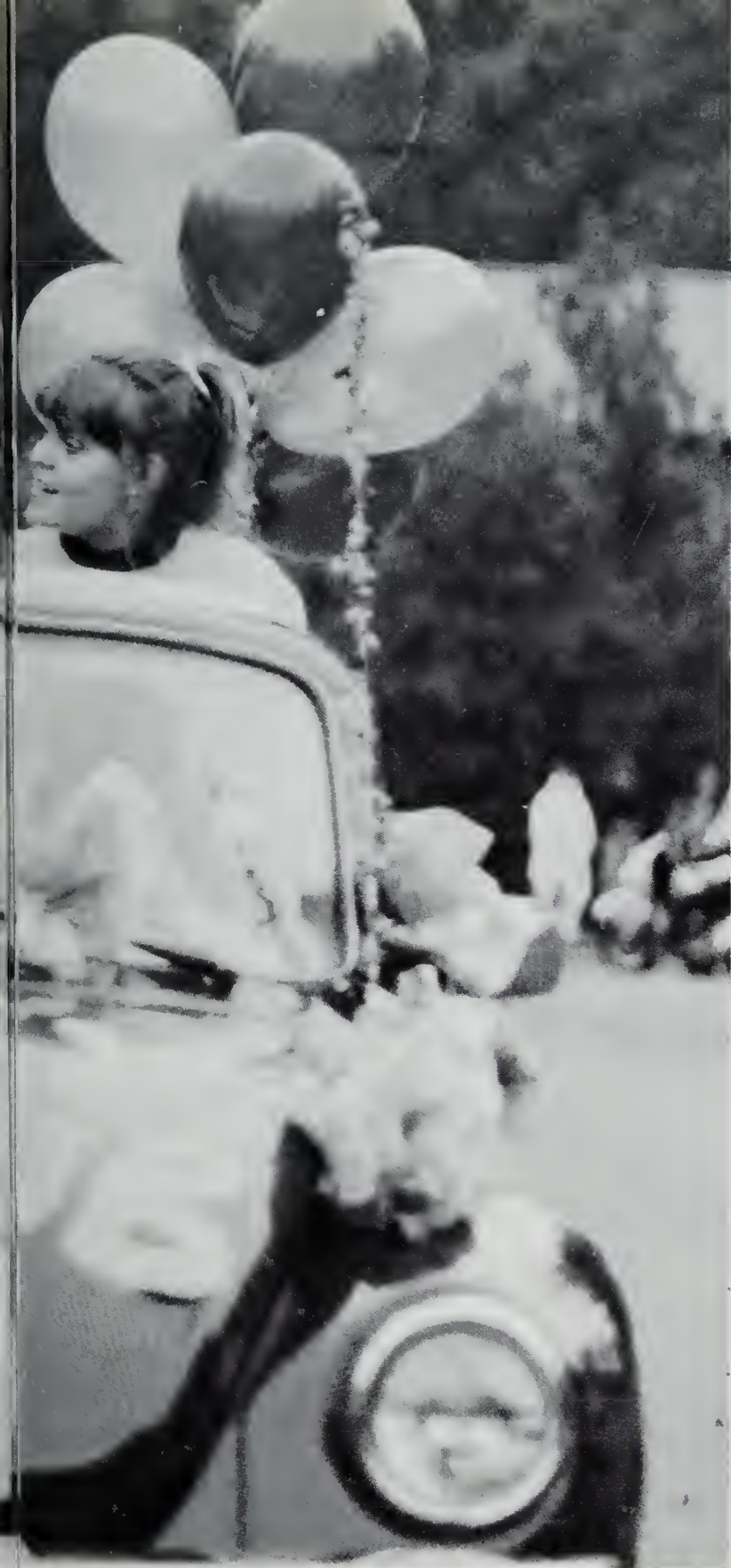


"It makes me happy to see students interested in helping the less fortunate."

Kelley Wilson

Roll call! After taking attendance, senior Karen D'Souza pays attention to Key Club president Kelly Wilson as she discusses plans.





With spirit and creativity, Key Club members, Anne Dashiell, Allison Archer and Alyna Stowell participate in the Homecoming Parade.



Leo Club: *First Row:* Rebecca McGarry, Mallory Roth, Alli Walls, Betsy Story; *Second Row:* Hee Sun Lee, Amy Griffin, Keeri Godfrey, Sarah Williams, Juen Oh; *Third Row:* Mr. T. Zographos, Mike Lozier, Elliot Walls, Brent Maloney.



Key Club: *First Row:* M. Dunn, C. Becks, J. Parks, K. Dehnel, R. Trinidad, A. Price, V. Gonzalez, C. Hamilton, Mrs. L. Keys; *Second Row:* P. VanMullekon, T. Navamal, K. Sweeny, E. Mason, S. Park, A. Izzo, M. Fleming, M. Jenkins, K. Nelson, S. Bradley, D. Shore; *Third Row:* R. Sheppard, S. Allen, K. Wilson, K. Miller, K. Destadio, K. Clearwater, C. Sims, A. Griffin, J. Sutton, H. Heit, W. Updyke, J. Young; *Back Row:* S. Forest, A. Filabe, M. Ambraglio, J. Artis, C. Destadio, A. Trick, S. Sims, S. Howard, M. Phillips, K. Pfeifer, N. Hissong, R. Taylor, B. Flanagan.

When is the meeting? To help keep up with her schedule, senior Vicki White marks the next Leo Club meeting on a calendar.

Talking about getting along with others juniors Julie Harris, Stephanie Mullori and Lisa Humberg share some experiences.



Teen Counseling: *First row:* M. Neel, H. Urban, C. Royston, M. Ferguson, K. Rainy; *Second row:* S. Jennings, P. Robinson, B. Balmer, B. Nieuwsma; *Third row:* M. Brenner, N. Blanch, N. Wong, R. Taylor, N. Hissong, A. Griffin, B. Boyle; *Fourth Row:* K. Luck, D. Leventhal, T. Cronin, K. Wilson, M. Lubereki, M. Blockis, K. Huntington; *Back row:* J. Todaro, K. Kennedy, J. Klein, R. Leopold, A. Kersis, T. Cornwell, K. Chesley



Teen Counseling: *First row:* C. Elmore, A. Philips, J. Harris, E. Callender, B. Majewski, A. McWhirter; *Second row:* A. Fuson, E. Carter, L. Humberd, S. Mullori, G. Guerrero; *Third row:* M. Buckles, J. Bushong, S. Layton, S. Boyle, S. Weiland, J. Tinsley; *Fourth row:* K. Powell, A. Hauser, B. Story, A. Walls, D. Wells, A. Burns, M. Sullivan, T. Torre; *Back row:* T. Miller, D. Cheatham, J. Rhodes, J. Pratte, M. Corcoran, B. Smith, C. Kiser, H. Heft, M. Flaherty

"Let's talk about peer pressure." Juniors Shauna Hotop and Chris Elmore explain how to avoid uncomfortable situations.





Counseling

Opening Eyes and Ears

Clammy palms reached to open the door. What could be so frightening? Oh, maybe twenty-six pairs of eyeballs silently yet inquisitively looking up, taking in every detail. And then hearing the words . . . "they're all yours."

The sixth graders were smaller and younger but teen counselors were not free of first day jitters.

"I wanted to make a good impression so that they would feel comfortable talking with me," said senior Kari Kennedy.

Teachers from Fred Lynn, Woodbridge Middle, and Lake Ridge Middle requested counselors to spend about thirty min-

utes in their classrooms discussing such topics as alcohol and drugs, self esteem, and peer pressure. Groups of two or three counselors made lesson plans for their designated classes. Games and skits were used to get participation.

"I still remember what it's like to be in 6th grade. I want to help them stay on the right track and teach them to have enough confidence to overcome bad influences," shared Matt Flaherty.

Partners Michele Luberecki and Kellie Klein agreed, "It was nice having someone believe in what you said."



"I think teen counseling is a benefit to all. I'm really glad that I was a part of it."

Marci Buckles

Sharing laughs and smiles, senior Michelle Sullivan tells stories to sixth graders at Lake Ridge Middle.

A New Image Business Foundations

There was a new twist to DECA as it ceased to be a vocational club and became a part of the Business Department. Shaki-ma English, President of DECA commented, "The marketing and economic aspects of DECA and it's classes lean more toward business careers, as opposed to vocational jobs." Mrs. Susan Quinn, sponsor, was excited about the change, "DECA is very business oriented."

DECA, the nationwide youth organization, or Distributive Education Club of America, prepared students for a career in the marketing and fashion worlds.

Alexis King, the club's Potomac Mills Representative, exemplified the club's business connec-

tions. "My job entails sitting in on meetings with the Potomac Mills Promotional Director, and then reporting the activities to the club," King said.

Some of the activities at Potomac Mills that DECA was involved in were a breakfast with Santa, Fashion shows, and various Easter Bunny activities. Being in contact with members of the real business world helped King and others sharpen their business and public relations skills.

In addition, DECA owned and operated the school store, which sold items from candy to disks.

With its new department and image, DECA was "strictly business."



May I help you? Seniors Danielle Houck and Tiffany Huggins work in the school store. DECA owned and operated the store as its only fundraiser.

On the Job training . . . DECA sponsor Mrs. Quinn visits Junior Kathy Morris on the job; Morris was in the COE program.



DECA: First Row: Mary Lou Camp, Tiffany Huggins, Yody Hernandez, Brigitte Hite, Amber Flynn, Danielle Houck, Michelle McDonald, Shakima English, Mrs. Quinn. **Second Row:** Becky Chapman, Jennifer Gilkerson, Shannon McClung, Melissa Jenkins, Taiesha Pace, Tanya Licata, Ahmara Perkins, Stephanie Jennings. **Third Row:** Sarah Salisbury, Christine Nelson, Heather Mizell, Jennifer Brantleht, Kelly Skrainy, Wenona Murphy, Garrett Chang, Diana Ramirez, Amy Taylor. **Fourth Row:** Ayse Ozgun, Michelle Martin, Iteshum Hag, Jose Machado, John Mathews, Katinka Bartels, Alan Faiivae, Kamalya Bacon, Susan Young, Jennifer Boyt.



President
Shakima English



Vice President
Stephanie Jennings



Member
Coordinator
Mary Lou Camp



Potomac Mills Rep.
Alexis King



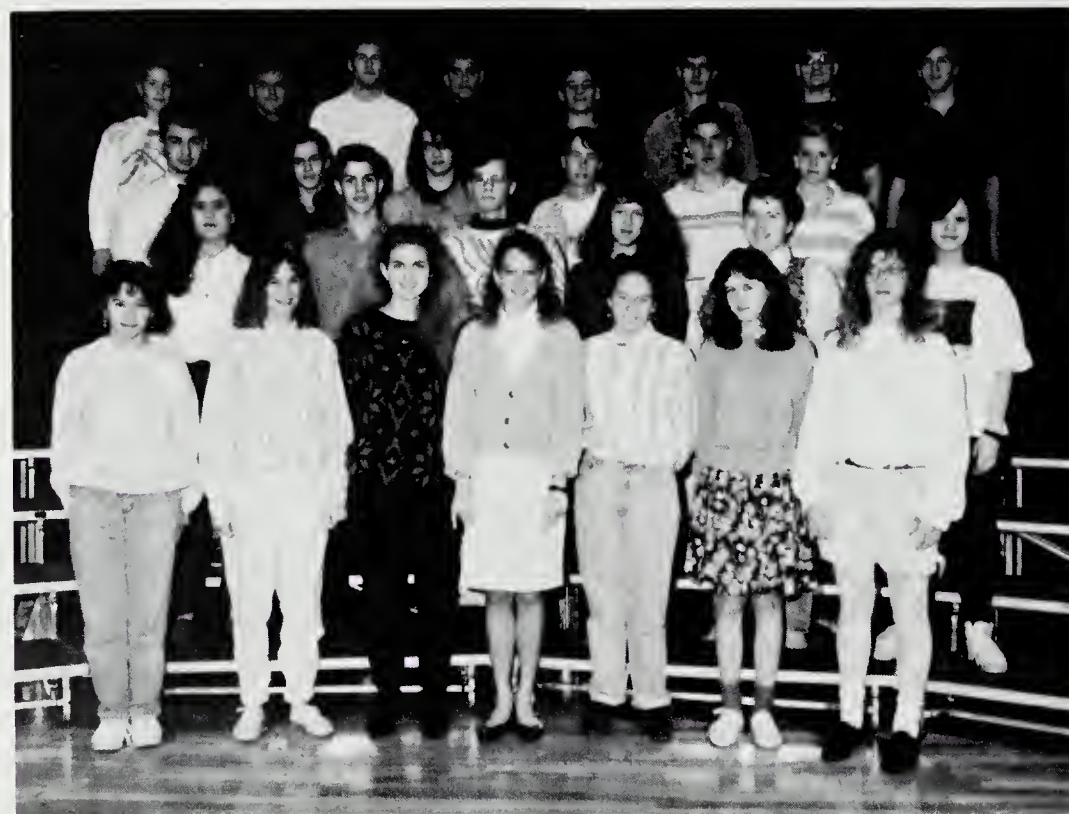
Fashion Sense . . . Seniors and DECA members Melissa Compton and Lukia DeWitt display their work in Fashion Merchandising class.

“What's going on?” Seniors Alexis King, Melissa Compton, and Lukia DeWitt discuss the activities at Potomac Mills after a DECA meeting.

Expressing his despair over fallen senior Dave Cheatham, senior Mike Todaro uses hand gestures to add more effect to the tragic scene.



Thespians: *Front row:* Valerie Steinbrugge, Chrissy Smith, Belen Pifel, Mr. Albert Smith, *Second row:* Mike Todaro, Dave Cheatham, Nick Dellermann



Drama Club: *Front row:* Karen Kelly, Krissy Smith, Katie VanAllen, Kelly Connison, Belen Pifel, Heather Crowe, Cyndi Briere; *Second row:* Melanie Montanari, Sean Stogsdill, David Lapham, Susan Trussell, Jennifer Smith, Nikki LeRiche; *Third row:* Rick Wade, Ross Peabody, Nick Dellerman, Mike Stone, James Barnett, Barbara Garn; *Back row:* Jessica Smith, Walter Schwartz, Dave Cheatham, Mike Todaro, Kevin Ward, Kevin Chelsey, Richard Scanlan, Bob King.

Trying to keep a solemn face, senior Walter Schwartz avoids looking into the eyes of junior Belen Pifel, as she pleads for mercy.





Centerstage

Hot Under the Lights

The air was tense. Everyone was speechless. No one dared to interfere. The yelling raged on between seniors Mike Todaro and Dave Cheatham. No one knew it would end with the death of Haimon, the part Cheatham played in the tragedy *Antigone*.

The tragedy was a new conquest for the drama department and its new director, Mr. Albert Smith. Senior Walter Schwartz said, "The new styles of plays were a change." In years past, they performed musicals and a variety of comedies in contrast to the Greek plays and comedies.

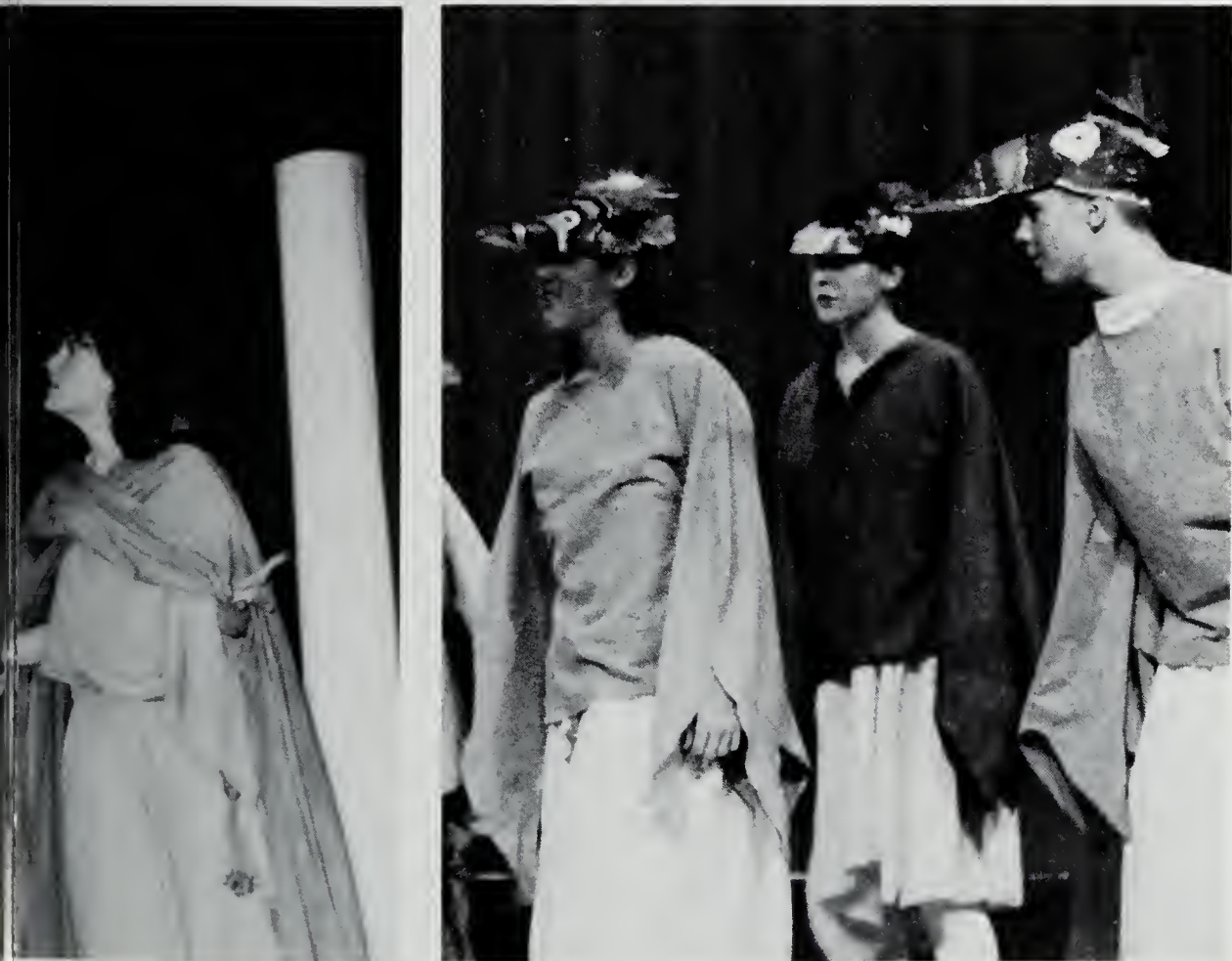
"Mr. Smith's theatrical background has given the stage a formal viewpoint," said junior Belen Pifel. This perspective at-

tracted many students to try out although they had no drama experience.

Senior Barbara Garn said, "Lots of new talented people auditioned. I didn't know WSHS had so many." The increased number of actors were encouraged by teachers.

"English teachers are the true scouts of talent. They constantly motivate students to act," said Smith. Students preferred chorus roles to lead roles as novices. Bravery was a must when reciting thirty lines before an audience.

Although the curtain fell at the close of the last scene of *Antigone*, the lights still shined on the legacy the Thespians and aspiring actors were leaving behind.



The friendliness of fellow actors made the long hours of practice seem much shorter."

Kevin Chelsey

Conspiring to block heaven, senior Matt Corcoran and junior Ross Peabody used skateboards to fly in the comedy *The Birds*.



Debate: *Front Row:* Jenny Park, Jenny Resnik, Nicole Billman, Chip Hamilton; *Second Row:* Staci Park, Carmen Lynn, Kelly Connison, Melanie Savon, Sunghoon Pak; *Third Row:* Amy Izzo, Karie Clearwater, Ashton Fairlan, Joe Errera, Jerome Walawender; *Fourth Row:* Vanessa French, Lee Ann Reiser, Katie Eminger, Eric Muendel, Jeff DeMain



"It's really exciting, makes you think on the spot, and sharpens organizational skills."

Vanessa French



"Debate is hard, it involves intense preparation and constant improvisation. Competing is fun."

Jeff Vogelsang



Attentively listening, Jenny Resnik and Jenny Park find out when their next tournament is. Tournaments were important to debaters.

With a smile on his face, Chip Hamilton reads his argument. Debaters were proud of the hours of research put into their papers.



Think Fast And Prove Your Point

Debate was the art of arguing one's views of a topic with another's whose views contrast. It was an activity that students enjoyed because they could take a stand for what they rightfully believed in.

Preparation was the most important part of being on debate. Research was the key to winning the rounds. Long hours at the library were required to prove an argument. Junior Heather Conti stated, "Research was the hardest and most frustrating part of Debate. Sometimes I didn't know what to do since it was a two-person job."

The debaters were enthusiastic as they went into the rounds. Senior Charlie McAllister re-

plied, "The competition is hard and other teams are good. You really have to be on top and know what you're doing."

The anticipation of proving their point in the argument gave them a "high." With their partners, the anxious debaters competed with one another to support their statements. Junior Jeff Demain remarked, "Debate is interesting and the people in it are fun to be with."

Debate allowed students to gain extra knowledge from out of the classroom. They could learn about current issues and how they could affect them. It was an activity that sharpened their skills of organization and logical thinking.



Voicing his opinion, debater Jeff Vogelsang explains his side of the issue. It was the debater's job to take a stand on an issue.

Researching their arguments, students Carmen Lynn, Staci Park, and Kelly Connison work with Mr. Burdett. Debaters worked as a group.

Taking a break from stuffing care packages, sophomore Kelly Connison enjoys the refreshments at the FBLA Christmas Party.

FBLA

Making a Difference

"Would you like to go to New York for the day?" Well, the Future Business Leaders of America did. They went there to see what business was all about. They took a bus there for the day and met up with a tour guide, who took them to the World Trade Center. Then they went through the streets of New York City and stopped in Central Park for lunch. To end the day they went to the New York Stock Exchange. There they were told how it works and how to buy the stock they wanted and if it was a good investment.

FBLA also participated in community service. They held a Christmas Party to put together care packages for the elderly.

Junior Cheri Shannon said, "The Christmas Party was a huge success with over 70 care packages made for local retirement homes." They also collected toys for tots as admission to get in, which were donated to an organization for childhood cancer.

The Southern Regional Conference was held in Knoxville, Tenn. in November. Three of the FBLA officers went and attended several workshops on business and how to deal with stress and difficult people. Senior Kellie Klein commented, "Going to the conference was a great experience for us. We learned a lot, and met all kinds of interesting people."



**President
Kellie Klein**



**Vice President
Sanet Ayala**



**Reporter
Cheri Shannon**



**Historian
Angel Senecal**

"Hmm, what should I write?" Sophomore Jessica Burns thinks it over. FBLA members wrote Christmas cards to the elderly.





FBLA: First Row: A. Walker, G. Kaili, L. Duncan, C. Schneider, W. Rongero, E. Neal, **Second Row:** K. Reinhart, M. Dunn, T. Nauamal, H. Crow, J. Mallia, M. Powers, J. Wade, S. Welsh, N. Malik; **Third Row:** B. Hartman, N. Dillard, T. Poizner, L. Day, N. Enriques, S. Grinkley, G. Alston, M. Smith, J. Lyon, V. White, **Fourth Row:** K. Pratscher, T. Davenport, R. Taylor, H. Betson, C. Tierney, F. Barfield, J. Johnson, T. Davis, B. McLain, T. Watson, M. Perry; **Fifth Row:** S. Kennedy, R. Sammita, B. Sullivan, O. Perez, E. Perez, D. Burke, L. Luceni, J. Sanders, B. Simms, J. Cramer, J. Baird, L. Gallitz



FBLA: First row: N. Bolding, H. Hendricks, T. Burnett, M. Blockis, M. Sellers, T. Ogels, S. Bzdr; **Second Row:** J. Park, K. D'Souza, R. Gale, D. Houck, K. Ward, T. Samms, K. Connison, I. Malik, G. Patterson; **Third Row:** M. Davis, L. Collis, J. Ivaniszek, K. Dubose, D. Danielli, A. Sampson, M. Roth, H. Hemmberly, J. Smith, D. Keith; **Fourth Row:** A. Senecal, R. Price, B. Tabor, J. Ackerman, R. Chohda, T. Baxton, J. Schueseller, K. Klein, T. Bartelme, R. Bearden, L. Pletka, O. Jonely; **Fifth Row:** J. Jackson, J. Place, J. Herzog, S. Holmes, L. Stephenson, J. Byrne, C. Shannon, C. Sisouvong, D. Bolton, L. Kerr, D. Simpson

“Please raise your right hand and repeat after me.” Senior Kellie Klein leads the members in reciting the new FBLA Creed.

Awareness

Culture and History

Looking for a unique club to join? One with a fresh outlook on the world? One concerned about current issues and problems faced by America today? Look no further than the Historical Society or the Cultural Awareness Club.

Both these clubs discussed the current events that occurred in their area. The breakup of the Soviet Union was one item discussed by the Historical Society. Race relations were constantly talked about in the Cultural Awareness Club.

Members believed the topics discussed have or will have a significant impact on everyday life for Americans. Senior Sonja

Singleton, a member of the Cultural Awareness Club said, "As an African-American, it is important that I have a more thorough knowledge of other cultures, and other races need to know about the feelings and worries of my race."

Rachel Safley, the president of the Historical Society explained, "I feel it's important to be aware of what's going on in the world today. For example, the fall of the Soviet Union will change all our lives in the near future."

So why did these clubs meet? As Senior Haya Ayala simply explained, "So people will understand other people's cultures as well as their own."



"We discuss things in Historical Society we can't spend time on in History class."

Mary O'Malley

Putting the finishing touches on her homework, sophomore Nicole Bates hurries so she can go to the Cultural Awareness Club meeting.

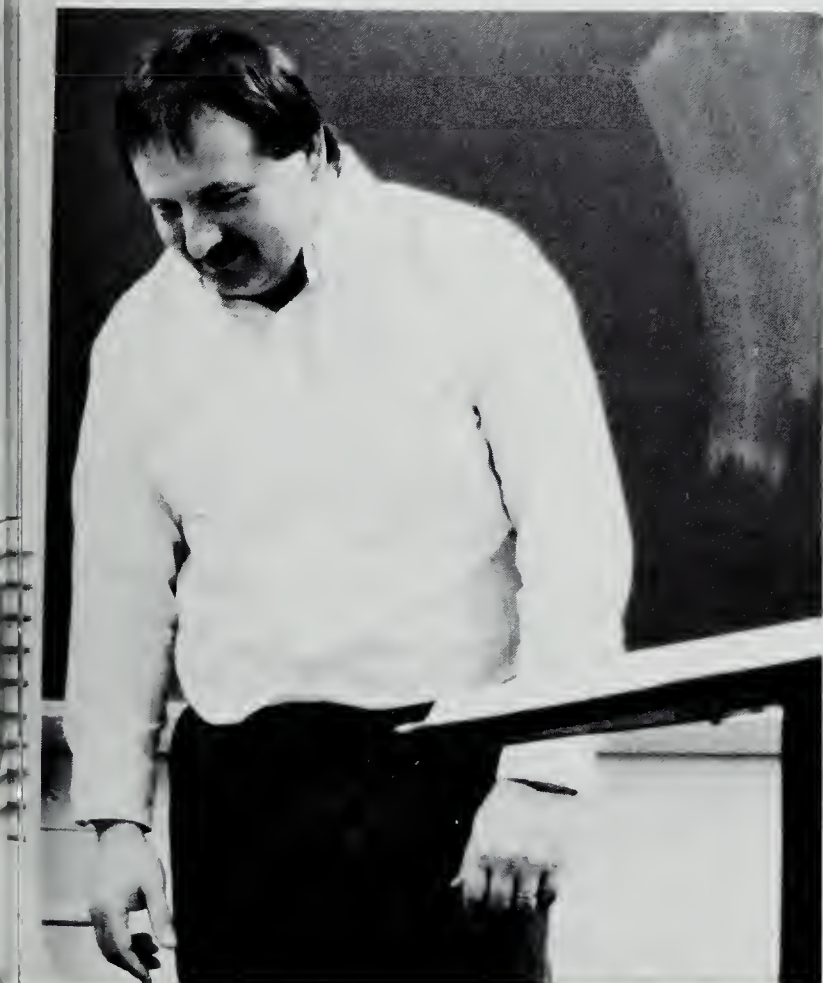




“Next month, we will have a field trip.” Jessica Burns and Angela Sampson listen closely as Mrs. Robinson gives the Cultural Affairs schedule.



Historical Society: *Front Row:* Marie Ambrogio, Rachel Safley; *Second Row:* Mary O'Malley; *Third Row:* Mr. Bish (Sponsor), James Barnett



Going over notes on Pearl Harbor for the Historical Society meeting, junior Vanessa French and sponsor Mr. Jim Bish make corrections.



Cultural Affairs Club: *Front Row:* Pamela Scott, Angela Sampson, Lucia Yanez, Keyno Teel; *Second Row:* Mrs. Cheryl Robinson (Sponsor), Tiffany Huggins, Michael Irarte, Yakita O'dell, Nicole Bates; *Third Row:* Sonya Singleton, Taiesha Pace, Joy Dawson, Lynelle Payne, Cornell Smith



VICA: *First row:* Bobby Dowling, David Mooney, Chris Felton, Ken Hicks, Allen Hersker; *Second row:* Chris Kreutzer, Bill Staples, Greg Caneloria, Eynar Castro, Ryan Culbertson, Giancarlo McCalister; *Third row:* Crystal Decowski, John Poulen, Chris Kohl, Jerry Dasilva, Nick Loadholtes, Shaun Simson, Andrew Banas, Ken Horrocks; *Fourth row:* Chris Navarro, Jeff Wineente, Mike Kent, Javier Delcid, Brad Banks, Noah James, John Wood, Mr. Livingston



President
Ken Hicks



Vice President
David Mooney



Secretary
Crystal Decowski



Parlimentarian
Allen Hersker



Senior James Culbert decides whether or not the part he chose will work with the voltage the experiment will produce.



Senior Noi Nanthavongsa takes the time to discuss possible hair styles with senior Tina Scales. The customer was always catered to.



Doughnuts & Flat Tires, in One Day

"Oh no! You're changing the tire!" said sophomore David Mooney. Unwillingly senior Bobby Dowling pulled out the jack and began to change the flat tire on the flatbed of the float, as the rest of the VICA clan put the final touches on the Homecoming float. "The week was hectic! Putting together the float involved painting and paper-machining. It got quite messy but it turned out to be a memorable experience!" said sophomore Chris Felton.

Senior Bobby Dowling described the memorable experiences of "Doughnut Day." "The club gets together every month or so and chows down while discussing upcoming events." The events discussed ranged from pay-

ing dues, to the spring car show, to preparing for the VICA competitions.

Every spring, VICA put on a car show where all types of cars were shown from scooters to trucks. "The car show gives the students a chance to show-off what they've learned in class," said Mr. Livingston.

VICA not only worked with automechanics and electronics, but also with cosmetology and printing departments. "The competition not only provides students with a chance to use their skills, but also to compare their skills to the skills of others," said sponsor Mrs. Myles, "We promote the proper use of vocational skills for later use in life."



Sorting through parts, senior Mujib Kaisken checks to make sure the parts will fit. A successful project relied on the right parts.

Senior James Pickrel wraps a perm with the assistance of senior Ami Pate. One of the VICA competitions centered around perms.

As sophomores Valerie French and Heather Worth look over each other's speeches for the upcoming tournament, they offer each other input.

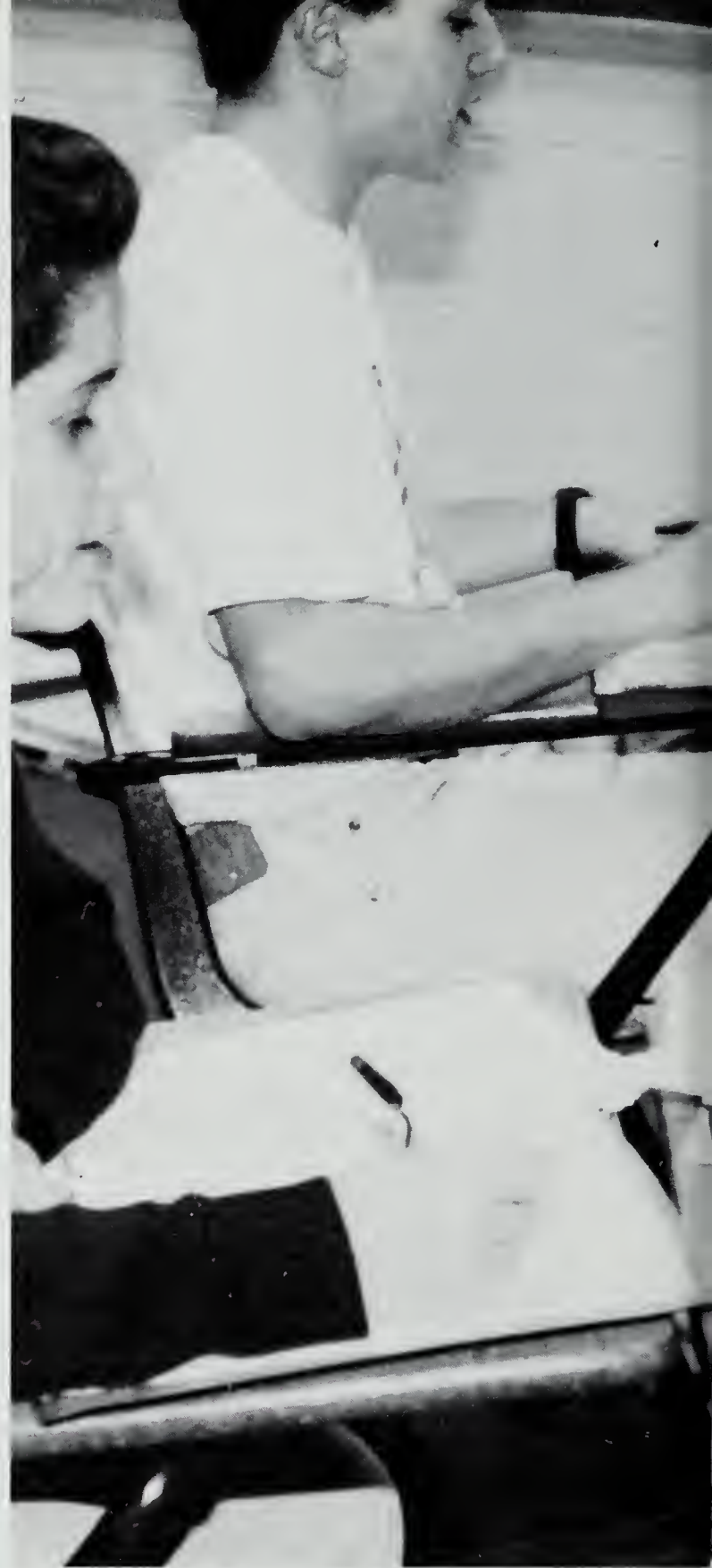


Forensics: *First row:* Heather Peters, Darian Berkowitz, Elizabeth Jordan, Jessica Botta, Megan Tremper, Mrs. Turner; *Second row:* Heather Worth, Valerie French, Heidi Urban, Shannon Fitzsimmons, Kevin Ward, Supma Sharma; *Third row:* Mary Ragsdale, Allison Witherege, Courtney Littig, Mike Greto, Kristie Mitchell, Jeff Thurnher; *Fourth row:* Kara Petersen, Kate Drezek, David Lapham, Erik Muendel, Micheal Todaro



Student Congress: *First row:* Kara Petersen, Mrs. Turner, Danny Barone; *Second row:* Kate Drezek, David Gignillat, Eric Keehan; *Third row:* James Barnett, Jeff Thurnher, Courtney Littig

Sophomores David Gignillat and Chris Kreutzer prepare to enlighten the House at a tournament. David qualified for Metrofinals.





Speaking Up

No Small Talk

Lalophobia: fear of public speaking. An obstacle for some, a challenge for others, but for members of Student Congress and Forensics, speaking was exciting.

Junior Kate Drezek, a member of both clubs, recalls her first experience in the arena, "The speaker before me went to talk before the house; and froze. He forgot all his lines. Everybody was bored, and the Judge started yawning! So, although I was nervous, I figured I couldn't do any worse."

Tournaments, which normally took place on Saturdays required a lot of preparation. Recalled junior Kristie Mitchell, "In Forensics practices, we

can't all deliver our speeches to Mrs. Turner. Often I speak to a wall or mirror. That way, I can study and practice my facial expressions."

Sophomore Mike Greto explained, "Forensics is fun because you get to meet a lot of different schools. And, it looks good on school applications."

From formulating the speech, oration, listening to the other contestants, and finally being judged in front of the other challengers, the pressures of public speaking have their rewards. Despite the differences between the two clubs, members of Student Congress and Forensics agree: It's more than just talk.



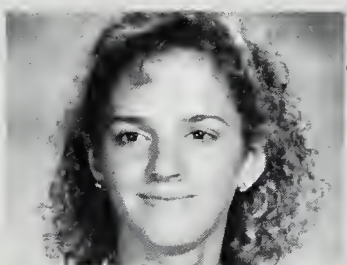
"Forensics has taught me how to project my voice and given me a sense of dedication."

Kristie Mitchell

While mentally going over her composition, junior Kate Drezek prepares herself to give her speech to the spectators at Forensics practice.



Varsity Club: ***First Row:*** Paige Robinson, Jennifer Luedke, Jennifer Kooyoomjian, Kelly Ward, George Forsythe; ***Second Row:*** Ken Hamby, Ann Marie Hauser, Melissa Puttre, Jessica Roscio, Jennifer Resnik, Ernie Gregory, Regina Taylor, Melissa Blockis, Leigh Sullivan; ***Third Row:*** Nick Wong, Les Smith, Liz Donahue, Melissa Bamler, Cheri Shannon, Dan Barone, Cheryl Rothlein, Laurie Olson, Adrienne Tunstall, Michelle Smith; ***Fourth Row:*** Tanya Kam, Dave Cheetham, Kirsten Powell, Mike Britton; ***Fifth Row:*** Tony Tangeman, Chris Slussler, Arash Filabi, Jason Way, Mike Brenner, Jerel Williams



Jennifer Luedke
President



Kelly Ward
Vice President



Jennifer Kooyoomjian
Treasurer



George Forsythe
Secretary



Senior twin Miss Garfield, Jerel Williams, shows his best side at the pep rally. Varsity Club members showed support for all teams.



Senior Kirsten Powell looks for some pictures for her yearbook layout. Kirsten was also a member of girls' Varsity crew.



The Big W

The Ultimate Challenge

"Bzzzzzz!" The alarm sounded and Mike rolled out of bed. It was 7:00 and he had plenty of time to get to school. But wait, he just remembered, there was a Varsity Club meeting this morning at seven. Varsity Club meetings were always held in the morning because they didn't want to interfere with all of the practices everyone was involved in. It was a refreshing difference for many students to go before class. Said sophomore Cheryl Rothlein, "The meetings were different. It was much better than going in the afternoon."

"The Varsity letter was the ultimate goal of myself when I was a freshman. It's all I worked for,"

said senior Kirsten Powell. To join the club, one had to get a Varsity letter. People strived to get one in many different sports, but only a select few made it. It was a real honor to join the Varsity Club because one knew he was a part of an elite group of letter earners.

There was fun involved in the club also. Miniature feuds went on between the different sports involved. Each sport tried to convince the others that they were the best. Football thought their sport was best, field hockey disagreed. Whichever sport involved though, the Varsity Club was involved in school spirit and supported the school one hundred percent.



"Who's gonna win?"
"WOODBRIDGE!"
Spirited Varsity Club members Jenny Blackburn and Ted Pelot earned money for all varsity letters.

Soccer was a favorite sport among students. Here senior Les Smith kicks a corner kick into play at practice.

True Santas

Making Time for Others

Norsemen members were usually seen on the go, from checking fire boxes during fire drills to participating in community activities.

The Norsemen's most important event was their annual trip to Woodbine Preschool. This was part of their community service project to help mentally disabled children. The students raised money by cleaning the stadium after football games. They raised enough money to take a trip to Lionel Kiddie City. At the store, the senior Norsemen purchased toys for the preschool. Then they took a trip to the preschool to play with the children and to hand out the gifts. "I'm happy that as teenagers we can share some time

with the kids and give something back to the community," said senior Megan Cotner.

Norsemen also were responsible for checking fire boxes which entailed dashing out of class at a moment's notice to an assigned location. The purpose of this was to alert the firemen as to where the fire was located. Debbie Hoerner and Megan Cotner were the fire marshalls in charge of the operation. "It was sort of exciting dashing out of class without much notice," said senior Nancy Blanch.

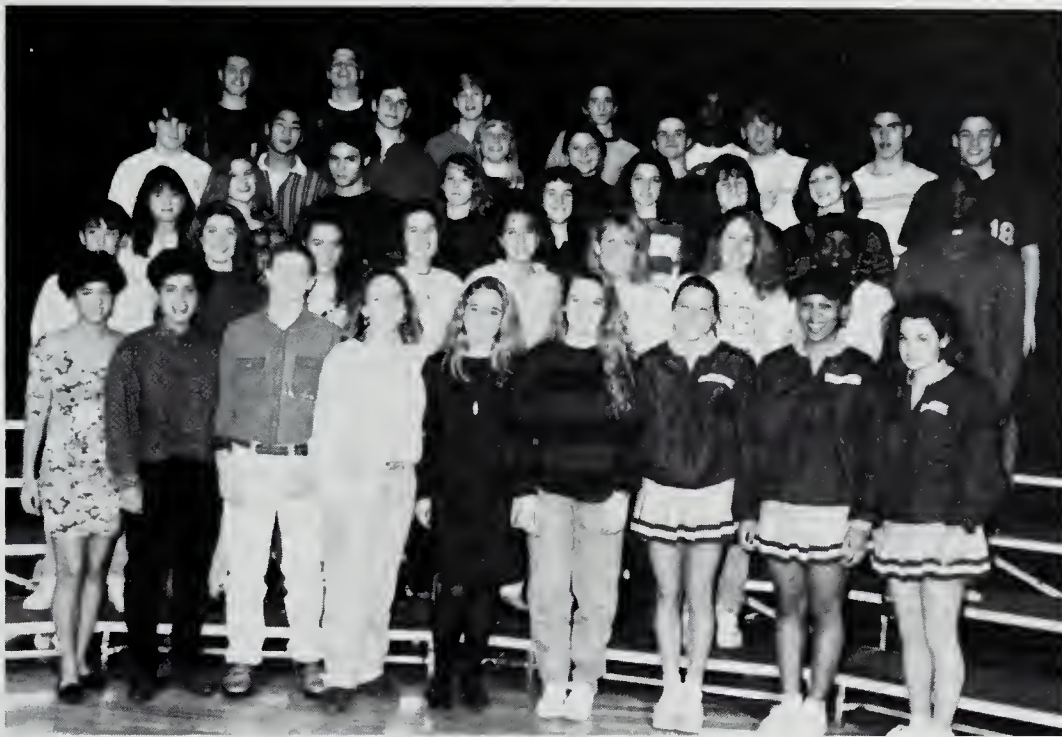
In the spring the Norsemen held a blood drive that was sponsored by the American Red Cross. Senior Melanie Binns said, "I fainted from not eating breakfast."



Seniors Kim Dehnel, Kelly Stevens and David Howe climb out of their van while displaying club spirit during the homecoming parade.

Junior Amanda Lance looks on as a Woodbine Preschool student takes a swing at the pinata. Breaking the pinata was the big event.

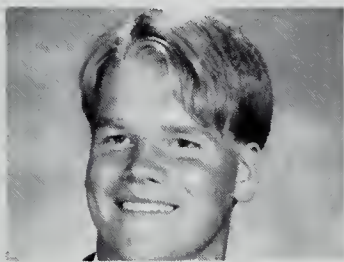




Norsemen: *Front row:* Jennifer Joseph, Debbie Hoerner, Matt Johnston, Belen Piefel, Amanda Lance, Kim Dehnell, Shannon Murphy, Amara Perkins, Samantha Lance; *Second row:* Mike Mills, Emily Bearden, Michelle Smith, Cam Wheelles, Nancy Blanch, Kelly Stevens, Joanna Tyson, Tamara Simmons; *Third row:* Caroline Rhyner, Krissy Richards, Danny McClosk, Melanie Binns, Elizabeth Calendar, Kate Duecy, Julie Stevens, April Edwards, Mike Smith; *Fourth row:* Justin Reynolds, Nick Wong, Spencer Mallard, Kim Butts, Megan Cotner, Jake Fretwell, Matt Paxton, James Barnett, Kevin Ward; *Fifth row:* David Howe, Jason Solomonsen, Kyle McKnight, Erik Muendel, Lippy Arnold.



President
David Howe



Vice President
Jason Solomonsen



Secretary
Joanna Tyson



Treasurer
Melanie Espinosa



A Woodbine Preschool student sits on senior Jason Solomonsen's lap while he plays Santa Claus at their annual Christmas party.

Senior Michelle Smith gets a new hair style. Norsemen spent the day playing with the preschoolers at Woodbine.



COLOR GUARD: *First row:* Chris Brown, Robyn Herber, Robyn Stansbery; *Second row:* Melissa Jenkins, Kelly Publicover, Melissa Riley, Sharon Myskowski; *Third row:* Giesela Aponte, Ashton Fairlamb; *Back row:* Crystal Decowski, Shari Brandonburg, Katie Eminger



"The friends I have made in the five years that I have been in Color Guard will last a lifetime."

Melissa Riley



"Color Guard has been a lot of hard work and effort, but it was worth the time I spent."

Jackie Hawkins



"Chin up, arms back, flatten that back!" Sophomore Sam Blodgett learns a new stretch at practice. A variety of stretches were taught.

Watching for the next instruction, senior LaToria Tynes loosens up for the day's workout. LaToria danced in several solo numbers.





Moving Color

If You Got It, Spin It!

It took 23 girls, 92 flags, 6 rifles, 9 sabers, and over 300 hours of practice to form a group that could give life to music.

During the winter season, the Guard performed indoors, competing against area high school guards. They also traveled to Delaware, Baltimore, New Jersey, and Ohio. The Guard practiced on the basketball court, learning equipment skills and dance moves under the watchful eyes of senior captains Melissa Riley, Shari Brandonburg, Sharon Myskowski, and instructor Jim Emlett. "Excellence was stressed at all times, and I learned to push myself to achieve my goals!" exclaimed senior Robyn Herber.

The Indoor Guard was

joined by new members who added to the growing talent. A few members came from Marching Band, which was an advantage because they already had marching skills. "Since I marched clarinet in the Marching Band, I couldn't be in field guard. Indoor Guard gave me the chance to experience what I have been missing," explained Junior Kelly Pop.

The Indoor Guard concentrated on grace and control, performing to music from Elton John. "Color Guard taught everyone to express the music through their work. I have been shown how to change words into spinning colors," said Melissa Jenkins.



Standing at attention, freshman Taylor Campbell and junior Lori Hamerick wait for the music to begin. It took time to learn synchronization.

"Heads up!" Senior Sharon Myskowski, freshman Amanda Blodgett, senior Melissa Riley, and sophomore Mary Johnson march through drill.

A Twist On tradition

"Reading, 'riting, and 'rithmetic" were the basics of the traditional curriculum taught in the schools across the nation. However, academics had to be "*twisted*" and changed. Students had to gain the knowledge and then put it to practical use.

Six foreign exchange students were enrolled at Woodbridge for a year. These students brought with them their language, culture, attitudes, and a limited knowledge of English. They put their knowledge of English to use while sharing their culture with the American students.

October 23, 1991 was a day of fear and uncertainty for 1040 students. It was the morning of PSAT testing; students were expected to apply the knowledge they had attained in order to "break a thousand."

The three publications combined English, typing, design, and social skills to produce an award-winning yearbook, literary magazine, and newspaper. In VHSL competition, the yearbook and literary magazine received a Trophy Class rating and the newspaper received a First Place rating.

A high school diploma did not represent the traditional four years of abstract knowledge; it *twisted* the abstract and the practical to create knowledge for the future.

"I moved from what I thought was a very academically-oriented school, but when I got to Woodbridge I found out what real competition is. This environment pushes a student to work." Jennifer Myers, senior



This cookie weighs 17g. Senior Paul DeLeonardis weighs his chocolate chip cookie during the 4th period Prob/Stat class. Students determined the best cookie for their money.

A perfect fit! Juniors Andy Craig and Amanda Lance try on madrigal costumes during the 7th period class reserved for the 21 Woodbridge Singers.



Teaching

Doin' It With Style

With plans made and text in hand, the senior teachers entered the classroom where, for the next few days, they would lead the show.

"Senior teaching was one of the most beneficial experiences for me. I want to be a teacher, and this gave me some insight into what it's going to be like!" exclaimed senior Jennifer Garner.

The traditional senior teaching days were held on November 25, 26, and 27, the last three days before fall break. Seniors used these days to prepare, present, and evaluate a unit of instruction. Senior teachers were able to teach two or three per-

iods and were given one period off. Students used this time to write lesson plans that eventually had to be approved by the regular classroom teacher.

"Senior teaching was a very beneficial experience for me. It gave me insight into what it would be like to teach."

"I liked deciding what I wanted to do in class. There were some limits as to what we could do, but the teachers were flexible," said sen-

ior Austin White.

Senior teaching gave the students the chance to gain an understanding of the teaching profession.

Senior Stephen Jordan said, "I looked forward to being a senior teacher. It was a big responsibility, but it gave me a good chance to develop my leadership skills."

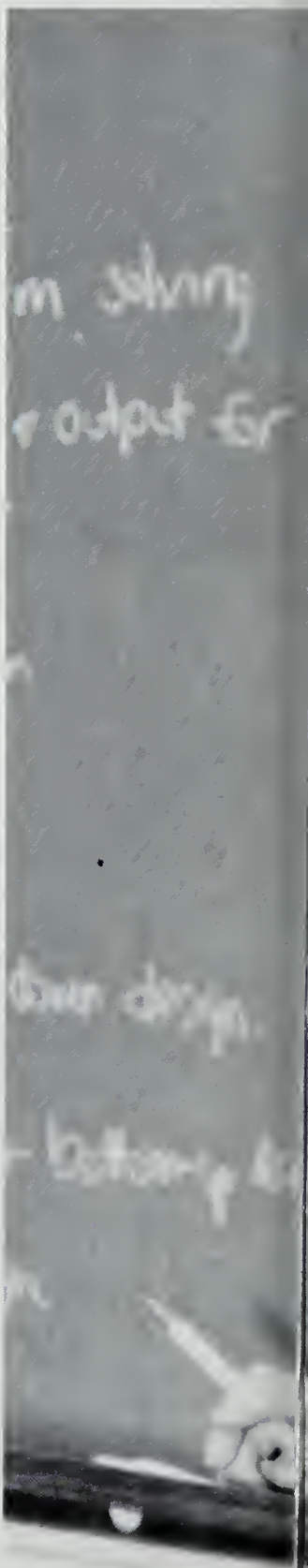
Working out tough calculus equations, senior David Aylor shows the class how they're done. Senior teachers attempted to explain difficult problems to their classes.



"Senior teaching has shown me exactly what kind of frustrations our teachers have to go through."
Meredith Phillips



"My favorite part of senior teaching was working with the students. I could easily relate to them."
Gigi Guerrero



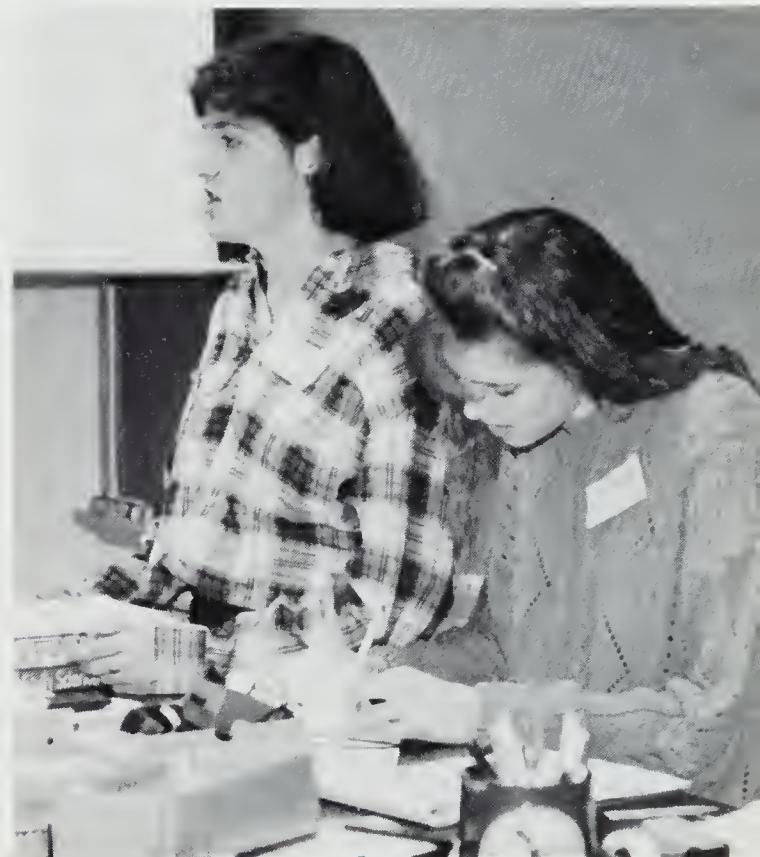


Before entering the class they were to teach, senior teachers Melissa Smith and Louis Ramos review plans. Senior teachers were responsible and prepared.

Discussing lesson plans for the next day, seniors Mike Todaro, David Cheatam, and Charles Mahdi work in the senior lounge. The lounge was used to prepare for class.



S
H
S



“Take notes, we’ll have a quiz on this tomorrow,” says senior Shari Brandenburg to her Earth Science class. Her partner, senior Martha Clark diligently takes roll.

Learning what it’s like to lecture, senior Stephen Jordan speaks to his Data Processing II class. Senior teaching tested the student’s leadership abilities.

Aggressively approaching the ball, senior Mike McAllister attempts to conquer his opponent. P.E. provided a chance for students to go outside and unwind.



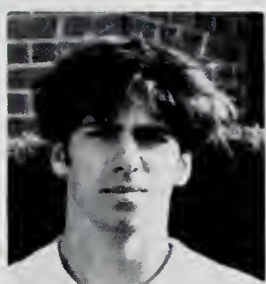
Intensely sketching an image, freshman Andy Osborn tries to finish an art project. Students in art classes found the outdoors to be an inspiring setting.

Working on their new assignments, juniors Jeff Conaway and Doug Hartigan listen to Mrs. McFarland's advice on their art work. Nature inspired the students' artwork.





Contemplating which angle is best, sophomore Jerone Walawender and senior William Dugan slid outside to view the film in sunlight, away from fluorescent lighting.



"I like going outside for Science class because we see how things really live and work."
Andy Tergis



"I like it when P.E. classes get to go outside because I don't feel all closed in."
Derek Forest

Escaping

Classes Go Outside

It was a warm, sunny day. The last thing anybody wanted to do was to sit at a desk all day. One would much rather have been outside playing football or riding a bike. As the class took their seats the teacher made an announcement. "Class, gather your books because we are going outside."

Students welcomed the chance to have class outside. Being in a school with no windows in the classrooms, students enjoyed seeing the sun. "Getting outside provides us with a change of scenery," said senior Shannon North. Having class outside allowed students to stretch out and be comfortable. A person was not confined to sitting in a desk. Senior Lawrence Cohen said, "Once I am outside I feel more relaxed. It also gives me a sense of being free and open."

P.E. and art classes often went

outside. For P.E. students, being outside gave them freedom to move around and enjoy such sports as football or tennis. For art students, it gave them a chance to observe nature and then draw it.

Even though having classes outside provided a new learning environment, students found it hard to concentrate on what they were supposed to be doing. Once outside, stu-

dents wanted to go home even more. Sophomore Cindy Burns said, "It is a lot harder to concentrate on your work. Your mind begins to wander and you start to think of all the things you would rather be doing." Whether it was reading a story or playing soccer, students enjoyed having class outside.

"When we have classes outside it is a lot harder to concentrate on your work because your mind begins to wander."

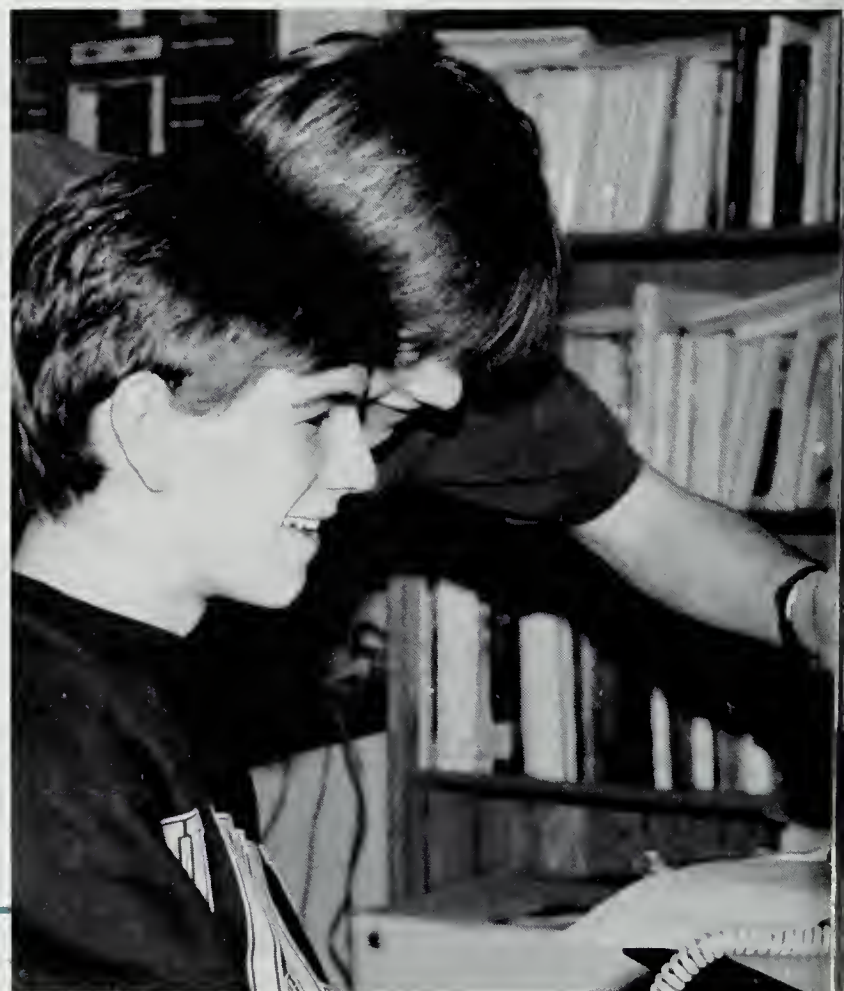
The computer lab was an excellent place to work on programs because it was quiet and cool. Senior Bobby Bellamy types in a Pascal program.

After a long day of computer classes, senior Shane Trent relaxes by eating some pizza and Pepsi-Cola. Most teachers gave their students something to relax with.



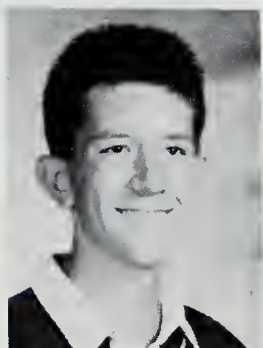
Junior Matt Middleton works on his English essay. After changing the mistakes pointed out by his English teacher he hopes he can get an 'A' on this paper.

Senior David Ayler assists senior Jeff Thurnher with his computer science. Assistance could come from a fellow student or a teacher.





Computers served many purposes for students. Sophomore Leslie Wehmeyer types in some information into the college-finder terminal in the Career Center.



"I really enjoy my class. It gives me a chance to learn some interesting things about computers."

Jim Trimble



"I mainly enjoy the competition. We usually race to see who can finish their program first."

Angela Woodcock

While . . .

In Computer Class: Have Fun

Once upon a time, in a business pod far, far away, students were forced to figure out difficult problems in their heads and on paper. Now however, they could use computers. Computers have refined our world and students had to learn how to use them in order to get ahead after high school. Many classes were offered to students concerning many different computer fields. From computer history to high-level programming, students covered an entire spectrum of computer knowledge.

"Data-processing is useful. In the business world, it helps to have a background knowledge you can rely on," said junior Mark Bellows. Background knowledge slowly developed into a higher understanding of computers that businesses looked for.

Businesses looked for computer literate graduates.

"We try to have fun in class and still learn something," said Data Processing teacher Mrs. Alma Jackson. Classes were an exciting learning experience. Students took several computer languages, such as

Pascal, BASIC, and COBOL. Students were enthusiastic about running their programs. Junior Todd Rothlisberger said, "It was fun

"There are so many parts to a program and so many things that could go wrong. Any little mistake could ruin your program!"

to see the program actually work without errors."

Having fun was important in learning about computers. As junior Tommy Watson said, "There are so many parts to a program and so many things that can go wrong. Any little mistake can ruin the entire program, but it's still lots of fun learning with your friends."

Expressions

A Voice of One's Own

The alarm sounded, peeling away the comforts of sleep. Cold air brought on the harsh reality of morning. An uneasy feeling settled in his stomach; what did he forget to do? "No!" he yelled. "I have six journals due today!"

Journals were the writing style chosen by English teachers. Used to improve writing skills, one sophomore class spent six weeks writing about childhood memories. The results were polished, but the process was difficult. Sophomore Laurie Olsen said, "My mind went blank when I tried to start a journal. It is harder than I thought it would be."

English did not hold a monopoly

on journal writing. Math courses, traditionally technical, used journals to help students learn $A^2 + B^2 = C^2$. Functions and Analytical Geometry used journals to help verbal learners. Students were offered extra credit for writing journals. Junior Rachel

Ward said, "The extra points I get help my average improve."

An elective dedicated to journals was Creative Writing.

Students were allowed to explore a literary side. Junior Moriana Santiago said, "I like Creative Writing. It helps to improve my style. I'm beginning to find my own voice."

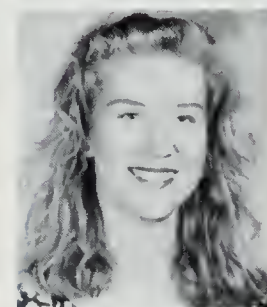
Junior Liz Callender said, "I'll just be glad when journals are over!"

"Used to improve the writing skills of students, journals were the style of writing chosen by English teachers."



"Writing journals isn't my favorite way to spend an afternoon, but it's brought out a new side in me."

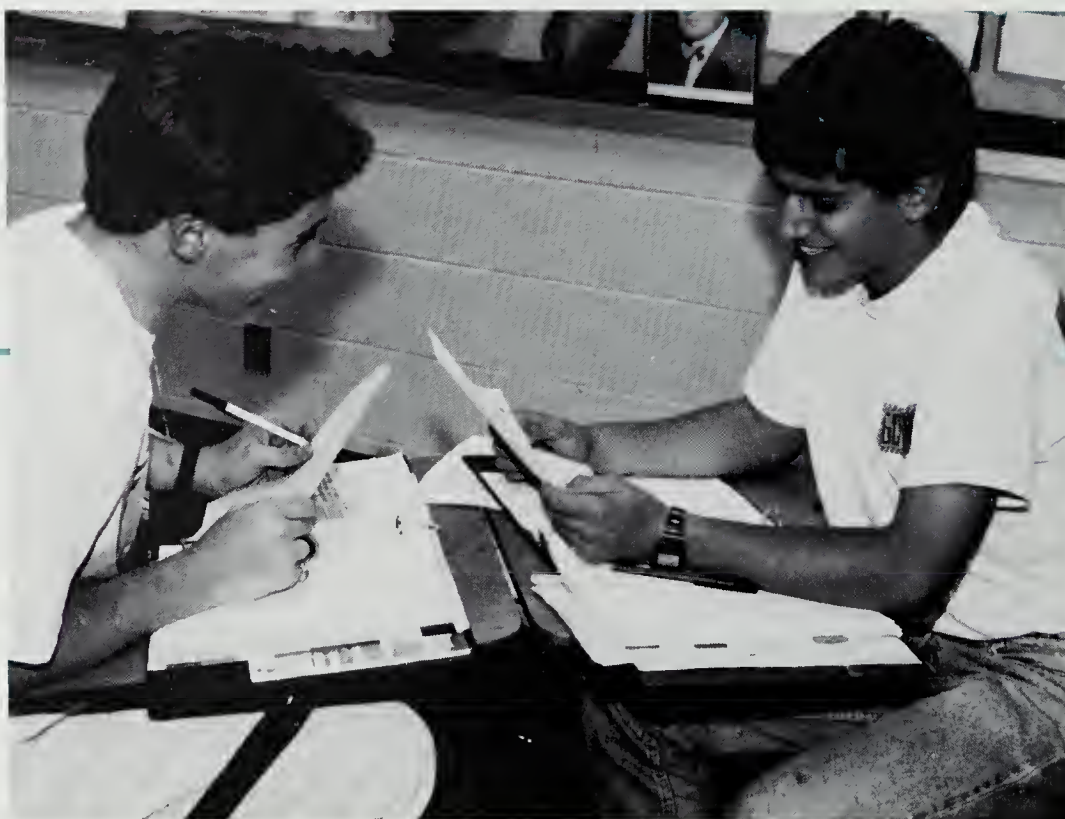
Michele Losius



"Actually putting thoughts and imaginings into concrete words takes talent and lots of patience!"

Kelly Popp

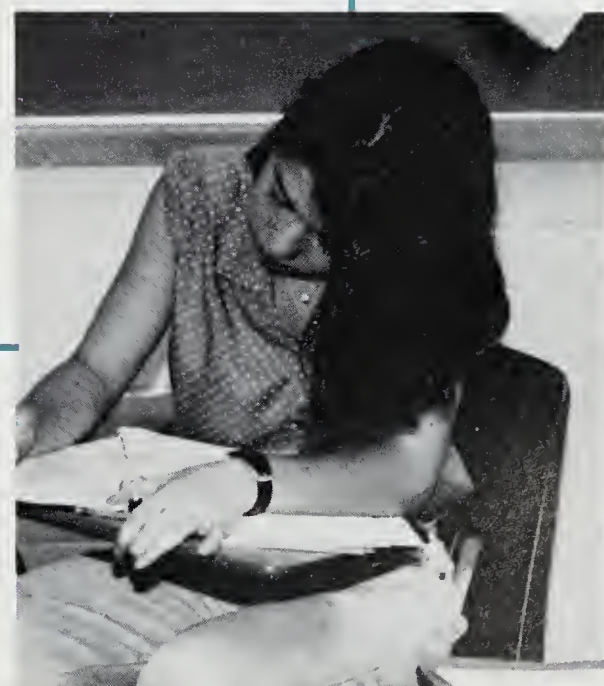
Laughing over a story from the past, sophomores Paul Powers and Joe Errera share their journals. Reading aloud and giving suggestions was a part of daily English class.





“One down, ten to do!” Diligently bent over her desk, sophomore Jeannie Ward lets the creative juices flow. For some it was relaxing to write at the end of the day.

“What in the world can I write about now?” Writer’s block was a common obstacle faced by students. The tense expression of sophomore Chuck Barchuk showed his dilemma.



Oblivious to the noise around her, sophomore Tara Kreutz concentrates while describing a childhood memory. “Show, don’t tell,” was the motto of the Honors class.

Exploring *Cultural Differences*

Miles away from home and all familiarity, seven students from a variety of countries came to experience American life.

"Everything is so different, the people, the foods, and even the school. In my school in Madrid there are only eight hundred people and that includes elementary through high school students," said Spanish exchange student Maria Alonso.

"In Sweden, the relationship is more relaxed between parents and children. The same language used to speak with friends is used to speak with adults," explained Carl Hermelin, the Swedish foreign exchange student.

"Most students here have cars. In

Germany students get around by bus or bicycle," commented German exchange student Christopher Siara.

Each of the students tried out for the exchange program by completing an application and speaking and

understanding English proficiently. After they were selected, they were paired with host families in America. Once a month Ms. Zybrick,

who is in charge of the WSHS program, met with them.

"The exchange program allows students from other nations a chance to learn about American culture, and it also gives us a chance to learn about theirs," said Ms. Zybrick.

"Most students here have cars. In Germany students get around by bus or bicycle, even in the winter."



"My main purpose for coming to America was to learn to speak English fluently."
Juliana Seiler.



"At first I did not like it here. I didn't know anyone, but now I have friends."
Carmen Moreno of Spain.

At a meeting with Ms. Zybrick, Carl Hermelin from Sweden and Urara Asahara from Japan share some ideas and thoughts about their stay, with other international students.





Eating lunch together, sophomore Vivian Mestey helps her guest student Maria Alonso from Spain to adjust. Host families acted as the exchange students' guardians.

News flash . . . Getting the scoop on European life, newspaper journalist Jessica Wilhelmer interviews the German exchange student Katinka Bartels.



Listening to others talk about sports, German exchange student Christopher Siara announces that he will participate in wrestling.

Spanish students Maria Alonso and Juliana Seiler discuss their plans for the Christmas holiday. Exchange students met together once a month with Ms. Zybrick.

With senior Jimmy Pratt intently watching, Mrs. Keys offers test-taking tips. Students often asked for teachers' help during SAT preparation.



After meticulous reading, sophomore Toni Reinhart prepares to answer the next problem during the Fall PSAT examination.

Carefully choosing her circle to fill in, junior Amy Trice colors in her answer. Students came early Saturday morning to the auditorium for the standardized brain drain.

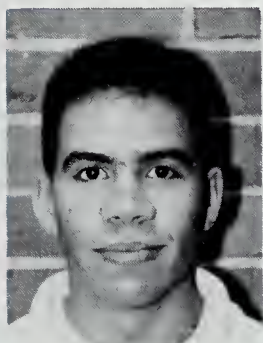




Sophomore Ernie Cunningham releases tension as he bites his pencil. Underclassmen who felt they wanted to get a head start on the competition took PSAT's.



"I'm glad I'm getting out of here before they decide to switch them to essay form!"
Matt Braun



"SAT prep classes might help to raise your score, but you need to review them beforehand."
Louis Ramos

SAT/PSAT

Perspiration Tests

SAT's — Could anyone have liked them? Although the opinion of them was almost entirely negative, students reluctantly took them every year.

"Colleges need to focus on the student's performance and goals rather than the standardized tests," reflected senior Christina Thal. Students on the whole agreed that colleges' emphasis on the value of SAT's was a bit much. Senior Denise Stonecypher confirmed this idea, "Some colleges set SAT's too high — It's too difficult to get accepted."

If colleges and universities didn't invest such a high degree of importance on SAT's, what would they base their acceptance requirements on? The majority of students asked, had no answer.

To prepare for the standardized

brain drain, juniors and seniors frequently spent around 400 dollars on SAT expenses. "My SAT class wasn't worth it. It's a lot of pressure, the class homework only added to my large school load, and I didn't

get the results I wanted," replied senior Mindy Ferguson.

Students also found that their efforts on the PSAT were

becoming other figures for college eyes. The test that was strictly for practice, was added to the test taker's permanent record.

For upperclassmen, the standardized Aptitude Tests were the most difficult part of the school year. Although they're not appreciated, and definitely not liked, the college bound student continued to find a way to tolerate them.

"Colleges need to focus on the student's performance and goals rather than on test scores."

All set senior Wes Campbell boards his bus with food in hand. Lunch was an essential while on a field trip. Anything from Subway sandwiches to fast food was taken along.

Juniors Sheri Bradley and Mark Schildwacher peer over the rail into the fountains across from the National Art Gallery. This field trip was a break from the norm.



Sitting near the National Cathedral, seniors Arran McWhirter and Marcus Neto converse over lunch with Ms. Cunningham. Students were required to bring bag lunches on trips.

Walkmans, cameras, magazines and food were all popular items that accompanied students on field trips. Junior Robert Woolfrey entertained senior Venice Morales by singing.





At the Folger Theater, seniors Kevin Ward and Anglea Dhuy model clothes worn during the Middle Ages. These clothes were part of their study in their senior English classes.



"Field trips are very educational because people learn things that they couldn't learn from a book."
Melanie Binns.



"Field trips are a good chance to get out of class and learn some culture. They are lots of fun."
Ted Pelot.

Heading Out

School with a Twist

Chemistry students visited an art gallery. English students admired a cathedral. Signet students travelled to Richmond. What? Each trip was an opportunity to break the cycle, to have fun, and to go on a field trip.

A field trip was taken by 63 sophomore Signet students to Richmond on October 28th with the Signet advisors, Mrs. Silver and Mrs. Mitsak. By vis-

iting the Imax Theater, the trip enhanced their study of science and technology. "In Richmond, we also saw a 3-D show called *Pushing it to the Limit*," said sophomore Lauren Almquist.

Mrs. Grimes and Mrs. Carpenter Accompanied 107 seniors during their visit to the National Cathedral and to the Folger Theater on October 28th. The purpose was to be-

come more familiar with architecture of the Middle Ages after reading the literature. "The field trip made our learning much easier because we got an up-close look," said senior Ernie Gregory.

Nineteen AP Chemistry students

and 17 AP History students visited the National Gallery to see the Circa 1492 Exhibit. They went on November 27th with Mr. Mitsak and Mrs. Miles.

The gallery trip

supplemented the Chemistry students' study of the development of atomic theory. "The scientific stuff that we saw was very easy to relate to the atomic theory," said senior Jennifer Jackson.

Field trips provided time away from the school setting. But more importantly, field trips allowed students to gain first hand knowledge and understanding.

"The field trip made our learning much easier, because we got a close up look at what we were doing in class."

Electives

Students Get Ahead

As she walked into class and placed her books upon the desk, she realized she was surrounded by four and five year olds. Some were timid, others were energetic. Students involved in Child Care experienced these realities as part of an elective chosen to prepare for their future.

Students chose to take courses such as Fashion Merchandising, Marketing, and Foods to get vocational experience for the home and business worlds. Senior Stephanie Jennings said, "The expertise I learned, have prepared me for challenges in the years to come."

Tina McCool, a senior in Fashion, said, "The many group projects made me learn how to speak out."

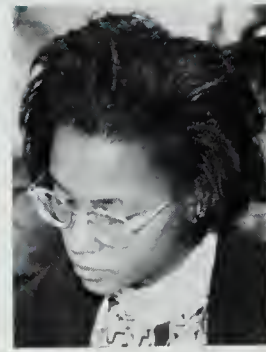
Each week they had to present the class with current events affecting the economy. The skills learned were vital when exploring ads and trends.

In Child Development, students added up the costs of an infant to find the first year could cost \$4500. Senior Donna Wells said, "I was surprised how expensive they could be.

They're not all fun and games."

These electives were found beneficial to students. It didn't matter whether they took the courses as career fields or to be more diverse people. Senior Francie Blanchard said, "The skills we gained gave us a more solid background than just academics."

"I was surprised how expensive taking care of infants could be. They are not all fun and games."



"These courses give you great career experience in the field you're interested in!"
Melissa Compton



"The active learning involved in elective classes gives you a great foundation for the future."
Amber Flynn

Assisting a little friend, junior Meghan McGrath had a special talent when working with the kids involved in the Viking Day Care Center.





Working together, seniors Brigitte Hite and Garrett Chang finish a clothing display near Ms. Zybrick's office. Fashion Merchandising gave students hands on experience.

Taking in food for thought, freshmen Elizabeth Mason and Colleen Watson observe a demonstration in Foods class. Sampling meals they made was enjoyed by all.



Closely watching a young boy, junior Stacy Hylton, helps him to mark the attendance chart. Child Care provided an opportunity to interact with small children.

Hands On

| Down and Dirty

Many students looked forward to the direct transition from school to work instead of college. Students prepared by taking Auto Mechanics, Small Engine Repair, Printing, TV Production, and Electronics classes.

Students learned the basics of fixing cars in a double period class called Auto Mechanics.

Students had various reasons for taking these classes. Senior Bobby Dowling replied, "Auto Mechanics was a class that gave me a chance to learn the tricks and trades of mechanics, but more importantly it taught me how to repair my van, while saving money."

In Small Engine Repair, students worked on lawn mowers, weed eaters, and chain saws. Senior Shane

"I take both Small Engine Repair and Auto Mechanics so I will have a wide variety of jobs to choose from when I graduate."

Taylor admitted, "I took both Small Engine Repair and Auto Mechanics so I have a wider experience in a variety of jobs." In the newly developed television production class, students taped pep rallies, sports

games, and other school activities and played them on channel 30. Sophomore Carolyn Lambros replied, "In first year television we learned about

the equipment and how to put a show together."

Students taking Electronics learned to fix TV's, radios, and keyboards. Senior Mujib Kaiskin commented, "By taking Electronics I am able to understand and fix computers, in order to be a Computer Technician."

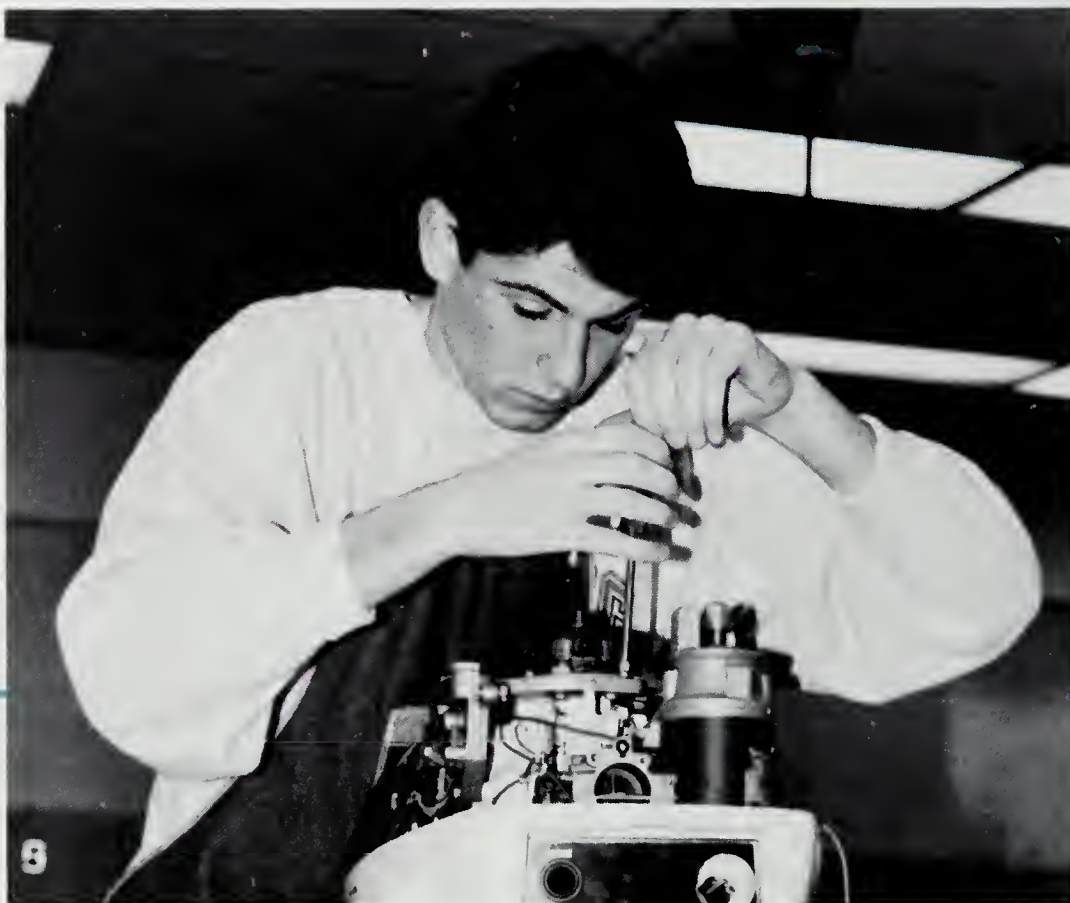


"In Auto Mechanics we learn the basic operations of a car and the fundamentals of how to repair."
Alan Hersker



"Taking Television Production is a great opportunity to get a foot in the door in Video Broadcasting."
Brian Halley

In Small Engine Repair, junior Rob Laver attempts to repair an outboard. Students were given various items to fix after an explanation of how to was given.





On a Friday before a Fauquier game, junior Rudy Jackson films the pep rally. In Television Production class, students were given filming assignments to be played for channel 30.



After sophomore Michael Jackness finishes repairing an outboard, he tests the outboard in the test tank to make sure the engine is running correctly.



Trying to fill out a worksheet, sophomore Shawn Collins asks his teacher, Mr. Moulen, to explain a part of the outboard. Students asked questions to be sure no mistakes were made.

Working together, Senior Mike Mills and sophomore Sam Cox change the oil in a car. Auto Mechanics taught students how to fix their cars in emergency situations.

In deep concentration, senior Jason Schooler focuses on the director. Jason was an all-state bass player and part of the elite ensemble.



Warming up before his band class, senior Jimmy Pratt plays his clarinet while senior Laura Massaro looks over a new piece of music.

Time for the mighty Viking Marching Band! Junior Susan Hickerson plays to the song "Football Here" before the homecoming game.





Need a date? Senior Rachael Safley makes a poster for the *Eddas* Calendar. Students bought dates to be printed in the calendar.

T

eamwork

ying everything
ogether

The marching band flooded into the hall and made its daily exodus from the band room to the softball field for practice. The editors of the *Valhalla* were wrangling over the cover during an afterschool meeting. Although each group was different, both were striving to cooperate and to coordinate in order to create a final product.

The three publication staffs coordinated their writing, editing, typing, and social skills to create final products for the student body to enjoy. Working on a publication required each staff member or editor to use the abstract skills they learned in the classroom in a practical setting. Senior Rachel Safley, a member of the *Eddas* staff, said, "I have learned to use my grammar and writing skills when reviewing submissions. During critiques, we need these skills to analyze and decipher the writings sent in to the magazine."

Social skills were also put to the test. Senior Kari Kennedy, co-editor of the *Valkyrie*, said, "Cooperation is essential. The editors have had to learn how to delegate responsibility, and staff members have had to learn how to take orders from their peers. We strive to work together rather than against each other."

Teamwork was a goal for all of the performing groups and publication staffs. As a member of the marching band, senior Natalie Kistner said, "When you spend so much time working together preparing for a performance, you learn that everybody has a job to do. When everybody does their job you end up with a fabulous performance!"

All of these organizations worked towards a goal whether it be a publication or a concert. To create these end products, the groups learned to coordinate their skills and to cooperate.

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D

eadlines

estroy Sanity

Pizza parties, free food, a social hour, unlimited hall passes, as many pictures as you want of you and your friends in the yearbook, and a free period to study . . . **NOT!**

Yearbook was not necessarily all fun and games. Deadlines had to be met to make the *Valhalla* the best yearbook ever.

"I get paranoid because I'm scared that I might have missed a deadline every time I walk into class!" exclaimed junior Liz Callender. Students had to complete up to 90 pages within a month.

To prepare for these strenuous deadlines, 16 staffers went to Gettysburg, Pennsylvania to participate in the *Gettysburg Yearbook Experience*. "Camp gave us a chance to really get to know each other before we had to work together," remarked senior Alli Walls.

Compiling 'A Twist on Tradition' required research by each staff member. "Working on the Yearbook this year was not only fun, but informative, because every time we did a layout, we found out something new about the school. I would've never known that the 1st prom was held in the library," laughed senior Kara Petersen.

Stress, deadlines, sales, and a small time frame to get all the work done, but a bunch of friends and fun in the end . . . this was the true definition of Yearbook.



Taking a break from all the deadlines, juniors Kate Duecy and Jennifer Ivaniszek clap their hands to make the sound of rain.

EDITORS



Editor-in-Chief
Kara Petersen



Seniors
Jessica Botta



Student Life
Alli Walls



Clubs
Scott Cheatham



Academics
Laura Massaro



Underclassmen
Amy Burns

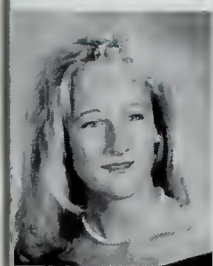


I've got it! Picking the best place to crop a picture, junior Amanda Crowe and seniors Laura Massaro and Alli Walls mark the spot.

Senior Michelle Hummel puts her trust in her classmates while seeing if they could all end up sitting on each other's laps.



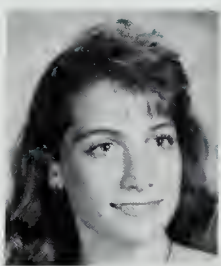
Caught up in the spirit of Halloween, juniors Amy Staab and Lynne Gallitz share a break out in the hall with senior Sharon Myskowski.



Women's
Sports
Laura
Simon



Men's
Sports
Jim
Trimble



Copy
Michelle
Hummel



Photography
Holly
Jonely



Sales and
Index
Liz
Callender



Adviser
Mrs.
Dawn
Moulén

Editors



Editor-in-
Chief
Mary
O'Malley



Assistant
Editor
Carol
Roth



Assistant
Editor
Tricia
Lloyd



Art
Editor
Moana
Navarro



Photography
Editor
Gail
Emerson



Submissions
Editor
Melissa
Reagan

Mapping it out! Senior Mary O'Malley and freshman Mindy Trigger plan for the year's special project on childhood memories.



S

ubmit *olely up to You*

A group of students sat in a circle of desks, listening intently to a piece of non-fiction being read. After the reader was finished, the floor was open to critiquing the work. All types of genre were considered for publication including non-fiction, fiction, poetry, drama, art work of many mediums, and musical compositions. The submission process was a major part of the *Eddas* literary magazine.

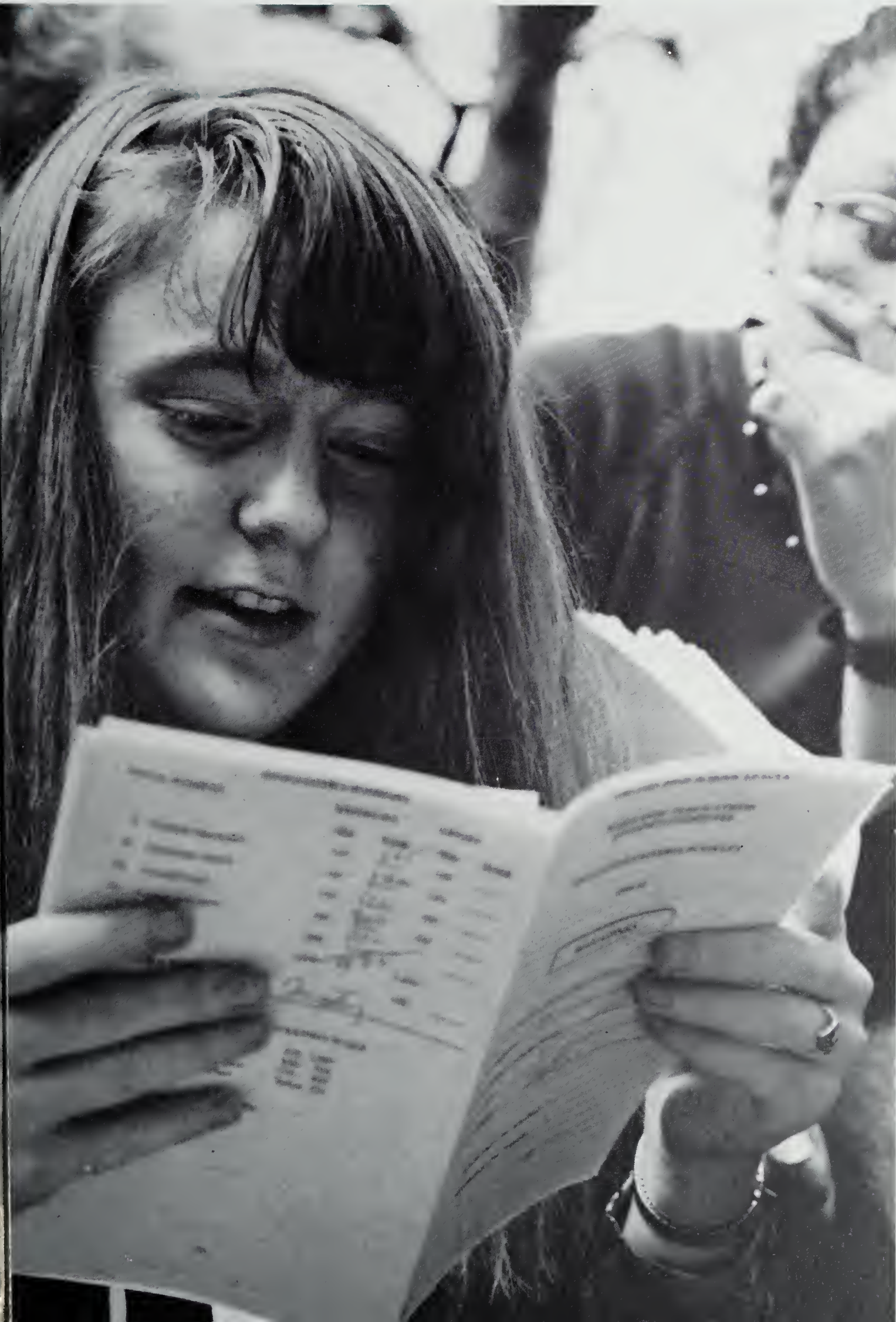
"Accepting submissions is a lot harder than I first expected it to be. There are so many things to consider!" said senior Rachel Safley. Starting the process off, the submissions were xeroxed to maintain anonymity. The originals were returned to their authors immediately. Certain criticisms were repeated frequently in critique sessions. Scott McNett said, "Poetry with forced rhyme limits the thought." Many students concentrated so much on rhyme scheme that it overtook the meaning of the poem.

The *Eddas* staff stayed busy with submissions, making advertising signs, and raising funds to cover printing costs for the calendar, which was printed in December on a basement printing press. Adding to the stress was the pressure of deadlines. Senior Gail Emerson said, "Deadlines are tough with Mrs. Hailey's pregnancy. The pressure is on!"



Submissions	Features	Nonfiction	Drama	Fiction	Poetry
Editor	Editor	Editor	Editor	Editor	Editor
Rachel	Carrie	Jen	Barbara	Jessica	Amy
Safley	Gentile	Harper	Garn	Guerrero	Zezula

Senior Scott McNett and *Eddas* alumni John Slater, '91, are comparing pictures for the photography contest.



Senior Jason Ladner is writing announcements to be read over the intercom. *Eddas* sales pitches were known to be creative.

The *Eddas* staff huddles around senior Tricia Lloyd as she reads the VHSL critique of their magazine that won a trophy class rating.

J

ournalists

ust do it Write

"Extra! Extra! Read all about it! Horoscopes, results of the big game, what's new in fashion, and reviews of the latest movies; it's all in this issue of the *Valkyrie*."

The big four: hard work, time, energy, and teamwork were essential in the publication of the *Valkyrie*. "People don't realize the amount of work needed to produce one issue of the paper. Stories, layouts, art work, and design all go into the process of producing a paper. Problems arise in each of the areas making the meeting of deadlines pretty tense," commented senior co-editor Kari Kennedy.

Late nights and a lot of food for energy enabled the staff to make their deadlines. "My life literally comes to a standstill during layouts. I think we produce an outstanding paper which almost makes up for all the lost hours of sleep. Well almost, but not quite," said senior co-editor Betsy Erlandson.

The *Valkyrie* came out every month and provided information on school and community activities. Senior managing editor Anne Dashiell said, "I think the newspaper is a valuable tool for communication among students, staff, and parents. Every story, piece of art work, and photograph are done by the students. Working on the paper also gives me the chance to use my creative ideas."



Seniors Anne Dashiell and Megan Cotner look at the *Washington Post* for ideas for the upcoming issue of the *Valkyrie*.

EDITORS



Co-editor
in-chief
Betsy
Erlandson



Co-editor
in-chief
Kari
Kennedy



Managing
Editor
Anne
Dashiell



News
Editor
Natalie
Kistner



Feature
Co-editor
Alexis
King



Feature
Co-editor
Zehra
Zeidi

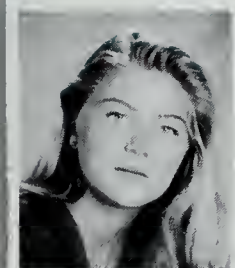


Trying to come up with new layout designs, junior Jessica Wilhelm and seniors Zehra Zeidi and Jen Roberts share their thoughts.

Feeling pensive, senior Betsy Erlandson takes a moment to sit back, gather her thoughts, and think up new ideas for the next paper.



In the darkroom photographers Brian Majewski and Brian Halley wait for their negatives to dry before taking a closer look.



Style
Editor
Megan
Cotner



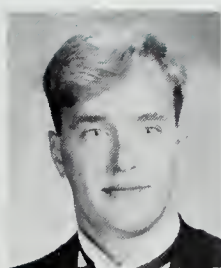
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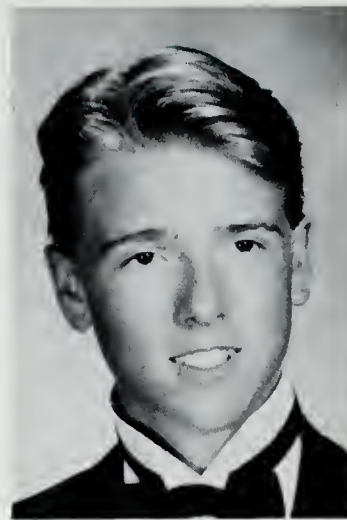


Ad
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“Rat-ta-tat-tat!” Junior Chuck Barchuk taps out the beat to a song in band class. The variety of music gave everyone a chance to play.



“Symphonic Band has certainly been an experience. It’s had its ups and downs, but it was definitely worth it. I would not have done anything else.”
Christy Riser



“Symphonic Band has had to make many adjustments this year, but we pulled together when it counted. I am glad I was able to be a part of it all.”
James Harmon



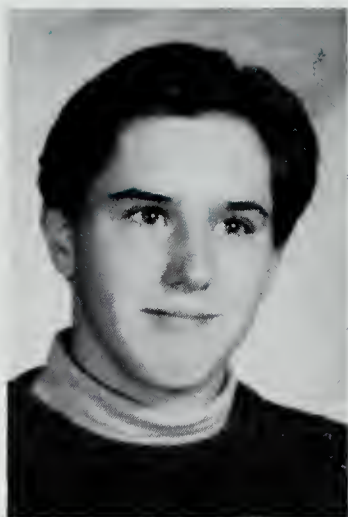
“Squeaky clean!” Senior David Aylor cleans his baritone after band class. It was important to keep the instruments in good shape.

Putting the mouth piece on his saxophone, Senior John Boyd adjusts his instrument before Symphonic Band class.





"I owe a lot to Mr. MacFarlane. He not only taught me about band, but he gave me tips on life as well. I never thought band could be like this."
Nicole Bullock



"I had so much fun in Concert Band! I never imagined I could learn so much. I am glad I decided to join the band, for I would have been missing something great!"
Paul Powers



Following their sheet music, band students Chris Harmen, Keith Wilson, Ryan Spyker, and David Deel learn a new song.

M

aestros *usicians At Play*

Complete silence. All eyes were on the conductor's stand. A unanimous deep breath followed the conductor's baton deep upward motion.

That was a scene from one of the many concerts that the Symphonic and Concert bands put on for everyone's enjoyment. The different levels of bands played a variety of music. "I loved all the pieces we played. They gave me a taste of different styles of music," expressed Junior Sam Blodgett, a member of the Concert band.

The music was not the only thing that changed. The bands had a chance to experience different directing styles. Four guest directors shared their time and talents with the band classes. Junior Chris Osburn shared his feelings, "The different styles of conducting kept me interested."

While there was plenty of variety, there was also a stress on the basics of music. The bands concentrated on mastering the techniques needed for superior playing. "We took a back to basics approach. I think it was something we needed," commented Senior Trina Davis.

The combination of old and new learning techniques culminated in a trip to Virginia Beach for the National Adjudicators Invitational.

DRUM MAJORS



"Marching band was a lot of work, but in the end our hard work proved to be extremely rewarding. I loved working with them!"

Kristen Ker

"1, and 2, and 3, and 4, and . . ."
Senior Katie Eminger and
Sophomore Kelly Publicover prac-
tice flag routines after school.



P

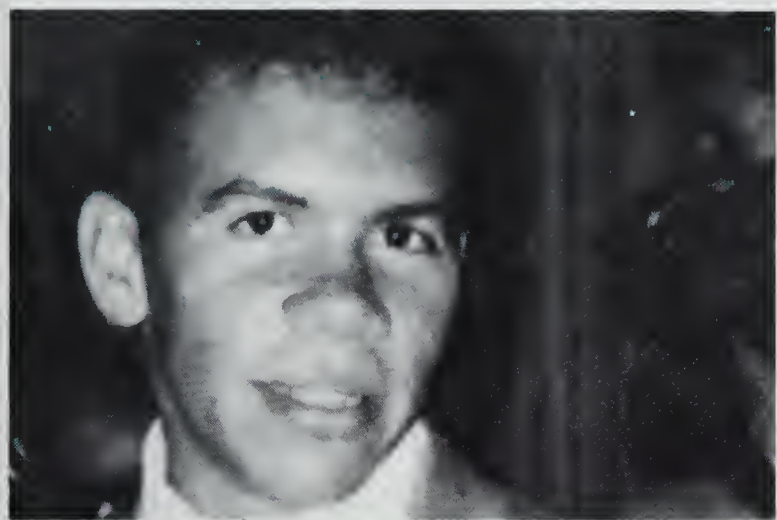
lay On!

roud Champions

Hearts pounded, muscles tensed, alert and ready they waited. "Band atten-hut!" Drum major Louis Ramos called the band to rigid attention. Eyes shining with pride, the band swept the Middletown, Maryland audience off its feet with powerful music played from the hearts of 89 dedicated people. The audience was dazzled by 17 others, spinning colors to the rhythm of the music. "The show was so moving I cried. That's never happened before," shared Senior Melissa Riley. The Mighty Viking Marching Band scored 59 out of 60 in musicality, and received awards for Best Drum Major, Best Brass, and Best Woodwinds. Marching band members had a chance to show their talent at five other competitions.

On October 2, Mr. MacFarlane took over the marching band program. He formed a committee of seven band members, and together with the captains, they helped run the program smoothly. The band members spent a total of 372 hours together, and as a result formed close friendships. "We were a real family!" exclaimed Junior Susan Hickerson. The time and responsibilities required true commitment. "Marching band was a challenge, but one I was proud to take on," stated Junior Ryan Spyker. Junior Kathy DeMarse agreed, "Marching Band was tough, but I loved it!"

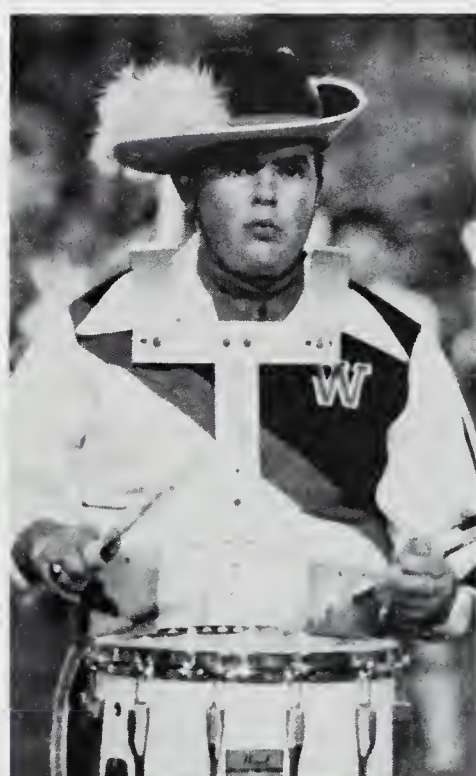




"I was very proud of the marching band this year. Working with them has given me memories that will last a lifetime."

Louis Ramos

Watching for the "horns up" command, freshman Jason Simpson stands at attention at a pep rally before school.



Involvement in his music, junior Craig Milligan is careful to stay in tempo. Concentration was the key to a good performance.

With all eyes on the drum major, juniors Nathan Piatza, Shannon Publicover, and freshmen Matt Hayes and Kim Shires march the show.

S

trings

ymphony of Music

Beethoven's Fifth Symphony was placed on the music stands. Twenty pairs of watching eyes focused on the conductor, waiting for the down beat of his hand to begin playing. Suddenly Mr. Rob Benson said, "Did I tell you the joke about the fish?"

Practice wasn't the only thing that kept the orchestra students on top; it was the conductor. Senior Allison Vaughn commented, "Orchestra is the only class that gives me a break during the day. Mr. Benson's laid-back personality provides a relaxed atmosphere the class can enjoy making music in."

Mr. Benson took the stress out of constant playing by telling jokes and stories, but his award-winning orchestras were showcased at performances at school, in Orlando, Florida, and at Potomac Mills.

The Intermediate and Ensemble Orchestra held classes on the stage for the first time. Sophomore Michelle Fujisaki explained, "Rehearsing on the stage gives us a better idea of how we sound in a concert. The practices are beneficial to the orchestra. Playing on the stage makes us feel we are performing a concert everyday."

Sophomore Stephanie Patterson said, "Orchestra is a class I look forward to because it's the only class where everyone is friends, the music is good, and the teacher is fun to be with."



Preparing to shift into third position, senior Andrew Phillips and junior Carla Blackman adjust their fingers.

ALL-STATE



"All-state was a wonderful and unique experience. The concert was a great success. It was fun meeting a variety of people with the same interest as me from all parts of the state."

Rebecca Matthews, senior



“One and two and . . .” Freshmen Amy Sutton and Madeline Neeley carefully count their music for correct rhythm.

After careful study of the notes, junior Chris Smith prepares to play his bass for the upcoming concert.



“All-state was a special honor for me. The competition was tough, but the best part was being able to play the electric bass, because I was the only one who brought it.”
Jason Schooler, senior



Gracefully moving his bow, junior Robert Elliot uses vibrato to enhance intonation and produce the correct pitch.

Senior Tim Harris sings while gazing ahead at the music to prepare for the next measure or for surprising note changes.



It's relaxing, because the whole day is so stressful and then you get to come into class and do what you want with a piece to make beautiful music."

Belen Pifel



Dressed in costumes from Medieval England, sophomore Scott Jonely and senior Holly Jonely watch the dancers at the Madrigal Feaste.

A Yuletide celebration! Junior Tiffany Debloois and senior Kenny Trott enjoy their dinner at the Madrigal Christmas Feaste.





"Our best asset is our small size. We're a close knit group and we know each other. That makes performing easier. Nobody gets embarrassed!"
Kenny Trott



The entire Woodbridge Singers ensemble practices their Christmas songs. Their practices were always productive.

Superb *singers of WSHS*

"Welcome to Merrie Olde England, for at eventide tis tyme of wassail, of jollitie, and of plentie." On the evening of December 14th and 15th, the lobby was transformed into Merrie Olde England.

The Woodbridge Singers, a madrigal group of 21 members, served a meal as they sang of life in Medieval England. With each dish of wassail, a hot cider, sirloin of roast beef, of plum pudding, a song was sung about each of these dishes.

These performances were the culminating activity after three and a half months of effort. The work began with a rigorous audition, during which the auditioner was required to sing a prepared piece and "sight sing" a piece without ever having seen it before. This audition determined who the 21 members of Madrigals would be. The small size of the group was an advantage, Junior Andrew Austin observed, "The size of Singers gives us a chance to work more personally with the teacher on our singing abilities."

The daily practices included ten minutes of warm up and work on four songs at the least. To survive this schedule, a positive attitude played an important role.

Senior Arthur Lockamy said, "Our group is the most enthusiastic bunch of people at WSHS as far as music groups are concerned."

Rigorous practice and positive attitude allowed this elite group of 21 to recreate Elizabethan England.

MUSICAL VOICES



"This is my first year in Concert Choir. It has been a great experience. The VMEA concert was very exciting, but frightening."
Regina Taylor



"I have a lot of fun in choir class. It's a class I can relax in and just be myself. It's nice to have a class in which I can relax."
Jen Sutton

"La, dee, da, da!" Juniors Katie VanAllen, Amanda Lance, and senior Renée Bryson read and sing attentively at a concert.



Whipping *indpipes Into Form*

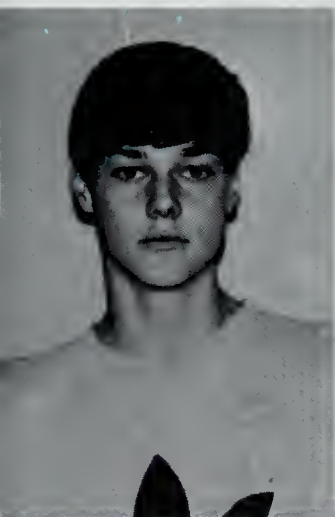
Work began on the first day of school. Realizing the hard practices that were to come in the future, students accepted sheet music and tapes from Mrs. Lund. The students learned quickly that practicing at home was a must. Senior Holly Jonely recalled, "The selections were challenging but our class became focused at once in order to prepare for concerts."

The biggest concert of the year was the VMEA (Virginia Musical Education Association) concert. Junior Julie Harris said, "The concert was almost cancelled because our songs were difficult to learn." But the students worked long hours on the selections after and during school. The concert was held at the Marriot Hotel in Richmond on November 22.

Most students were relieved to get the concert over with, but others were disappointed to see it end. Senior Tracy Torre said, "In a way I was sad when the concert was over because I put so much work into it."

The choir class also had a Christmas concert in which they sang traditional Christmas songs such as "Joy to the World", and "JingleBells". The class traveled to Canada to compete against a standard of excellence as well.





"The only thing I don't like about choir is the warm-ups. Other than that, though, I love choir class. All of my friends are in my class."

Aaron Deadman



"Of course my favorite part about choir is singing, but I also love going on trips with my class and getting dressed up for concerts."

Tracy Sinkovic



The dreaded warm-up exercises! Junior Katie VanAllen focuses on the positive while warming up those lungs!



Practice, practice, and more practice! Junior Marty Myers sings along with classmates. Practice was tedious, but worth it!

Junior Andrew Austin uses his talent at a concert by singing solo for the audience. Some students were unintimidated by singing alone.



A Twist On tradition

Each class has its own *Twist* which differentiates it from the classes which came before it and the classes that will come after it.

The Class of 1992 started their last year broke, as usual. With only 3,556 dollars in the class treasury on September 3, the Senior class set to work raising 8,000 dollars for the June 18th graduation ceremonies. The seniors were also under pressure to win the Homecoming '91 Float Contest after the Class of 1991's humiliating defeat handed to them by the freshman class the year before.

Juniors stuck with tradition as Michelle MacDonald and Amber Morra were chosen by their fellow students to be Homecoming princesses for the third consecutive year.

Sophomores breathed a collective sigh of relief as the last class to receive their driver's licenses at the age of 16.

The Class of 1995 was the largest class with 848 freshmen. Due to the class size, administrators had to direct the freshmen to the limited number of seats in the bleachers during pep rallies.

All four classes upheld the long-standing traditions of Woodbridge through their involvement and spirit while contributing a unique *Twist* to the school and the traditions themselves.



"Being a freshman, I found that I had to get involved. In such a big school, I had to get out and meet people. Once I found my own group, I felt right at home and comfortable."

Christina Brown, freshman

Presenting the Mighty Viking Marching Band! Junior Beth Burns and Senior Bill Holbrook play "Festival Prelude" and "Russian Christmas Music" at the first halftime show.

Bump it! Spike it! Kill it! Senior Shawn Harris bumps the ball up during a friendly afternoon game of volleyball at Lancaster Park near Woodbridge Middle School.

“Hey, are you rollerblading after school?”

Unusual questions such as these could be heard in the halls near the close of the day. Students practiced different hobbies after school with their friends, or by themselves. Some played sports, joined clubs or extra-curricular activities.

“I study the art of professional wrestling and on occasion partake in matches. I have been watching it for ten years and I’d like to become a pro-wrestler,” said senior Scott Schober.

Other students started collec-

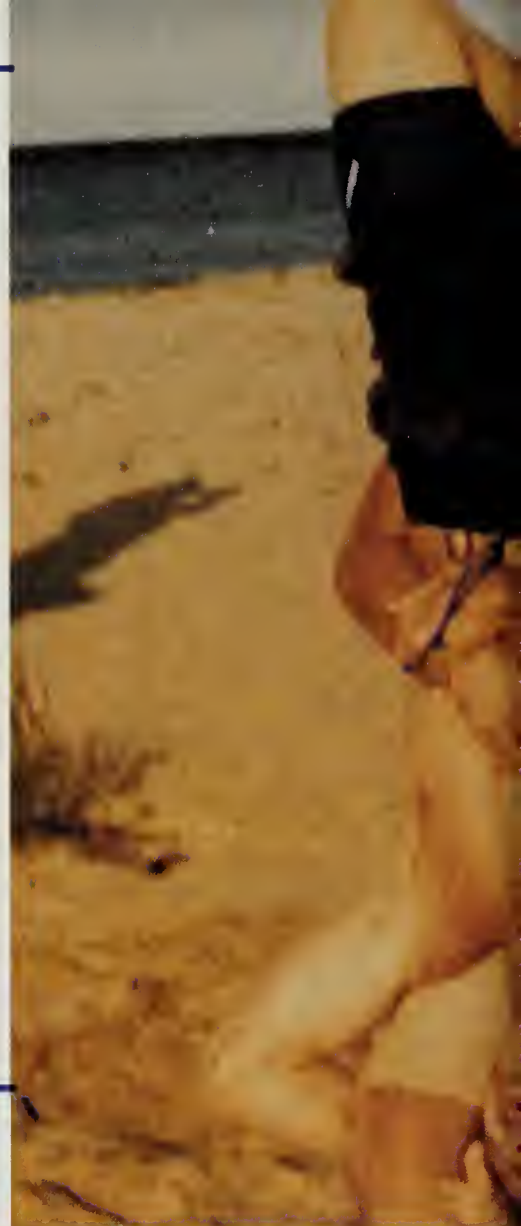
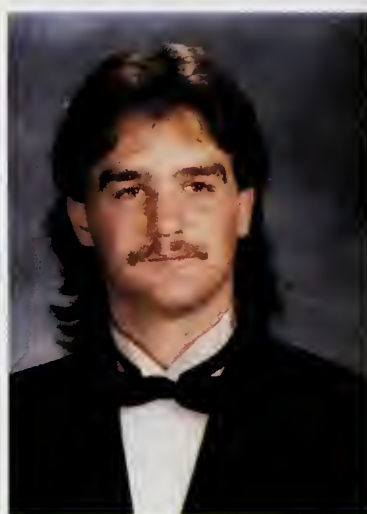
tions like senior Erik Muendel, “I collect no-smoking signs from all over the world.” Other students collected objects such as antique hats, stuffed animals, and photographs.

Senior Shannon Murphy had a hobby that required skill with a wild animal. “I have a squirrel named Buster Jr. He sits on my shoulder and I taught him how to box.”

From mountain climbing to deep sea diving, the senior class had become more individualized by how they used their spare time.

It's
Not
Just
Stamps
Any
More

Past Times



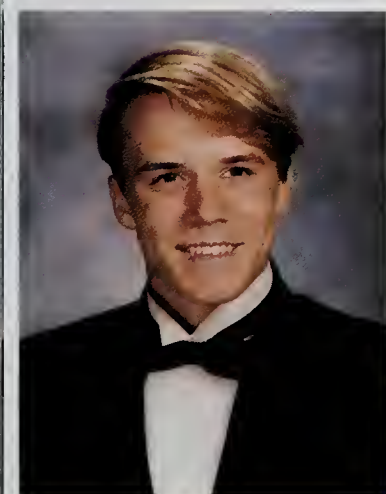


Senior Scott Schober demonstrates the wrestling move known as the pile-drive on one of his friends. Some seniors enjoyed pro-wrestling and participated in matches with other fans of the sport.

“Hey! Look at me!” yelled senior Holly Jonely as she hung from the cliff. Holly and a group of friends took a break from the daily routine and went repelling in the mountains. This wasn’t a typical outing.



**Abigail Acuesta
Enrique Adame
David Alexander
Timako Allen
Denise Alley
Lynna Amirez
Hollie Anderson
Maria Anderson
Stephanie Andrews**



**Melina Angulo
Christina Anthanas
Nelson Argueta
Alan Arrington
Jasi Artis
Kevin Artman
Urara Asahara
Lonnie Atkins
Kimberly Attaway**



**Hala Ayala
David Aylor
Jennifer Ayoub
Brent Baker
Danuel Baker
Susan Baldel
Justin Ball
Melissa Bamler
Andrew Banas**

When high school students first realize that their 18th birthday is coming up, their first thought probably isn't voting.

With the 1992 election, seniors took up the chance to become part of the voting assembly. However, there were people who didn't understand the importance of their ballot.

"People should have to take tests to show if they're informed about the candidates," expressed senior Jerri Hess. People share the opinion that voters need to be aware of what their nominee

stands for.

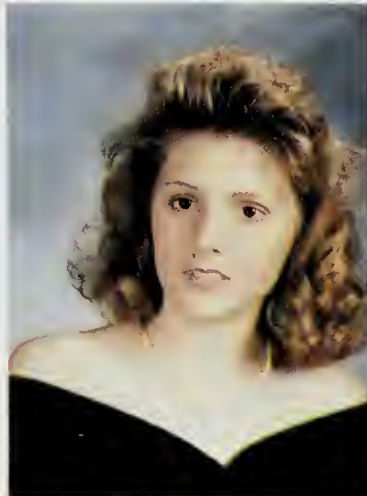
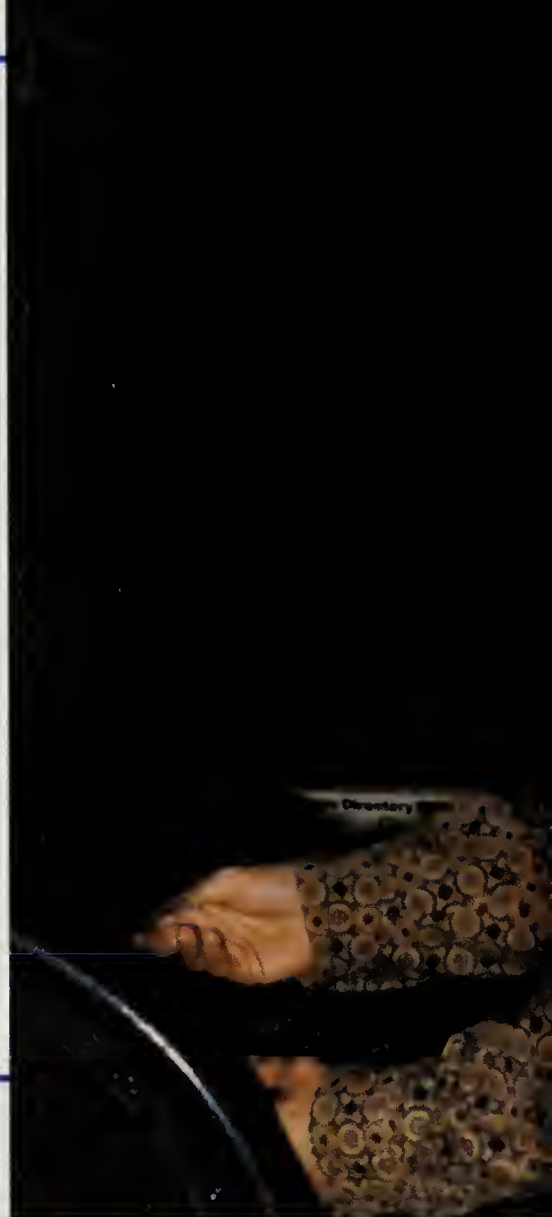
Yet this way of thinking can discourage others from voting. "It's too much of a hassle to go and fill out all the forms," stated senior Melanie Binns.

"Even though 18 year olds are given the opportunity, some don't vote because they become too complacent with the system," commented senior Matt Flaherty.

Whether it be voting for a representative or president, the decision, be it to vote or not to vote, was a choice that required a certain amount of knowledge, understanding, and maturity.

To
Vote
or
Not
to
Vote

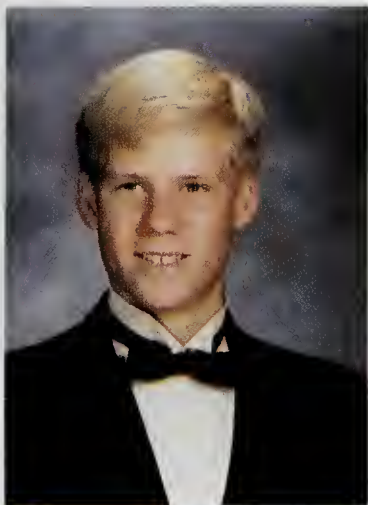
Politics



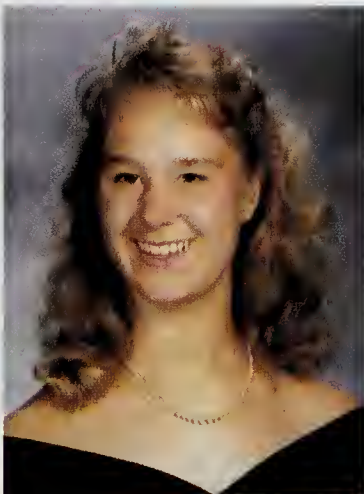


Bon Voyage! Senior Mike McGee bids farewell to his mail-order ballot. Seniors found that sending their votes by mail was a convenient alternative to the booth.

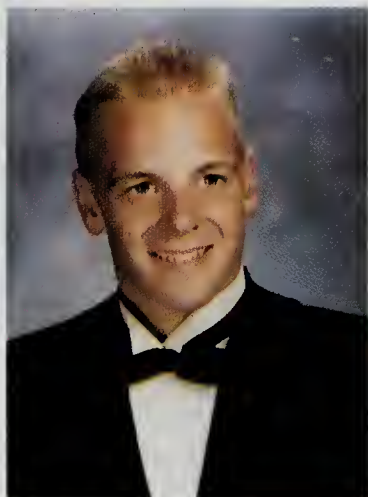
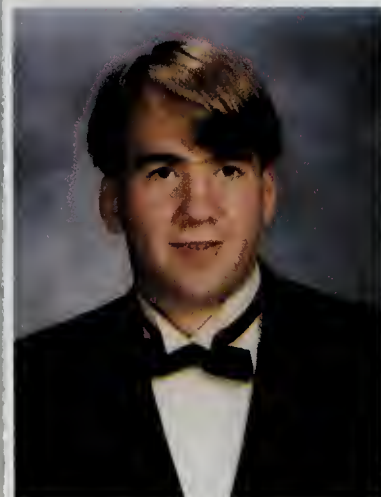
The next generation. Senior Chris Nelson receives help from Mr. Petrus on his voting form. Government teachers often assist new voters during registration.



Tonia Bartelme
Katinka Bartels
Diane Bartosh
Kurtis Bateman
Matthew Beland
Angela Bell
Robert Bellamy
Vanessa Bender
Emmanuel Bennett



William Bennett
Charles Bertrand
Amy Billmyer
Melanie Binns
Jennifer Blackburn
Nancy Blanch
Natalie F. Blanchard
Melissa Blockis
Mark Boger



Scott Boger
James Boldosser
Derric Bolton
Victoria Boska
Jessica Botta
Tobias Boudreau
Kevin Bowles
Stephanie Boyle
Jennifer Boyt

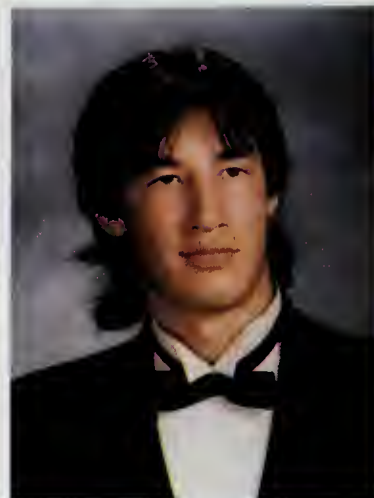
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Shari Brandenburg
Jennifer Brantlecht
Tania Braxton
Michael Britton
Samuel Brogden



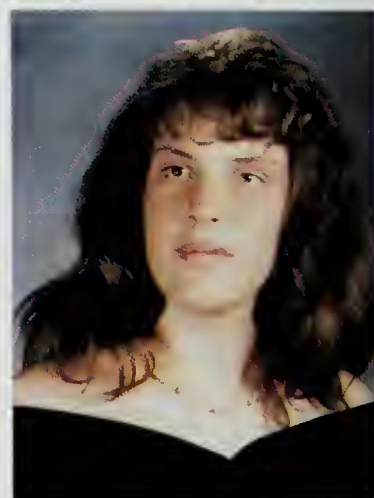
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Barbara Brown
Justin Brown
Lakesha Brown
Tabbithia Brown
Treon Brown



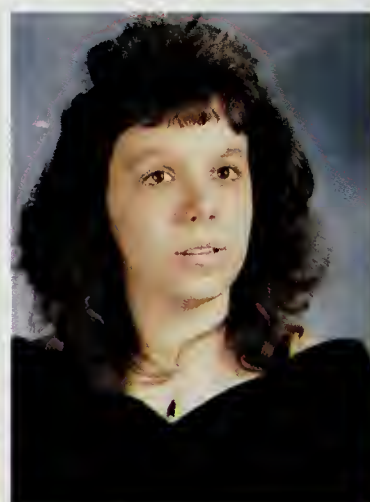
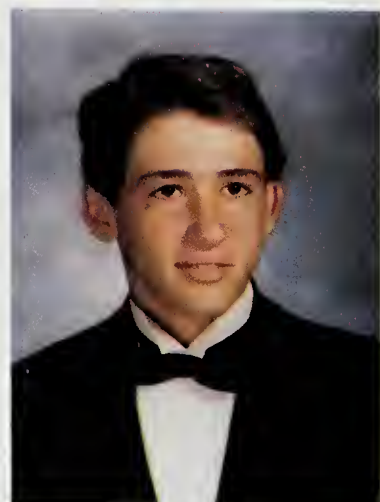
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Marci Buckles
Sarah Buckner
Robert Bugary
Tamara Burnett
Terelle Burney



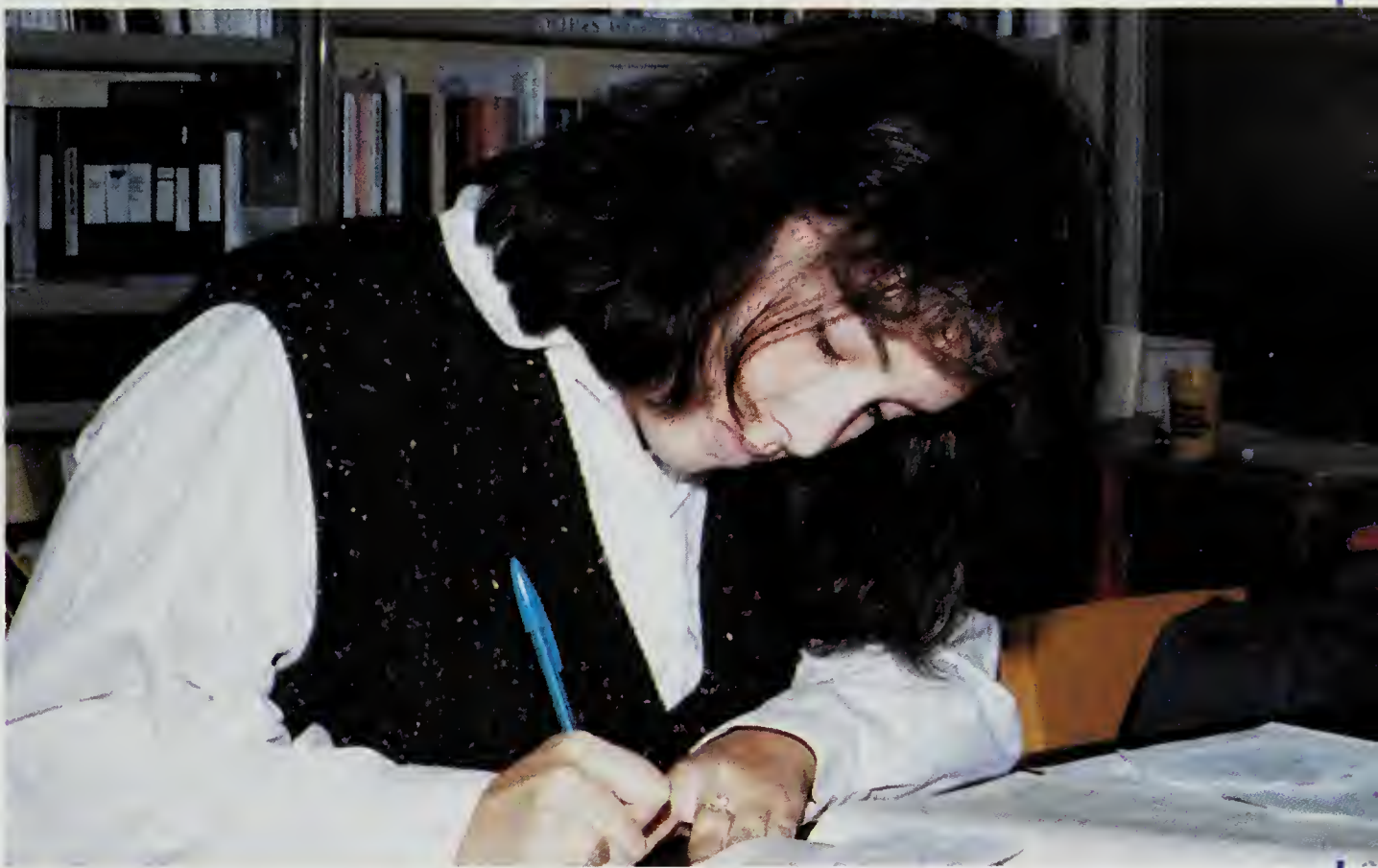
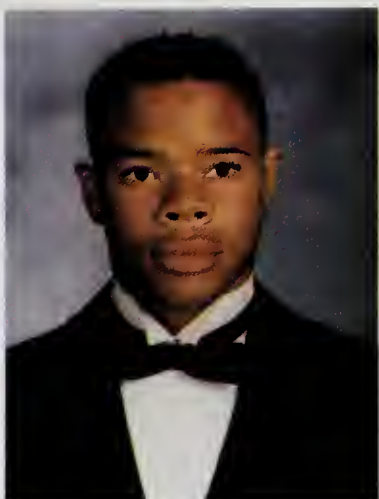
Amy Burns
Anthony Burns
Tiffani Busch
Jennifer Bushong
Trent Butcher
Kimberly Butts



Jason Byrne
Stephanie Bzdyr
Sharon Caldwell
Mary Camp
Jennifer Campbell
John Campbell



Afterschool, senior Mindy Ferguson seeks college information from the Career Center. Many available resources allowed seniors to find schools that would meet their academic needs. College catalogs often gave valuable hints about the application and acceptance processes.



What Will the Colleges Say?

Waiting . . .

With hands trembling and knees shaking, the senior opened the admissions letter from the College of William and Mary. A few seconds later, a triumphant yelp escaped her lips signifying her acceptance to the school of her dreams.

Typing the actual application seemed to be the most strenuous part of the process. Senior O'Neal Williams agreed, "The application is too tedious with all the deadlines and essays."

Seniors often found themselves at home on the weekends adding final touches to their applications instead of going to the movies or to a party. The extra efforts usually paid off when the admissions letters came in.

A majority of the seniors felt pressure to get into a good college of their choice, but the pressure was not coming from their

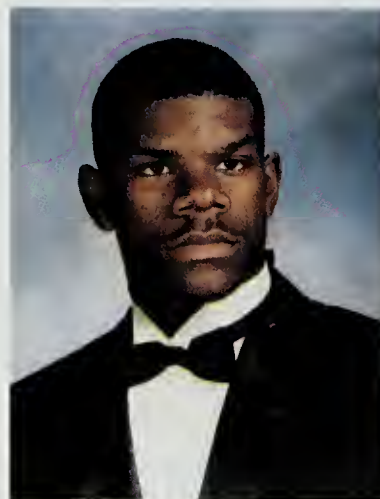
parents. It was coming from themselves. Senior Courtney Littig said, "I put the pressure of getting into a good college on myself. I wanted to prove to myself I can succeed."

After the applications were sent in, many indulged in the fun of their senior year. Others complained the stress had just begun. "The waiting was the worst, I wish they could have sent the responses back quicker than I filled out the forms," sighed senior Sarah Cronk recalling the seemingly endless wait.

Most seniors acknowledged the application process was time consuming and the wait stressful, but declared it was most important. Senior Tony Tangeman summed college up as, "... one of the most important decisions you will ever make. It is a time to start a new beginning, a beginning to the rest of your life."

Rarely seen without cash. Senior Ellen Wahlquist uses her Most machine card to withdraw from her savings ac-

count. Many seniors had to visit an automated teller machine before they went out for a night on the town or a date.



Always
Has
a
Price
to
Pay

“Will that be cash or charge?”

This is a question that many seniors struggled to find the answer to. Unfortunately for these seniors who had credit cards the question wasn't as easy as it sounded. Seniors had to take into consideration that if they used credit, they would have to pay later. Many seniors still chose credit. "I enjoy easy access to my money," admitted senior Heather Heft.

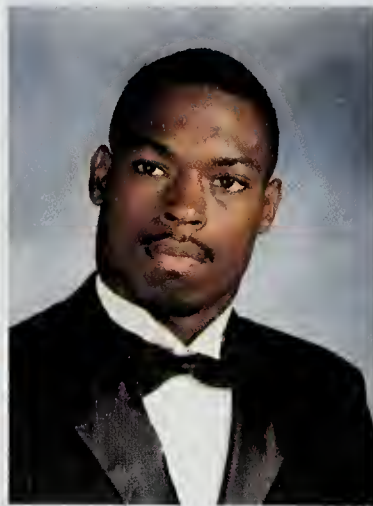
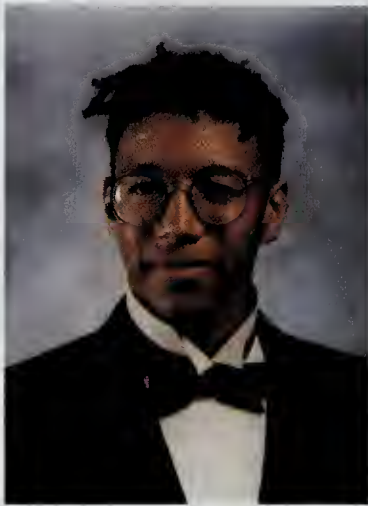
Although charging purchases may have been easier than paying for an item in cash, using a credit card only delayed a payment that sooner or later would be due. "Having a credit card is a big responsibility," said senior Brian Rothlisberger. This responsibility carried with it the fear of an unmanageable debt, that could change an

unsuspecting senior's credit for life.

An undeniable fear of debt was one reason why many seniors chose to use alternatives to credit cards. Automated bank machines took the "credit" out of the credit cards. With these machines it was impossible to use more money than was in the account, and the users of this system even got a card that looked just like a real credit card. "It's just like instant money," explained senior O'Neal Williams.

Credit cards and bank machines, through the years, have become helpful new additions to the financial problems that seniors traditionally face. Hopefully, these items will be around to help the seniors of tomorrow with the responsibility that comes with having money.

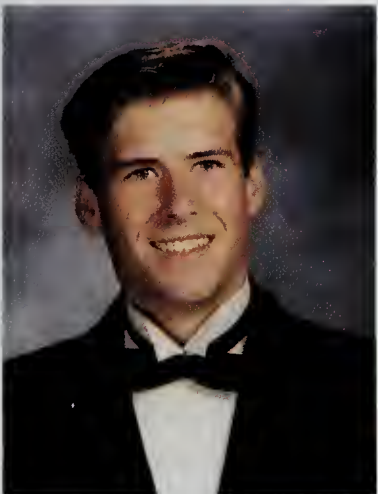
Easy Money



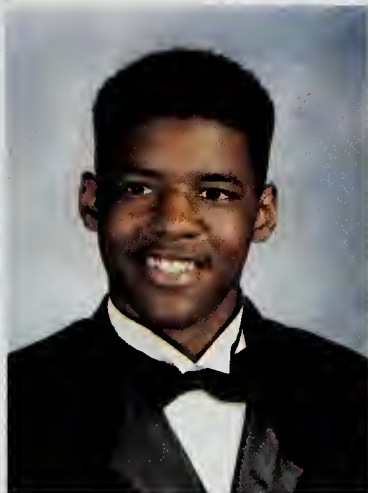
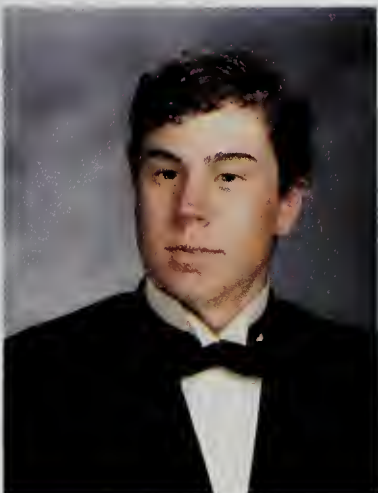
**Jennifer Canaan
David Capece
Joseph Caputo
Tavian Cardwell
Dana Carlsen
Anthony Carter**



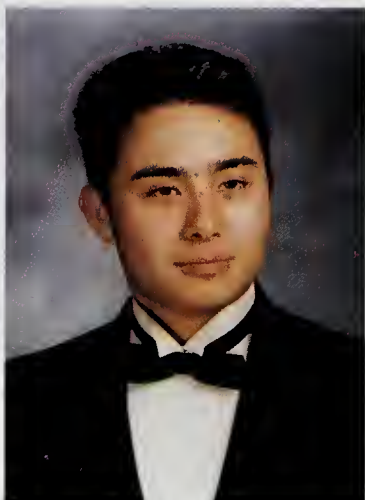
**Erin Carter
Jennifer Carter
Ena Catedral
Annette Cathcart
Garrett Chang
Rebecca Chapman**



**Harry Charity
Kari Chatfield
David Cheatham
Elizabeth S. Cheatham
Samia Cheema
Teresa Chiarito**



**Martha Clark
Misty Clark
Robert Clark
Carlos Clarke
Collin Clement
Kathy Coates**



**Michael L. Coe
Matthew Coffey
Laurence Cohen
Criss D. Coleman
Charles Collie
John Collie**

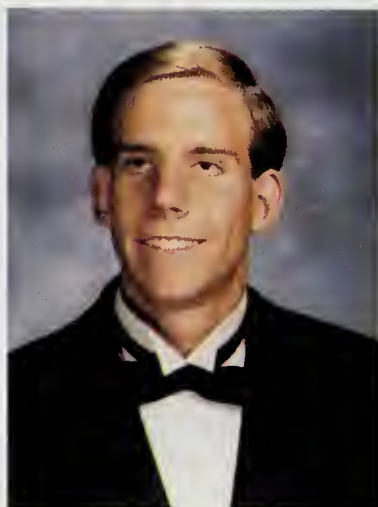
Lisa Collis
 Melissa Compton
 Nanette Compton
 Lauren Comstock
 Jeffrey Conaway
 Andrew Conk
 Jeremy Conner
 George Conway Jr.
 Christopher Cook



Charles Cooper
 Peter Cope
 Matthew Corcoran
 Guillermo Corea
 Timothy Cornwell
 Megan Cotner
 Jennifer Cowley
 Kathryn Cozzi
 Donald Crampton



Scott Crissey
 Teresa Cronin
 Sarah Cronk
 Jonathan Crossley
 Christopher Crowley
 Laszlo Csendor
 Ryan Culbertson
 Oliver Cundy
 Andrew Dabney



Getting ready for college took lots of hard work. Senior Sarah Cronk prepares her transcripts for college interviews. Neatness was a major factor in impressing the counselors.

Seniors usually tried to get plenty of information about a college before applying to it. Here senior Shannon McClung talks to an Army recruiter about entering the U.S. Army.





Interviews

Preparing for Life After High School

“What do you have to offer our university?” This was one of the questions that college counselors usually asked seniors who were interviewing to enter their colleges. Seniors spent their last year of high school concentrating on what lie ahead concerning colleges. As senior Scott Crissey said, “I feel that you should get plenty of sleep the night before and should dress up real nice.” Students tried to impress the counselors with good first impressions. Seniors wore suits and long dresses. Some students even tried to get on the counselors’ good side

by learning about the school.

“I usually try to get some background information about the school and then prepare my ‘resume’ of activities,” stated senior Robert Davis. This technique was used by quite a few seniors.

Whatever their method of preparation was, students hoped to leave the interviewers with a good idea of who they really were, inside and out. And although the interview they had was good or bad, each student was glad when the ordeal was over.

On the surface it would appear that the seniors were aiming for the Ivy League — but beneath that scholarly facade lurked a more insidious goal: the fashion statement!

When interviewed, most students admitted to having no real interest in the colleges on their sweatshirts. Senior Stephanie Medina confessed, "I wear college sweatshirts because my friends give them to me!"

Senior Melanie Binns added, "I always wear a sweatshirt from the

University of Maine because it is very original." And to further prove this point, senior Tracy Torre stated, "I wear my Notre Dame sweatshirt a lot just because it has my favorite colors on it."

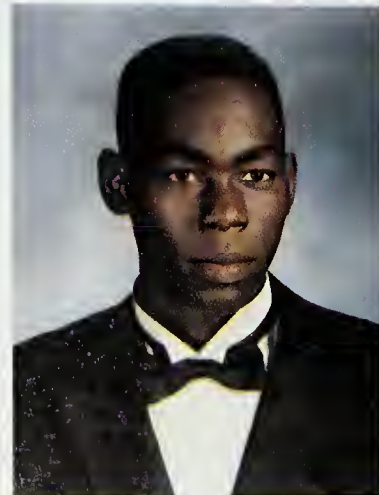
There was always an exception. "I hope to attend Carsen-Newman College, so I wear a sweatshirt from there all of the time," boasted senior Geoff Woolard.

Every student had his/her own reason for wearing a shirt. What a way to show school spirit!

A
Look
Beyond
the
School
Name



Sweats!





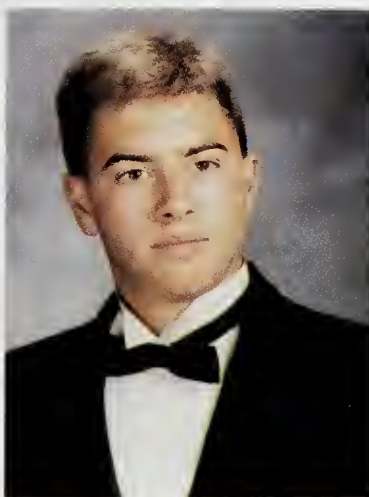
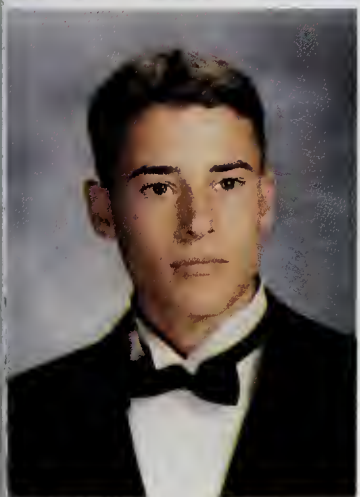
Senior Matt Corcoran points out important information to fellow students, seniors Tavian Cardwell, Mike Lamberton, and junior Melissa Jenkins. Competition between colleges was mostly friendly. Students learned about different schools.



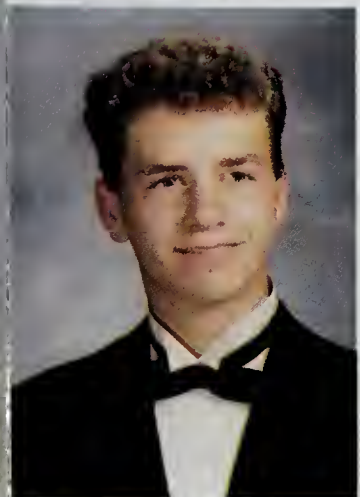
Senior Gail Emerson beams a smile at the thought of someday attending the University of Wyoming. Most seniors had fantasies about attending their ideal college. Seniors advertised favorite schools on sweat-shirts.



Ann-Marie D'Agostino
Lisa Salby
Shawn Danchik
Anne Dashiell
Christa Davidson
Michelle Davis
Robert Davis
Trina Davis
Mark Dawson



Betina Dean
Tiffany Dearie
Steven Debban
Kimberly S. Dehnel
Javier Delcid
Paul DeLeonardis
Lukia DeWitt
Angela Dhuy
Paxton Dickson



Terrone Dixon
Michael Donnelly
Rebecca L. Doss
Robert Dowling II
Karen D'Souza
William Dugan
Dacia Dumas
Jennifer Dunivan
Stacey Eckhardt

Anastasia Edney
Awan C. Elliott
Gail Emerson
Katherine Eminger
Meredith English
Elizabeth Erlandson



Melanie Espinosa
Ashton Fairlamb
Ryan Fedak
Mindy Ferguson
Arash Filabi
Catherine Filipovich



Dax Finley
Allison Fish
Matthew Flaherty
Amber Flynn
George Forsythe
Delshaunia Foster



Meagen Frankel
Jon Funston
Amy Fuson
Amy Gaitley
Alex Garcia
Barbara Garn



Jennifer M. Garner
Norman Gaspar
Scott George
Miles Gilbert
Jonathan Giles
Jennifer Gilkerson



“What would you like today? Haircut, perm, or just a new style?” Senior Kristi Lilly, curling iron in hand, beautifies and stylizes senior Cindy Subt’s hair. Hoping to work at a beauty salon when she graduated, Kristi prepared for her future career by practicing on live and still models.



Racing Ahead into “Real Life”

Jumpstarts

Where have you applied to college?

This question passed from the lips of nearly every senior in the halls at the start of school. While some panicked at the thought of applications and rejections, a few choice students could say they had everything in place. Instead of college hysteria, they opted to join life four years earlier.

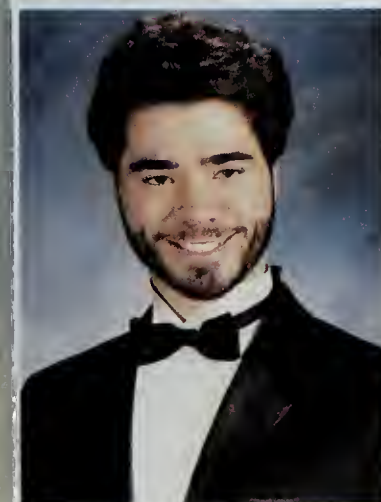
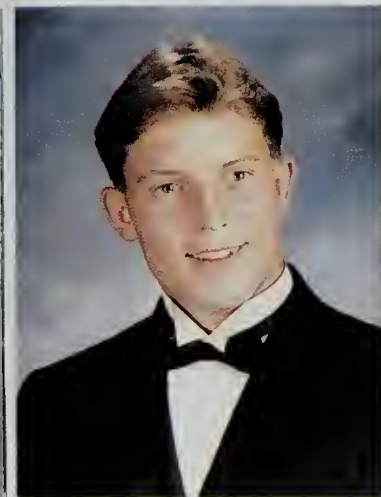
make. However, the students began preparing themselves through various programs at school. Senior Mike (Greg) Turley took advantage of the vocational department for his future career. “I’ve taken Printing I and II and other classes in the vocational department. I’m going into printing as a job.” This department not only prepared students for the workplace, but for a more important goal. Mr. Dew, a vocational teacher, said, “The one aspect we

stress is to prepare the students for real life.”

Cosmetology also provided hands-on experience. Three periods a day were devoted to cuts, colorings, and perms. Senior Kristi Lilly said, “After I pass the State Boards, I plan to work in a salon.”

Some already had jobs. Through Cooperative Office Education (COE) students left school early to go to their jobs. “I leave school every day after lunch. I work at Fort Belvoir through COE. Right now, I like it too much to give it up. College is not in my immediate future,” senior Kim Attaway added.

In a time when the popular swing was to jump out of high school into another four years somewhere else, a number of students dared to break that tradition and experiment with life on the job, first hand.



In a school of 2,853 students, discovering "who you were" was nearly impossible. For senior twins Mike and Julie Todaro, Katie and Kara Luck, and Scott and Dave Cheatham, the task was more difficult.

All the twins agreed that some popular beliefs about twins were misconceptions. Mike Todaro said, "When you're a twin, people expect you to act alike. But Julie and I are as different as night and day."

The twins distinguished themselves from their siblings by par-

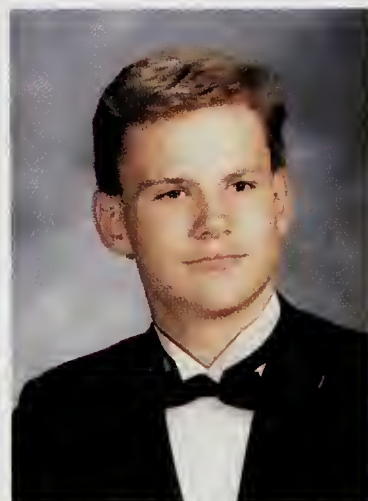
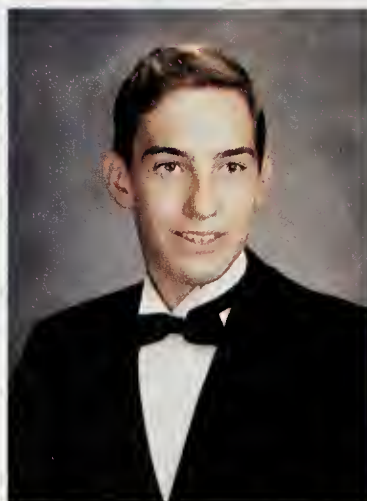
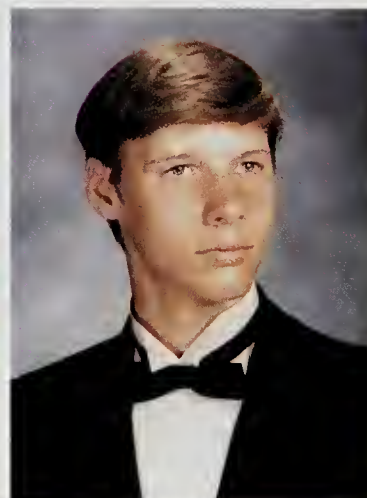
ticipating in different activities. Scott Cheatham explained, "When we were younger there was competition because we had the same friends. Now I have soccer and Dave has track and we've kind of separated ourselves."

Even though the twins attempted to be different, there was a bond that linked them together. Todaro explained, "Julie and I were sitting in the car and I was thinking of a song. Then Julie was humming the same song."

Senior
Twins
Are
Separ-
ate but
Equal



Take Two



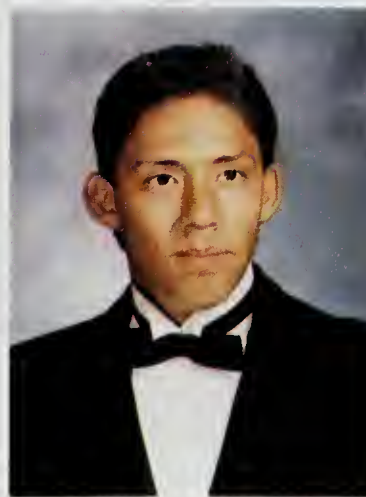


“Get off the phone!” Dave Cheatham cries as he and sister, Scott Cheatham, vie for phone use. The combination of sibling rivalry and the gift to gab made this scenario a common one at the Cheatham’s after school.

“He’s in the Army now!” Mike and Julie Todaro look through college information and applications. These twins pursued different goals as Mike spent the summer in basic training and Julie looked at colleges.



Nicole Gilliland
Alan Gilstrap
Deborah Glick
Keri Godfrey
Kelly Gonzales
Nellie Goodarznia
Carinne Goodchild
Shawn Gooden
John Graves

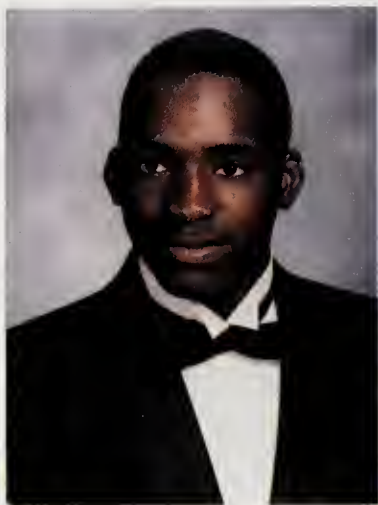


Traci Green
Ernest Gregory
Amy Lee Griffin
Dean Griseto 9-10-73 to 1-14-92
Donna Guerrero
Gliceria Guerrero
Jessica Guerrero
Karina Gutierrez
Marcelo Gutierrez

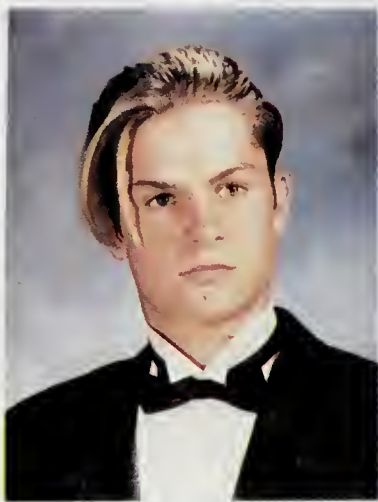


Brandon Hall
Kenneth Hamby
Michael Hannan
Angela Hansen
Ihteshaam Haq
Michael Harkema
James Harmon
Jennifer Harper
Shalieq Harper

Earl Harris
 Paul Harris
 Shawn Harris
 Delisie Harrison
 Vivian Hase
 Angela Hatfield
 AnnMarie Hauser
 Heather Heft
 Denise Helmandollar



Matthew Henderson
 Heather Hendricks
 Todd Henning
 Carl Hermelin
 Marta Hernandez
 Yody Hernandez
 Joel Herrera
 Edward Hersker
 James Herzog

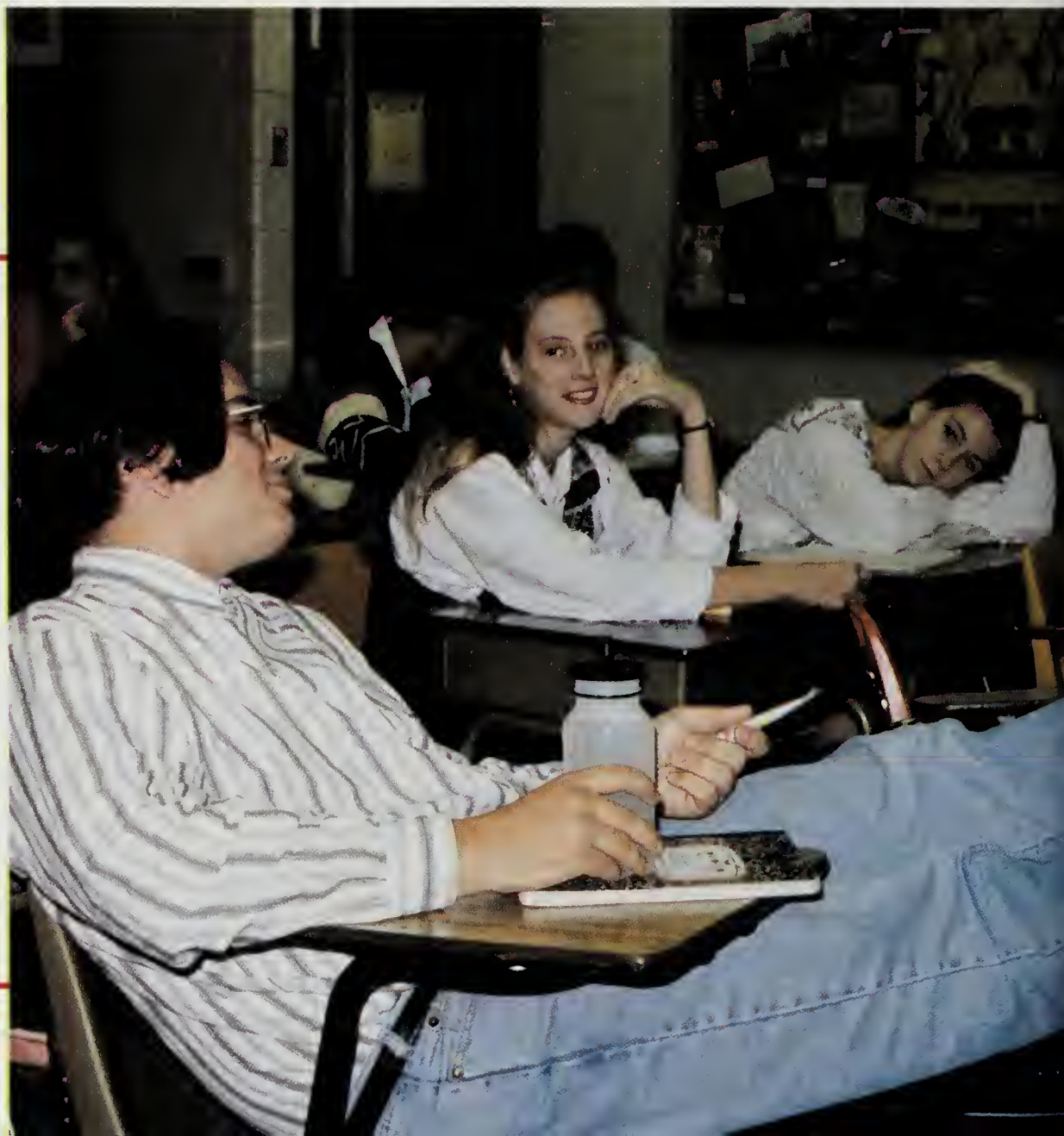


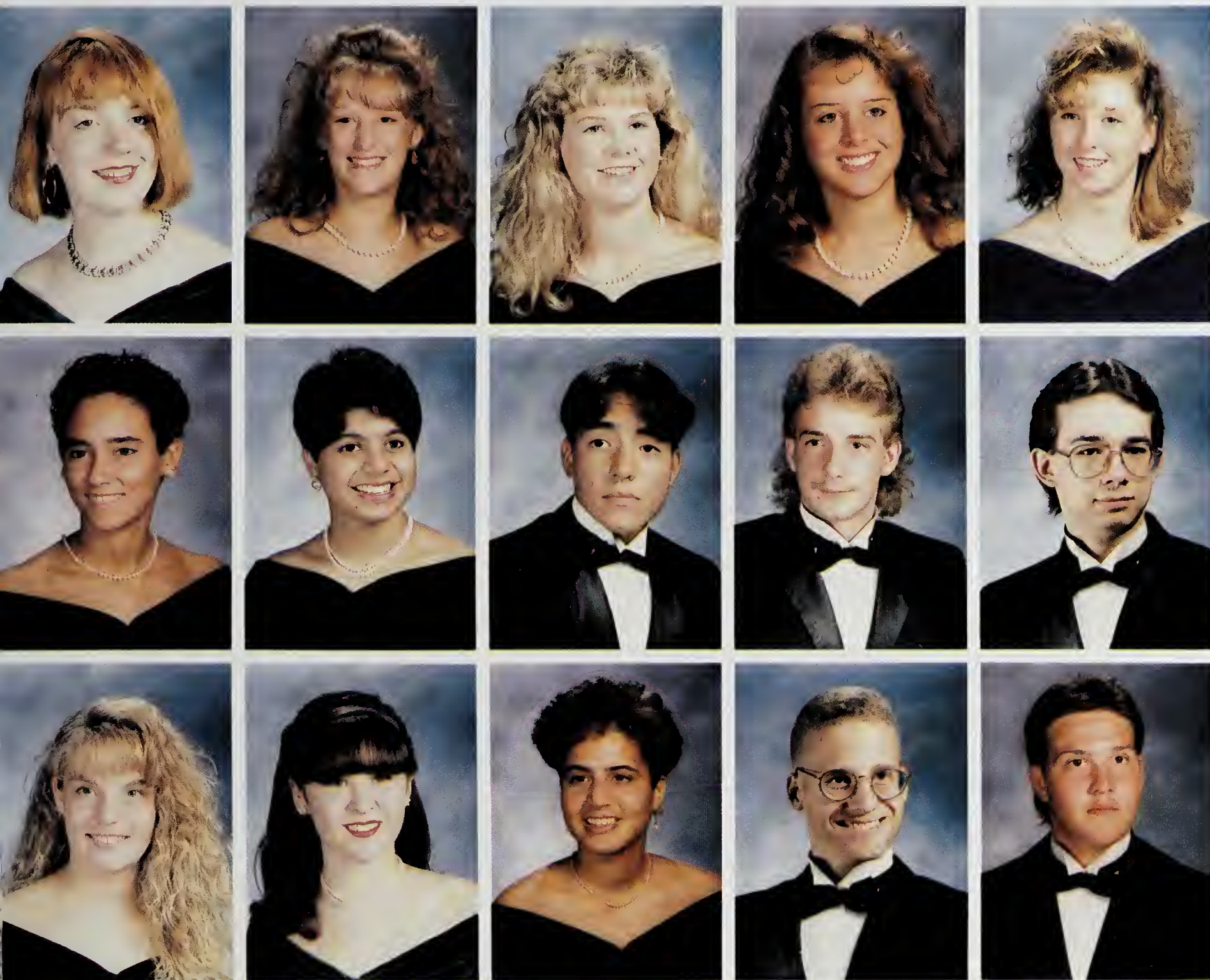
Jerri Hess
 Jonathan Hickman
 Melinda Hicks
 Teddy Hilios
 Bryany Hill
 Brigitte Hite
 Deborah Hoerner
 William Holbrook
 Stanley Holmes



Ignoring the buzz of the alarm, senior Tige Nishimoto falls deeper into his sleep. Laziness and lack of motivation were two major symptoms of senioritis.

At the end of a long day, seniors Pete Cope, Amy Joyce, and Sara Williams take a much needed break. With graduation on their minds, concentrating on academics was difficult.





Senioritis

The Notorious Disease Strikes Again

Her mind raced back to all the summer days she had slept in. Now, the test in front of her was a shocking revelation that school had resumed. What she would give to be anywhere else in the world. Anywhere besides 4th period Calculus. The initial stages of senioritis had begun.

To the dismay of the staff, several seniors were struck with symptoms of senioritis. From the first day of school to the last, seniors had one thing on their minds — GRADUATION.

"It's hard to concentrate on school when graduation and college are so close," reasoned senior Amber Flynn.

The symptoms of senioritis existed in more ways than one. Assignments began to come in late, and final exams were shrugged off. It was hard for teachers to conduct classes full of empty seats. The absentee list got longer and longer as the year went on.

"Senioritis is having the feeling of school ending and finally moving on," explained senior Kristen Peifer.

No matter how seniors looked at it, their feelings tended to be the same. As senior Kerry Suniega put it, "When you're a senior, you don't care about school. You care about the fun you're gonna have after you graduate."

George Hott
Danielle Houck
David Howe
Donel Hubert
Michael Huestis
Tiffany Huggins



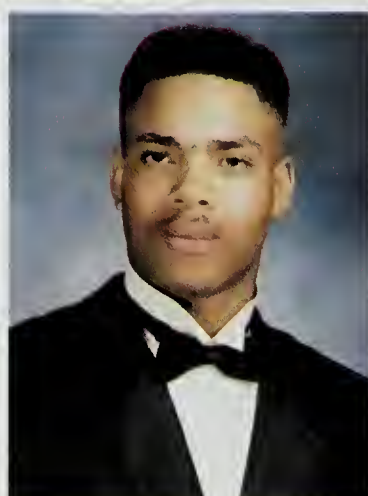
Michelle Hummel
Jeremy Humphrey
Patricia Hunke
Diana Huston
Lan Huynh
Steve Hylton



Jennifer Jackson
Richard Jackson
Daniel Jacobson
Jessica James
Noah James
Tivona Jenkins

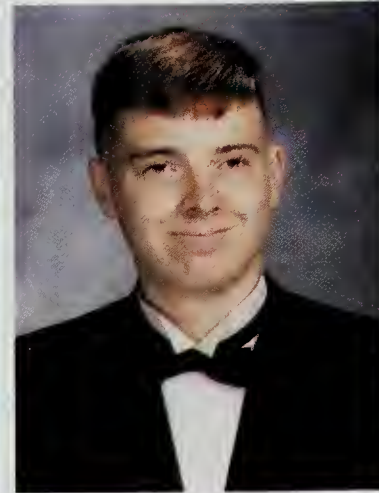
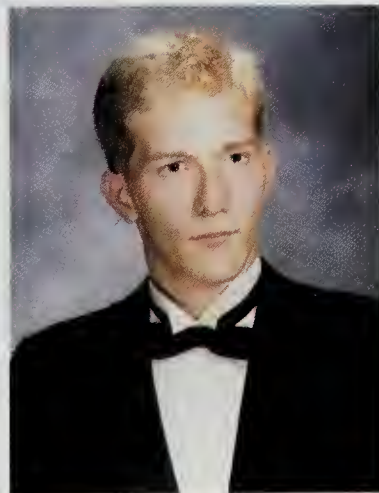
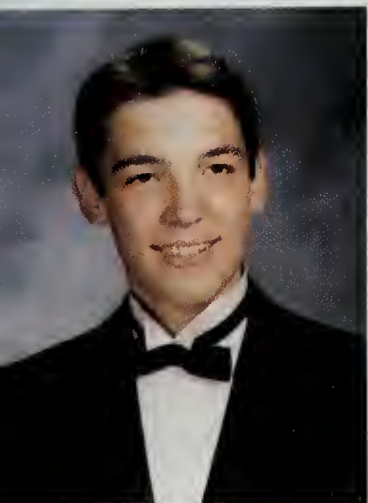


Stephanie Jennings
Wonseta Jerden
Cleve Johnson
Dawn Johnson
Jennifer Johnson
Justin Johnson



Michelle Johnson
Hunter Johnston
Ronald Johnston
Holly Jonely
Eric Jones
Kendra Jones





It is hard enough for seniors to find a place to park when they are on time, but what if they are late? It was often suggested that sen-

iors should have their own section in the parking lot. Senior Jeff Rhodes circles the crowded parking lot trying to find a place to park.



Seniors Scramble for a Spot

Mad Rush

“Oh no, it’s 7:20. I’m late! How am I ever going to be able to find a parking spot now?”

This was a dilemma seniors faced as getting up late became a habit as the school year progressed. Seniors often complained about the over-crowded parking lot.

Senior Nina Angelo complained, “I feel the parking lot really needs to be enlarged; it’s really a nuisance to have to fight for a spot.” With only 510 spaces it required students to get up extra early just to get a space close to the school. Some seniors felt they should have first choice in where they parked before underclassmen. Others were just glad they could drive to school. Senior Donna Shore admitted, “I do feel the parking lot in the morning can be a little aggravating, but anything is better than the bus!”

In Fairfax County students had to pay

\$100 in order to park in the parking lot. When senior Yodi Hernandez was asked how she felt if that were to happen in Prince William County she replied, “It might solve the problem with over-crowdedness, but many more problems would develop.”

Although most seniors were able to get up early enough to get a close parking space, those who couldn’t, complained. Senior Justin Reynolds urged, “Seniors should definitely have their own section close to the doors, and be let out before the buses.”

Among the seniors who drove to school there were many mixed feelings on whether or not there were problems. Senior LEEANNE QUISENBERRY remarked, “My friends and I carpool to school together, we get to school at about 7:15 and can get a good spot most of the time. It’s crowded but there is always a place to park.”

The senior year was a year of earth-shattering decisions: what classes to take, what college to attend, and most importantly of all, what to wear for senior pictures?

The tradition at Woodbridge has always been to wear a tux and drape for the infamous senior year-book picture. A poll was taken last year to see if this year's seniors wanted to go for the casual look for their yearbook mug.

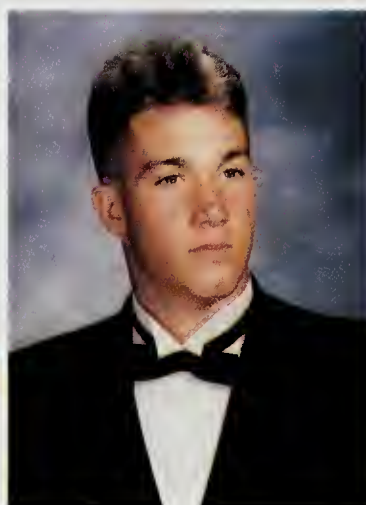
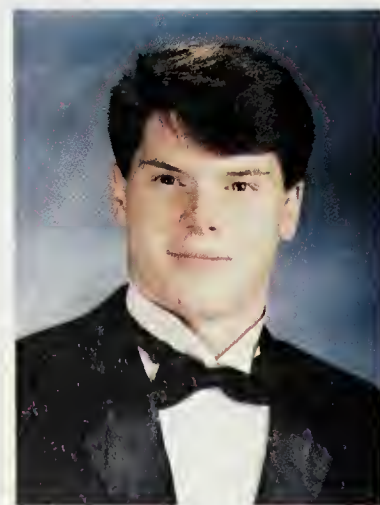
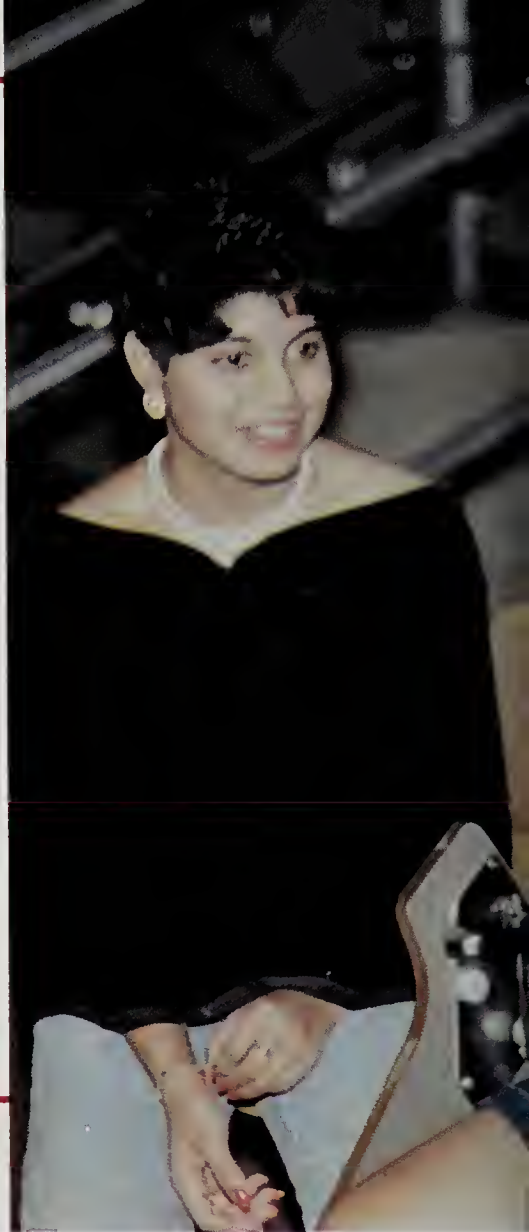
"I prefer the more formal look. It seems more mature, and it's different from the past year's casual look," said senior Austin White.

Although most seniors agreed, a small percentage would have liked to have a casual shot put in the yearbook.

"I do like the look of the tux and drape, but I think it would have been nice to have our casual shots in the book this year. Our clothes set us apart as individuals," commented Chris Crowley.

"As for me," said Paxton Dickson, "I like the traditional look of tux and drape. For the past three years we, as underclassmen, have all looked the same. Our portraits are what sets us apart as seniors."

Tux And Drape Vs. Casual Look



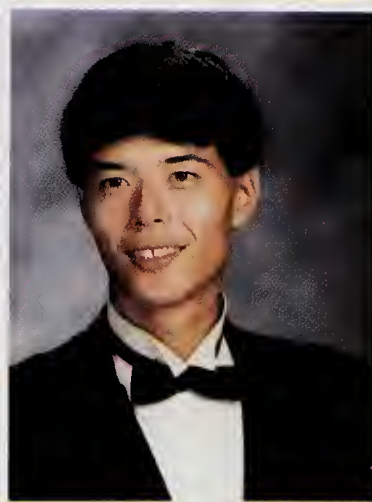


Waiting to get their pictures taken, seniors Mindy Ferguson and Yody Hernandez talk about their exciting, upcoming senior year. Having senior portraits taken during the summer afforded seniors the opportunity to chat with fellow students.

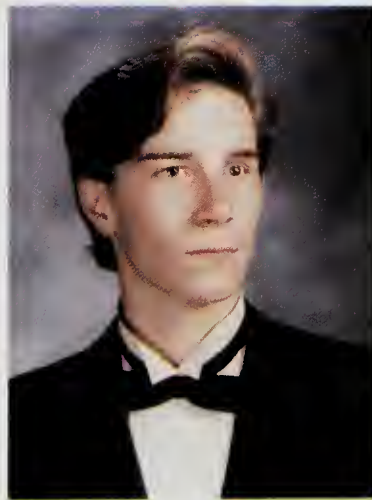
Only four more shots to go! Senior Bill Holbrook gives the camera a serious look in his cap and gown. It was often difficult for students to keep a straight face while getting their portraits taken.



Paula Jordan
Stephen Jordan
Carl Joseph
Jennifer Joseph
Amy Joyce
Mujib Kaisken
Syed Kazmi
Kari Kennedy
Raymond Kent



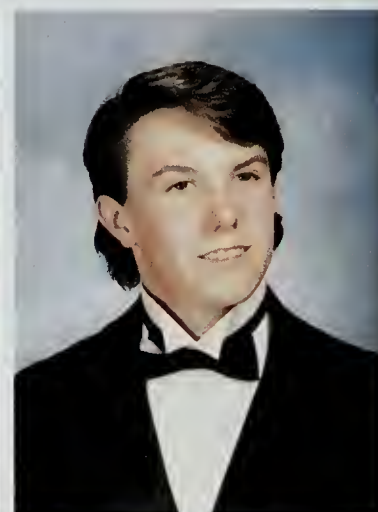
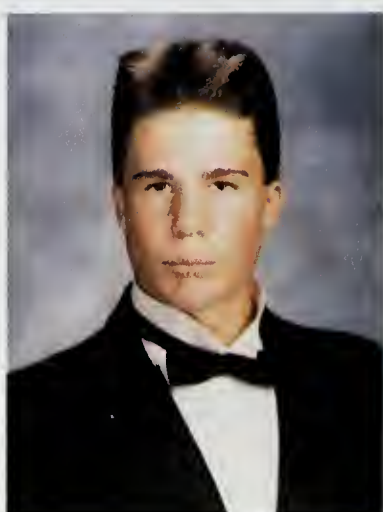
Kara Ker
Aqil Khan
Kimberly Kilgore
Minchong Kim
Alexia King
Scott King
Natalie Kistner
Kellie Klein
James Kline



Christopher Koerner
Jenni Kooyoomjian
Christopher Kowal
Arnold Kramer
Richard Krimmer
David Kumbar
Jennifer Labenz
Maribel Laboy
Jason Ladner



Michael Lamberton
Rita Langley
Susan Layton
Scott Le Hockey
Christopher Lesperance
Tanya Leteff



David Leventhal
Tonya Levinsohn
Herbert Ley
Kristi Lilly
Jennifer Lind
James Lipinski



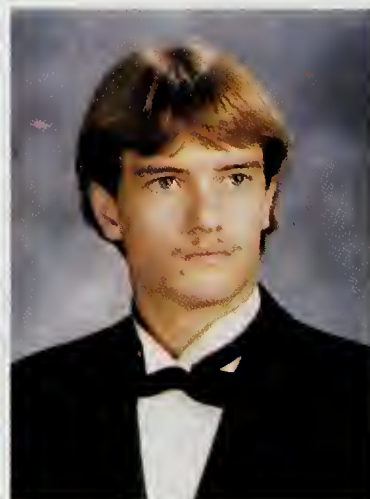
Courtney Littig
Christine Little
Christine Livingston
Tricia Lloyd
Arthur Lockamy
Jennifer Lojewski



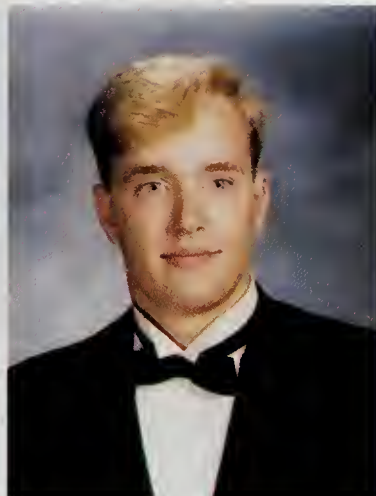
Brian Lott
Erin Lowney
Michelle Luberecki
Kara Luck
Kathleen Luck
Jennifer Luedke



Lucia Luseni
Amy Lynn
José Machado
Kenneth Machak
Charles Mahdi
Brian Majewski



Seniors Jessica Botta and Laura Simon read over the Senior Newsletter and decide when to apply for scholarships and sign up for the SAT's. Many Seniors used the Senior Newsletter as a guide to the events and happenings of the months ahead.



News for the Class of 1992

What's Up?

SAT's, ACT's, and scholarships left many Seniors wishing they were freshmen again. Without the help of the Senior Newsletter many would have been left helpless.

"The Senior Newsletter helps the kids and parents know what's coming up," noted Ms. Adcock, the senior counselor, and writer of the Senior Newsletter.

The Senior Newsletter provided seniors with the information needed to apply for scholarships, take the SAT and ACT, as well as the dates for college information nights. Not only did the guidance counselors help write the Newsletter but the senior class officers also provided crucial information about upcoming senior events. "We try to get the Senior Newsletter out once a week to keep seniors informed," commented senior class president, Scott Parker.

The senior year, while most enjoyed, is also the most trying. Writing to colleges, mailing applications, and finally selecting the college of choice made it difficult to keep a grasp on everything there was to know. Providing seniors with a means of information made it easier to keep things in perspective and organize all of the additional responsibilities.

Although most seniors agreed that the Senior Newsletter helps them out, their reasons differ. Senior Kevin NiBlack felt "the Senior Newsletter enables us to know important information such as school codes and SAT dates." While some seniors enjoyed the Senior Newsletters for the same reasons others enjoyed them for more relaxed purposes. Senior George Forsythe joked, "I like the Senior Newsletter because it takes up class time."

After waiting for three years, having eaten in the noisy cafeteria, and being crowded by the hordes of underclassmen everyday, seniors finally got a chance to eat in the Senior Lounge. How did they like it? Reactions varied. Many seniors liked the exclusive privilege. As senior Matt Corcoran put it, "It's great, the crowds are small and I know almost everyone there!" Senior Geoff Wollard agreed, "It's great to have an area for seniors to get together and hang out!"

However, some seniors didn't see the lounge in the same light.

"It makes me feel pompous, like I'm trying to act superior to all underclassmen!" exclaimed senior Holly Anderson.

Senior Andy Staab gave his honest view, "It's really overrated. It's just a small cafeteria without windows." Other complaints ranged from the high prices of food there, to the routine underclassmen who sneak in and increase line length.

In the end, seniors appeared to be mixed in their feelings for the lounge. "All the better," said senior Craig Van Cleave, "it keeps the lines down for me!"

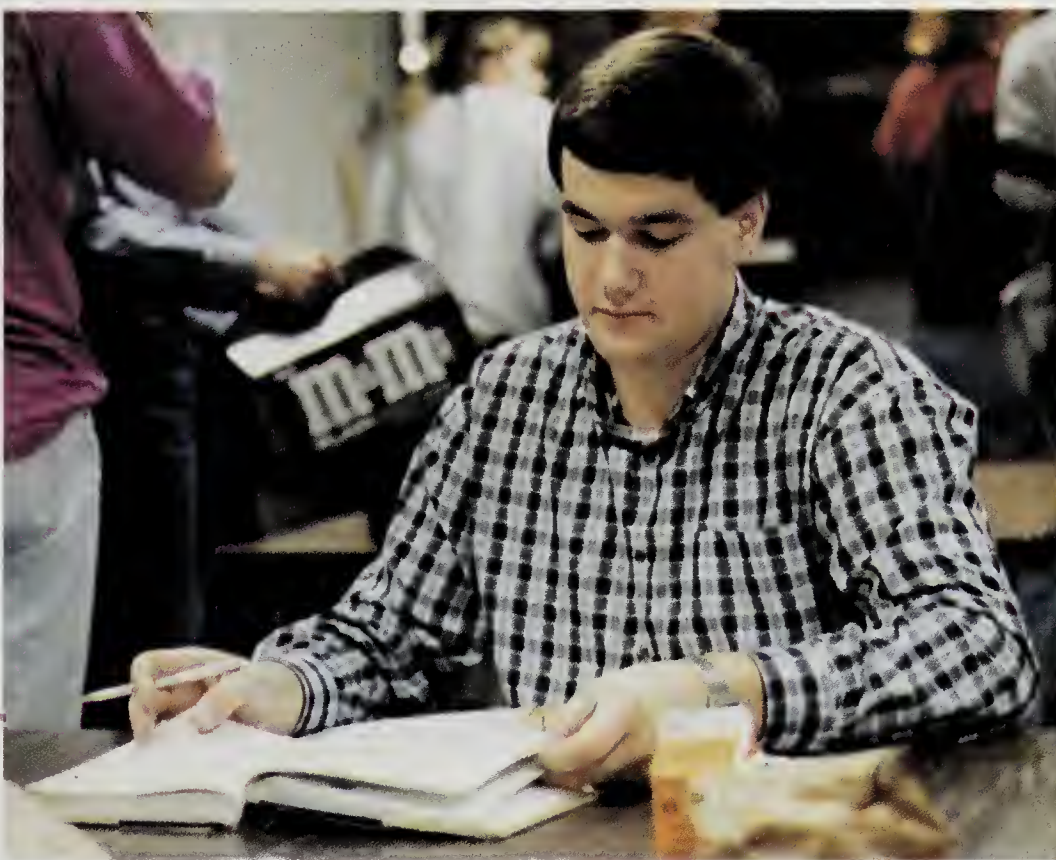
Relaxed!

Having
Some
Fun in
the
Senior
Lounge!





James Kline, a senior, custom-made his own lunch. Part of the advantage to the Senior Lounge was the fact that it had unique foods you couldn't buy anywhere else in the school. It also had old favorites like pizza everyday.



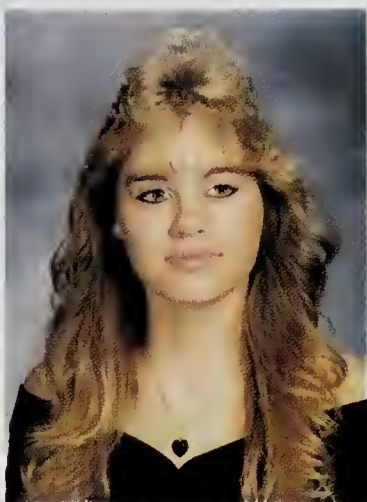
Senior Mike Swann uses the lounge to complete his homework. Many seniors kept busy during lunch by doing something other than eating. Talking and general socializing went on right next to tired, sleeping seniors.



**Teresa Marrs
Danika Mars
Jeffrey Martin
Michelle Martin
Will Martin
Laura Massaro
Stephen Masten
Dustin Matthews
Kimberly Mays**

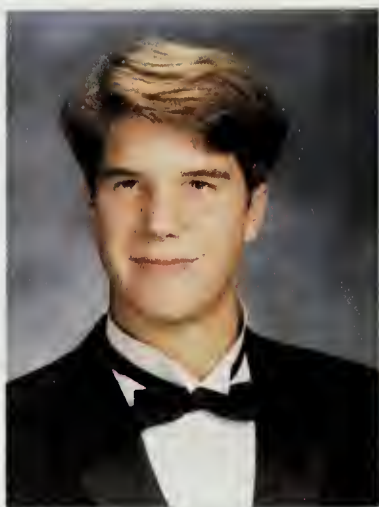


**Rebecca Matthews
Michele McAllister
Maureen McCann
Kimberly McClearn
Shannon McClung
Christina McCool
Melanie McCoy
Rebecca McGarry
Mandy McGee**



**Michael McGee
Marcia McIntosh
Rebecca McLain
Melissa McMullen
Scott McNett
Arran McWhirter
Steffany Medina
Christina Miller
Richard Miller**

Timothy Miller
 Melissa Mills
 Michael Mills
 Joshua Millsapps
 Eva Miranda
 Philip Mitchell
 Kevin Mitchem
 Elizabeth Moffitt
 Venice Morales



Carmen Moreno
 Christopher Morgan
 Deorey Moss
 Shawn Mowdy
 Erik Muendel
 Jon Mullholland
 Aaron Mullins
 Shannon Murphy
 Heather Myers



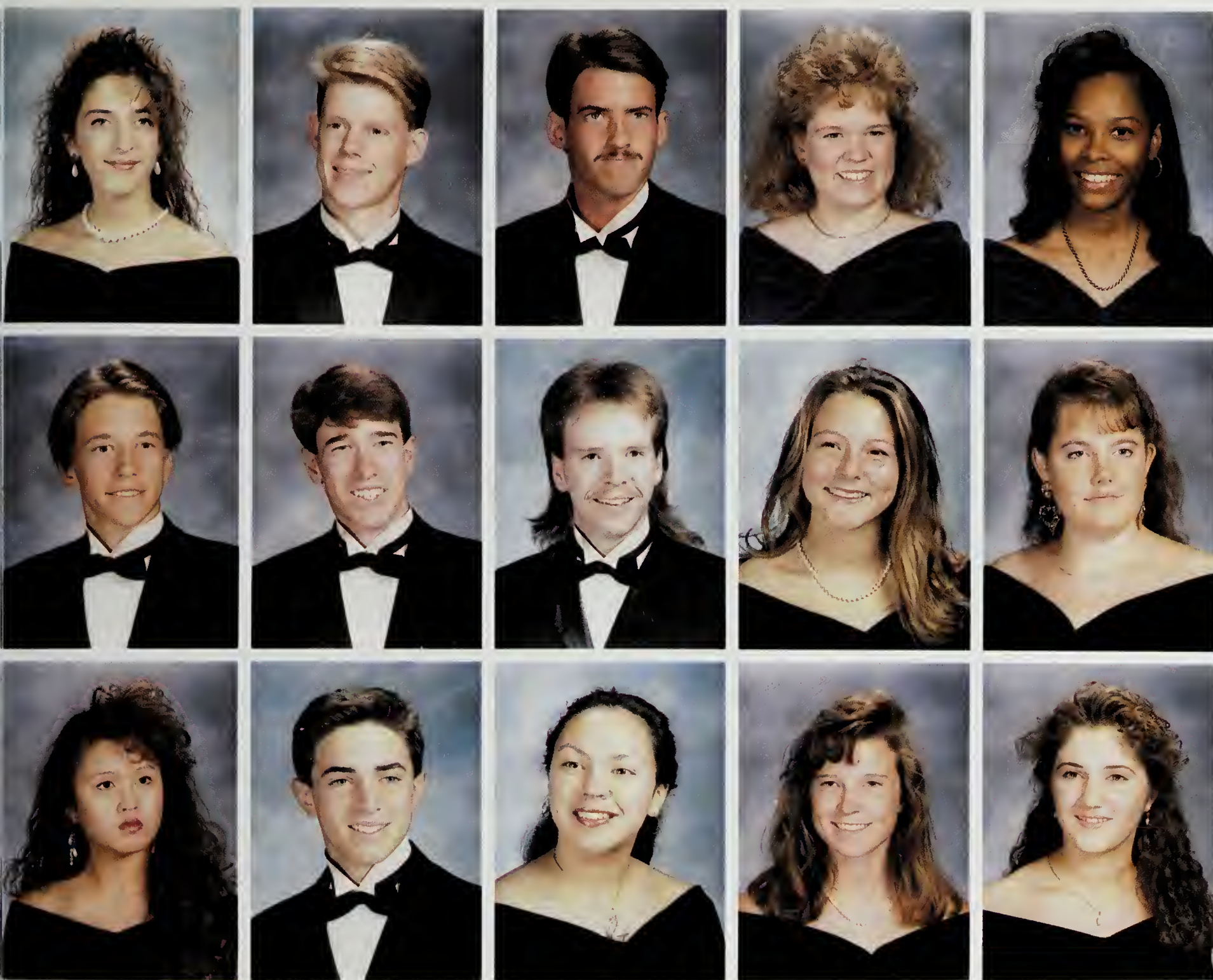
Jennifer Myers
 Terry Myers
 Sharon Myskowski
 Brian Nakamura
 Sathaphone Nanthavongsa
 Chris Nardotti
 Moana Navarro
 Erin Neal
 Monica Neel



Rah, rah! The Varsity cheerleaders cheer on the senior class at the afternoon pep rallies. They helped to get the seniors psyched and ready for the upcoming game.

Yeah! Pep rallies are one of the many places where seniors show their school spirit. No matter if they were on a sport or in a club, they showed their enthusiasm.





Senior Hype

Can It Still Pump Up The Rest?

Have a cheer, "Green, gold, green, gold, white, white, white, white, white, white, white, white." At the end of the day, seniors looked forward to attending pep rallies and showing their school spirit. The gym was filled with the sound of happy, spirited seniors that were proud to be the senior class. Senior Jeff Conaway exclaimed, "At pep rallies we get wild and show our spirit and really get involved."

Seniors attended the Friday night football games. No matter what the weather was, the senior section of the bleachers was always filled. Seniors showed that they cared about their school and supported it. Senior Melissa Blockis replied, "Seniors are constantly in-

involved in the school and participate in fund raisers."

Seniors always showed their spirit. When it was "senior dress up day", they would be dressed in college sweatshirts, school colors, even pajamas to demonstrate their involvement. The day of a big game seniors would wear green and gold clothing, spray paint their hair, and paint their faces.

No matter what the occasion, seniors always lent a helping hand in getting involved and showing their support. Senior Rick Krimmer explained, "I think the senior class's spirit is growing. The pep club has grown 5x bigger than before. Seniors get more involved with their class and show support."



For three long years, the class of 1992 looked longingly toward the lower section of the gym, the infamous Senior Section, dreaming of the day they would occupy it. Finally, in the fall of 1991, it belonged to them.

"Sitting in the senior section is something I've looked forward to since my freshman year," exclaimed senior Josh Millsapps. "Being at the pep rallies with all my senior friends around me made me realize that high school was almost over."

Although no one remembered how the tradition of separating the classes started, everyone appre-

ciated it.

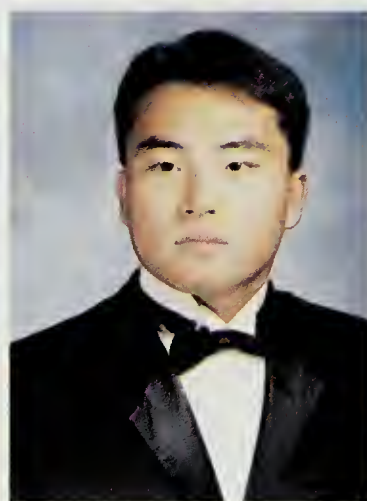
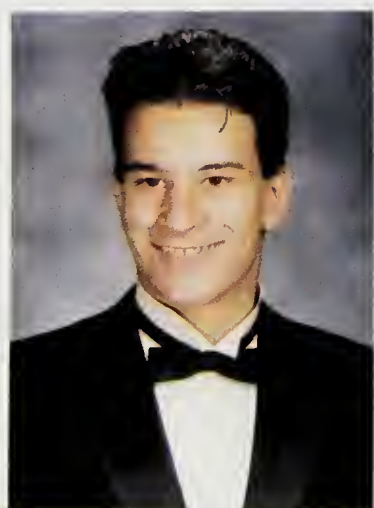
"We liked to keep the classes separated from one another. It generated pride in the class as well as for the school as a whole," commented Activities Director, Mr. Brown. The students agreed. "I liked the idea of the senior section. It was the only time that we were together as a school, yet separated by class," stated senior Misty Clark.

Students appreciated the privilege given to them. "It's nice that the school allowed us something to set us apart from the rest of the student body," admitted Chris Wallrapp.

The
Big
Wait
Is
Finally
Over



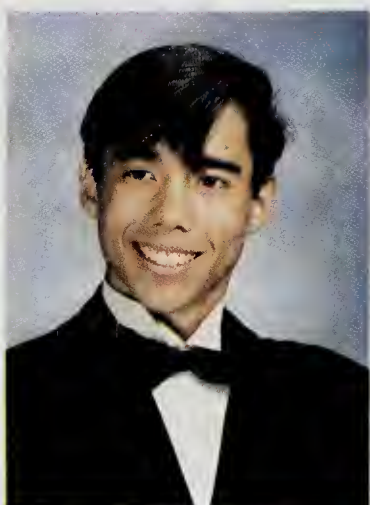
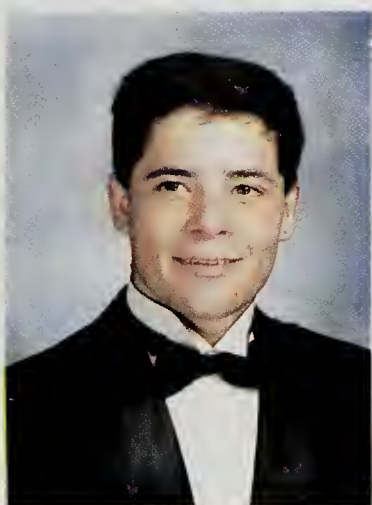
Privilege



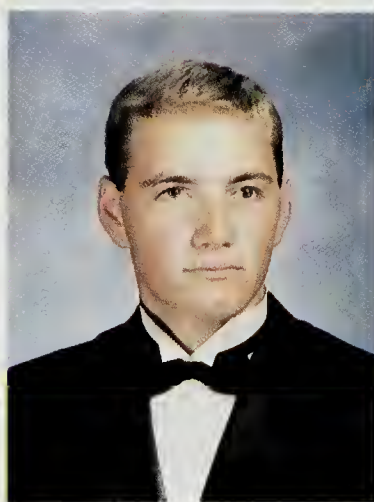


“We're the best, watch what we do, we're the class of '92,” chant seniors at the first pep rally of the year. Students enjoyed being able to sit in the lower section of the gym, reserved strictly for seniors.

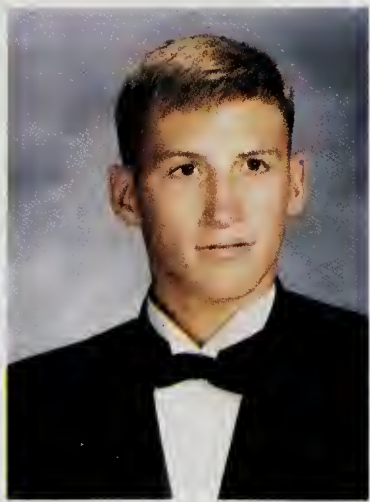
“I saved you a seat!” yells senior Andrew Phillips to a friend, senior James Kline at the pep rally for the football game against Potomac. Often friends relied on each other to save them good seats in the crowded Senior Section.



**Christopher Nelson
Marcus Neto
Misty Newton
Kevin Niblack
Sherry Nichols
Bridget Nieuwsma
John Niland
Tige Nishimoto
Shannon North**



**Martin O'Dea
Yakita O'Dell
Jeong Oh
Mary O'Malley
Rodney Omron
Carrie O'Neill
Jennifer O'Neill
Michele Orme
Robert Osborne**



**Christin Owens
Jennifer Owens
Ayse Ozgun
Taiesha Pace
Jonathan Paquin
Adam Parez
Janet Park
Scott Parker
Jennifer Parsell**

“Do you know? Do you know? Do you know?” Senior Josh Robinson knows what he wants for graduation. A salesman at Ted Britt Mazda

helps Josh decide which new automobile he would ask for, for graduation. Many seniors requested new cars for their presents.



The Rewards For Four Hard Years

What did seniors want for graduation? Money, a new car, jewelry, clothes?

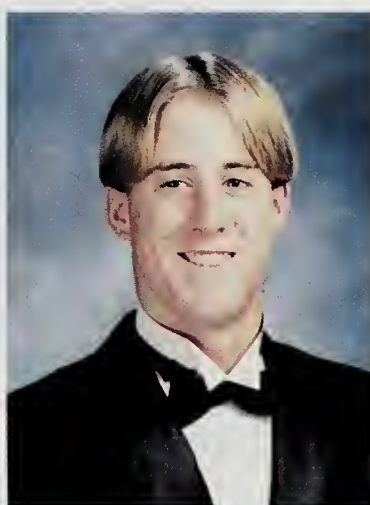
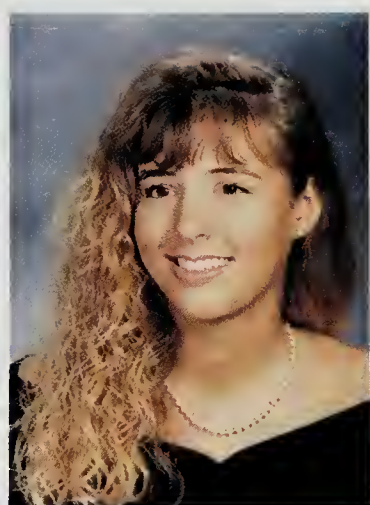
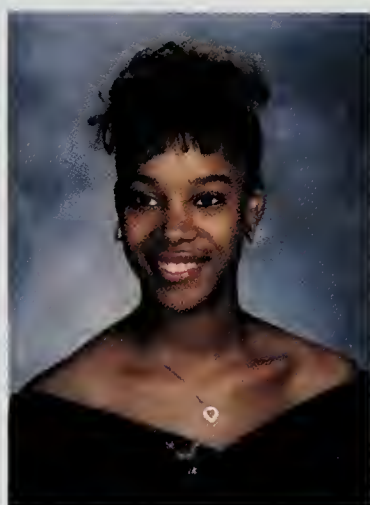
Thoughts of graduation gifts occupied the minds of seniors as they headed towards the end of their high school careers. The traditional presents of stereos, refrigerators, money, and cars were joined by the new and different gift ideas from swimming pools to trips to Russia. Senior Sara Williams admitted, “The best gift I could receive for graduation is a winning lottery ticket to pay for college!”

The classic decision between ‘want’ and ‘need’ seemed to plague the minds of seniors and their parents. “My parents and I seem to disagree on what I want and what I need for college,” expressed senior Tivona Jen-

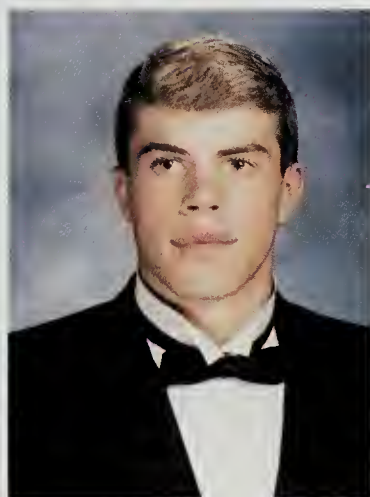
kins. Sometimes a compromise had to be made. “Getting the money I need now is more important to me than getting the things I want because I can always get that stuff later,” commented senior Donna Wells.

There were, however, some seniors who thought graduating was the present they were looking for, as senior Kevin Bowles exclaimed “Who cares about the other presents, as long as I get my diploma I will be happy!” In the long run, no matter what seniors may have asked for, there was one thing that they all wished for — a happy and successful life after high school. Senior Chris Nardotti summarized the class’ view by advising, “What you get for graduation will not determine the rest of your life.”

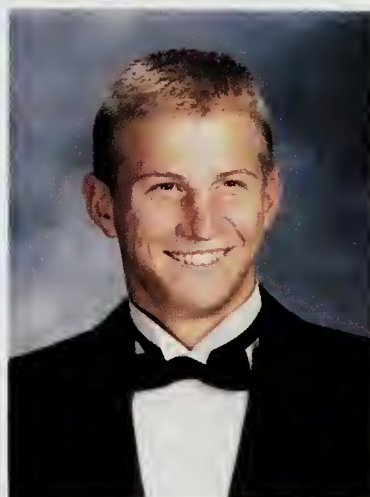
Gifts!!



**Ami Pate
Matthew Paxton
Charles Payne
Ericka Payne
Kristen Peifer
Russell Pelot**



**Curtis Pereira
David Peters
Kara Petersen
Christopher Petrini
Andrew Phillips
Meredith Phillips**



**James Pickrel
Chris Pinder
Peter Pires
James Pledger
Bryan Poertner
Jason Portell**



**Ana Portillo
Jaideysh Powell
Kirsten Powell
James Pratte
Alethea Price
Jason Puttbach**

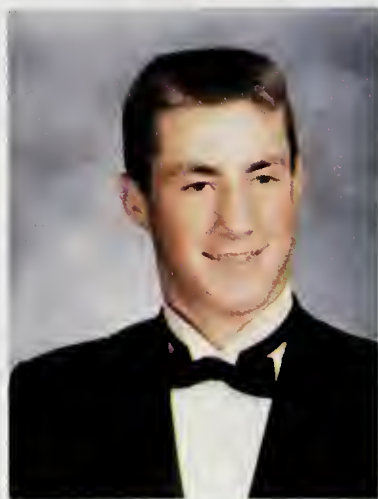


**Kimberly Quigley
Lee Anne Quisenberry
Karly Radatz
Karen Rainey
Diana Ramierz
Suzanne Ramirez**

Edward Ramos
Louis Ramos
Christopher Read
Melissa Reagan
John Reaser
Christopher Redmon



Christopher Replogle
Hector Reyes
Justin Reynolds
Jeffrey Rhodes
Jason Richards
Richard Riddle



Melissa Riley
Tonyell L. Risher
Jennifer Roberts
Joshua Robinson
Paige Robinson
Helmuth Rogel



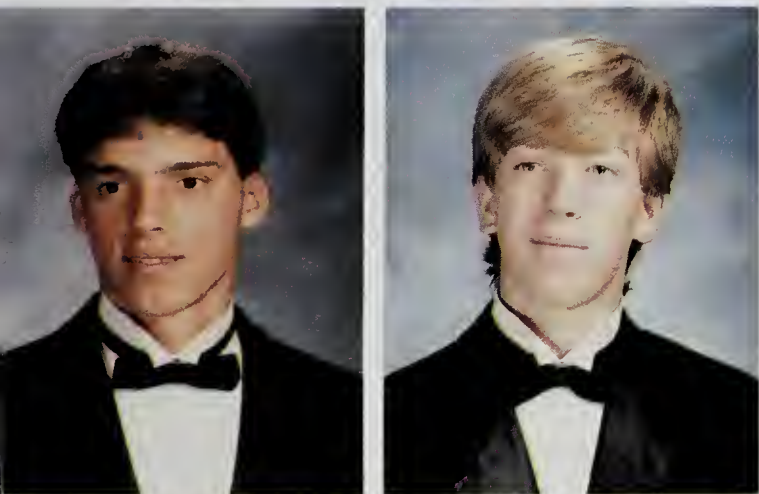
David D. Roll
Aimee Rosenberg
Peter Rossi
Carol Roth
Mallory Roth
Brian Rothlisberger



Sherry Ruch
Melissa Ruoff
Betsy Russell
Rachel Safley
Angela Sampson
Jerry Saunders



How can I help? Senior Mike Mills listens as the Senior class officers and sponsors explain the upcoming agenda. Sometimes class meetings were the only way students found out what was happening in their class.



Floats, Prom, Fun, and More

Get Active

What's the scoop on senior class floats, prom, and other important senior information?

In the busy lives of seniors, it was difficult to have thoughts about anything except academic related topics such as grades and SAT's. Senior class meetings were organized to keep students informed about school activities.

"If I had not gone to the meetings, I would have missed out on some of the memories that make the senior year great," said senior Aimee Rosenberg.

Meetings were held by senior class officers and senior sponsors before big events to boost class spirit. They wanted to put class participation back on senior agendas. In previous years part of the fun had been joining committees to prepare for prom and homecoming. At some of the inschool assemblies, cheerleaders led chants to en-

courage unity in the class.

"It gave us [the class of '92] the chance to get organized for events such as graduation. We wanted to get as much input as possible," said Senior Class President Scott Parker.

"Everyone should go to the meetings. People have always complained about floats and other things. If they had participated they could have given their ideas," suggested Senior Council member Carrie Goodchild.

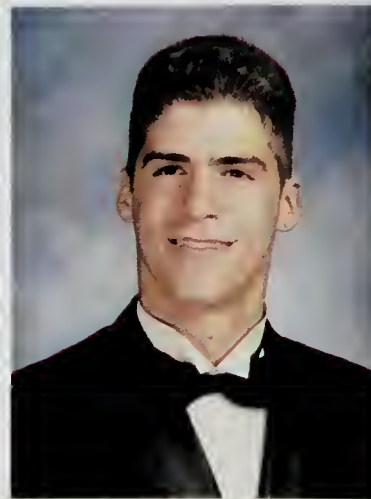
Another purpose for class assemblies was to inform students of drugs and diseases.

Some students used the inschool class meetings as a break from academics.

"I paid attention but I also chit-chatted on the side with friends," said senior Kellie Klein.

Seniors everywhere are dancing in the hallways anticipating their upcoming graduation and All-Night Party! Renee Bryson, Treon Brown, and Brian Dunlap play around enjoying moments of friendship in their final year.

The gathering at Devil's Reach was a time to reminisce on past events and recapture once more, four years of memories. Many of the seniors used this time to bid their final farewells to all their high school years and close friends.



Seniors Join for Last Night of Fun

The All-Night Graduation Party became a new tradition at Woodbridge. It was started three years ago by parents in order to give graduates a place to go as an alternative to drinking and driving or going to parties. Parents of seniors organized it at Devil's Reach Sports and Fitness Club. The party was exclusive to seniors.

For most members of the senior class it was the last time they saw one another all in one place. Senior Mindy Hicks said, "I plan on having a great time with my friends because it's the last time I will see some of them."

Some seniors had hidden agendas like Senior Shannon McClung, "I want to meet people who are attending the same college as I am." Many activities were planned in-

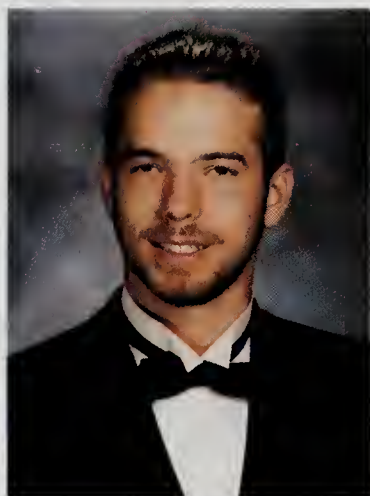
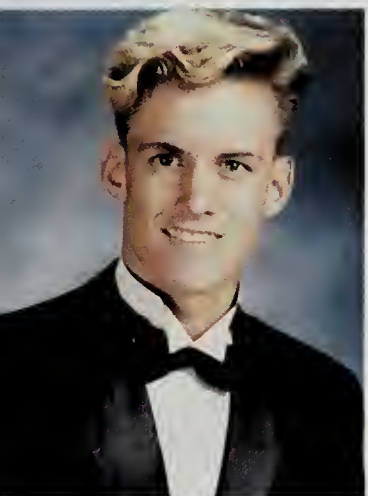
cluding a video booth where seniors made their own music videos, a casino for gambling, yearbook signing, wallyball, basketball, swimming, and even a chance to be in the senior olympics. There was something for everyone, even the possibility of winning a car!

Although some seniors had a night filled with fun, some wanted input when the DJ's or bands were chosen for the music. Senior Brigitte Hite stated, "I would like to be able to suggest who should do the music," but went on to say "I like the overall idea of the party." Senior Geoff Woolard recalled, "Remembering past events, teachers, and classes over the last four years brings back a lot of memories."

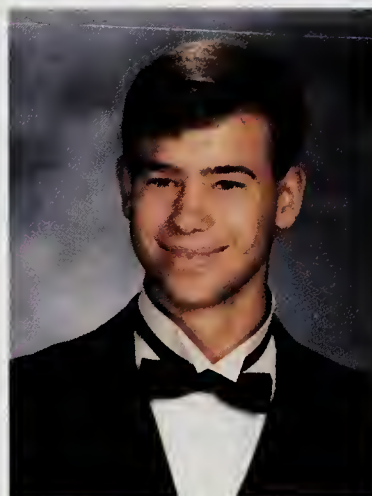
Celebrate!



Bruce Saykhamphone
Shawn Scales
Richard Scanlan
Melanie Schell
Melissa Schmitt
Cori Schneider



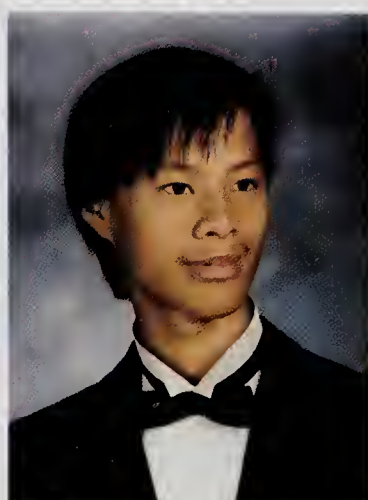
J. Scott Schober
Ryan Schock
Jason Schoener
Jason Schooler
Jill Schuessler
Shellee Scoggins



Pamela Scott
Juliane Seiler
Angelica Senecal
Jennifer Senior
Sapna Sharma
Lucas Shartzner



Wendi Shively
Donna Shore
Alica Shumard
Jennifer Sienuta
William Sigmon
Tamara Simmons



Brenda Simms
Laura Simon
Jennifer Simpson
Sonja Singleton
Chandara Sisouvong
Kelly J. Skrainy

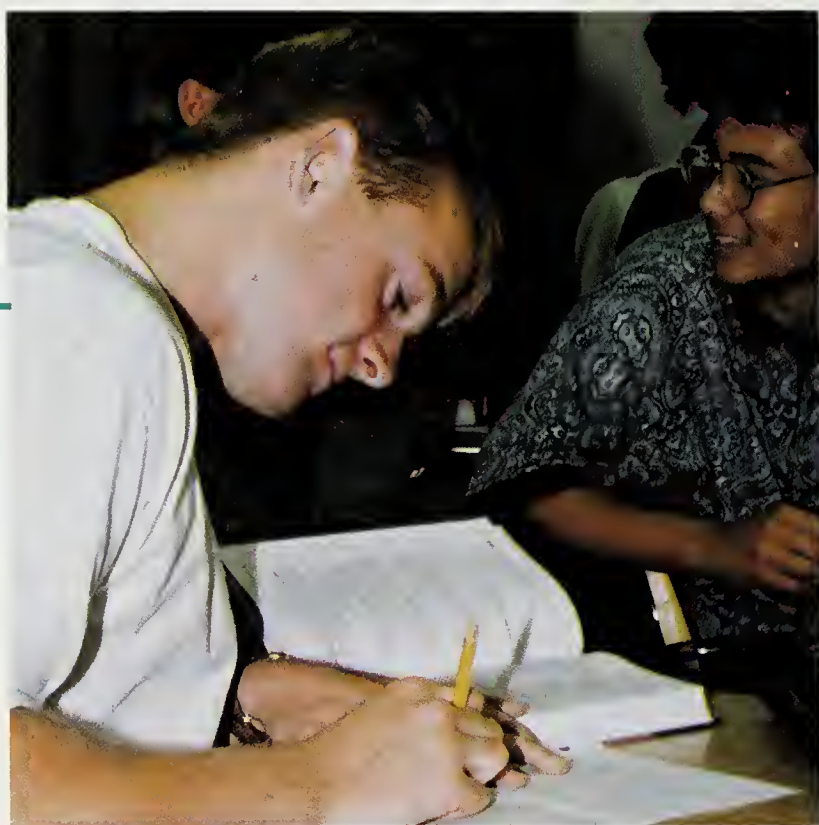
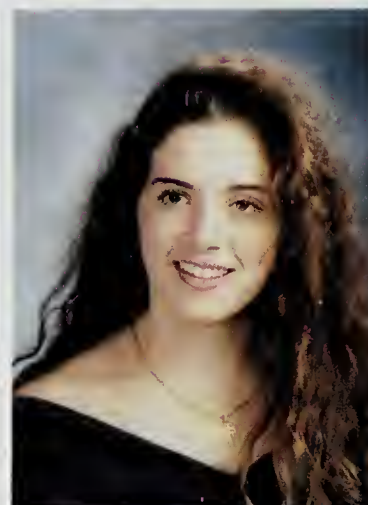
Brian Smith
 Cornelle Smith
 Jennifer Smith
 Leslie Smith
 Melissa Smith
 Michael Smith Jr.
 Michelle Smith
 Robert Smith
 Jamison Snyder



Suzanne Solom
 Jason Solomonson
 Alix Somoza
 Phillip Spalding
 Shondra Spence
 Andrew Staab
 Kevin Stablier
 Jennie Statzer
 Valerie Steinbrugge



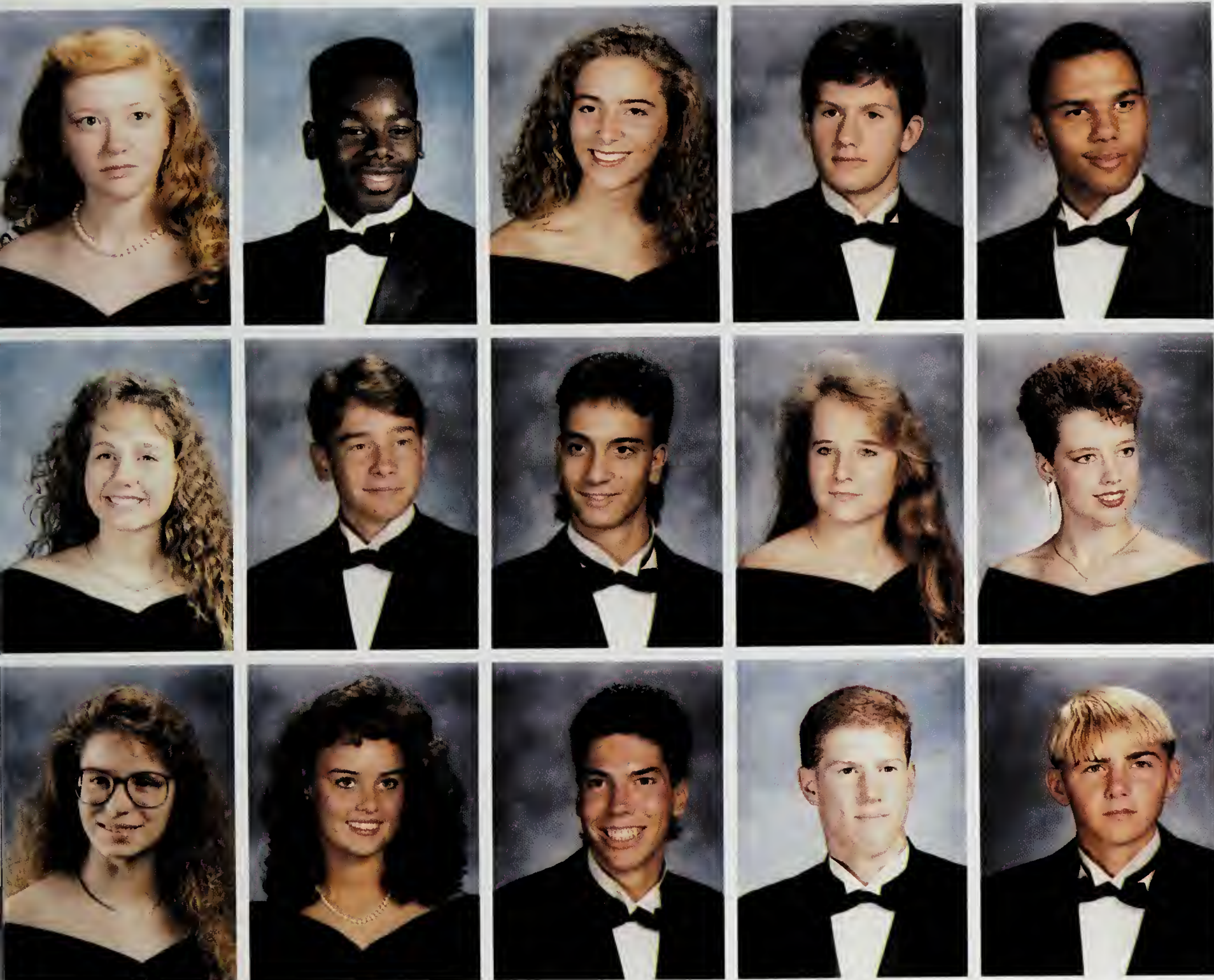
Kelly Stephens
 David Stephens Jr.
 Julia Stewart
 Sean Stogsdill
 Denise Stonecypher
 Betsy Story
 Coy Stovall
 Greg Strawderman
 John Stream



Attempting to solve a problem, Jason Strohecker can't seem to get his Computer Math completed on time for his next class. Jason carried four other weighted courses.

Senior Carol Roth brainstorms for ideas on her next English paper. Along with AP English, Carol Roth also took advanced Placement French and Government.





Heavy Load

Schedules Max Out With AP Classes

Can you imagine taking six or even seven Advanced Placement courses? For many seniors this is very much a reality. Senior Christa Davidson took 6 1/2 Advanced Placement courses this year; Calculus BC, A.P. Chemistry, A.P. French V, Comparative Government, A.P. English 12, and Computer Science II. Her reasoning was, "Why bore yourself by taking a class below your intellectual ability when you can expand your mind in a weighted course?"

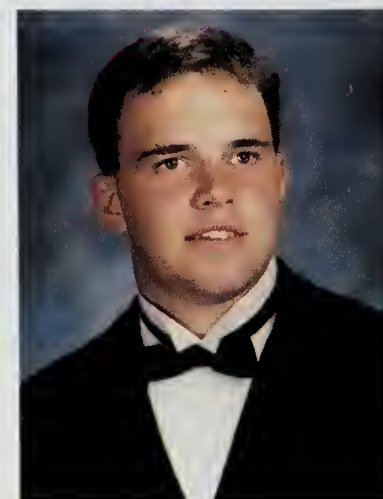
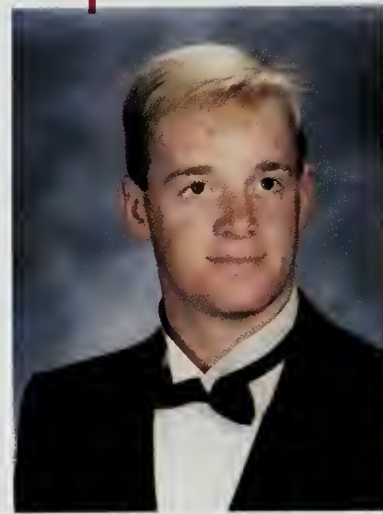
Although many students would find it hard to cope with the heavy workload, most seniors taking many A.P. classes seemed to find time for their social life and extra-curricular activities. Benji Jackson said,

"Taking 5 courses doesn't affect my social life at all. I enjoy the challenge in school then I go home and forget about it." Most students agreed that they found time for their social life, however finding time for sleep was a little bit more difficult. "No sleep — from September to June I give up sleep," sighed Senior Jennifer Roberts.

Even though the A.P. classes were the most trying, all of the students taking them agreed that they were a very strong asset and extremely beneficial. "They are all very challenging courses that will prepare me for the workload of college," said senior Melissa Smith, who took 5 weighted courses.

Bon Appetit! Senior Carl Hermelin, a Swedish exchange student, consumes a bag of popcorn off of a green at his favorite golf course. "People from my country have many strange or different eating habits. I personally enjoy eating

food on my favorite place, the golf course," joked Carl. Agreed, this habit of Carl's is very different, but maybe he has a point. Perhaps we Americans should consider adopting a Swedish tradition and head for the golf course!



Will
You
Please
Pass
the
Tums?

Who's to say what was normal and what wasn't? Different people had different tastes. However, most people didn't have a fetish for peanut-butter and pickle sandwiches like senior Erik Muendel. "I eat one every-day before work," said Erik. "It's the only thing that keeps me going."

While most of us started off the day with cereal or eggs, senior Angie Hansen had a different idea, "My favorite breakfast food is waffles topped with sour cream," admitted Angie.

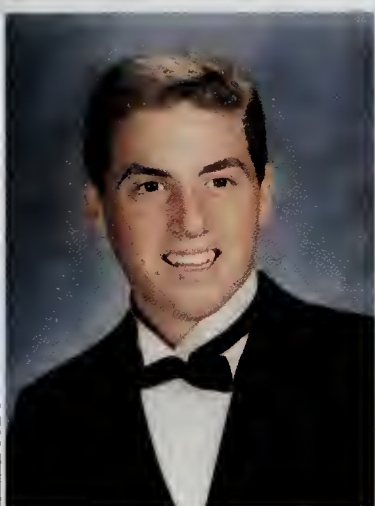
Sometimes there was a price to pay for indulging in favorite foods. "My friends

are disgusted when I eat bagels and peanut-butter," lamented senior Laura Simon. Social stability was sometimes endangered.

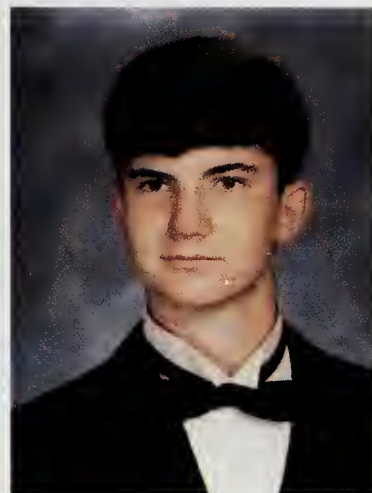
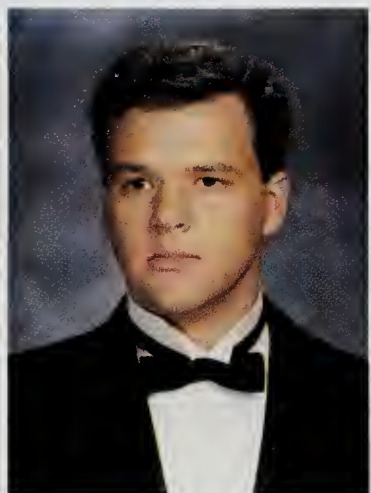
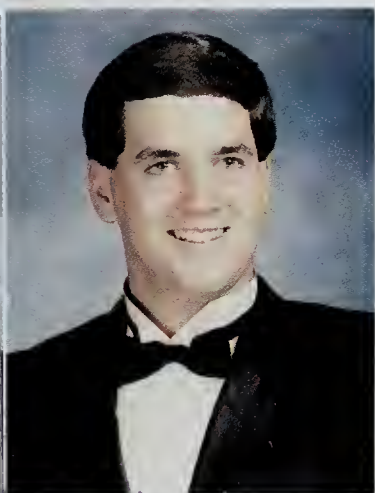
Other students were not affected by peers. "I have eaten potato chips with cream cheese for as long as I can remember," stated senior Megan Cotner, "I'm not ashamed of my originality."

Were students secretly proud of their unique tastes? Even though some admitted to being a bit ashamed about liking an unusual food combination, the seniors continued to eat them and even said that they enjoyed the special attention received from fellow students.

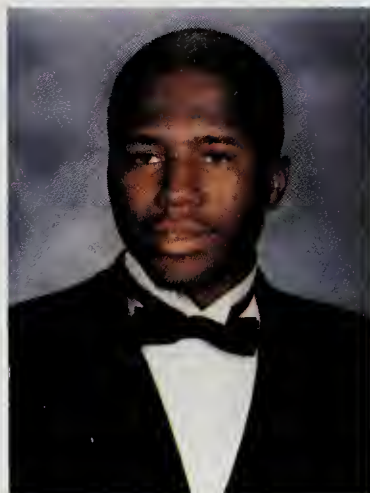
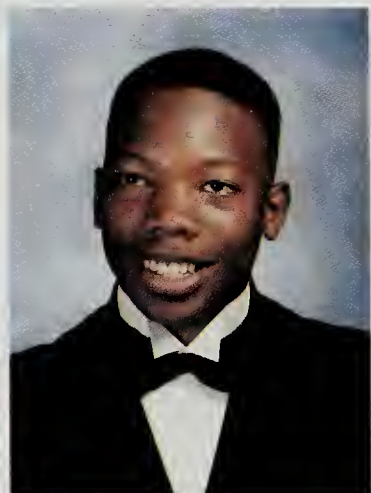
Funky Food



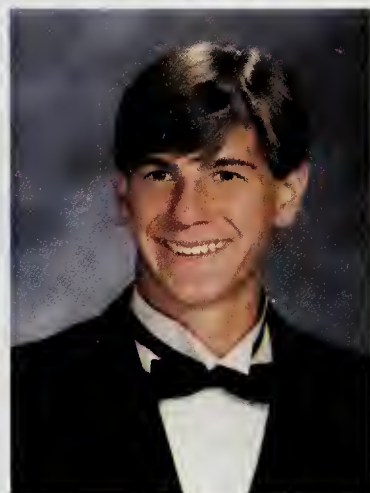
**Jason Strohecker
Cynthia Subt
Kevin Sullivan
Larry Sullivan
Leigh Sullivan
Michelle Sullivan**



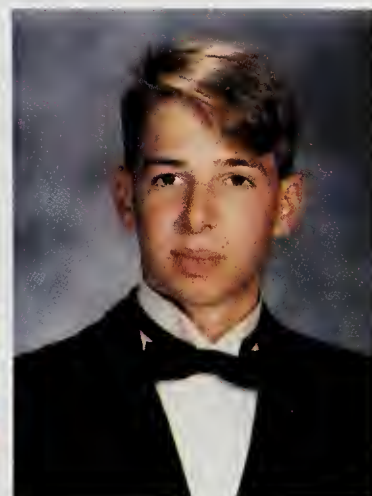
**Justin Summy
Kerry Suniega
Michael Swann
James Swartz
Kerri Sweet
William Tabor**



**Anthony Tangeman
Shane Taylor
Wendy Taylor
Leroy Teagle
Keyno Teel
Susan Tendler**



**Cheryl Testerman
Tiffany Thacker
Christina Thal
Jennifer Thomas
Jeffrey Thurnher
Jill Tilbury**



**Jennifer Tinsley
Julie Todaro
Michael Todaro
Easter Toia
Tracy Torre
Matthew Torrence**

Kimberly Toth
Shane Trent
Christopher Trigger
Mary Anna Tripp
Kenny Tott
Michael Turley



Michelle Turner
Sandra Turner
LaToria Tynes
Joanna Tyson
Joel VanCampenhout
William VanCleave



Erin Vandivort
George VanSanford
Troy VanWinkle
Allison Vaughn
Meredith Venie
Amy Vogel

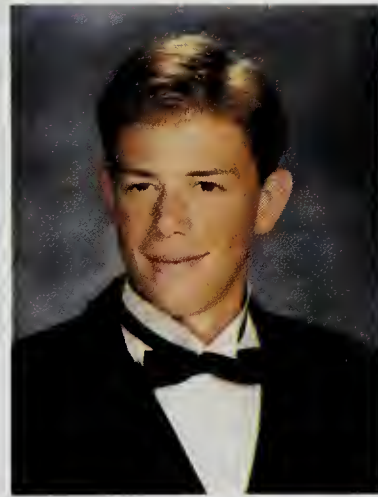
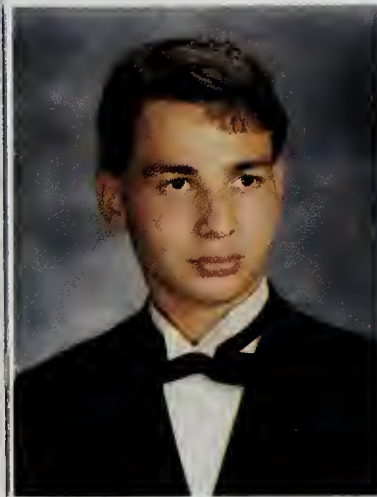
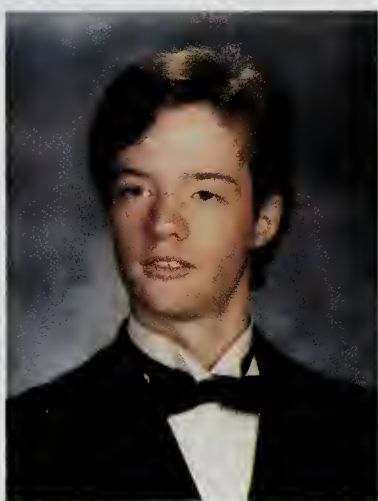
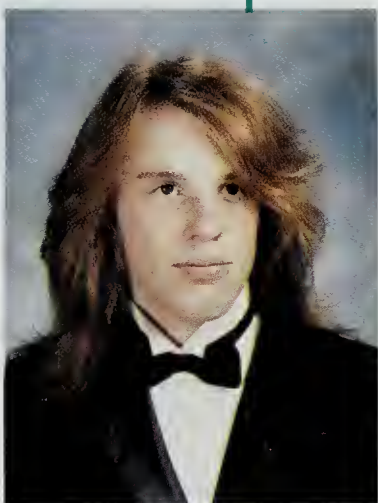


Jeffrey Vogelsang
Robert VonWolffradt
Jennifer Wade
Ellen Wahlquist
Richard Waite
Christopher Wallrapp



Allison Walls
Kelly Ward
Kevin Ward
Penelope Watson
Tom Weed
Sarah Weiland





Departing after fifth period, senior Kim Attaway drives to Ft. Belvoir every day. She is one of the nineteen students that took part in the COE program. She works twenty hours a

week at Defense Systems Management College. Kim's job entails typing, filing and answering phones. She also works with other COE students.



School, Work All in One Day

Early Out

“Hey where are you going it's only sixth period?” This was a common question asked to students leaving school early. Students interested in working while going to school took part in ICT and COE. These programs provided the needed training and knowledge for the future. COE (Cooperative Office Education) placed students in business jobs. ICT (Industrial Cooperative Training) was necessary for students wishing to leave early. They left after fourth or fifth period and worked twenty to forty hours a week. “Having experience now will help me when I graduate,” remarked senior Kim Attaway.

Nineteen COE students participated in typing, filing and other business related jobs. These students worked at Night Vision Lab, Defense Systems Management College and Ware's Van Storage. These students drew on their knowledge from previous business classes taken. “I'm pleased

with the program, it is very helpful to students,” said Mrs. Guillen, teacher and coordinator of COE.

A little over sixty ICT students also worked at places such as Baskin & Robbins, gas stations and at the mall. In both programs the students received one credit for participating in COE and ICT. All the students received pay from their jobs too. Some planned to save this money for college while others planned to spend it. Most planned to continue their jobs after high school into the following year. Also, some COE and ICT students continued their jobs from their junior year into their senior year. “I like my job because I can get a head start on saving money for college,” replied senior Suzanne Solom.

These programs were invaluable in that students became more proficient in their particular field. Students are more prepared now.

Donna Wells
Stacey Welsh
Lawrence Weyer
Camilla Wheelless
Emett White
Vikki White
Holly Whitmer
Edward Williams
Jerel Williams



O'Neal Williams
Sara Williams
Kelley Wilson
Emily Wilt
Jason Winkler
Kevin Wittmann
Ed Wolfe
Kristin Wood
Marc Woodworth

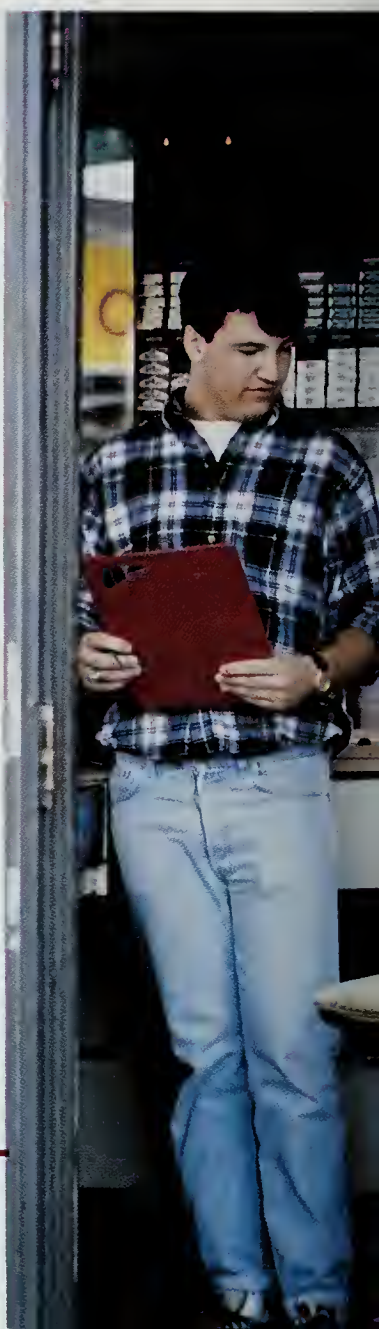


Geoffrey Woolard
Michelle Wyatt
Julie C. Young
Susan Young
Gregg Yurchak
Zehra Zaidi
Alissa Zerkow
Aemelia Zezula
Katrina Ziegenhorn



Rushing to their car, senior Melissa Smith and sophomore Molly Smith climb into their car to depart from the student-filled parking lot. Many seniors worked at a job after school for convenience.

With a working smile on her face, senior Maureen McCann cheerfully helps out a customer. Block Buster was an exciting and entertaining place for students to work during the school year.





Green Machine

Making Mo' Money, Mo' Money

When the clock struck two o' four, seniors darted out of their classrooms and to their lockers. Knowing they had to make it to work on time, they quickly got their books and ran to their cars. Senior Gigi Guerrero replied, "In the beginning of the year it's difficult because you're not organized, but eventually you get adjusted to a daily routine."

A number of seniors worked during a time that was

Enjoying the companionship of a friend, seniors Mark Dawson and Rob Clark work at their after school job. Gas stations were one of the many places that employed students.

convenient for them. A few worked from five o'clock to nine because they were able to complete their homework or attend an after school activity or school sport. "Having a job helps to manage your time better and keeps you organized because you're on a time schedule," answered senior Kevin Ward.

Going to school and having a job taught many seniors to be independent and more responsible. Seniors worked for a number of reasons: to save up money for college or a car, or just to have money for going out on the weekend. Senior Joel Herrera explained, "Having a job helped me to be more mature and responsible and learn not to depend on my parents for money."



In the career center, senior Sara Williams searches for important information in the college handbook from Ms. Adcock. Research and planning was essential to being accepted to a top college. The career center was vital during a student's sen-

ior year. Not only did it provide students with college material, but it was where the seniors could find financial aid information. With help from career advisors, seniors had an easier time choosing a college.



Senior Picks for Top Col- leges

Reality was closing in. It began as a faraway thought in the minds of freshmen and developed into a true obsession as students became seniors. "Where do I want to go to college?" "Will I be accepted?" Time came for the college rush.

The criteria for selection differed for each college. The majority of colleges stressed the need of a challenging high school curriculum, good SAT scores, extra-curricular activities and an essay.

Seniors picked colleges for a diverse number of reasons. As senior Renee Bryson commented, "If the college has my major, a nice campus and a suburban setting, it's for me."

The seniors had definitely made up their minds of what colleges to apply to. Out of 53 seniors polled, 33 stu-

dents applied to UVA, 27 to Virginia Tech, 24 to JMU, and 21 to William and Mary. UNC at Chapel Hill and Mary Washington were also favorites among the seniors.

"I want a college with tradition, small size, and a history of having successful students," senior Monica Neel added.

Students had other reasons for choosing a college. "The best college is where the professors know your name and can relate to you," explained senior Scott Parker.

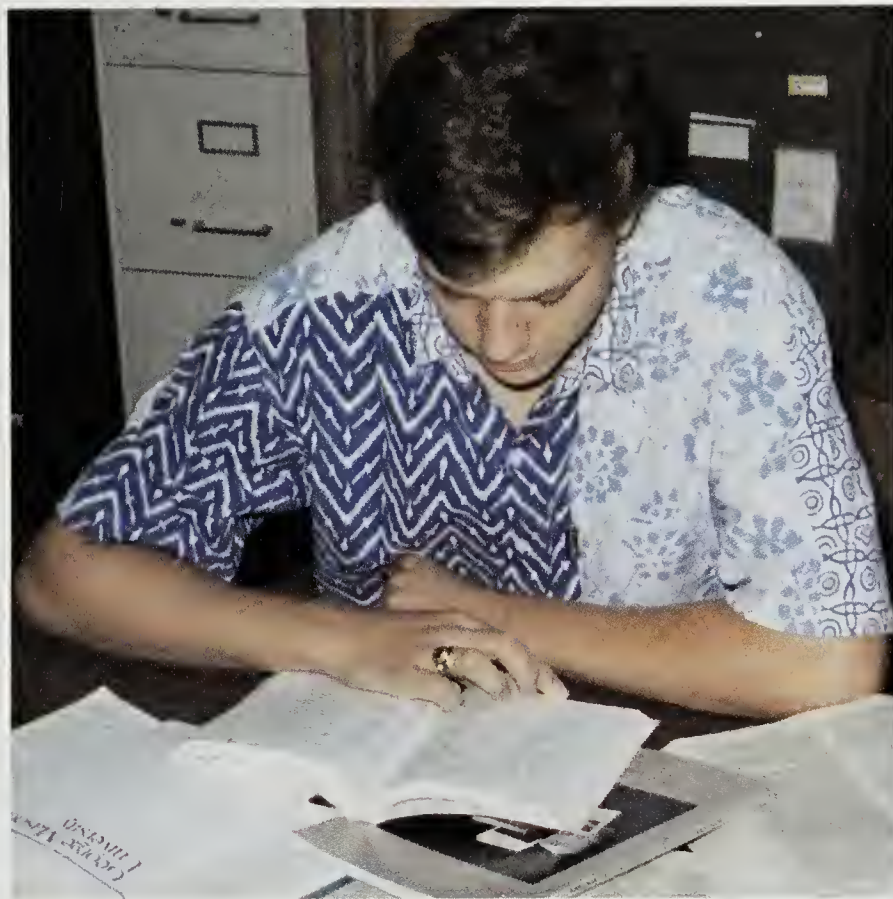
Senior Brian Majewski stated, "I am looking for a college with a large variety of majors, a good reputation, a good social life, and a laid-back environment. If I can't enjoy myself at the college, why bother?"



Top Guns



Interested in George Mason University, senior Stephen Jordan spends his spare time learning more about the college and its educational programs. Choosing the right college was an important decision for most seniors.



Looking for scholarship possibilities, senior Shellee Scoggins searches through the financial aid files. Financial aid allowed many seniors to attend their desired college by helping with tuition and other expenses.

Discussing future plans, seniors Tavian Cardwell and Chip Kramer compare differences in their college choices. Seniors needed a careful plan to ensure that their future goals and aspirations would be reached.

Group Efforts

Officers' Tradition of Excellence

From the first class meeting, Scott Parker, class president, and the other class officers were anxious to get senior business going.

Of the numerous tasks the officers had to undertake, the most pressing was Homecoming. Graduation was far off and Prom was the juniors' responsibility. It took a lot of cooperation from all the student volunteers as well as the class officers to make everything work. Parker said, "The worst part about being class president is that I can't make everyone happy."

In a class of 664 students, the officers had their work cut out for them in order to get the class motivated. Especially during Homecoming preparation, the officers

needed support from all members of the class.

Secretary Sarah Weiland commented, "Building the Homecoming float takes a lot of people. We have to get everyone out there and motivated."

But the class was motivated. The executive council, who assisted the officers, was extra large as volunteers were gathered from history classes.

With graduation looming in the distance, the class officers focused on other projects. In a joint effort with the Student Council Association, the officers worked to get recycling bins reinstalled in the hallways. They also worked on getting preferential parking privileges for outstanding students each

nine week grading period as recognition for their achievements.

The class officers were committed to their jobs. Weiland commented, "As secretary, I take notes at the meetings and get down all the important information."

Treasurer Amy Burns said of her job, "It takes a lot of time. I feel like I have to be everywhere. But its worth it because I make decisions, I have a say."

Be there or be square! Vice President Betsy Russell posts signs for a class meeting on the senior bulletin board. The bulletin board was vital for communication between the officers and the class. The board announced meetings and other class functions to students.

"The meeting of October 11 is called to order." Secretary Sarah Weiland reviews her notes from a class meeting. As secretary, it was her duty to keep accurate records of class proceedings and act as a contact for people in the community who aided the class.



Senior
Class
Meeting
Friday Oct. 11
BIO5 2:15

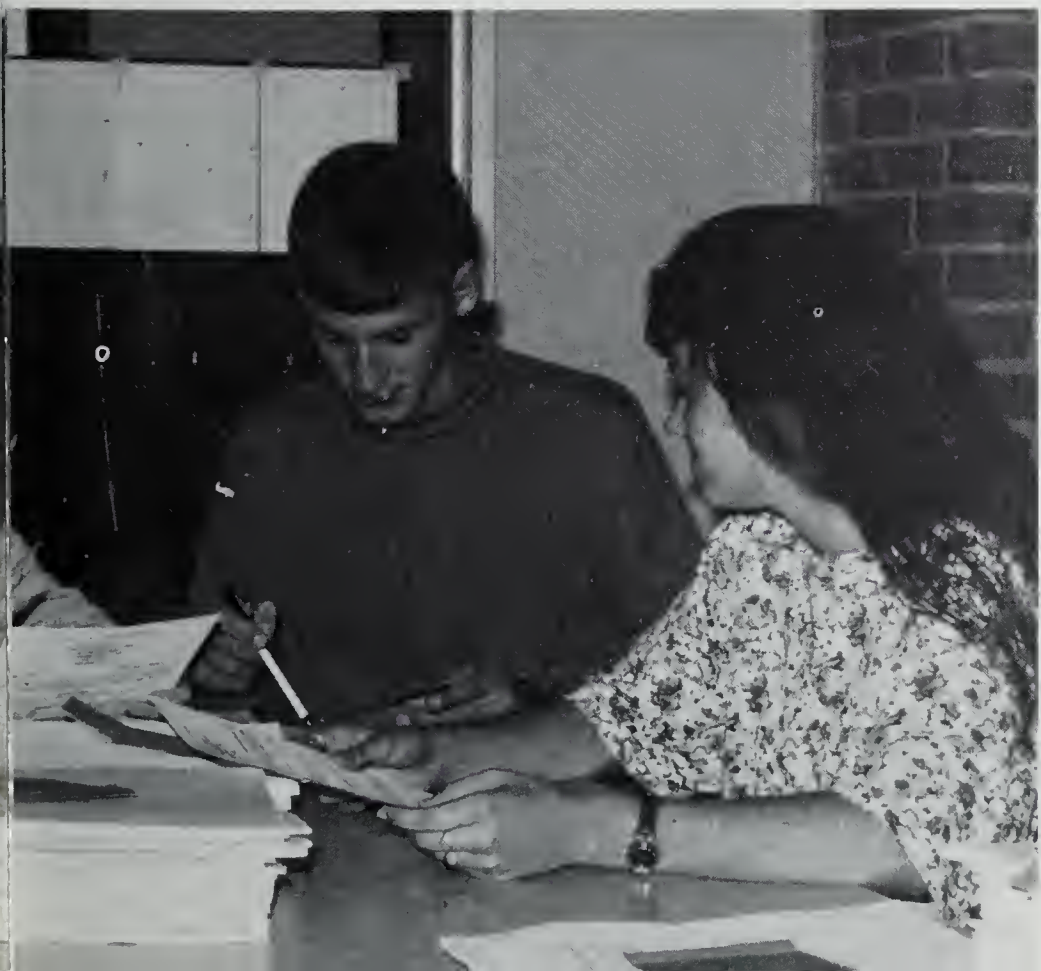




"My fellow students . . ." President Scott Parker prepares his speech for the first class meeting. It was vital to get maximum involvement from the class at the outset. This was his first chance to address the class and announce upcoming activities.



Invaluable information . . . The class officers meet after school in Guidance to discuss the "Senior Book." The book contained guidelines for the senior year, including important dates and college information. The book was distributed through government and history classes.



A Whirlwind of Activities

We're Accustomed to It

Enrique Adame II Football: 1, 2, 3; Student Government: 3 (Representative); VICA: 3.

Timako von' Allen Concert Choir: 2, 3 (President); Womens Choir: 3 Mediator: 4; Latin Honor Society: 4 (Social/Activity Planner); Teen Counselor: 4; Viking Buddy: 4.

Anthony Scott Anderson Foreign Language Club: 1, 2; Graphic Arts Club: 1 (Vice President); Tennis: 1.

Maria Olivia Anderson Volleyball: 2, 3; Varsity Club: 3; Pep Club: 3.

Melina Angulo Volleyball: 1, 2, 3, 4; Beta Club: 3, 4; National Honor Society: 4; Varsity Club: 3; Teen Counseling: 4; Student Athletic Trainer: 4.

Christina Marie Anthanas Key Club: 2; Latin Club: 4

Judi Alana Ardoin FBLA: 2, 3.

Alan Keith Arrington Football: 1, 2; DECA: 4

Jasi Marie Artis Key Club: 3, 4 (Treasurer); Orchestra: 1, 2, 3, 4; Color Guard: 3; SADD: 1; Art Club: 4; Pep

Club: 4; Student Government: 4 (Representative); FBLA: 1; Viking Buddy: 4.

Urara Asahara Concert Choir: 4; Key Club: 4.

Kimberly Michelle Attaway FBLA: 4.

Hala Sophia Ayala Choir: 1, 2, 3, 4; FBLA: 2; Cultural Awareness Club: 3 (Secretary).

David Lawrence Aylor SCA: 4 (Treasurer); National Honor Society: 3, 4 (President); Beta Club: 3, 4; Symphonic Band: 1, 2, 3, 4; Marching Band: 1, 2, 3 (Section Leader); Boys' State: 3; Jazz Band: 2; Wrestling: 1.

Susan Baldel SADD: 3; Leo Club: 4; Key Club: 3.

Tremaine L. Ballard Computer Club: 1, 3; Wrestling: 1, 2; FBLA: 1, 2, 3, 4.

Daryl Tryone Banks Football: 1; Basketball: 1, 2.

Tonia Ileene Bartelme Varsity Vball: 2, 3, 4 (manager and scorekeeper); FBLA: 3, 4; Basketball: 3 (manager); Soccer: 2; Student Trainer: 3, 4; Football: 4

(manager).

Katinka Bartels German Club: 4; Pep Club: 4.

Diane Renee Bartosh Marching Band: 3, 4; Band: 2, 3, 4.

Matthew Robert Beland Model U.N.: 3, 4; Band: 1; Jazz Band: 1; Concert Band: 2.

Robert Bruce Bellamy Symphonic Band: 2, 3; Concert Band: 2; Varsity Band: 1; Advanced Orchestra: 4; NHS: 3, 4; Beta Club: 4; NMHS: 3, 4.

Charles Albert Bertrand Football: 2; Wrestling: 2, 3, 4.

Amy Victoria Billmyer SADD: 2; VICA: 3, 4.

Melanie Noelle Binns Field Hockey: 3, 4 (Captain); Norsemen: 3, 4; Varsity Club: 4; Basketball: 2; Key Club: 3, 4; Journalism: 3, 4.

Jennifer Lea Blackburn Basketball: 1, 2, 3, 4; Soccer: 1, 2, 3, 4; Tennis: 1; Cross Country: 2; Norseman: 2, 3; Varsity Club: 2, 3.

Nancy Ann Blanch Soccer: 1, 2, 3, 4; Basketball: 1, 2, 3, 4; Norsemen: 2, 3, 4;

Mediation: 4; Teen Counseling: 3, 4; FBLA: 2, 3; Leo Club: 3; SADD: 2; Varsity Club: 2, 3; Newspaper: 3, 4.

Natalie Frances Blanchard Cheerleading: 1; DECA: 1, 2, 3; Crew: 3.

Melissa Kathleen Blockis Teen Counseling: 3, 4; Cheerleading: 1, 2, 3; Crew: 3, 4; FBLA: 4; NHS: 3, 4; SADD: 2.

Scott Matthew Boger Football: 3; VICA: 4.

Derric James Bolton FBLA: 4.

Victoria Jeanne Boska Baseball: 1, (Manager); Football: 1, (Manager); DECA: 3; Student Mediator: 4.

Jessica Ann Botta Forensics: 2, 3, 4; NHS: 3, 4; Beta Club: 3, 4, (Secretary); Drama Club: 3, 4; Crew: 1, 2, 3; Yearbook: 2, 3, 4, (Clubs editor, Senior editor); Soccer: 1; Class Officer: 1, (Secretary).

Kevin Michael Bowles Track: 1; TV Production: 4.

John A. Boyd Marching Band: 1, 2, 3, 4, (Section Leader, Drum Major, Commit-

tee); Wrestling: 3; Symphonic Band: 1, 2, 3, 4, Jazz Band: 1, 2, 3, 4, (Soloist).

Stephanie Anne Boyle Soccer: 1, 2, 3, 4; Teen Counseling: 3, 4; SADD: 1, 2, 3; Varsity Club: 3, 4; Indoor Track: 1, 2.

Jennifer Ann Boyt Cross Country: 3, 4; Indoor Track: 2, 3, 4; Outdoor Track: 1, 2, 3, 4; Varsity Club: 2, 3, 4; SADD: 3, 4; DECA: 3, 4; Drama Club: 2, 3, 4; Pep Club: 2, 3, 4; SAGA: 2; Science Club: 2, 3.

Michael S. Bradford Wrestling: 1.

Shari Lynn Brandenburg Marching Band: 2, 3, 4 (Guard Captain); Indoor Color Guard: 2, 3, 4, (Captain); NHS: 3, 4.

Jennifer Rae Brantleht DECA: 4.

Tania Denise Branton Soul II Soul: 4; FBLA: 4.

Michael Ryan Britton Cross Country: 2, 3, 4; Indoor Track: 2, 3, 4; Outdoor Track: 1, 2, 3, 4; FBLA: 4; Varsity Club: 4.

Samuel Louis Brogd Football: 4.

LaKisha Tamiko Brown Soul II Soul: 2; FBLA: 2, 3, 4; FHA: 2, 3.

Marcel LaRae Brown VICA: 3, 4; Culture Affairs Club: 3, 4.

Tabbithia Kay Brown FBLA: 1, 2, 3; Eddas: 4.

Treon Tekecia Brown Tennis: 3; Key Club: 2; Indoor Track: 2; Outdoor Track: 1, 2; Cultural Affairs: 3, 4, (Corresponding Secretary).

Evangeline Renée Bryson Cheerleading: 1; Cultural Affairs: 2, 3, 4; Teen Counseling: 3, 4; Crew: 2; Women's Concert Choir: 2; Concert Choir: 3, 4; Mediator: 3, 4.

Robert S. Bugary Soccer: 1; Outdoor Track: 2; VICA: 4, (Parliamentarian).

Tammy Ann Burnett FBLA: 2, 3, 4; Pep Club: 4; SADD: 2.

Amy Marie Burns Cheerleading: 1, 2; Junior Civitans: 1; FBLA: 2, 3; Teen Counseling: 3, 4; Junior Class Treasurer; Senior Class Treasurer; Baseball: 2, 3, 4, (manager); Beta:

3, 4; NHS: 3, 4; Yearbook: 3, 4.

Tiffani Jean Busch Softball: 1; Volleyball: 1, 2; Key Club: 2, 3, 4; Mediator: 4; Gymnastics: 1; SADD: 4; Science Club: 4.

Jennifer Bushong Marching Band: 1, 2, 3, 4; Debate: 3, 4; Teen Counseling: 4; Chorus: 1, 2, 3, 4; Mediator: 4; Woodbridge Singers: 1, 2, 3, 4; Varsity Concert: 3, 4.

Kimberly Ann Butts Soccer: 1, 2, 3, 4; Indoor Track: 1, 2, 4; Norsemen: 3, 4; Varsity Club: 1, 2, 3, 4; Newspaper: 4; Leo Club: 3; FBLA: 3.

Jason Robert Byrne FBLA: 4; Mediator: 4.

Stephanie Marie Bzdyr FBLA: 3, 4.

Sharon Ella Caldwell FBLA: 3.

John Wes Campbell Choir: 1, 2, 3, 4; Football: 1, 2, 3, 4; Outdoor Track: 1; Wrestling: 4; Volleyball: 4.

Jennifer Ann Canaan Woodbridge Singers: 4; Concert Choir: 3, 4; Women's Choir: 2; Varsity Choir: 1; All County Chorus: 4.

David A. Capece Varsity Soccer: 3, 4; J.V. Soccer: 1.

Joseph John Caputo Soccer: 1, 2, 3, 4.

Dana Lynn Carlsen Signet: 1, 2, 3, 4; SADD: 4; Varsity Soccer: 4; J.V. Soccer: 1, 2, 3; Indoor Track: 1, 2; Wrestling: 4 (Manager); J.V. Volleyball: 2.

Venice Monique Carpenter Cultural Affairs: 3, 4; Indoor Track: 4.

Anthony Brian Cerle Football: 1, 2, 3, 4; Indoor and Outdoor Track: 1, 3, 4; VICA: 3; Choir: 2, 4.

Erin Faith Carter Choir: 1, 2, 3, 4; NHS: 3, 4; Teen Counselor: 4.

Jennifer Arnise Carter Track: 2, 3; Cultural Affairs Club: 2, 3.

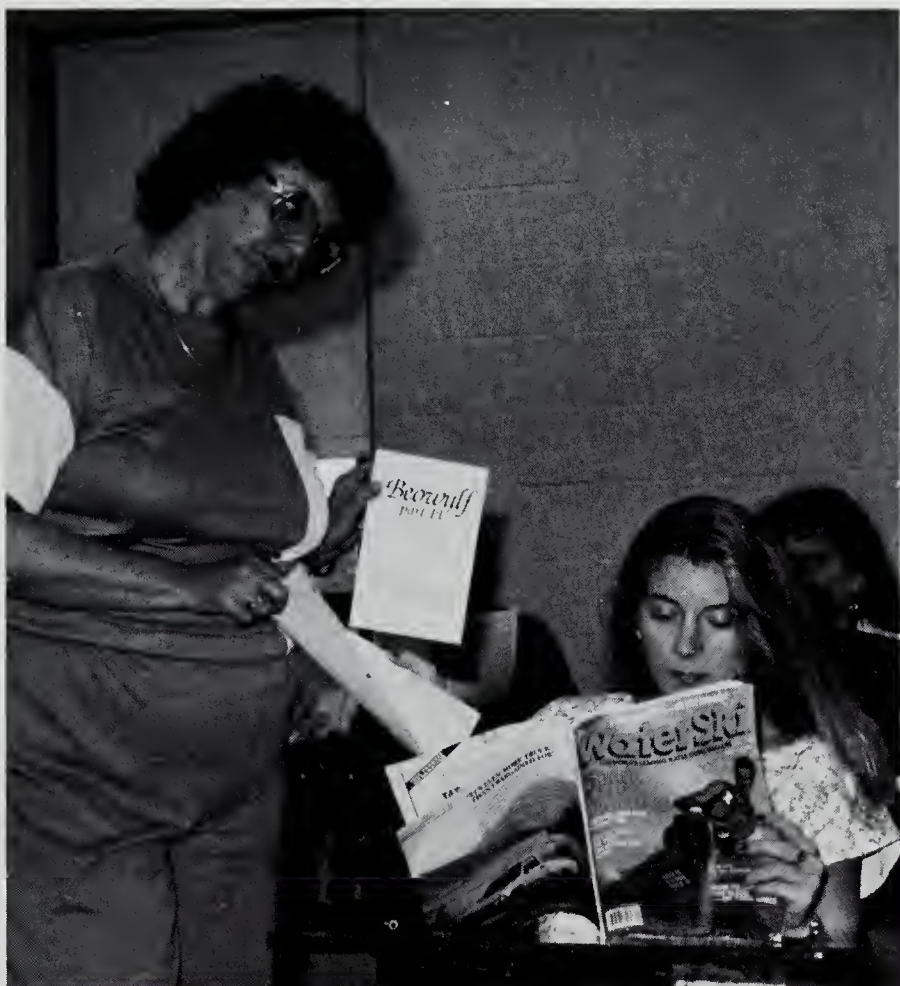
Maria Ena Paris Catedral Varsity Volleyball: 3, 4 (Manager); J.V. Volleyball: 2; Freshman Volleyball: 1; Varsity Club: 3; Pep Club: 3; FBLA: 3; SADD: 3.

Annette C. Cathcart Teen Counselor: 4; Yearbook: 3, 4; Senior Executive Counsel: 4; Crew: 1, 2; Spanish Honor Society: 3, 4; FBLA: 3; Junior Civi-



Is there really a chip in every bite? Seniors Jason Solomonson, John Stream, and Denise Alley compare chocolate chip cookies from "Chips Ahoy" in a Probability/Statistics

project. The cookie connoisseurs weighed each part of the cookie to determine if there was actually 25% chips, as manufacturers claimed. Betcha bite a chip?



A hard choice: Beautiful bods on waterskies or *Beowulf*? Senior Sara Williams chose the water action over the epic poem in Mrs. Carpenter's English class. Students in Carpenter's class presented *Beowulf* as a Reader's Theater project. The students dressed in partial costumes and acted out versions of the epic poem. Although *Beowulf* is the hero of Anglo-Saxon literature, he is no match for the Men's Waterskiing team.

- tans: 2.
- arrett Chang DECA 4; Key Club: 2; SADD: 2.
- onathon Jacob Chapin Volleyball: 3; Basketball: 1, 2, Crew: 2.
- becca Lynn Chapman FBLA: 2; Nat'l Art Honor Society: 3; Gymnastics: 3 (Manager); DECA: 4; Art: 1, 2, 3, 4.
- ari Lynne Chatfield Orchestra Ensemble: 3, 4; Advanced Orchestra: 1, 2, 4; Varsity Field Hockey: 3.
- avid Middleton Cheatham Lacrosse: 3, 4 (Captain); Thespian: 3, 4; Drama: 2, 3, 4; Crew: 1, 2; Varsity Club: 3, 4; Teen Counselor: 4.
- izabeth Scott Cheatham Soccer: 1, 2, 3, 4; Indoor Track: 1, 2, 3; Fall Crew: 1; Varsity Club: 2, 3; Leo Club: 3, 4; Homecoming Court: 3; Prom Court: 3; Yearbook: 3, 4 (Clubs Editor); NHS: 3, 4; SCA: 3; Senior Executive Council: 4.
- eresa Lee Chiarito Guidance Aid: 4; Choir: 4.
- artha Louise Clark Varsity Volleyball: 3 (MVP), 4 (Captain); J.V. Volleyball: 2; Freshman Volleyball: 1; Concert Choir: 3, 4; Women's Concert Choir: 2; Varsity Choir: 1; NHS: 3, 4; Beta Club: 3, 4;
- Spanish Honor Society: 1, 2, 3, 4; J.V. Basketball: 2.
- Misty Lee Clark Varsity Softball: 2, 3, 4; J.V. Softball 1; Varsity Tennis: 3, 4; Concert Band: 2, 3; Varsity Band: 1; Marching Band: 3; SADD: 3.
- Collin M. Clement Drama Club: 2, 3 (President); Cheerleading: 2, 3; Cross Country: 1, 2; SCA: 1, 2, 3; DECA: 4; Soccer: 3; Newspaper: 11.
- Laurence Howard Cohen Soccer: 1; Baseball: 2.
- Lisa Anne Collis: FBLA: 1, 4; Swimming: 2.
- Melissa Maria Compton DECA: 3, 4; Mediator: 4; Indoor Track: 2; Outdoor Track: 2; SCA: 1.
- Nanette Michelle Compton Choir: 1, 2, 3; COE: 4.
- Lauren Hart Comstock Cross Country: 1, 2; Indoor Track: 1, 2; Outdoor Track: 1; Field Hockey: 3, 4; Teen Counselor: 3; FBLA: 3, 4.
- Andrew Michael Conk FHA/HERO: 3 (Historian), 4; Drama: 1, 2.
- Jeremy L. Conner VICA: 3; Band: 1.
- Christopher Allen Cook VICA: 3, 4.
- Charles Stuart Cooper Wrestling: 1, 2.
- Peter Sean Cope SCA: 3, 4; Wrestling: 1, 2; Key Club: 2, 3.
- Matthew Scott Corcoran Drama: 2, 3, 4; Thespians: 4; Marching Band: 2; Teen Counselor: 4; Science Club: 2; SAGA: 2; SIGNET: 1, 2, 3.
- Anne-Marie Lois D'Agostino Marching Band Guard: 3, 4; Indoor Guard: 3, 4.
- Lisa Ellen Dalby FBLA: 1; VICA: 3, 4.
- Shawn William Darchik Lacrosse: 4.
- Anne Jordan Dashiell Valkyrie: 3 (Style Editor), 4 (Managing Editor); Key Club: 1, 2 (Secretary); Model U.N.: 1, 2; Crew: 1, 3; Young Democrats: 2 (Publicity), 4; S.A.G.A.: 2 (Co-founder); Drama Club: 1, 2.
- Christa Anna Davidson Beta Club: 3, 4; NHS: 3, 4; Cheerleading: 1, 2.
- Michelle Christine Davis Choir: 1, 2, 3, 4; FBLA: 4.
- Robert Jackson Davis VICA: 3 (Treasurer).
- Trina Margueritte Davis Marching Band: 1, 2, 3, 4; Varsity Band: 1; Concert Band: 2, 3; Symphonic Band: 4; Jazz Band: 1, 2; FBLA: 4; Basketball: 1, 2; Indoor Percussion: 3.
- Tiffany Lynn Dearie Eddas:

- Leo Club: 3; FBLA: 3.
- Steven Wayne Debban NHS: 3, 4; Beta Club: 3, 4.
- Kimberly Joy Dehnel Varsity Softball: 2, 3, 4; NHS: 4; Norsemen: 4; SADD: 3, 4; Key Club: 4; Mediation: 4; Varsity Club: 2, 3, 4.
- Paul Edward DeLeonardis Crew: 1, 2, 3, 4 (Captain); NHS: 3, 4; Spanish HS: 1, 2, 3, 4; Basketball: 1.
- Angela Pham Dhuy Cheerleading: 1; NHS: 3, 4; Beta Club: 3, 4; Chorus: 3; Softball: 1; Key Club: 4.
- Paxton V. Dickson Football: 1, 2; Basketball: 1, 2; Baseball: 1; FBLA: 3.
- Mary Irene Dietz Cosmetology: 3 (President); Cultural Awareness Club: 3; VICA: 4.
- Rebecca Lynn Doss J.V. Cheerleading: 1; Cosmetology: 4 (President).
- Laren Helen D'Souza SADD: 3, 4; Eddas: 3, 4; FBLA: 2, 4; Key Club: 3, 4 (Treasurer); Science Club: 4.
- Dacia Camille Dumas) Women's Concert Choir: 2; Concert Choir: 3, 4.
- Stacey Leigh Eckhardt National Honor Society: 3, 4; Beta Club: 3, 4; Basketball: 1, 2, 3; FBLA: 3; Latin Club: 2, 3; SADD: 3; German Club: 3.
- Anastasia Sahara Edney Cheerleading: 1, 2; Basketball: 1, 2, 3; Soccer: 1, 2, 3; Volleyball: 2, 3, 4; (Captain) Student Council: 2, 3; Yearbook: 1, 2.
- Katherine Anne Eminger Eddas: 1, 2, 3, 4; Marching Band: 1, 3, 4; German Honor Society: 2, 3, 4 (President); Debate: 3, 4; SAGA: 2; MUN: 3; Winter Guard: 3; FBLA: 3; National Honor Society: 3, 4.
- Shakima Yasmeen English DECA: 3; FBLA: 3; Soul II Soul: 3; DECA: 4; (President) Teen Counselor: 4.
- Elizabeth Mary Erlandson Newspaper: 3 (Sports Editor), 4 (CoEditor-in-Chief); Crew: 1, 2, 3 (Treasurer), 4; (Co-captain); NHS: 3, 4; Young Republicans: 3, 4 (Treasurer); Varsity Club: 3, 4; Girls' State: 3.
- Ashton Michol Fairlamb Debate: 3, 4; Marching Band 4; Eddas: 2, 3, 4; German Club: 4.
- Ryan Michael Fedak Varsity Baseball: 3; JV Baseball: 2; Beta Club: 3, 4; National Honor Society: 3, 4; Spanish Honor Society: 2, 3.
- Mindy Ann Ferguson. Girl's JV Soccer: 1 (Co-Captain); Varsity Field Hockey: 4; German Honor Society: 2, 3, 4; German Club: 2, 3, 4; Teen Counseling: 4; FBLA: 2.
- Catherine Renee Filapovich Drama Club: 1; TV Club: 4.
- Matthew James Flaherty Soccer: 1, 2; NHS: 3, 4; SADD: 2; Teen Counseling 3, 4; Executive Council 4; Young Republicans 4.
- Amber C. Flynn DECA: 3, 4; Mediator: 3, 4; SCA Rep: 1, 2, 3; FBLA: 3.
- George Donald Forsythe Football: 1, 2, 3, 4; Mediation: 3, 4; Teen Counseling: 3, 4; NHS 3, 4; Varsity Club: 4 (Treasurer); FBLA: 3.
- Amy Ruth Fuson Choir: 1, 2, 3, 4; Teen Counseling: 4.
- Barbara Lynn Garn Crew: 1; Swim Team: 3, 4; Drama: 2, 3, 4; Eddas: 3, 4.
- Scott Eric George Crew: 2; Volleyball: 4.
- Jennifer Dawn Gilkerson DECA: 3, 4.
- Alan John Gilstrap Yearbook: 4; Crew: 2; Drama Club: 3, 4; Eddas: 3, 4.
- Keri Darcy Godfrey Basketball: 1, 2, 3; Tennis: 2, 3; Leo Club: 3, 4; SADD: 3; Volleyball: 1.
- Kelly Ann Gonzales Track: 1; Crew: 2; DECA: 3; FBLA: 3, 4.
- Nellie Goodarznia Vikettes: 2; Teen Counseling: 3, 4; COE: 4; FBLA: 3, 4; Cultural Affairs Club: 3; Eddas: 2.
- John Horikawa Graves Golf Team: 3, 4; Art Honor Society: 4; Indoor/Outdoor Track: 2.
- Traci Elizabeth Green FBLA: 3, 4.
- Ernie James Gregory III Lacrosse: 2, 3; Varsity Club: 4; Choir: 3; Orchestra: 1, 2, 4.
- Amy Lee Griffin Cheerleading: 1, 2, 3; Band: 1, 2, 3, 4; Key Club: 4; Teen Counseling: 4; Flute Choir: 4; Leo: 4; French Club: 3.
- Dean A. Griseto Beta Club: 3, 4; NHS: 4.
- Donna Lynn Guerrero Varsity Soccer: 3; Drama Club: 3; SADD: 3; Key Club: 1; Ecology Club: 3; Spanish Club: 3; TV Club: 4.
- Gliceria Rosario Guerrero Vikettes: 3, 4; Teen Counseling: 4; Chorus: 3, 4; SADD: 2, 3; Key Club: 2; Varsity Club: 4.
- Jessica Guerrero Color Guard: 1; Spanish Honor Society: 1, 2; Vikettes: 2, 3; National Honor Society: 3, 4; Varsity Club: 3, 4; Eddas: 4; Historical Society: 4; Drama: 4.
- Karina Beatriz Gutierrez Volleyball: 2; Volleyball manager: 3; Vikettes: 4.
- Marcelo Sylvester Gutierrez FBLA: 2, 3, 4.
- Michael A.C. Hannan Football: 1, 2; Lacrosse: 4;



Deepest in thought, Senior Erin Lowney pauses a moment to plan her next line. Mrs. Raines' English classes wrote a prologue and character sketches of their classmates as part of a study project to supplement reading *Canterbury Tales*.

SCA rep 3; Varsity Football: 3.

Angela Renee Hansen Cheerleading: 2, 3; Crew: 1, 2, 3, 4; Norsemen: 2, 3, 4; SCA rep: 2; Indoor track: 1.

Michael John Harkema VICA: 3, 4.

James Matthew Harmon Marching Band: 2, 3, 4; German club: 1, 2, 3, 4; Historical Society: 4 (Vice-president); Pep band: 2, 3, 4.

Jennifer Sue Harper Eddas Magazine: 2, 3, 4; Drama Club: 4; FBLA: 2.

Earl Timothy Harris Jr. Varsity Choir: 1; Concert Choir: 2, 3, 4; Pep club: 4.

Paul G. Harris Football: 1, 2, 3, 4; Basketball: 1, 2, 3, 4; Baseball: 3, 4; NHS: 3, 4; Beta Club: 3, 4; NMHS: 3, 4.

Shawn C. Harris Wrestling: 1, 2, 3, 4 (Captain).

Delisie A. Harrison French club: 1; Drama Club: 1; SCA: 1, (President); Cheerleading: 1; Choir: 2.

Ian O'Leary Harrison Cross Country: 1, 2, 3, 4; Indoor Track: 1, 2, 3, 4; Outdoor Track: 1, 2, 3, 4; Young Republicans: 4.

AnnMarie Houser Vikettes: 1, 2, 3, 4; Varsity Choir: 1; Concert Choir: 2; Varsity Club: 3, 4; SADD: 3, 4; Young Republicans: 1, 4; Teen Counseling: 3, 4.

Heather Duane Heft Teen Counseling: 3, 4; SADD: 3, 4; Leo Club: 4; Drama Club: 3.

Denise Lynn Helmandollar J.V. Softball: 1; VICA: 3; Varsity Softball: 3.

Matthew Hartwell Henderson Volleyball: 3.

Heather Sunshine Hendricks FBLA: 3, 4 (Treasurer); Pep club: 4.

Todd Steven Henning Historical Society: 3; Science Club: 3; Pep Club: 3; VICA: 4.

Marta Ofelia Hernandez Crew: 1, 2, 3; Gymnastics: 1; Spanish Honor Society: 3, 4.

Yodi S. Hernandez DECA: 3, 4, (Vice President).

Joel Humberto Herrera Volleyball: 3, 4; Crew: 1, 2, 3; Choir: 1, 2, 3, 4; Art: 4.

E. Allen Hersker VICA: 3, 4, (Parliamentarian).

James John Herzog Jr. FBLA: 3, 4; COE: 4.

Jerri Lynn Hess Signet: 1, 2, 3, 4; Class Treasurer: 1; SADD: 3, 4 (Treasurer); Drama Club: 1; Cheerleader: 1, 2.

Jon Hickman Varsity Band: 1; Marching Band: 1; Art Club: 3; Art Honor Society: 4.

Melinda Michelle Hicks Key Club: 4; Art Club: 4.

Briggitte YenPhuong Hite DECA: 2, 3, 4 (Vice President); Varsity Volleyball: 2.

Deborah Ann Hoerner SADD: 2, 3; SCA: 4; Teen Counseling: 3, 4; Norsemen: 2, 3, 4.

William Louis Holbrook Concert Band: 2, 3; Symphonic Band: 4; Marching Band: 2, 3, 4; Jazz Band: 3, 4; Historical Society: 3; Track: 1, 2, 4.

Stanley Edward Holmes Football: 4; Volleyball: 3, 4; FBLA: 3, 4.

David E. Howe Norsemen: 2, 3, 4 (President); NHS: 3, 4; Spanish Honor Society:

2, 3, 4; Band: 1, 2, 3, 4.

Michael Todd Huestis Choir: 1, 2, 3, 4.

Michelle Lisa Hummel Varsity Volleyball: 3, 4 (Captain); J.V. Volleyball: 1, 2; Yearbook: 3, 4; NHS: 3, 4; Beta Club: 3, 4; Varsity Club: 3, 4; Orchestra Ensemble: 4; Advanced Orchestra: 2, 3; Spanish Honor Society: 2, 3, 4.

Diana Kim Huston Leo Club: 2, 3; J.V. Basketball: 2.

Lan Kim Huynh Lacrosse: 3, 4.

Steven Dwight Hylton VICA: 4; Crew: 4.

Jennifer Leigh Jackson Young Republicans: 3, 4 (Secretary); Gymnastics: 2; NHS: 3, 4 (Treasurer); Forensics: 2; Spanish Honor Society: 3, 4.

Richard Jason Jackson FBLA: 3, 4; NHS: 3, 4.

Jessica M. James Varsity Tennis: 1, 2, 3, 4 (Captain); Beta Club: 3, 4; NHS: 3, 4; Spanish Honor Society: 3, 4.

Noah Mika James Eddas Magazine: 3, 4; Drama Club: 4.

Wonsatta Lelaine Jarden Soul II Soul: 3; Cultural Affairs: 3.

Tivona Mae Jenkins Marching Band: 3, 4; Spanish Honor Society: 4; Career Club: 4; Cultural Awareness: 3, 4; Concert Band: 1, 2; Symphonic Band: 3, 4; Soul II Soul: 3.

Dawn Reshae Johnson Cultural Awareness: 3; FBLA: 4.

Jennifer Johnson FBLA: 2, 3; VICA: 4 (Reporter).

Justin Canaan Johnson FBLA: 4.

Michelle Renae Johnson FBLA: 2, 3, 4; ICT: 3; COE: 4.

Ronald Duane Johnston Historical Society: 3; Cross Country: 2; Indoor Track: 2; Outdoor Track: 2.

Holly Elizabeth Jonely Varsity Soccer: 1, 2, 3, 4; Varsity Basketball: 1, 2, 3; Cross Country: 1; Yearbook: 1, 2, 4; Class President: 2; SCA: 1, 2; Concert Choir: 1, 2, 3, 4; Woodbridge Singers: 4.

Eric Anthony Jones Eddas: 4.

Kendra Michelle Jones Track: 2, 3, 4; Basketball: 1, 2, 3, 4; FBLA: 4.

Stephen Erskine Jordan Football: 1, 2, 3, 4; FBLA: 3, 4.

Amy Cathleen Joyce Outdoor Track: 1, 2; Cross Country: 2, 3, 4.

Mujib Rahmon Kaisken VICA: 3, 4.

Syed Omar Kazmi FBLA: 4; German Club: 4.

Kari Lynn Kennedy Newspaper Staff: 2, 3, 4 (co-editor); Teen counseling: 4; Crew: 1, 2; Junior Civilians: 2 (Vice President); Key Club: 2.

Raymond Michael Kent VICA: 4.

Kara Catherine Ker Concert Orchestra: 1; Advanced Orchestra: 2, 3; Orchestra Ensemble: 4; Volleyball: 1; Latin Club: 1, 2.

Aqil Ahmed Khan Computer Club: 1, 2 (President); Science Club: 1; Leo Club: 3, 3 (Secretary); Latin Honor Society: 1, 2.

Minchong (Mindy Frances) Kim Leo Club: 2, 3, 4.

Alexis Yvette King Cultural Awareness: 2, 3 (Vice



“Hail to the Vikings!” Senior Ernie Gregory, the Viking mascot, cheers from the Senior float in the Homecoming Parade. Being the mascot was an important responsibility for Ernie. Not only did he have to act crazy, but he also represented the entire school.

President); DECA: 2, 3, 4; Latin Club: 2, 3, 4.

Scott Edwin King Yearbook: 3, 4; Historical Society: 4; NHS: 3, 4; SIGNET: 1, 2, 3.

Natalie A. Kistner Marching Band: 1, 2, 3, 4; ; Symphonic Band: 1, 2, 3, 4; Debate: 3, 4; Newspaper: 4; Beta Club 3, 4; NHS: 3, 4; Spanish Honor Society: 3, 4; Young Democrats: 4.

Kellie Ann Klein FBLA: 4 (President); Cheerleader: 2 (Captain); Teen Counseling: 4; Executive Council: 1.

James Richard Kline Crew: 3, 4; NHS: 4; Concert Choir: 4.

Christopher Paul Koerner Wrestling: 2.

Jennifer Lynne Kooyoomjian Vikettes: 2, 3, 4; Varsity Club: 3, 4 (Vice President); SADD: 2, 3, 4; SAGA: 2; Spanish Honor Society: 4.

Christopher John Kowal Football: 2, 3, 4; Crew: 1, 2, 3, 4; Indoor Track: 1, 4; SADD: 4.

David Michael Kumbar VICA: 4.

Jennifer Renee Labenz Varsity Soccer: 1; SADD: 1, 2.

Maribel Esther Laboy Basketball: 1, 4.

Jason W. Ladner Eddas: 2, 3,

4.

Mike John Lambaron VICA: Electronics: 4.

Susan Carlton Layton Choir: 1, 2, 3, 4; NHS: 2, 3, 4; BETA: 3, 4; Spanish HS: 2, 3; Teen Counseling: 3, 4.

Tanya Marie Leteff Cosmology: 3 (Vice President); (Treasurer), DECA: 2; VICA: 3, 4; FBLA 4.

David Pollard Leventhal Wrestling: 1, 2, 4; Football: 4; Teen Counseling: 4; Mediation: 4; Varsity Choir: 1; Concert Choir: 3, 4.

Tonya Lynn Levinsohn Volleyball: 3 (Manager); FHA: 4.

Herb Ley NHS: 3, 4; Beta Club: 3, 4.

Kristi Lynn Lilly VICA: 3, 4; FHA/HERO: 1, 4.

Jennifer Elizabeth Lind Beta Club: 3, 4; French HS: 3, 4; NHS: 3, 4; All-Courtesy Chorus: 4; District Chorus: 1, 2; Eddas: 1; Varsity Choir: 1.

Jennifer Link Varsity Gymnastics: 1, 2, 4.

Clint Lipinski FBLA: 4.

Courtney Ann Littig Field Hockey: 3, 4; Forensics: 3, 4; NHS: 3, 4; Beta Club: 3, 4; Drama Club: 1, 2, 3; Softball: 1, 2, 3; French HS: 3, 4; Volleyball:



The latest fashion news . . . Seniors Michelle Luberecki, Kelly Ward, and Chrissy Little scan the fashion section of the *Valkyrie* in the senior lounge during lunch. The senior lounge provided a great place for seniors to get away from underclassmen and feel a sense of “Seniority.”

Swimming: 3; Young Republicans: 3, 4.	John V. Mathews DECA: 3, 4; Thespians: 3, 4.	Deorey A. Moss FBLA: 3, 4; DECA: 3.	
Christine Ann Little Soccer: 1, 2, 3, 4; Beta Club: 3, 4; NHS 3, 4; French HS: 2, 3, 4; SADD: 1, 2; FBLA: 3; Indoor Track: 1, 2.	Kimberly Lynn Mays Volleyball: 1, 2; Basketball: 1; Track: 1, 2, 3; Cultural Affairs: 1, 2, 3, 4.	Shawn Thomas Mowdy VICA: 2, 3, 4.	
Christine Amy Livingston Crew: 1, 2, 3, 4; NHS: 3, 4; Beta Club: 3, 4; Historical Society: 4; Varsity Club: 3, 4.	Kimberly McClearn Key Club: 1; Soul II Soul: 3.	Erik R. Muendel Debate: 1, 2, 3, 4 (Captain); Forensics: 2, 3, 4; Latin Club: 1, 2, 3 (Social Director); Drama Club: 2, 3, 4; Thespian: 3, 4; Norsemen: 4; Golf: 2, 3, 4; Tennis: 1, 2, 4; SCA: 1, 4 (SCA Secretary); Young Republicans: 3, 4.	
Tricia Dawn Lloyd Eddas: 2, 3, 4; NHS: 3, 4; Beta Club: 3, 4; Gifted Education: 1, 2, 3, 4; FBLA: 2, 3.	Shannon E. McClung DECA: 3, 4.	Jon David Mulholland Varsity Baseball: 3, 4; J.V. Baseball: 1, 2; SADD: 4; Leo Club: 4; FBLA: 4.	
Jennifer Lojewski Marching Band: 1, 2, 3, 4; Symphonic Band: 2, 3, 4; Varsity Band: 1; Winter Guard: 3.	Christina Leslie McCool Cross Country: 1; DECA: 3, 4.	Shannon Leigh Murphy Cheerleading: 3, 4 (Captain); Norsemen: 2, 3, 4; J.V. Basketball: 2; Indoor Track: 1; SADD: 1, 2; Varsity Club: 4.	
Michele Christine Luberecki Cheerleading: 1, 2, 3; Teen Counseling: 4; NHS: 4.	Melanie Richelle McCoy Cheerleading: 3, 4; Gymnastics: 1, 2, 3; SADD: 2; SCA: 2, 3.	Heather Elizabeth Myers FHA/HERO: 3, 4 (Corresponding Secretary (4) Treasurer (3)); Computer Club: 1.	
Kathleen Rebecca Luck Soccer: 1, 2, 3, 4; Teen Counseling: 3, 4; Beta Club: 3, 4; NHS: 3, 4; French HS: 2, 3, 4; FBLA: 3; Varsity Club: 4; Indoor Track: 1.	Rebecca Sue McGarry Beta Club: 3, 4; National Honor Society: 3, 4; Leo Club: 2, 3, 4; (Treasurer President (4)); Senior Executive Counsel: 4.	Jennifer Carol Myers National Honor Society: 4; Beta Club: 4.	
Jennifer Maria Luedke Vikettes: 1, 2, 3, 4; Varsity Club: 3, 4 (Pres.); FBLA: 3; Teen Counseling: 3, 4.	Mandy Marie McGee Basketball: 1, 2, 3; Volleyball: 1, 2, 3, 4; Softball: 1, 2, 3, 4; SADD: 3, 4; Pep Club: 3, 4; FBLA: 3; Varsity Club: 3, 4.	Terry Wayne Myers VICA: 3, 4.	
Lucia Isata Luseni Cultural Affairs: 2, 3, 4; Soul II Soul: 3; FBLA: 4.	Michael Patrick McGee FBLA: 2; Crew: 2, 3, 4.	Sharon Lisa Myskowski Marching Band: 2, 3, 4 (Co-Captain of Color Guard); Indoor Color Guard: 2, 3, 4; Yearbook: 4; FBLA: 3.	
Amy Larisa Lynn NHS: 3, 4; Marching Band: 1, 2, 3; Band: 1, 2, 3, 4; Key Club: 4; Pep Club: 4.	Marcia Ann McIntosh Spanish Honor Society: 2, 3, 4 (President (4)); German Club: 3, 4; National Honor Society: 3, 4; Teen Counseling: 4.	Brian Mitsuru Nakamura Cross Country: 3, 4; Indoor Track: 3; Outdoor Track: 3, 4.	
Jose Manuel Machado DECA: 4.	Melissa Lee McMullen Volleyball: 1, 2, 3; COE: 3, 4.	Erin Kathleen Neal Cheerleading: 1, 2; Yearbook: 2; Class President: 2; Leo Club: 4; FBLA: 3, 4.	
Charles Mahdi Basketball: 1, 2, 3, 4; Track: 1; DECA: 4.	Arran Robert McWhirter Marching Band: 1, 2, 3; Jazz Band: 2, 3, 4; Symphonic Band: 2, 3, 4; Teen Counseling: 3, 4; National Honor Society: 3, 4; Yearbook: 3, 4; FBLA: 3; Spanish Honor Society: 2, 3, 4; Boys' State: 3.	Monica Leigh Neel Class President: 1; Crew: 1, 2, 3; SCA: 3; NHS: 3, 4; Varsity Club: 4.	
Brian Matthew Majewski National Honor Society: 3, 4; French Honor Society: 3, 4 (President); Journalism: 4 (Photography Editor); Lacrosse: 3, 4; Teen Counseling: 3, 4; Key Club: 2; SAGA: 2.	Steffany Dolores Medina Varsity Field Hockey: 2, 3, 4; J.V. Field Hockey: 1; Key Club: 3; Varsity Club: 3.	Christopher M. Nelson Lacrosse: 3, 4; Indoor Track: 1, 2, 3, 4; Outdoor Track: 1, 3, 4; Football: 1, 2; J.V. Soccer: 2.	
Teresa Marie Marrs Crew: 2; Coe: 4; FBLA: 4; Key Club: 4.	Timothy Michael Miller Marching Band: 1 (Section Leader); Teen Counseling: 3, 4; Symphonic Band: 3, 4.	Marcus A. Neto Varsity Choir: 1; Concert Choir: 2, 3, 4; Woodbridge Singers: 3, 4; District Choir: 1; All-County Choir: 2; J.V. Lacrosse: 3; Varsity Lacrosse: 4.	
Danika Rena Mars Varsity Choir: 3; Cultural Awareness: 3.	Melissa Ann Mills Key Club: 1, 2; National Honor Society: 4.	Kevin Nivel Niblack J.V. Football: 1, 2; Varsity Baseball: 2; Basketball: 1, 2; Swimming: 1; Track: 3.	
Jeffrey Roy Martin Beta Club: 3, 4; NHS: 3, 4; SADD: 4; Spanish Honor Society: 1, 2; Crew: 2.	Michael Buck Mills Football: 1, 2, 3, 4; Wrestling: 2, 3; Basketball: 1; Baseball: 1; SCA Representative: 2, 3, 4; Track: 1, 2.	Bridget Ann Newsma German Honor Society: 4 (Vice-President); Teen Counseling: 4; Model UN: 4; SADD: 1, 2; German Club: 1, 2, 4; Varsity Soccer: 1 (Manager).	
Michelle Lynn Martin DECA: 4; FBLA: 2.	Joshua Sparling Millsapps Basketball: 1; Baseball: 1, 2, 3, 4; Newspaper: 3, 4.	John Francis Niland Freshman Football: 1; FBLA: 4.	
Will Martin Soccer: 1, 2; Golf: 1, 2.	Philip Aubery Mitchell Jr. FBLA: 2, 3.	Shannon Marie North Drama Club: 2, 3; Marching Band: 3.	
Laura Ann Massaro Symphonic Band: 2, 3, 4; Yearbook: 3, 4 (Academic editor); Beta Club: 3, 4 (treasurer); National Honor Society: 3, 4; ALL STATE Band: 3; ALL DISTRICT Band: 1, 3, 4; ALL COUNTY Band: 1, 2, 3, 4; Varsity Band: 1; Indoor Track: 1; JV Soccer: 1; Key Club: 1, 4; SADD: 3, 4.	Elizabeth Marie Moffitt Varsity Choir: 1; Concert Choir: 2, 3, 4; Woodbridge Singers: 3, 4.	Martin Blaine O'Dea Beta 3, 4; NHS: 3, 4; Nat'l Spanish Honor Society: 1, 2.	
Stephen John Masten Varsity Soccer: 1, 2, 3, 4; Track: 1, 3, 4; FBLA: 2.	Christopher Edward Morgan Varsity Outdoor Track: 2, 3, 4; Varsity Indoor Track: 2, 3, 4; Varsity Cross Country: 1, 2, 3, 4; National Honor Society: 3, 4; Beta Club: 3, 4; German Honor Society: 3, 4; National Math Honor Society: 3, 4.	Yakita Marie O'Dell FHA/HERO: 4; SCA: 3; Cultural Affairs Club: 3, 4.	
		Scott Henry Parker Class President: 4; Class Vice President: 3; Wrestling: 1, 2, 3, 4 (co-captain); Tennis: 1, 2; Valkyrie: 4 (co-Sports Editor); Beta Club: 3, 4; NHS: 3, 4; Spanish Honor Society: 1, 2, 3, 4.	
		Jennifer Lynn Parsell Basketball: 1, 2; Volleyball: 2; FHA: 3 (Secretary), 4	
		Mary Grace Anne O'Malley EDDAS: 1 (Copy Editor) 2 (Public Relations Mgr.), 3 (Assistant Editor), 4 (Editor-in-Chief); NHS: 3, 4; Pep Club: 3, 4; SCA: 2; SIGNET: 1, 2; Historical Society: 4 (Fundraising Chairman); Debate/Forensics: 2; Drama: 1.	(President).
		Jennifer Maureen O'Neill Crew: 3, 4; VICA: 3, 4.	Ami Elizabeth Pate Cosmetology: 3, 4; VICA: 3, 4; FHA: 1.
		Robert Marshall Osborne Track: 1, 2, 3; Football: 1, 2; Swimming: 1, 3.	Matthew Orville Paxton Basketball: 2; Football: 2; Soccer: 2; Norsemen: 3, 4; Young Republicans: 4 (Sergeant-at-Arms).
		Jennifer Catherine Owen Crew: 1, 2, 4; Basketball: 3 (Manager); J.V. Tennis: 3; Marching Band: 1; Varsity Club: 4; Drama Club: 4.	Charles Leonard Payne Woodbridge Singers: 3, 4; Concert Choir: 3, 4; Varsity Choir: 2; Music Club: 2; All-State Chorus: 3; District Chorus: 2, 3, 4; All-County Chorus: 2, 4; Football: 3.
		Kimberly Ann Quigley FBLA: 2, 3, 4; SADD: 2, 3, 4; Key Club: 3.	Ericka Lynnelle Payne Choir: 1, 2, 4; Drama Club: 3.
		Taiesha Jacqui Pace Cultural Affairs: 4; DECA: 4.	Kristen Michelle Peifer Boys Varsity Basketball Manager 2, 3, 4; Choir: 1, 2, 3, 4; SADD: 3, 4; Key Club: 4; SCA Representative: 2, 4.
		Janet C. Park Science Club: 4 (President); SADD: 3, 4; FBLA: 4; Leo Club: 4; Key Club: 3.	Russell Edward Pelot III Football: 1; Varsity Club: 3; Tennis: 1, 2, 3, 4; Basketball: 4.
		Scott Henry Parker Class President: 4; Class Vice President: 3; Wrestling: 1, 2, 3, 4 (co-captain); Tennis: 1, 2; Valkyrie: 4 (co-Sports Editor); Beta Club: 3, 4; NHS: 3, 4; Spanish Honor Society: 1, 2, 3, 4.	Curtis Pereira Varsity Choir: 1; Concert Choir: 2, 3, 4; SCA Representative: 3.
		Jennifer Lynn Parsell Basketball: 1, 2; Volleyball: 2; FHA: 3 (Secretary), 4	Kara Hope Petersen Valhalla: 3 (Copy Editor), 4 (Editor in Chief); Girl's State: 3; Beta Club: 3, 4; NHS: 3, 4; French Honor Society: 3, 4; Key Club: 2, 3; Forensics: 1, 2, 3, 4; Soccer: 1, 2.
			Christopher Wayne Petrini Basketball: 1; Soccer: 1, 2, 3, 4.
			Andrew Phillips Orchestra: 1, 2, 3, 4; Crew: 2, 3; All-County Orchestra: 2, 4; Regional Orchestra: 4.
			Meredith Lynn Phillips Concert Choir: 3, 4; Key Club: 2, 3, 4 (Secretary); NHS: 3, 4; Beta Club: 3, 4; Spanish Honor Society: 1, 2, 3, 4 (Secretary); Color Guard: 3; SADD: 1, 2.
			Peter Palekana Pires Marching Band: 1, 2, 3, 4; Symphonic Band: 4; Concert Band: 2, 3; Varsity Band: 1.
			James R. Pledger FBLA: 1, 2, 3; SADD: 2, 3; German Club: 1, 2, 3; Soccer: 1, 2.
			Bryan Randle Poertner Beta Club: 3, 4; NHS: 3, 4; Spanish Honor Society: 2.
			Marlon DeJuan Pointee Basketball: 1, 2, 3.
			Jaideysh Nychole Powell Basketball: 1, 2, 3, 4; Cultural Affairs: 2.
			Kirsten Taylor Powell Crew: 1, 2, 3, 4 (co-captain 3, 4); NHS: 3, 4; German Honor Society: 2, 3, 4 (Treasurer) Valhalla: 4; Teen Counseling: 3, 4; Executive Council 4; Swimming: 3, 4 (Council Member); Varsity Club: 2, 3, 4.
			Alethea Kelly Price FBLA: 4;

“But what of Haimon, sister?” cried Ismene, portrayed by Jessica Guerrero, to Barbara Garn, who was playing Antigone, in Sophocles’ tragedy *Antigone*, during Mrs. Grimes’ second period English class.



Seniors Leigh Sullivan and Jennifer Owen catch up on the day's events at lunch in the senior lounge. The lounge provided seniors privacy from the mass mob of underclassmen and gave them a special place to hang out.

Executive Council: 4;
SADD: 3; Teen Counseling:
4; Key Club: 4.

Karen Lea Rainey NHS: 3, 4;
Teen Counseling: 4; Sym-
phonic Band: 4; Concert
Band: 2, 3; Marching
Band: 1.

Diana Julissa Ramirez Bas-
ketball: 2; DECA: 4 (Re-
porter).

Ed B. Ramos J.V. Soccer: 2;
Music Club: 2, 3, 4.

Louis Ramos Marching Band:
2, 3, 4 (Drum Major); All-
District Band: 1, 2, 3, 4;
All-County Band: 1, 2, 3,
4; Cross Country: 1; Jazz
Band: 2, 3, 4; Symphonic
Band: 3, 4; SCA: 2, 3, 4;
Mediation: 3, 4.

Melissa Lynn Reagan *Eddas*
Magazine: 4; Guard: 1;
FBLA: 3.

Christopher Daniel Redmon
Crew: 2, 3, 4; VICA: 3, 4.

Justin Adam Reynolds Crew:
1, 2; SADD: 3, 4; FBLA:
3.

Hector A. Reyes Wrestling: 1;
Art Club: 1, 2, 3, 4; SCA:
3, 4; *Eddas* Magazine: 3.

Jeffrey Scott Rhodes La-
crosse: 3, 4 (Captain);
Teen Counseling: 4; Me-
diator: 4; Football: 3, 4;
Varsity Club: 4.

Jason McNeill Reynolds Bas-
ketball: 1, 2; Football: 1,
2, 3, 4 (Captain); NHS: 3,
4; Beta Club: 3, 4; Varsity
Club: 3 (Treasurer);
Spanish Honor Society: 2;
NMHS: 3, 4.

Melissa Ann Riley Marching
Band: 1, 2, 3, 4; Indoor
Guard: 1, 2, 3, 4; Choir: 1,
2, 3, 4;

Tonyell Lotrice Risher FBLA:
1, 2; DECA: 3; Track: 2.

Jennifer Suzanne Roberts
Varsity Soccer: 1, 2, 3, 4;
Newspaper: 4; Indoor
Track: 1, 2, 3, 4; NHS: 3,
4; Beta Club: 3, 4; French
Honor Society: 2, 3, 4;

Outdoor Track: 3; Teen
Counseling: 3; Varsity
Club: 2, 3.

Joshua Michael Robinson
Varsity Basketball: 1; Var-
sity Track: 1, 2.

Paige Robinson Vikes: 1, 2,
3, 4 (Captain); Beta Club:
3, 4; NHS: 4; Varsity Club:
2, 3, 4; Spanish Honor
Society: 2, 3, 4; SADD: 3;
SCA: 1, 2, 3.

David D. Roll Varsity Soccer:
2, 3, 4; J.V. Soccer: 1;
Wrestling: 1, 2; Tennis: 3;
Cross Country: 2; Key
Club: 3.

Aimee Renee Rosenberg Ten-
nis: 1, 2, 3, 4 (captain);
Teen Counseling: 3, 4;
Class Treasurer: 2; SGA:
1; Varsity Club: 3, 4;
SADD: 1; Young Republi-
cans: 4.

Carol Jean Roth *Eddas* Mag-
azine: 2, 3, 4 (Editor);
Signet: 1, 2, 3, 4; NHS: 3,
4.

Mallory Lynn Roth SADD: 1,
2, 3, 4; Leo Club: 1, 3, 4
(Vice President); Key
Club: 1, 2; Tennis: 1, 2;
FBLA: 3, 4.

Brian William Rothlisberger
Soccer: 1, 2, 3; Beta Club:
3, 4; NHS: 3, 4; Indoor
Track: 2; Academic
Team: 3; NMHS: 3, 4; Sig-
net: 1, 2, 3.

Ellen Elizabeth Russell J.V.
Soccer: 1; Class Vice
President: 4; Cross Coun-
try: 1, 2, 3; Indoor Track:
1, 2; Outdoor Track: 1, 2,
3; Swimming: 4; Art Hon-
or Society: 3, 4; Latin
Club: 2.

Rachel Anne Safley Marching
Band: 1, 2, 3; Historical
Society: 3, 4 (President);
EDDAS: 4; S.A.D.D.: 4;
District Band: 1; Pep
Club: 3, 4; Young Demo-
crats: 4; Symphonic
Band: 2, 3, 4.

Angela DeNean Sampson
Marching Band: 1, 2, 3, 4;
Cultural Awareness: 3;

Career Club: 4 (Vice Pres-
ident); FBLA: 4 (Parli-
mentarian); Young Dem-
ocrats: 4; Soul 2 Soul: 3;
Symphonic Band: 2, 3, 4;
Pep Club: 2, 3, 4; National
Junior Honor Society: 1.

Jasper Durant Saunders
FBLA: 3, 4; Track: 2;
Football: 1.

Bruce Saykhamphone VICA:
2, 3.

Shawn Darnell Scales Foot-
ball: 2, 3, 4; Basketball: 1,
2, 3, 4.

Cori Renea Schneider FBLA:
3, 4; COE: 3, 4.

Joseph Scott Schober
S.A.D.D.: 3, 4 (President);
FBLA: 3; Outdoor Track:
2; Newspaper: 4.

Ryan Michael Schock Soccer:
1, 2, 3.

Jason Charles Schoener
French H.S.: 2; BETA: 3;
NHS: 3; Model UN: 3.

Jason Garette Schooler NHS:
3, 4 (vice president); BE-
TA: 3, 4; JV Soccer 2, 3
(captain); Spanish H.S.:
1, 2, 3; Jazz Band: 3, 4.

Juliana M. Seiler Tennis
Team: 4.

Angelica Vivian Senecal
FBLA: 2, 3, 4; Key Club:
1.

Jennifer Noreen Senior
S.A.D.D.: 2, 3.

Sapna Sharma Debate: 2, 3,
4; NHS: 4.

Donna Marie Shore Soccer: 2;
FBLA: 3, 4; LEO: 3, 4;
Key Club: 4.

Alicia Ann Shumard S.A.G.A.:
2; History Society: 1
(Treasurer); Varsity Choir:
1; Woman's Concert
Choir: 2, 3; Viking Cho-
rale: 4.

Jennifer I. Sienuta Key Club:
3, 4; S.A.D.D.: 4; FBLA:
1, 2; Spanish H.S.: 2, 3, 4.

Tamara Yvette Simmons
Cheerleading: 1, 2; VICA:
3 (Treasurer); Norsemen:

4.

Brenda Annette Simms Ca-
reer Club: 1, 2, 4 (presi-
dent); Teen Counseling:
3, 4; Cultural Affairs Club:
3, 4; FBLA: 4; French
H.S.: 2, 3 (social chair-
person), 4 (secretary);
National H.S.: 3, 4.

Laura Nicole Simon Cross
Country: 2, 3; Track: 2, 3;
Cheerleading: 4; J.V. Soc-
cer: 1, 2; Teen Counsel-
ing: 3; National H.S.: 3, 4.

Jennifer Diana Simpson Fo-
rensics: 3, 4; National
H.S.: 3, 4; Drama Club: 1;
EDDAS: 1.

Sonya Natasha Singleton
Cultural Awareness: 1, 2,
3, 4; Film Club: 3 (vice
president); Drama Club: 2;
Senior Exec. Council: 4.

Chandara Sisouvang Comput-
er Club: 4; French H.S.: 4;
FBLA: 4; *EDDAS*: 4.

Kelly JoAnn Skrainy National
H.S.: 3, 4; DECA: 4; J.V.
Volleyball: 2; Softball: 2;
Yearbook: 1, 2.

Brian Wilbert Smith Teen
Counseling: 3, 4; VICA: 3;
Leo Club: 4; SADD: 4.

Cornelle Blanard Smith Bas-
ketball: 1, 2, 3, 4; Foot-
ball: 4; FBLA: 2; Soccer:
2.

Jennifer Anne Smith National
H.S.: 2, 3, 4; Drama Club:
3, 4; Math H.S.: 2, 3, 4;

LEO Club: 3, 4; Historical
Society: 3, 4; *EDDAS*: 3;
Latin H.S.: 1, 2, 3 (presi-
dent); Junior Class
League: 1, 2, 3.

Les A. Smith Football: 1, 2, 3,
4; Lacrosse: 3, 4 (cap-
tain); Basketball: 1; Var-
sity Club: 2, 3, 4.

Melissa S. Smith Soccer: 1, 2,
3; Crew: 4; National H.S.:
1 (president), 2, 3, 4;
Yearbook: 1; Beta: 4;
Class Officer: 1 (secretar-
y).

Michelle Gabrella Smith Crew:
1, 2, 3; Norseman: 3, 4;
Key Club: 4; Varsity Club:
4.

Suzanne Marie Solom Crew:
1, 2; Basketball Manager:
3; SADD: 2, 3.

Jason Andrew Solomonson
Norsemen: 2, 3, 4 (Vice
President) Varsity Golf: 2,
3, 4; SAGA: 2; Volleyball:
3, 4.

Shondra Adrienne Spence
Crew: 1, 2; DECA: 3.

Andrew L. Staab Crew Team:
1, 2, 3; Yearbook: 4; Var-
sity Band: 1; Concert
Band: 2; Swimming
Team: 4.

Kevin A. Stablier Football: 1.

Valerie Alice Steinbrugge
Drama Club: 1, 2, 3, 4.

Kelly Elizabeth Stephens
Norsemen: 3, 4; Viking
Buddies: 4; DECA: 3.

Julia Elizabeth Stewart Indoor
Track: 2; Key Club: 3, 4;
Crew: 3, 4.

Sean Wesley Stogsdill Sound
Crew: 2, 3, 4 (President);
Drama Club: 3, 4; Volley-
ball: 3; Pep Club: 4.

Denise Jean Stonecypher Na-
tional Honor Society: 3, 4;
FBLA: 4.

Betsy G. Story Tennis: 2, 3, 4
(co-captain (4)); Cheer-
leading: 1, 2; LEO Club:
3, 4; National Honor So-
ciety: 3, 4; Beta Club: 3,
4; Spanish HS: 1, 2, 3, 4;
SADD: 3, 4; Teen Coun-
seling: 3, 4; Wrestling: 4
(manager).

Gregory John Strawderman
Tennis: 1, 2, 3, 4; Golf: 3,
4; Varsity Club: 3, 4;
SADD: 4.

John Andren Stream SADD:
2, 3, 4; Spanish HS: 2;
Drama Club: 1; FBLA: 1,
2, 3; Basketball: 1; Com-
puter Club: 2, 3; Debate:
1; Crew: 1, 2, 3, 4.

Jason William Strohecker
Basketball: 1, 2; Tennis:
1, 2, 3, 4; Spanish HS: 1,
2; Drama Club: 3, 4; NHS:
3, 4; Key Club: 3; Varsity
Club: 1, 2, 3; FBLA: 1.

Cynthia Irene Subt LEO Club:
4; Color Guard: 3; VICA:
3.

Larry Bruce Sullivan Band: 1.

Leigh Alexander Sullivan



Catching up on her homework during lunch, Senior Kari Chatfield tries to concentrate on her English. Lunch time was often used to cram for a test or complete assignments.

Crew: 1, 2, 3, 4; National HS: 3, 4; Drama Club: 4; Varsity Club: 3, 4; Swim Team: 3.

Michelle Kristen Sullivan National HS: 3, 4; Teen Counseling: 3, 4; Indoor Track: 1; Soccer: 1, 2, 3, 4.

Justin Matthew Summy Beta Club: 3, 4; National HS: 3, 4; Spanish HS: 2, 3, 4.

Kerry Ellen Suniega Softball: 1, 2, 3, 4; SADD: 2, 3, 4; Key Club: 3, 4; Varsity Club: 1, 2, 3, 4.

James Walter Swartz Eddas: 3, 4; Drama Club: 3, 4.

Anthony Eric Tangeman Football: 1, 2, 3, 4; Wrestling: 1, 2; Varsity Club: 12; Youth Group: 1, 2.

Leroy Timothy Teagle Basketball: 2, 3, 4; Football: 4; VICA: 3, 4.

Keyno Tavares Teel Basketball: 1, 2, 3, 4.

Cheryl Janette Testerman FHA: 3, 4 (Secretary).

Christina Georgette Thal Model U.N.: 2, 3, 4; German HS: 2, 3, 4; NHS: 3, 4; Young Life: 3, 4; Drama: 3; SADD: 1, 2; Freshmen Cheerleading: 1; JV Cheerleading: 2.

Jeffrey Scott Thurnher Football: 3, 4 (Captain); SCA (President) German HS: 2, 3, 4 (Sec., Pres.) NHS: 3, 4; Beta: 3, 4; Track: 3, 4; Forensics: 4; Boys' State: 3.

Jill Suzanne Tilbury Soccer: 1, 2, 3; FBLA: 3, 4; SADD: 2; Track: 2.

Jennifer Suzanne Tinsley SCA (VP); Teen Counseling: 3, 4; NHS: 3, 4; Beta Club: 3, 4; Spanish HS: 3, 4; Choir: 1, 2, 3, 4; SADD: 1, 2.

Julie Elizabeth Todaro NHS: 3, 4 (Sec.) Cross Country: 2, 3, 4; Track: 1, 2, 3, 4; Teen Counseling: 3, 4; Varsity Club: 2, 4.

Michael Joseph Todaro Drama: 1, 2, 3, 4; Thespians: 1, 2, 3, 4 (Pres.); Forensics: 1, 2, 3, 4; Football: 1.

Tracy Lynn Torre Crew: 1, 2, 3, 4; Field Hockey: 4; Choir: 1, 2, 3, 4; SADD: 3; Key Club: 3 Teen Counseling: 4; Varsity Club: 4; NHS: 4.

Matthew Douglas Torrence Cross Country 1, 2, 3; FCA: 2; Choir: 3, 4; Debate: 2, 3; Volleyball: 3, 4.

Kimberly Ann Toth DECA: 3.

Shane LaRue Trent FBLA: 4.

Mary-Anna Tripp Key Club: 4.

Kenneth John Trott Woodbridge Singers: 3, 4; Choir: 2, 3, 4; VICA: 3.

Michael Greg Turley VICA.

LaToria Montrice Tynes Track: 1, 2, 3; Marching Band: 2, 3; Symphonic Band: 2, 3; Key Club: 4;

Latin Club: 3.

Joanna Beth Tyson Norsemen: 3, 4 (Sec.); Varsity Football Manager: 2, 3; Soccer Manager: 2, 3, 4.

William Craig Van Cleave BE-TA: 3, 4; NHS: 3, 4; Crew: 2, 3; Wrestling: 1; Varsity Club: 4.

George Van Sanford VICA: 2, 3, 4; FBLA: 4; Key Club: 4.

Troy Edward Van Winkle JV Basketball: 2; Freshman Basketball: 1; Crew: 2; FBLA: 3, 4.

Allison Whitmer Vaughn Orchestra: 3, 4; Advanced Orchestra: 1, 2; Crew: 2; Vikettes: 2; Marching Band: 3; NHS: 3, 4.

Meridith Lillian Venie Basketball: 1, 2, 3, 4; Volleyball: Varsity Club: 3, 4; SADD: 1, 2; Softball: 1.

Amy Elizabeth Vogel Eddas: 3.

Jennifer Suzette Wade FBLA: 3, 4.

Ellen Jean Wahlquist Cross Country: 1, 2, 3, 4; Track: 1, 2, 4; Spanish Club: 1, 2.

Richard Allen Waite Freshman Football: 1; Drama Club: 4; Eddas: 4; FBLA: 4.

Allison Leah Walls Tennis 1, 2, 3 (Captain); Yearbook: 3, (Sales Editor), 4 (Student Life Editor); Beta Club: 3, 4; NHS: 3, 4; Teen Counseling: 3, 4; Spanish Honor Society: 1, 2, 3, 4; Executive Council: 4; Leo Club: 3, 4 (Treasurer); Key Club: 2; SADD: 1, 2, 3, 4.

Kelly Jean Ward Vikettes: 2, 3, 4 (captain); FBLA: 2, 4; Varsity Club: 3, 4 (Reporter); SADD: 3; Teen Counseling: 3, 4; NHS: 3, 4.

Kevin Orrin Ward Drama: 2, 3, 4; Norsemen: 3, 4; Chorus: 3; Int. Band: 1; Concert Band: 2; Marching Band: 1; Forensics: 2, 4; Young Republicans: 4.

Thomas Vincent Weed Baseball: 2, 3; Lacrosse: 3; Partner's Club: 1, 2; Drama Club: 3; Orchestra: 1, 2; Choir: 3; Woodbridge Singers: 4; Concert Choir: 4.

Sarah Terese Weiland Class Officer: 2 (V.P.), 3, 4 (Sec.); Cheerleading: 1, 2; Teen Counseling: 3, 4; Beta Club: 3, 4; NHS: 3, 4; Baseball Manager: 2, 3, 4; Young Republicans: 4; Concert Choir: 2; Varsity Choir: 1; Junior Civitans: 1.

Donna Michelle Wells Teen Counseling: 4; Signet: 1, 2, 3, 4.

Stacy Marie Welsh Crew: 1, 2, 3, 4; FBLA: 2, 3, 4; SADD: 2; SAGA: 2; FHA: 1.

Lawerence August Weyer Beta Club: 3, 4; NHS: 3, 4;



Senior aides Jason Richards, Jeff Rhodes, and Jason Strohecker gather outside the office during a lull in their duties. As aides, these seniors had to run passes, alphabetize information for counselors and do filing for the administration.

FBLA: 3, 4; NMHS: 3, 4; Spanish Honor Society: 1, 2, 3.

Camilla Frances Wheelless Vikettes: 1, 2, 3, 4; Norsemen: 4; Newspaper: 3, 4; Varsity Club: 3, 4; National Art Society: 4.

Emmet Austin White Varsity Football: 3, 4; Varsity Wrestling: 3, 4; NHS: 3, 4; Beta Club: 3, 4; Marching Band: 1; JV Football: 2; JV Wrestling: 2.

Vikki Michelle White Cheerleading: 1; Science Club: 2; FBLA: 3, 4; SADD: 2; Leo Club: 4.

Holly Anne Whitner FBLA: 1, 2, 3, 4; JV Basketball Manager: 2; Varsity Basketball Manager: 3; JV Softball: 2.

Jerel Jay Williams Basketball: 1, 2, 3, 4; Pep Club: 3; Varsity Club: 4; Newspaper: 3, 4.

Nicole Kelly Wilson NHS: 3, 4; Key Club: 3, 4 (Vice-Pres.); Spanish Honor Society: 4; Choir: 3, 4; Vikettes: 2; Pep Club: 4; Senior Executive Council: 4.

Kevin Matthew Wittman Beta Club: 3, 4; NHS: 3, 4; MMHS: 2, 3, 4; Spanish Honor Society: 2; Science Club: 1, 2, 3 (Vice-Pres.); Historical Society: 3; FBLA: 2, 3.

Ed Woffler Baseball: 1, 2, 3;

Football: 1; DECA: 4; Track: 1; Volleyball: 3.

Kristen Lynn Wood Marching Band: 1, 3; Track: 1; Art Club: 1.

Geoffrey Russell Woolard Pep Club: 3, 4 (V.P.); Athletic Trainer 3, 4; Varsity Club: 4; Field Hockey Manager: 3, 4.

Julie Christine Young FBLA: 4; Key Club: 4; Career Club: 4.

Zehra Zaidi Newspaper: 4; Young Democrats: 4; SADD: 1.

Katrina Lea Ziegenhorn Student Congress: 2.

On Their Way to the Top, and Loving Every Minute

Juniors!

▶ Junior year was a difficult one for the class of '93. They had to take the PSAT and SAT tests which, for some, were very stressful. Keeping the balance of academics, jobs, clubs, and sports was also very stressful.

Most juniors had college on their minds the majority of the time. Junior Janelle Gillis complained, "My life cannot

get any more hectic than it is right now. Dreams of college rejections fill my nights."

Other students were not as stressed, but still concerned. Junior John Carreiro said, "Although this year has been full of great times, my real concern is college." Most students worked hard their junior year in order to be accepted into a favorable college.

All stresses put aside, junior year was fun. Junior Jen Kass said, "Homecoming was great!"

Looking on the bright side of being a junior, Junior Janelle Sweeny said, "Junior year is the best year of all so far. There are so many opportunities and advantages for juniors. It's a time to plan for the future and have fun while doing it."



▶ Juniors Rosemary Henderson and Tracy Tomlinson get together between classes to discuss plans for the weekend.

▶ Junior Kathy Morris works hard to keep up those grades! Juniors often worked their hardest to look good for the colleges.



Christy Riser
President



Jason Way
Vice President



Jen Cyphers
Secretary



Cheri Shannon
Treasurer

*Class
of
'93*





► It's the wave! Juniors show their school spirit by actively participating in important pep-rallys. Such pep-rallys brought out spirit.

► Junior Jamie Pratscher, all dressed up for the Ms. Gar-Field contest, is escorted by juniors Beth Robins and Ahmara Perkins.



► "Juniors rule!" Juniors stretch their lungs to overcome those of the other classes. Sore throats were often the result.

Dinner Time! A Chance to Sit Down With the Family Table Talk!

Every night around 6:00 p.m. families sat down to eat dinner and talk about the day. For most families, dinner was the only time they came together and talked. "At the dinner table my whole family sits down and talks about their day, good and bad. This is usually the only time I get to spend with my family, so its a really nice way to end the day," said junior Kristina Huntington.

Families discussed their day with everyone. Most of the conversation centered around their children's day at school, whether it was about a test they took, extra curricular activities, how much homework they had for the night, or their plans for the weekend. "Dinner is pretty much family time, to just talk about what is happening, especially extra curricular activities," said junior Shannon Couch.

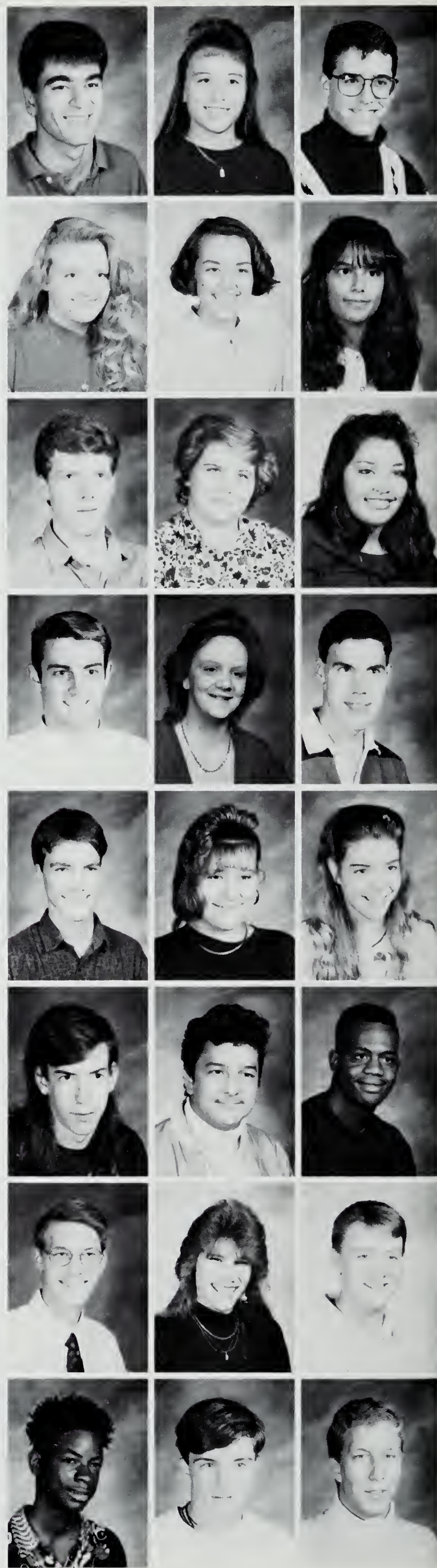
News was also an important topic discussed at dinner. With everything that was going on in the world, there was always something new to discuss. "At the dinner table my family talks about what's happening in the news," said junior Stephanie Mullori.

No matter what families discussed around the dinner table, dinner was a time for everyone to be together and enjoy one and anothers company.



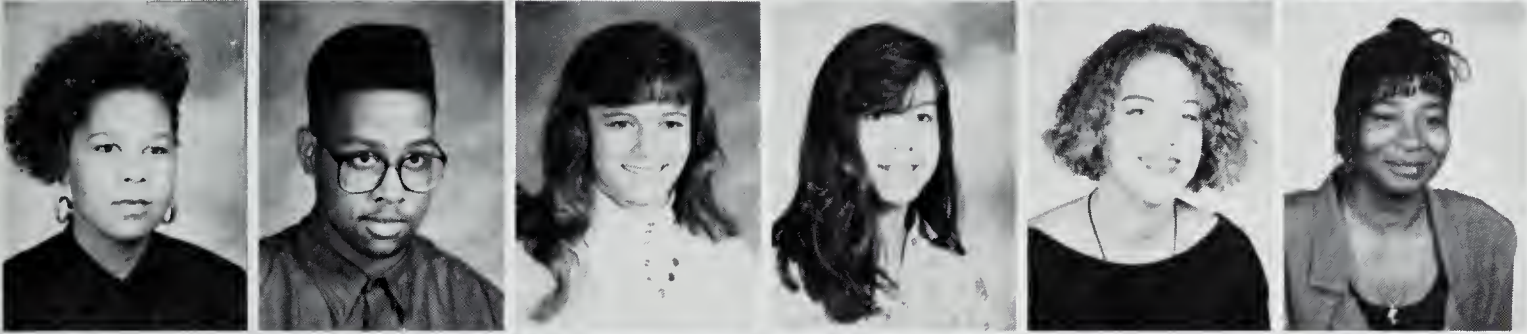
Discussing their homework with each other, juniors Greg Clifford and Matt Myskowski found dinner as a time to talk about school.

Thinking about her weekend plans, junior Kristie Reinhart talks with her mom. Families found dinner a perfect time to talk.

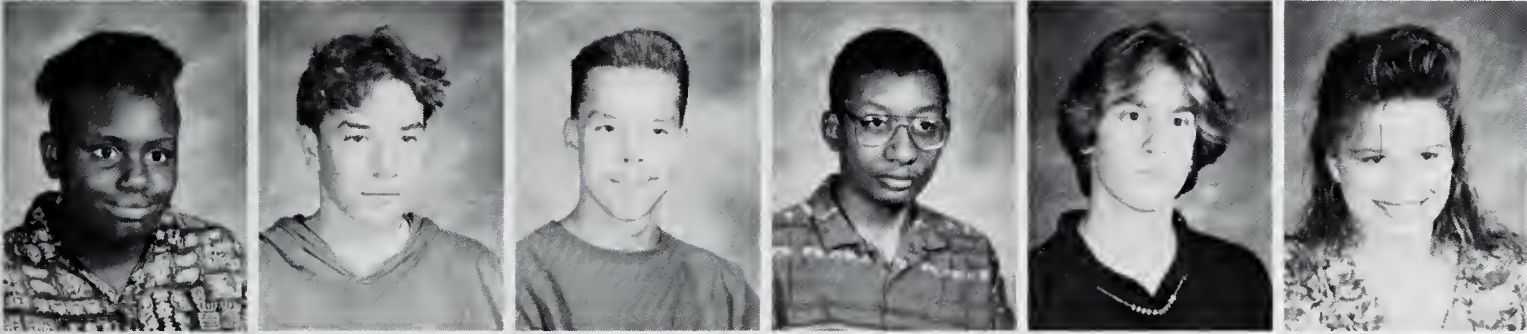




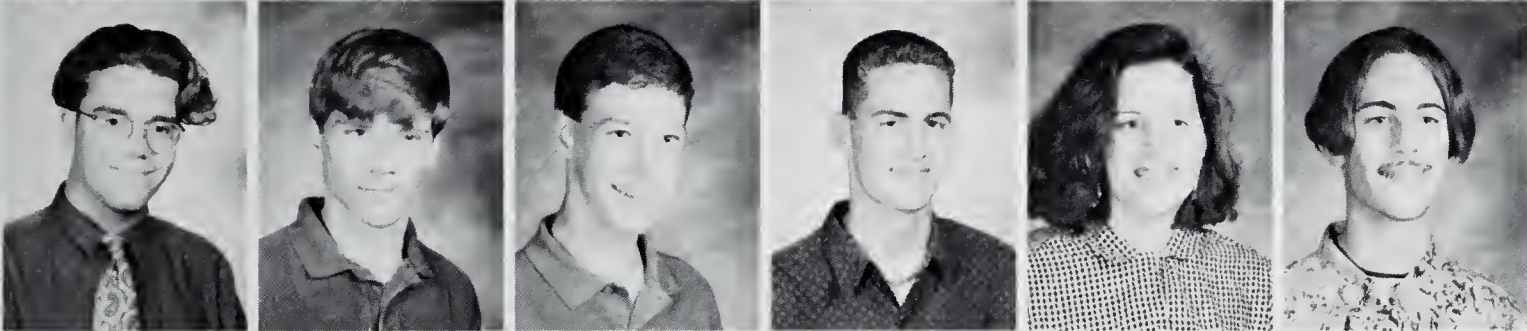
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Jonathan Abelson
Justin Adkinson
Rick Agresto
Arshia Ahmadi-Nabi
Farhan Akram
Tyrone Alexander
Sarah Allen



Julie Allwine
Lilly Alvidrez
Marie Ambrogio
Candy Anderson
Troy Anthony
Christi Anzelmo
Noelani Apo
Alison Archer
Monica Atkins



Andrew Austin
Jamil Ayala
Janet Ayala
Nycole Bacon
Justin Baird
Eric Baker
Geoffrey Baker
Justin Baker
Rae Baker



Craig Baldwin
Shay Marie Bange
James Barnett
Danny Barone
Ryan Bass
James Beall
Michael Beaven
Michelle Beaven
Rob Beck



Karl Beisel
Kristy Bennett
Tiffany Berardino
Heidi Betson
Paula Beverly
Stacey Bixler
Aaron Black
Carla Blackman
John Boal



Shawn Bolton
Ricardo Bonilla
Daniel Boone
Kelly Bowers
Mike Boyd
Bridget Boyle
Amy Bragaw
Matthew Braun
Adam Brenner

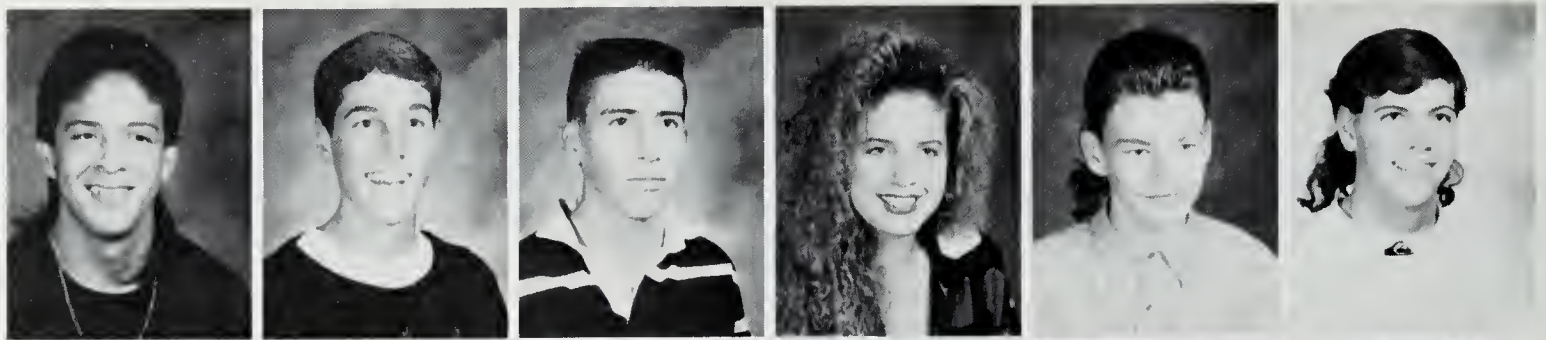


Michael Brenner
Teresa Briel
Tim Bright
Tristian Brisbois
Amy Brown
Patrick Brown
Robin Brown
Tyrone Brown
Bruce Borey



Robert Bryce
Stephen Bryson
Jamie Buchanan
Roger Buchanan
Byron Burkett
Debbie Burnes
Elizabeth Byrnes
Adam Calhoun
Elizabeth Callender

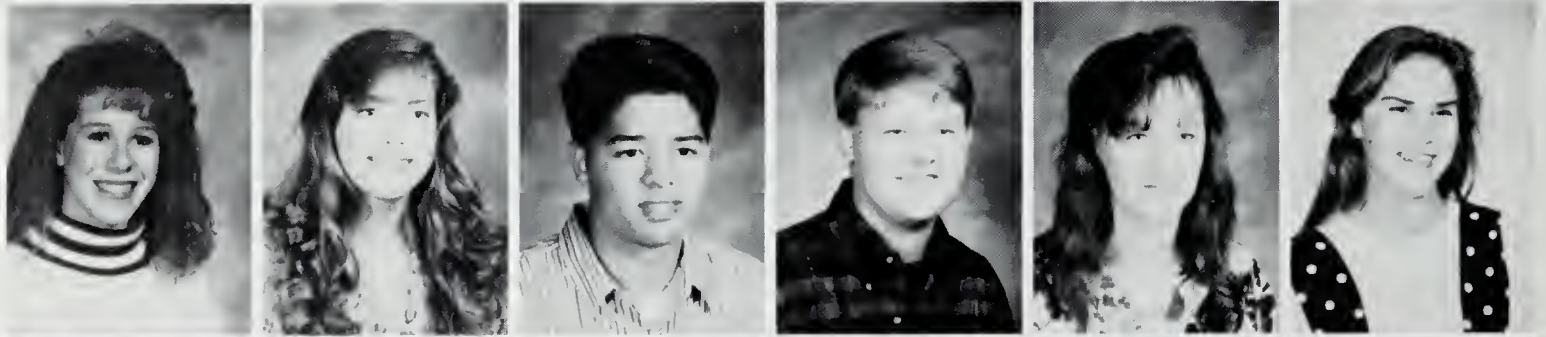
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Mandi Carroll
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James Casey
Thomas Casey
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Chris Castillo



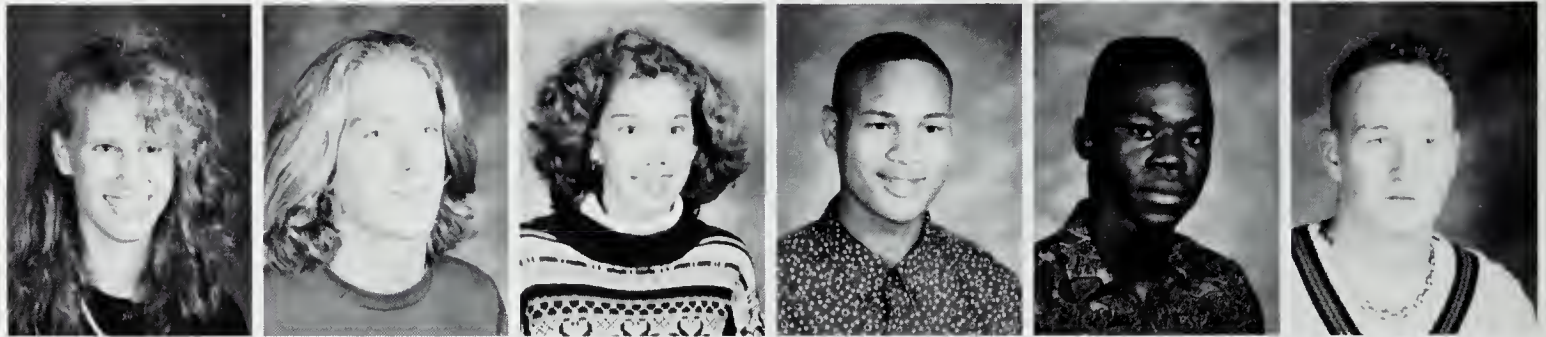
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Jeremy Causey
Ashley Ceci
Tauseef Chaudhry
Kevin Chesley
Brandon Childers
Maura Chisholm
Jamie Civello
Matthew Clark



Nancy Clark
Michelle Clear
Jonathan Clemente
Darren Clouden
Dawn Clubb
Michelle Coe
Michael Cole
Angela Collins
Jessica Collins



Melissa Condon
Emery Conrad
Heather Conti
Jeffrey Conway
Burtinez Cooper
Kevin Cornell
Christopher Costner
Shannon Couch
Erik Coulbourne



Darin Council
Matt Cowan
Audrey Cox
Danny Craft
Andy Craig
Jennie Cramer
Andy Crater
Chauntel Cross
Marianne Crossley



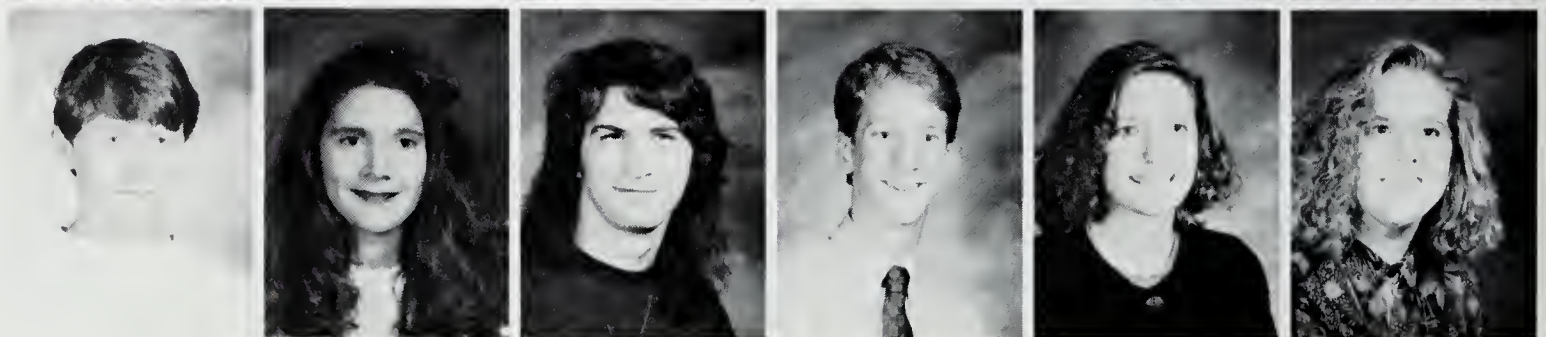
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Melissa Crowe
Melissa Cummings
Jennifer Cyphers
Patrick Czek
Michael Darabond
Jerry DaSilva
Anthony Davis

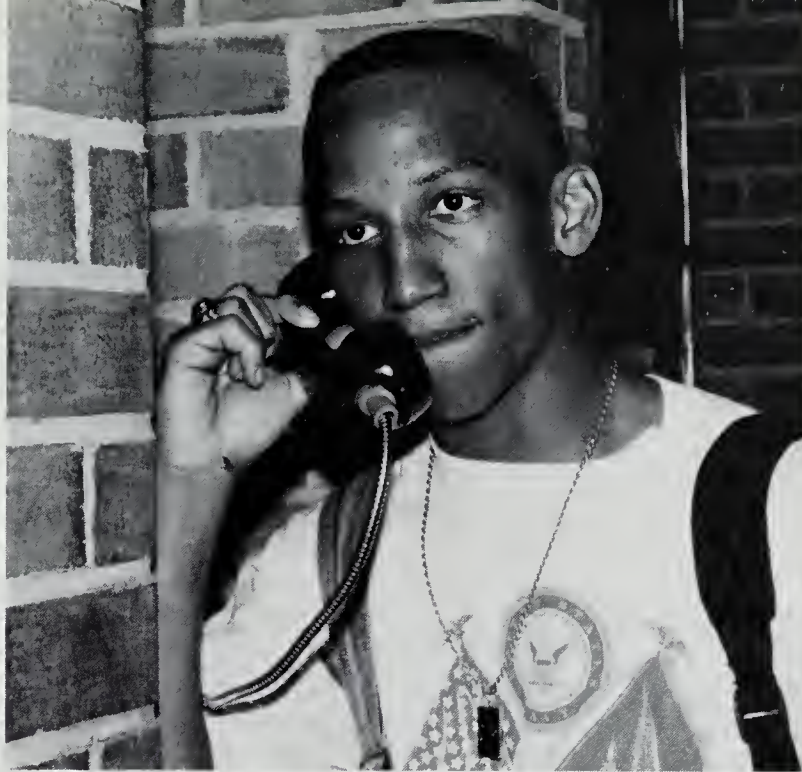
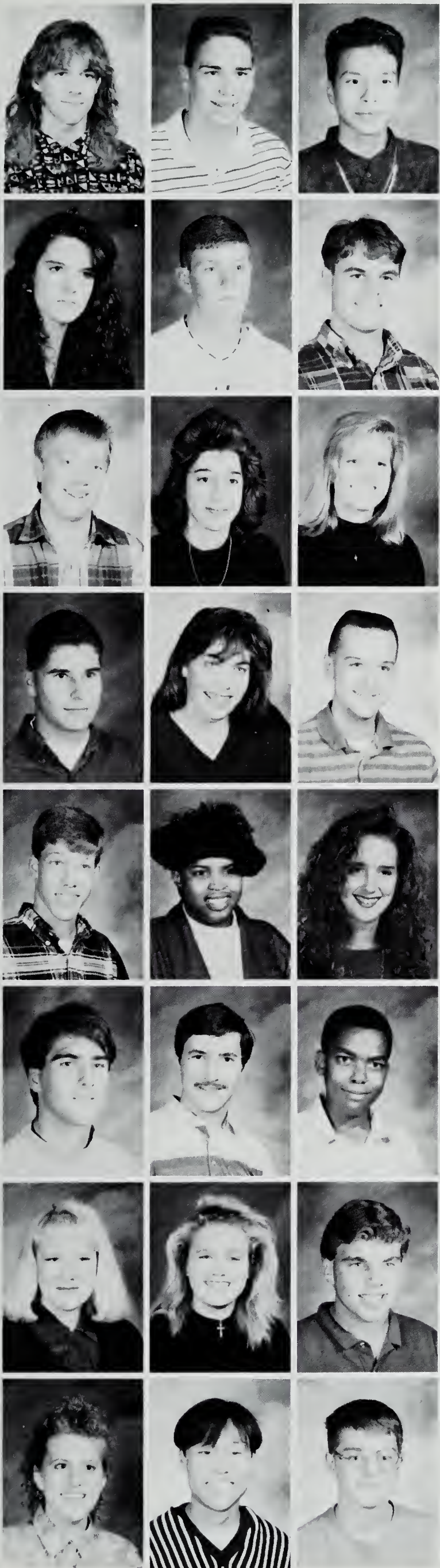


Antonio Davis
Tina Davis
Matthew Davison
Melody Dawes
Aaron Deadman
James Dean
Tiffany DeBlois
Crystal Decowski
David Deel



Brian Dees
Jessica DeGrauw
Nick Dellermann
Jeff DeMain
Katherine DeMarse
Christine Destadio
Karie Destadio
Matt Dietze
Andy Dittamo





▶ Between classes junior Roger Johnson uses one of the pay phones at school. The pay phones were convenient ways to arrange rides.

▶ Junior Susan Falkenthal uses the phone while her friend junior Amy Burchell looks on. Sharing the phone line was a must with friends.



Technology Creates a Life-Line for Students Telephone Calls

▶ The final bell rang and the student body congregated in the lobby. As they filtered out, shouts of "Call me!" and "Here is my number!" filled the hallways.

After school, the favorite form of communication was phone calls. Frankie Gilhooly said, "I never get to talk enough with my friends at school, so we catch up on the phone after dinner."

Busy signals were an annoyance of the past with the use of call waiting. This allowed people to have two lines.

If someone wasn't home, one could always leave a message on answering machines. Students could get creative with their recordings. Some students, though, didn't feel comfortable talking to a machine. "I can't stand it when people call and hang up with-

out leaving a message on my answering machine," said Katrina Wahus.

Nancy Clark appreciated her answering machine, "I love it because then I can be selective of who I'll call back."

Parents weren't always happy about their children's phone habits when there was homework to be done. Lilly Alvidrez said, "After 9 o'clock I'm restricted from using the phone."

▶ With lunchboxes in hand, juniors Barbara Greyson and Lilly Alvidrez talk before entering the lunchroom. Lunchboxes were back!

▶ Eating out of her lunchbox, junior Amy Staab finds that lunchboxes hold a lot. Lunchboxes expressed a student's individuality.



Dawn Dodson
Elizabeth Donahue
Calvin Donaldson
Khanie Drammeh
Kate Drezek
Karmin DuBose



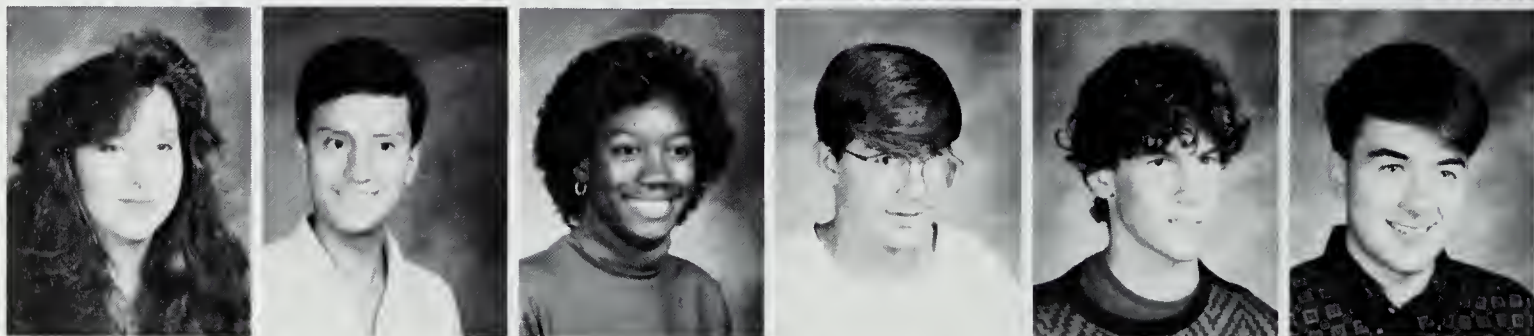
Kate Duecy
Nicole Dukes
Lisa Duncan
Nicole Duncan
Lisa Dunn
Melody Dunn



Tina Dunn
Evie Duvall
Melissa Eccleston
Robert Elliott
Chris Elmore
Jimmy Elsis



Paula Emerson
Marco Enriquez
Tamisha Esannason
Rafael Espinosa
Aaron Evans
David Evans





Mickey Mouse — Not Just For Children Anymore.

Lunchboxes!

▶ Remember Elementary school when one wasn't ready for the first day of school unless he had his lunchbox? They're back! More and more students were coming to school with their lunch in a lunchbox.

"Lunchboxes are great, it is more exciting to put a lunch in a box with Disney characters than an ordinary brown paper bag,"

said, junior Amy Staab.

Lunchboxes were great for the students that were concerned with the environment. Students weren't wasting paper everytime a lunch was brought from home. "I like using my lunchboxes because that way, I don't have to waste bags," said Junior Barbara Greyson.

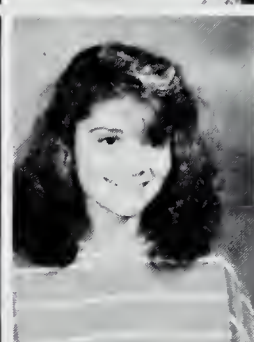
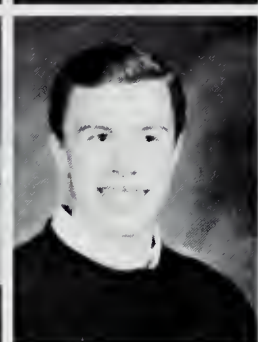
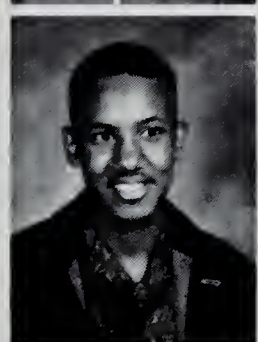
Lunchboxes also expressed a student's individuality. They could tell

a person's sense of character by the picture on their box. Some preferred cartoon characters while others went for the solid colors. "Having a lunchbox is an individual thing," said junior Melanie Montanari.

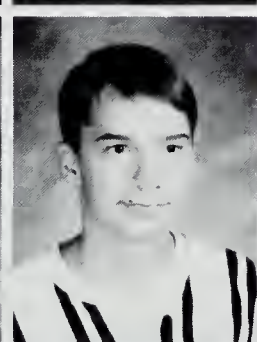
Many students agreed that lunchboxes were not "just for babies" anymore.



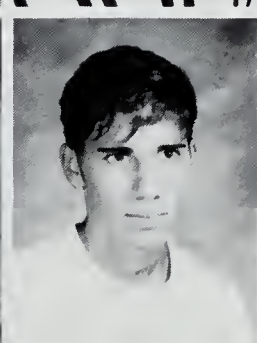
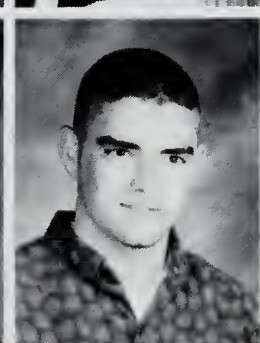
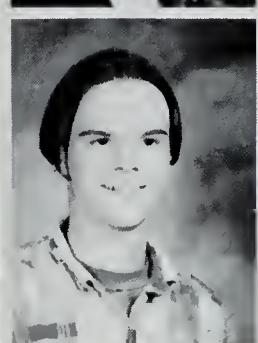
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Kalonda Farrow
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William Fear
Karl Feldman
Silvia Figueroa



Theodore Fikre
John Finger
Michael Fink
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Brian Flanagan
Lisa Fleming

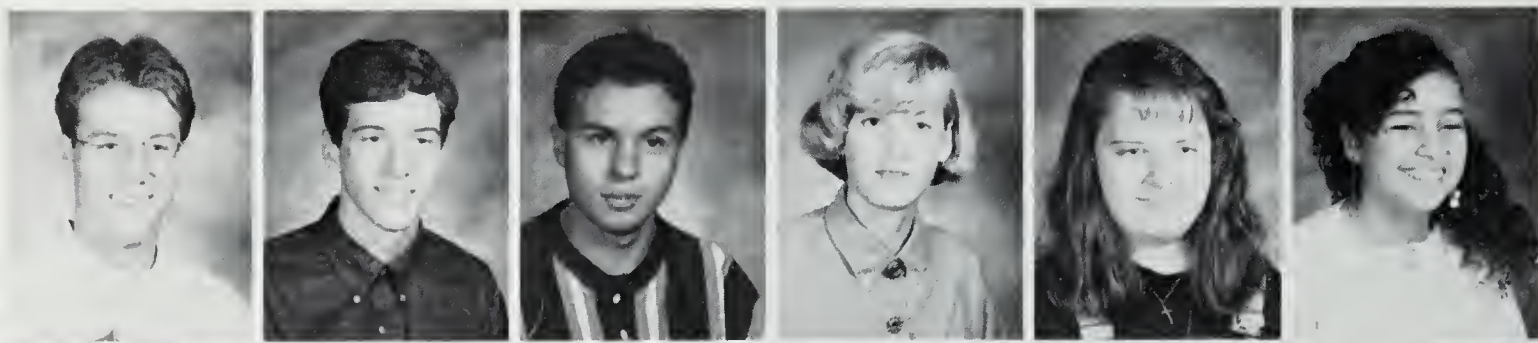


Stephanie Flowers
Bryan Foley
Michelle Ford
James Foss
William Frazier
Vanessa French



Jake Fretwell
Eric Frieson
Casey Frye
Jamie Fullinwider
Susan Fulmer
Laura Furlong

Aaron Furman
Jerone Gagliano
Michael Gaisford
Lynne Gallitz
Melody Gantt
Heidi Garcia
Randy Garcia
Mike Garlick
Charity Garrett



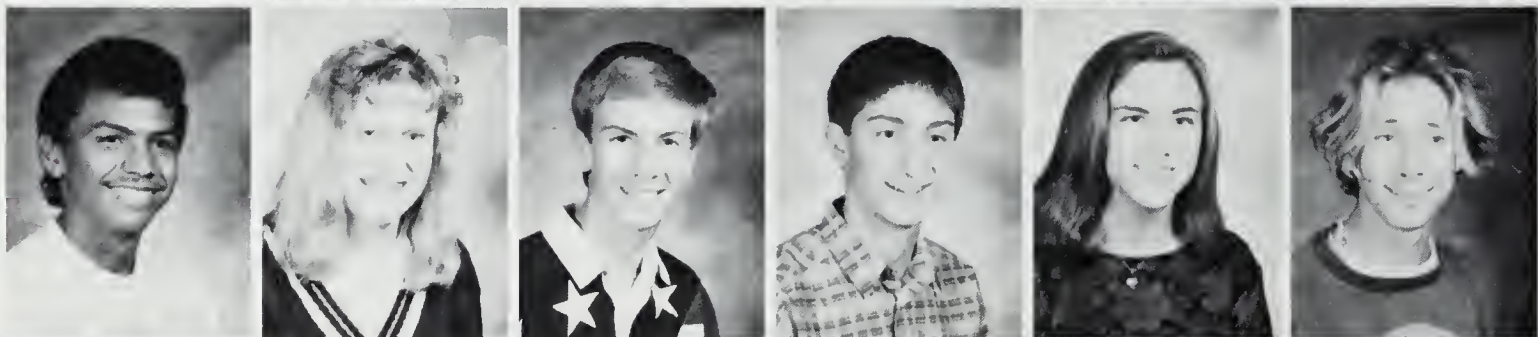
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Karen Gavidia
Eddy Gekosky
Carrie Gentile
Nicole George
Megan Gethins
Frank Gilhooly
Traci Gillespie



Jennifer Gillette
Janelle Gillis
Rebecca Gillon
Brandi Girdler
Justin Girtton
Dontay Glenn
Kyle Goble
Dwight Gochenour
Eric Goldberg



Mario Gonzalez
Kathryn Graham
Scott Granger
Jason Gregory
Barbara Greyson
Teddy Gribble
Sanestra Grinkley
Kevin Grunden
Ernesto Guerrero



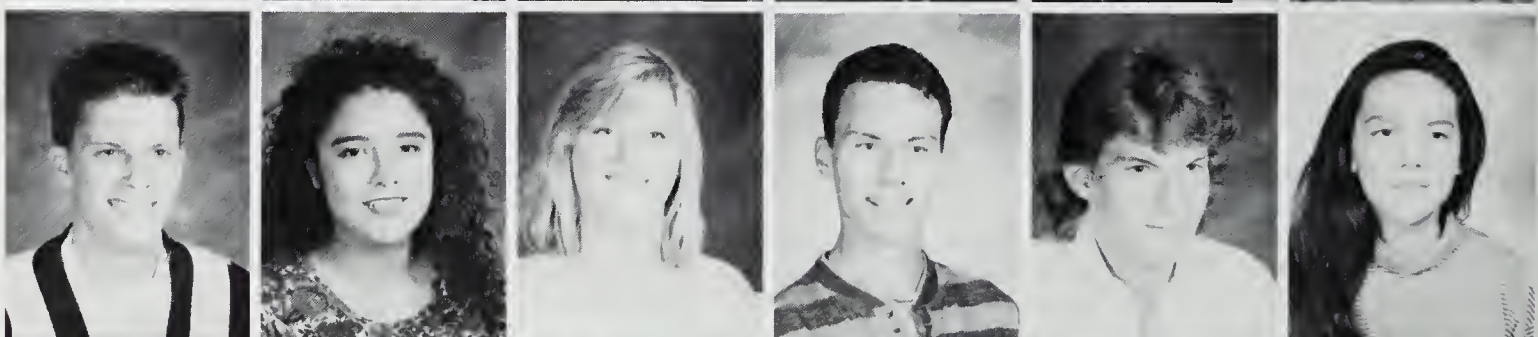
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Tony Hall
Tracy Hall
Karsten Halusa
Thomas Hamm
Lori Hamrick
Joung Han



Eddie Hansley
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Julie Harris
Doug Hartigan
Kelli Hawthorne
Josh Heatherly
Robyn Hebert
Rosemary Henderson
Raymond Henry



Richie Herald
Angela Hernandez
Charissa Heth
Ralph Hetzel
Kenneth Hicks
Kimberly Hiller
Andrew Hilton
Nathan Hissong
Brandon Ho



Michelle Hobson
Frank Hocog
Matthew Holmes
Trudy Holmes
Kimberly Hopkins
Shauna Hotop
Bill Houck
Robert Houser
Stacy Howard





The Party Before the Game Always Saved the Day

Tailgating

▶ “Hey, who brought the drinks?” “Not me, I brought the hotdog buns.” Before a big game on Friday night, there was no better way to get prepared to cheer the team on than the tailgate parties in the student parking lot. The tailgate parties started an hour before the football games, and students brought their food, and were ready to eat. “There was a big grill, we brought our food, and they cooked it for us,”

stated junior Jeff DeMain.

These tailgate parties soon became more of a social gathering than a pep rally. “About ten friends and I would pile into two or three cars with food and drinks, it was a lot of fun,” exclaimed junior Marcus Schildwachter.

Tailgate parties provided a good time on weekends even for people who didn’t like football. Some people just came for the fun of it. “I don’t like football, so I just went to the

tailgate parties, they were fun, and they were free,” explained junior Jennifer Ivaniszek.

Before the football game last year, many students met in the student parking lot for a tailgate party. Tailgate parties were a new tradition that began in 1990, and almost instantly became known to students as the best thing to do on a Friday night before they cheered the team on to a 10-0 season.



▶ Juniors Mark Lundgren and Matt Torrence arrive at school on a Friday morning. They had been making plans for the tailgate party all week.

▶ Junior Jessica Collins talks about her plans to go to the tailgate party. The parties quickly became the best thing to do on Fridays.



▶ With a Mickey Mouse key chain in hand, junior Jennifer Kass laughs with juniors Stephanie Flowers and Wendy Updyke.

▶ A key chain duel! Juniors David Deel and Jason Gregory threaten each other with miniature kubotans called "persuaders."



Juniors Get Attached to Special Collections *All Keyed Up*

▶ "This one is from Ocean City. This one is a picture of my best friend and me at King's Dominion. My sister bought this one for me at Virginia Tech, and this one is my good luck charm."

Key chains were everywhere. Juniors had key chains hanging on their backpacks, hooked on their purses, and jingling in their pockets. It was not uncommon to see juniors

carrying around a collection of more than ten or fifteen key chains hooked together.

"I've always loved collecting different key chains. I try to buy one from every place I visit," commented junior Melanie Montanari.

Key chains often had special meanings to juniors. "My dad gave me an Indian good luck stone. I put it on my key chain because I always want to

carry it so good luck will follow," explained junior Heather Conti.

Favorite athletic teams were reflected on key chains as well. Showing off his key chain full of college and professional sports teams, junior Dan Howell commented, "I like to have key chains of all my favorite athletic teams so I can show the support I have for the teams."





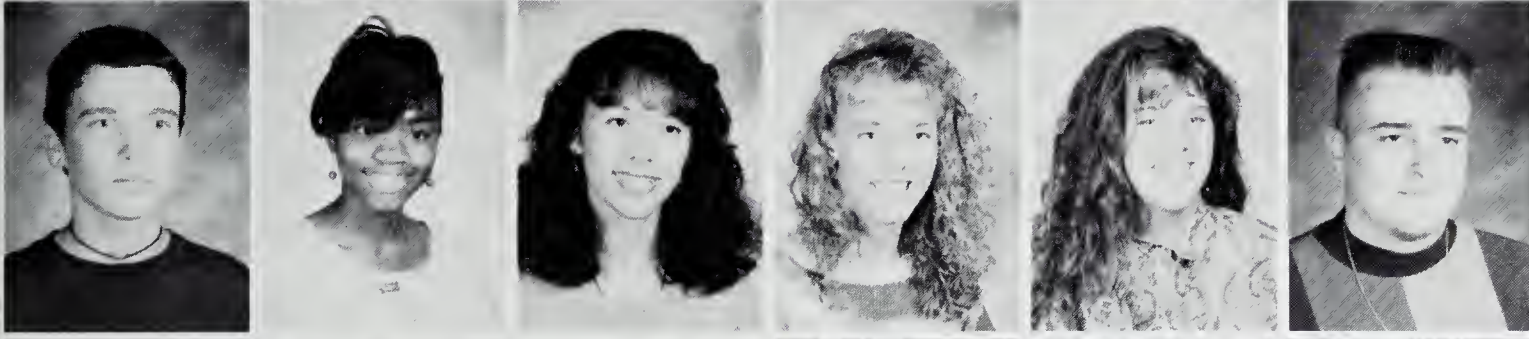
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Rochelle Huling
Lisa Humbert
Kristina Huntington
Diane Hyle
Stacy Hylton
Terrance Inman
Michael Iriarte



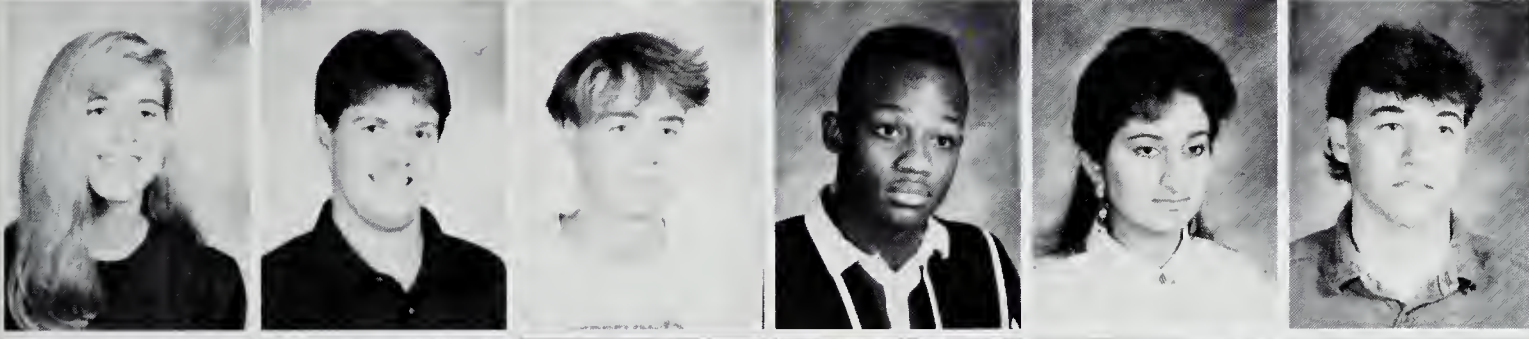
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Jennifer Ivaniszek
Lisa Izaguirre
Trevor Jackson
Alison Jaquays
Robert Jellison
Melissa Jenkins
Clint Jensen
Chris Jeremiah



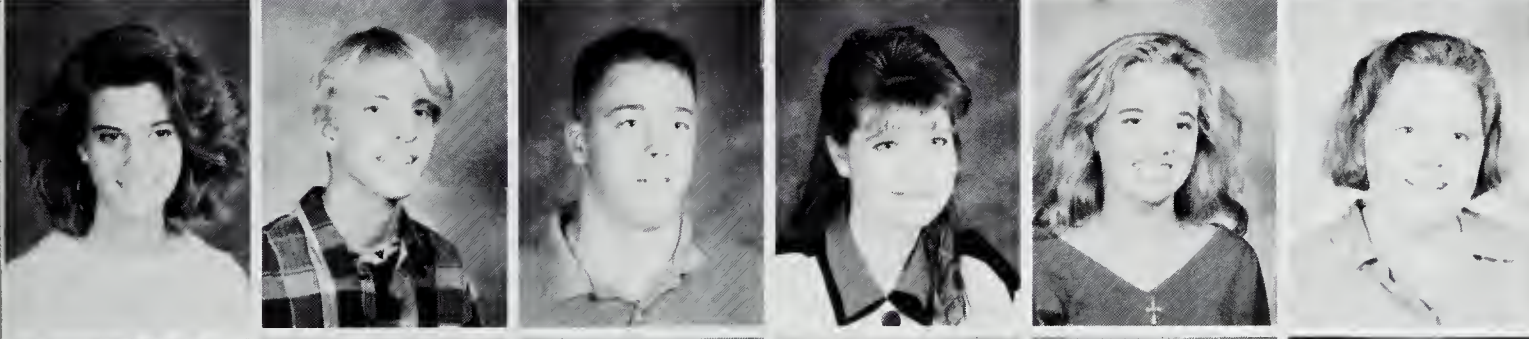
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Robert Jolly
Cindy Jones



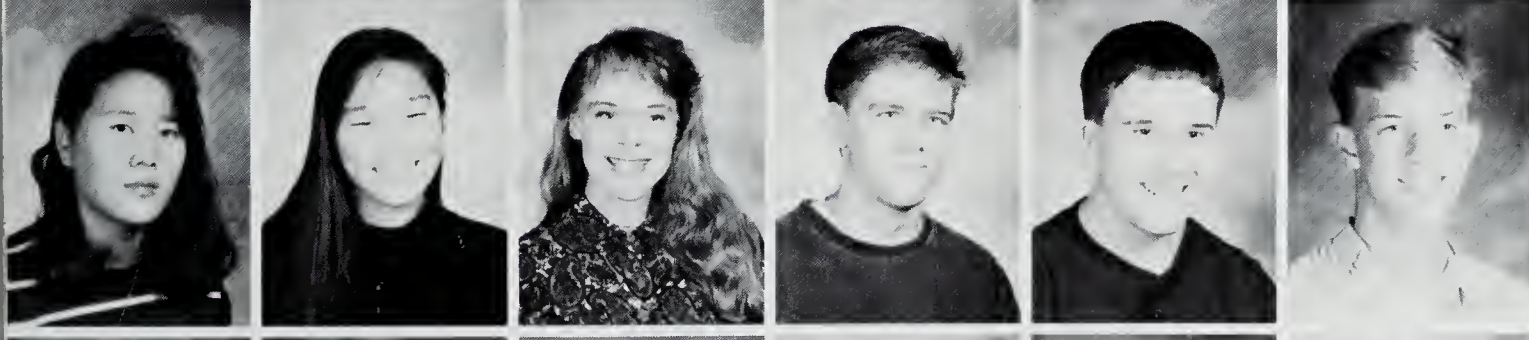
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Yvette Jordan
Tanya Kam
Jennifer Kass
Emily Keator
Randy Keffer



Sean Kelly
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Charlene Kennedy
Kristen Ker
Larry Kerr
Alex Kersis
Damion Keyes
Shelly Khaliq
Michael Kiely



Jennifer Kingrey
Jessica Kitta
Nicole Kofalt
Stacey Kolleda
Matt Kriegel
Mark Kuhn
Karen Lagerquist
Amanda Lance
Sandra Landon



Grant Lattin
Rob Laver
Adam Lee
Christen Lee
Hee Sun Lee
Susan Lee
Christopher Leon
Rich Leopold
Jason Lerch

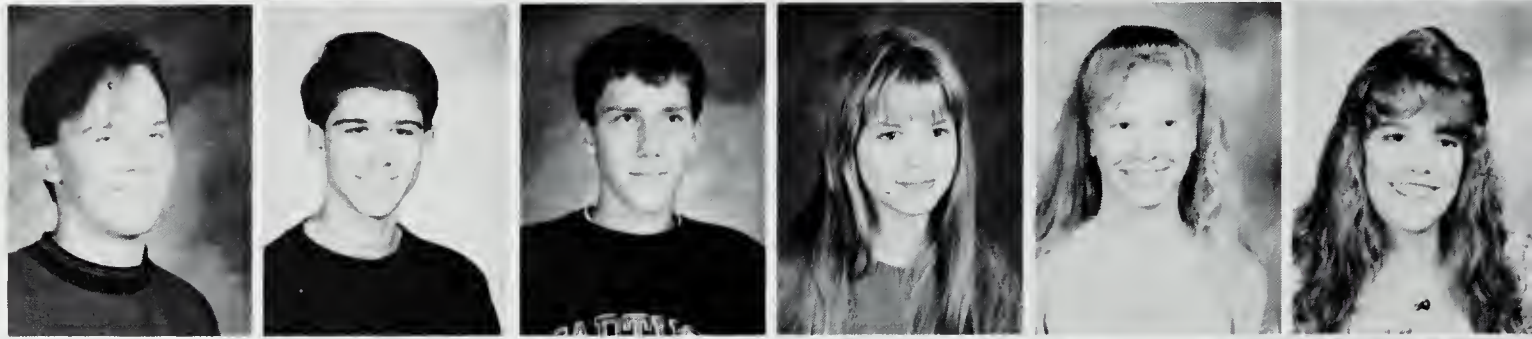


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Christi Leteff
Michael Libby
Tanya Licata
Thomas Lindou
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Matt Lisack
Bethany Lockamy
Sandi Lombard

Vince Lommen
Julio Lopez
Courtney Lowery
Amy Lozinak
Mike Lucas
Mark Lundgren
William MacKay
Greg Maestro
David Mai



Mark Majors
Mike Maloney
Ryan Maloney
Shelcy Markley
JoEllen Marsh
Jessica Marshall
Omar Marshall
Jennifer Martin
Danny Masching



Cameron Mays
Mary Mayzel
Charlie McAllister
Jennifer McClanahan
Daniel McCloskey
Sandra McConnell
Cassie McCulloch
Michelle McDonald
Meghan McGrath



Sheila McLaughlin
Barry McMenamin
Karen McMillen
Teya McMillian
Katherine McNally
Maureen McNamara
Ray Melendez
Marco Mendez
George Meza



Matthew Middleton
Jeff Mikel
David Miller
Donald Miller
Jason Miller
Craig Milligan
Eric Mitchell
Joshua Mitchell
Kristie Mitchell



Jason Monastra
Melanie Montanari
Anne Mooney
Tim Morgan
Amber Morra
Katheryn Morris
Gregory Mowrey
Heather Moyer
Suzanne Moyer

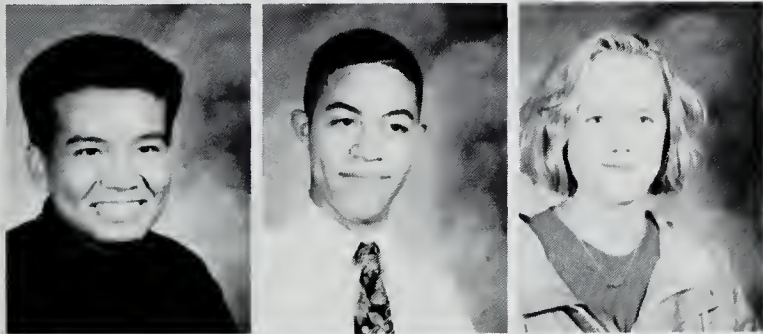
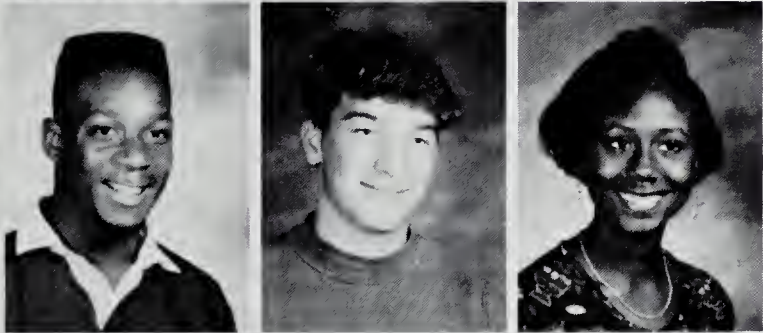
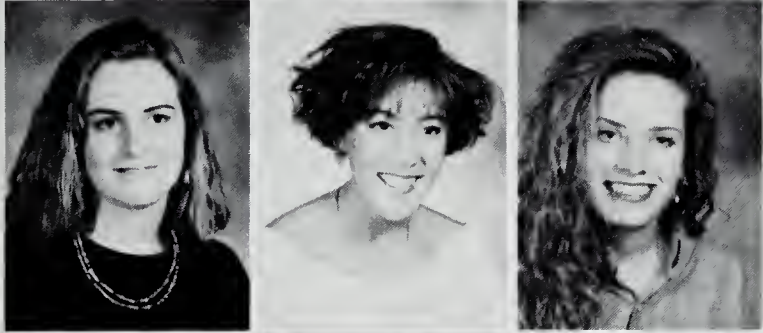


Stephanie Mullory
John Mustachio
Donald Myers
Marty Myers
Ketkesone Nanthavongsa
Loris Nartey
Thevarith Navamal
Kenneth Neely
Kara Nelson



Emily Newcomb
Erik Nowak
Steve Nowlin
Laura Nunez
Meggin O'Geary
Amanda Ohle
Kelly O'Neill
Jason Orr
Chris Osburn





▶ Carrots, bananas, and yogurt. Junior Amy Staab, a vegetarian, packs her lunch for school. For Amy, there was no other way to go.

▶ With Diet Coke nearby, junior Rachel Ward studies in the hallway after school. Eating right was a top priority for Rachel.



Grape Nuts and Rice Cakes Versus Candy and Pizza

Health Food Nuts

▶ With the birth of the 90's, staying fit and keeping healthy were important factors in people's lives. The dangerous risks of heart disease and high cholesterol levels caused students to watch what they ate and exercise regularly.

In earlier times, adolescents ate light to lose weight. This has changed,

and students dieted for different reasons. Junior Katie Van Allen said, "I drink water instead of soda because I've decided to take better care of myself. It's not about losing weight."

The health food junkies ate wholesome foods in place of sweets. "I eat mainly lowfat foods like vegetables, ricecakes, and grapenuts. I'm a vegetar-

ian so I don't eat meat," junior Rachel Ward said.

Most restaurants were able to keep up with the health boom. However, for vegetarians like junior Amy Staab, a good restaurant was hard to find. "I don't eat at restaurants very often," Staab said.

The health craze that has symbolized the 90's also took the high school generation by storm.

► Finding it hard to stay awake, junior Sean Jones tries to finish his homework. Late night concerts left students feeling exhausted.

► Junior Robbie Laver relaxes in study hall by listening to a tape of a recent live concert. Juniors enjoyed the tapes.



Juniors Enjoyed Them- selves at Concerts Lallapalooza

► The air was charged with excitement. The crowds were ready for an exhilarating concert. They were going to get it. About 5,000 kids packed into Lake Fairfax for a host of performers on a hot summer day. It was pure adrenalin. Although it was expensive, attending juniors thought it was well worth the price.

Some students disagreed however. Junior Josh Turnquist said, "The

concert I went to ended up costing me \$3,000 because my brother got crushed by the crowd and went to the hospital."

Although most concerts were usually not expensive, they were a major financial endeavor. First, a student had to buy tickets and then shirts were bought. Most people bought shirts to prove they had been to the concert. Whatever the cost, the concert usually more than paid back the stu-

dents.

"The most exciting part of the concert was the fact that I was thrown into the mosh pit," said junior Julie Harris. Some concerts were so wild that the police had to be called to break up the crowds. Even the great Lallapalooza had to be broken up with fire hoses. However, once the music stopped, it was an experience to remember.

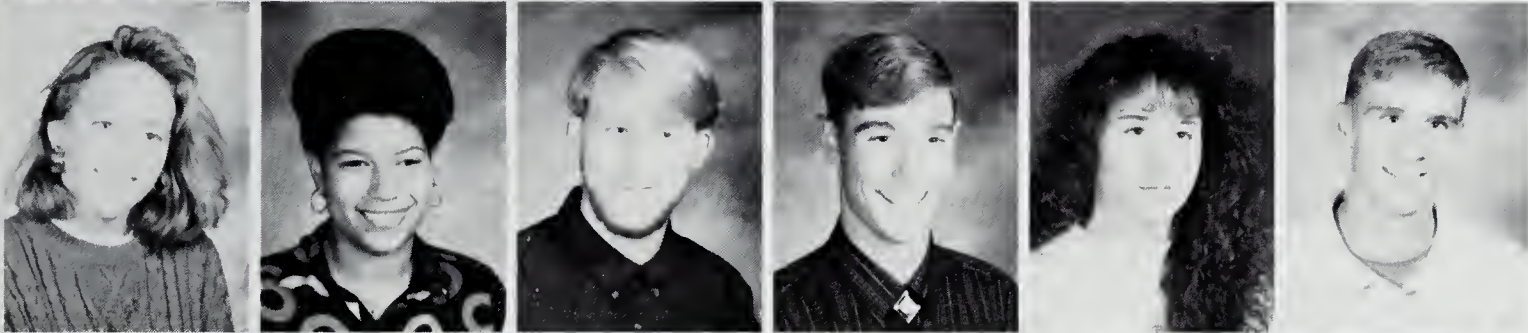




LaShonda Owens
Daniel Pack
Mike Paolantonio
Hee Bin Park
Syo Park
Shane Parker
Lisa Paternite
Gregory Patterson
Ross Peabody



Andre Pelletier
Ann Pennell
Noni Pennick
Orlando Perez
Ahmara Perkins
Mark Perry
Matt Petrus
Staci Pettus
Dirie Phillips



Jason Phillips
Nathan Piazza
Mike Pieloch
Belen Pifel
Annisa Pinder
Joseph Pittman
Jeremy Place
Louise Pletka
Scott Poirier



Stacy Poling
Kelly Popp
Jamie Pratscher
Keri Pratscher
Regina Price
Shaune Proctor
Brian Quinlin
Kristin Quinn
Douglass Quinses



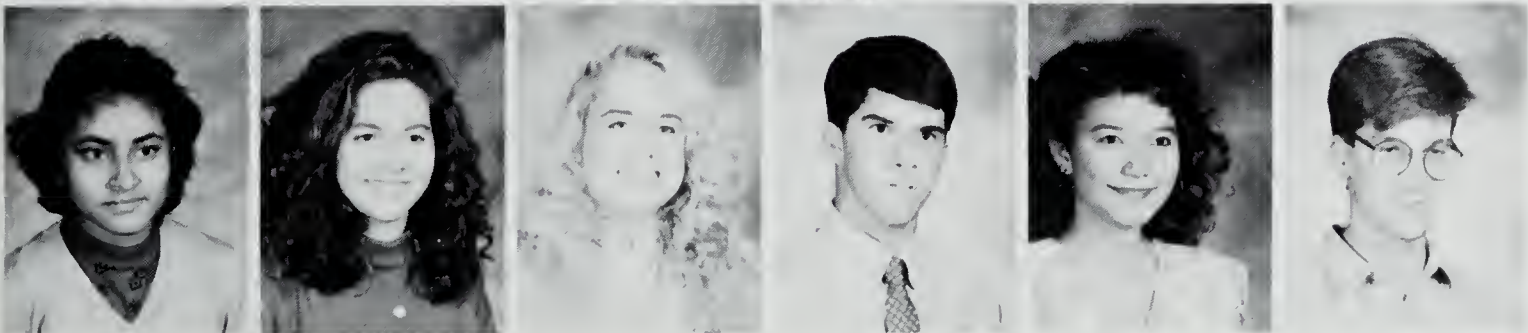
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Sumbal Rafiq
Yasmin Ramirez
Brian Rand
Nathan Rayburn
David Read
Jamie Redfield
David Reid



Warren Reid
Kristie Reinhart
Cathy Reynolds
Stephanie Ricciuti
Chad Richardson
Paul Richardson
Robert Riebe
Christy Riser
David Ritchie



Nicole Roach
Troy Robb
Chris Robertson
Beth Robins
Shelly Robinson
Tyrone Robinson
Marcos Rogel
Raphael Roman
Ivan Romero



Lee Ross
Mary Ross
Todd Rothlisberger
Srabanti Roy
Christine Royston
Rhonda Rucker
Alex Ruiz
Pamela Ruiz
Geoff Russell

Shayna Sachs
Soorena Safaie
Sandra Sales
Jose Salinas
Michele Samuels
Moraima Santiago
Angela Sargent
Raymond Sasmita
Kathy Saykhamphone



Andrea Scherer
Eric Schildwachter
Mark Schildwachter
Daniel Schiro
Matt Schneider
Jason Schuller
Stephan Scott
Neil Seitz
Melanie Sevon



Chris Shanks
Cheri Shannon
Jodie Shoop
Kathy Short
David Showers
Alicia Simpson
Dave Simpson
Shaun Simpson
Tracy Sinkovic



Christopher Slusser
Chris Smith
Heather Smith
Krissi Smith
Malikah Smith
Raphine Smith
Brad Snellings
Mark Snyder
Jose Sosa-Diaz



Marcus Spinner
Ryan Spyker
Amy Staab
Wendy Stahl
Troy Stephens
William Stevens
Justin Stevenson
Dennis Stewart
Todd Stith



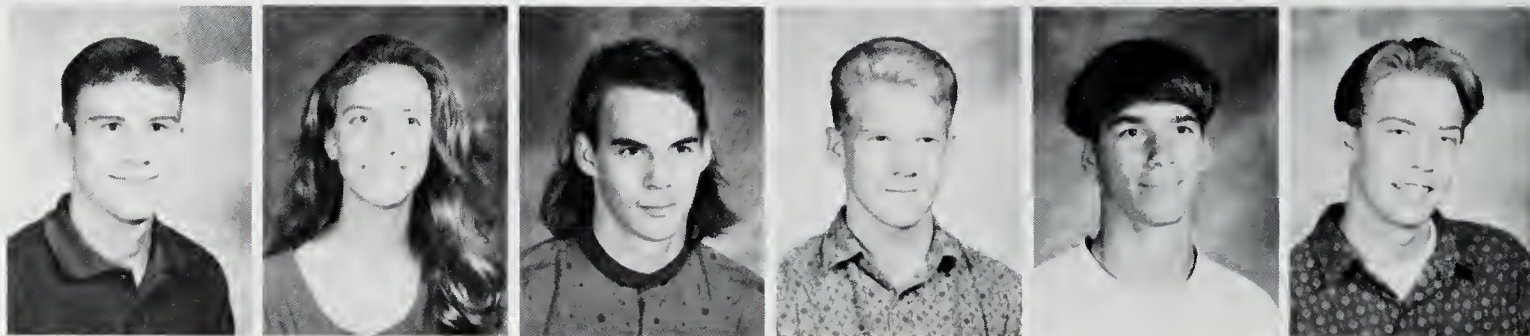
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Jennifer Sutton
Kelly Swan

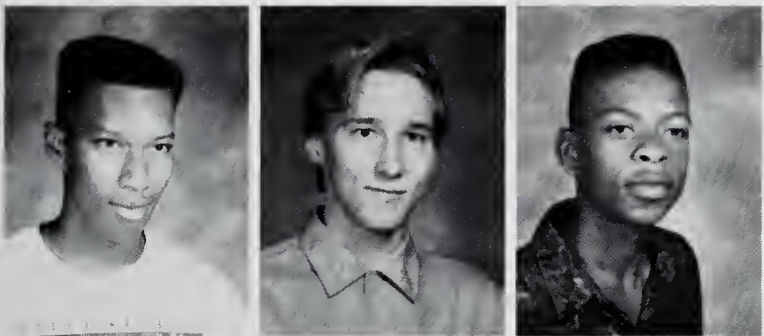
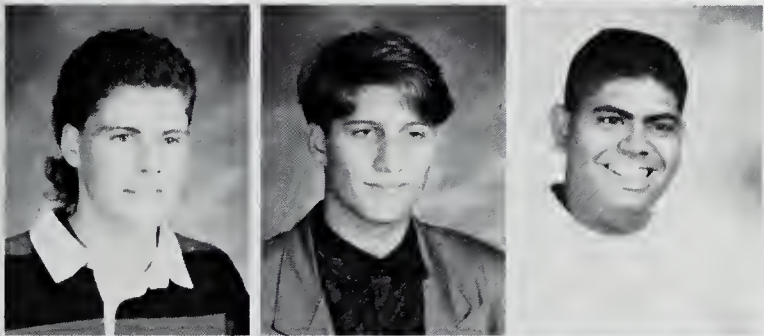
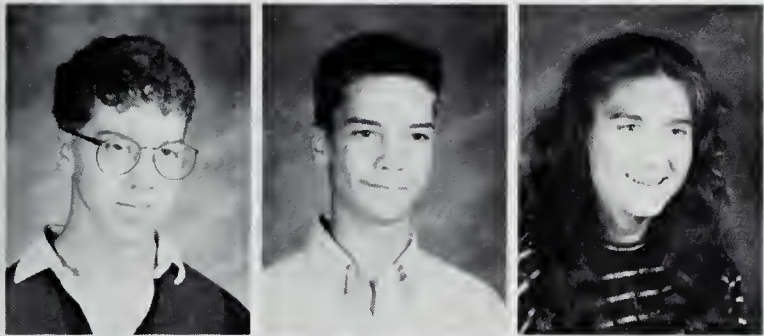


Mark Swearingen
Janelle Sweeney
Kellie Sweeney
Mara Sweet
Sona Tahmas
Mike Tallman
Yizota Tamrat
Ben Tassew
Amy Taylor



Brian Taylor
Regina Taylor
Dohral Teetz
Mark Teetz
Andy Tergis
John Thorius
Crystal Thurman
Carla Tierney
Lee Timm





A Twisting Tradition

Class Rings

▶ "Will you turn my class ring? Make sure you don't touch the stone and please turn it towards my pinky or it doesn't count." It was tradition to have the ring turned as many times as the year the student was graduating.

Junior Christy Riser said, "Right after I got my ring I tried to get as many people as I could to turn my ring. I wanted to find out who would be the 93rd person to turn it." Tradi-

tionally, the last person to turn the ring would have to kiss the person whose ring they were turning.

Some students had friends turn their class rings for fun! Junior Jason Phillips explained, "I don't believe that turning my class ring 93 times will bring me good luck, but it's fun trying to see how long it takes till you finally get to the 93rd person." Others felt that when they finally completed turning their class

ring it would bring them good luck.

Everyone had many different reasons for having their friends turn their rings. Junior Jimmy Gattis exclaimed, "I bought a class ring so I would have something to remember high school by. Having my friends turn it will just add to the sentimental value!" Students for many years to come would wear their rings and remember the time and effort they put into getting them turned.



▶ "Will you turn my class ring?" Juniors Jimmy Gattis and Jennifer Ivaniszek take time during class to take part in the tradition.

▶ Making sure he doesn't touch the stone, junior Ryan Spyker carefully turns junior Michelle Clear's class ring.



Broken Bones Have Their Breaks

All Cracked Up

▶ "Will you carry my backpack today?" This was a common question asked by those in need of assistance. Students assisted other students who had broken a bone. Juniors who were usually independent had to depend on parents and friends once again for rides and help getting around.

This was one plus because students were always willing to leave a few

minutes early to help other students get to class. Another advantage was that students with a broken arm didn't have to write essays or take notes sometimes. "For my exam I didn't have to write my essay since my arm was broken," said junior Jon Abelson. Also some had the opportunity to ride the elevator which made things easier.

Along with breaking a bone comes the hassle of

having to depend on people for rides. "When I broke my leg it stunk because I couldn't drive and I had to depend on other people," said junior Teya McMillian.

Another nuisance due to breaking a bone was fighting the hallway traffic while trying to get to class on time. "I was so tired from going class to class," said junior Matt Clark.



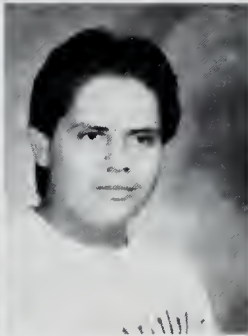
▶ Junior Jon Abelson watches attentively as junior Amanda Crowe signs her name and writes a brief message on his cast.

▶ In a rush, junior David Showers pauses a moment to point something out to junior Brian Foley. Friends helped other friends out.

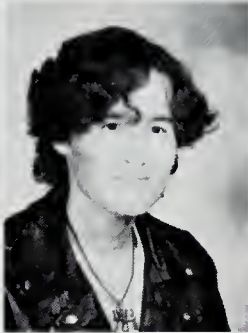




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Amy Trice
James Trimble
Mike Trotta
Shabina Turabi
Courtney Turnbow
Kevin Turner
Tyrone Turner



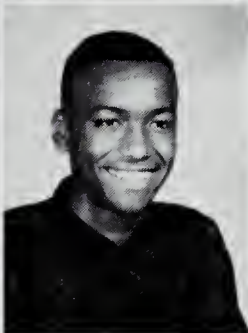
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Wendy Updyke
Heidi Urben
Katie Van Allen
Humberto Vargas
Wydels Vazquez
Leah Venezio
Theresa Vick



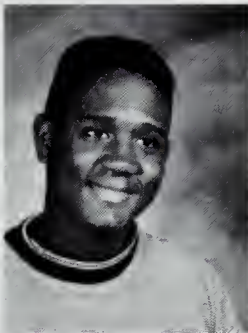
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Grant Wahlquist
Katrina Wahus
Reisha Walding
Ray Walker
Jerry Wallace
Rachel Ward
Jessica Wariner
Britt Warren



Tommy Watson
William Watson
Jennifer Watts
Jason Way
Brian Wells
Shane Wheeler
Brian White
David White
Sheree White



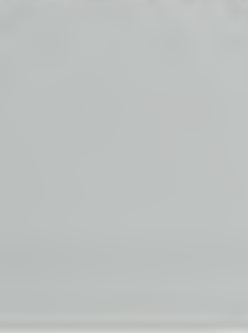
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Tyson Wild
Jessica Wilhelm
Melissa Williams
Sharon Williams
Charlie Willyard
Daniel Wilshere
Ben Wilson
Heather Wilson



John Wilson
Keith Wilson
Mac Wilson
Matsha Wilson
Lauren Wilt
Robert Wofford
Kevin Woleslagle
Nick Wong
Wendy Wongchote



Robie Wood
Angela Woodcock
Andrea Wooden
Melody Woodruff
James Woods
Marilou Wooton
Thomas Wynne
John Yalch
Arashene Yanes



Anna Zakrzewski
Salvador Zambrano

Road to Success

New Leadership Makes the Bridge the Best

▶ As a freshman students heard comments from upperclassmen about there being a pool on the roof. However, maybe they fell for it once, but now with one year under their belts, they were ready for what was ahead. Turning sixteen, PSAT's and team teaching were some definite events on their agenda.

Turning sixteen was the long awaited age. Sopho-

more Carrie Burns commented, "I started counting down as soon as I turned fifteen last year." Some students were fortunate enough to be enrolled in first semester while others had to settle for second semester driver's ed. "I really didn't make a difference to me either way," commented sophomore Tenille Brown.

PSAT's were also a major concern for sophomores. The PSAT's

helped the sophomores realize what was up ahead. "I'm glad we get to take them next year because I wasn't sure on how to answer," said sophomore Cindy Burns.

Moving up to juniors was a big step for sophomores. Sophomore Lincoln Burke said, "There's a lot of work up ahead, SAT's and weighted classes."



▶ Sophomore Jessica Hctor explains last night's trig homework to sophomores Stephanie Forest and Kristen Heller.

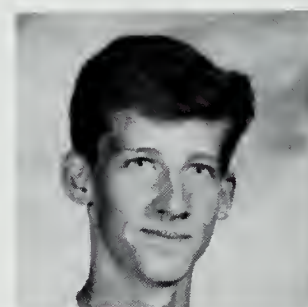
▶ Sophomores Samantha Lance and Michelle Fujisaki listen to see what the next cheer will be. Five sophomores were on the varsity squad.



Jamie Chang
President



Yolanda Simpson
Vice President



Matt Arden
Secretary



Cindy Burns
Treasurer

*Class
of
'94*





▶ Sophomores Jill Lehman and Tenille Brown discuss when they are going to get together to practice for the PSAT's.

▶ Sophomores Julie Gibson and Leslie Wehmeyer discuss the weekends events. Gym class did offer some free time for socializing.



▶ Avoiding the bus sophomores Jodi Simprini and Lee Ann Stanton hang out in the lobby after school while trying to find a ride home.

Midnight Madness

Hunger Strikes

► The light from the refrigerator shot across the floor as the door was opened. Soda, cold cuts, leftover pizza, and last night's lasagna greeted the eyes of a hungry sophomore.

Temptation often led students to the kitchen in the wee hours of the night. "I can't go to sleep because I always start thinking of food. It doesn't even matter if I'm hungry or

not," said sophomore Cindy Lewis.

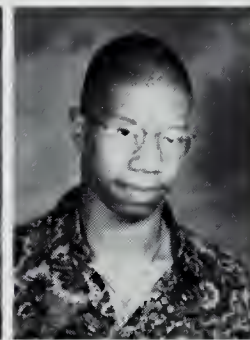
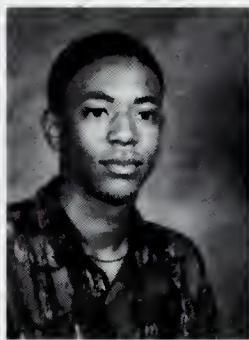
Pizza, popcorn, ice cream, chips, and cookies were favorite late night snacks. Some sophomores begged their older friends to drive them to Taco Bell. "I always seem to get a craving for a soft taco as soon as it turns midnight," laughed sophomore Jeff Jiminez. "Leave it to me to get hungry when it's too late to get anything."

Late night snacks offered students a chance to occupy their time while they watched television. "Ice cream and 'Saturday Night Live' — a perfect combination," exclaimed sophomore Elizabeth Gray.

Although the late night craving couldn't be explained, students continued to rush to their refrigerators in the darkest hours of the night.



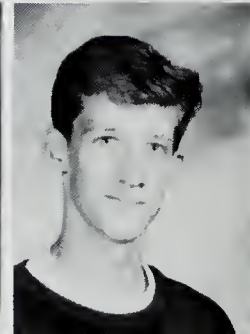
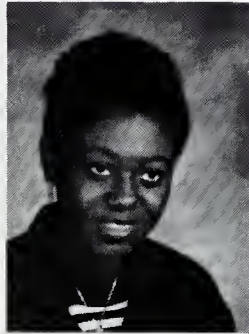
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Larry Alexander
Azeem Ali
Michael Allard
Stanley Allen



Lauren Almquist
Dakeel Alotaibi
Staci Altomare
Anousheh Amini
Lori Anderson
Mark Anderson

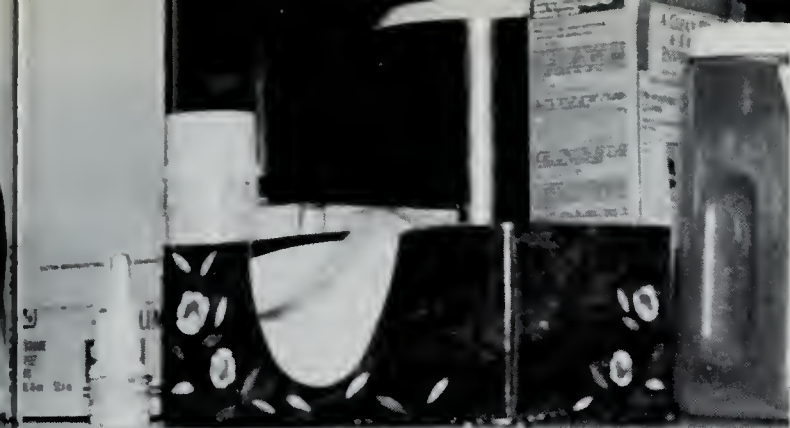


Lesley Andorful
Mike Andrews
Tommy Anthony
Gisela Aponte
Pamela Aponte
Matthew Arden



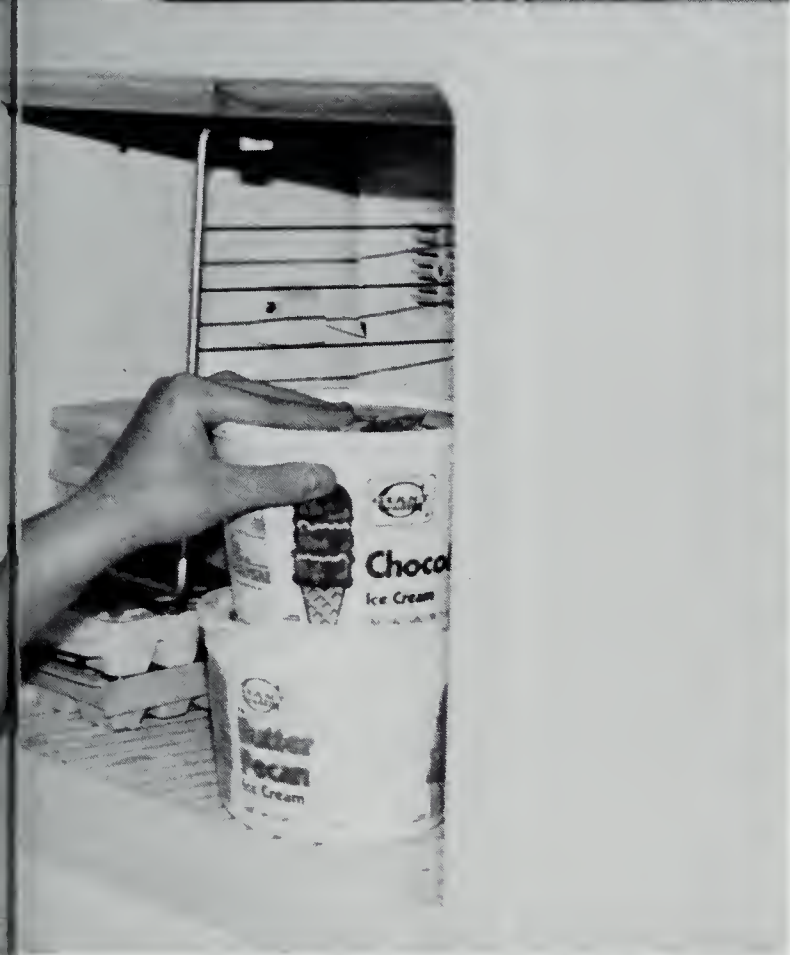
Julie Arend
John Arledge
Jennifer Arnold
Yasaman Ayati
Sebastian E. Bailey
Micah Baker





► **Chocolate or Butter Pecan? Sophomore Howard Englund opens the refrigerator door as the clock strikes midnight.**

► **Eating last night's pizza, sophomore Kristen Diehl satisfies a hungry stomach. Pizza was a favorite snack.**



**Bradley Banks
Frederick Barfield
Victoria Barone
Chris Barra
Brent Barriteau
Nicole Bates**

**Chris Bauserman
Matt Bedford
Karlina Beisel
Jessica Belickman
Darien Berkowitz
Chenae Bertholf**

**Carole Bice
Steve Bidwell
Nicole Billman
Carrie Blackburn
James Bland
Samantha Blodgett**

**Audrey Blok
Roselyn Boach
Jennifer Bolgiano
Eric Bombick
John Bonich
Carrie Booker**

Michael Borecky
Freddie Borrás
Laura Bouchard
Steve Boycourt
John Boyd
Patti Boysen
Cara Bradie
Chad Brandenburg
Erica Braxton



Cyndi Briere
Jennifer Brittain
Dustin Brown
Shannon Brown
Tennille Brown
Pablo Bruguera
Douglas Bryce
Justin Buchanan
Mary Buchanan



William Buck
Nicole Bullock
Alan Burchett
Tianna Burgess
Lincoln Burke
Cindy Burns
Jessica Burns
Jason Burruss
John Butler



Kerry Byrnes
Lizbeth Cabrera
Steve Calayag
Jason Callen
John Campbell
Yahree Cannon
Jeff Capell
Lewis Capolupo
Sig Capolupo



Christy Carlin
Brandon Carter
Larry Carter
Teri Carter
Nathan Casassa
Michelle Casey
Eva Catedral
Jennifer Cave
Jassen Ceci



Theresa Cerra
Jamie Chadwick
Danielle Chaloux
Caroline Chaney
Jamie Chang
Jason Chapin
Elizabeth Chock
Valerie Christy
Brian Church

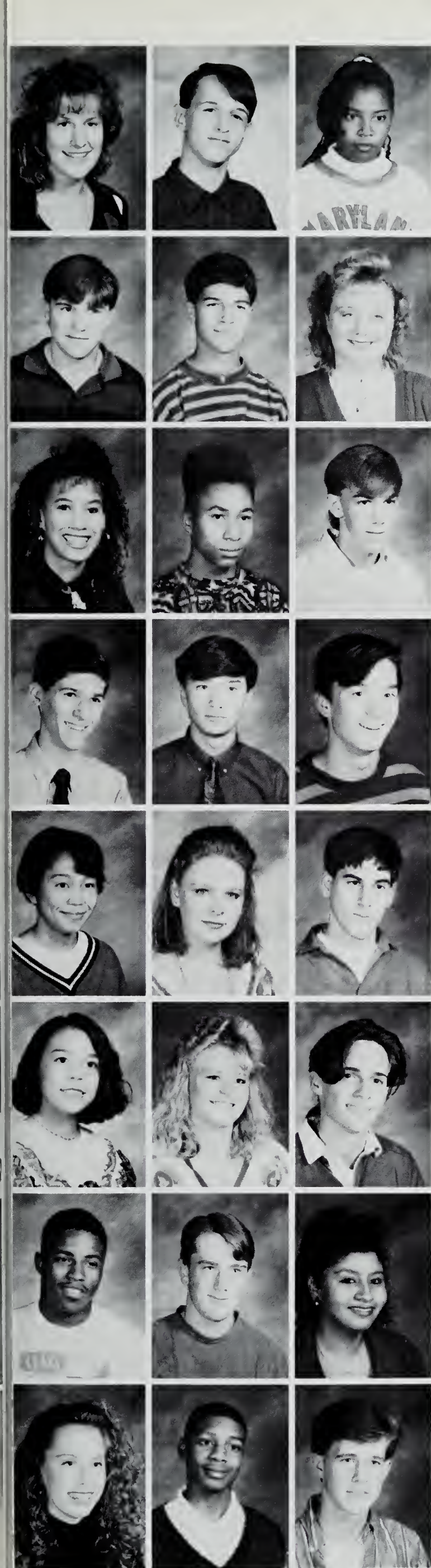


Andrew Clark
Hilary Clark
Ronald Clark
Karie Clearwater
Keith Clement
David Cloyed
Dennis Coates
Brian Coffey
Yessenia Colato



Christine Colbert
Rachel Collins
Shawn Collins
David Conk
Chris Connors
Kelly Connison
Tara Conrad
Richard Constantine
Andy Cooper





► Au naturel . . . short hair, long hair, it makes no difference, natural is "in" for sophomores Elizabeth Jordan and Megan Tremper.

► Shampoo 'n go is the definition of getting ready for sophomores Caroline Rhynerson and Missy Kulig . . . blow drying is not an option.



The easiest technique for an early morning "do"

The Natural Way

► Health foods, biodegradable shampoo and conditioner, and herbal hair care products are only a few of the items that sophomores poured into their naturally maintained hair. While some students were busy spraying loads of hairspray onto their hair before school started, others were waking up, washing their hair and then leaving. "I prefer naturally looking hair mostly because it's easy. I don't

like using hairspray . . . it makes my hair feel like straw," said Sophomore Lindy Jankura.

Manageability was a prime reason that sophomores enjoyed "wash 'n go" hair. "I like my hair short and natural because it's easier to take care of throughout the day. I don't have to worry about any hairspray cemented strands of hair sticking up anywhere," laughed Sophomore Cindy Burns.

Although students en-

joyed the simplicity of natural hair, they did have their own unique qualities. Beads, bows, barrettes, and thread dreads, embroidery floss that is knotted around a group of braided strands of hair, were added in all sorts of styles.

Sophomore Erica Eadley explained, "I like having my thread dread. It adds my favorite colors to my hair, as well as adding a little individuality."

► **Sneaky!** Sophomore Mark Anderson is careful not to make too much noise while attempting to skip his curfew by climbing out of his window.

► Sophomore Matt Liebhardt looks around the room quickly before entering his house to make sure his parents won't catch him.



"Darling . . .
Don't Be Late!"

Curfew Stress

► Sneaking quietly towards the door, his stomach rumbled in nervousness. He was almost there, he was on his way to freedom . . . "Honey, be home at curfew!" His night was ruined.

Many sophomores could relate to this ritual. Sneaking past parents to avoid the burden of curfew was an art. Sophomore Holly Johnson said, "My parents are pretty cool about curfew. Al-

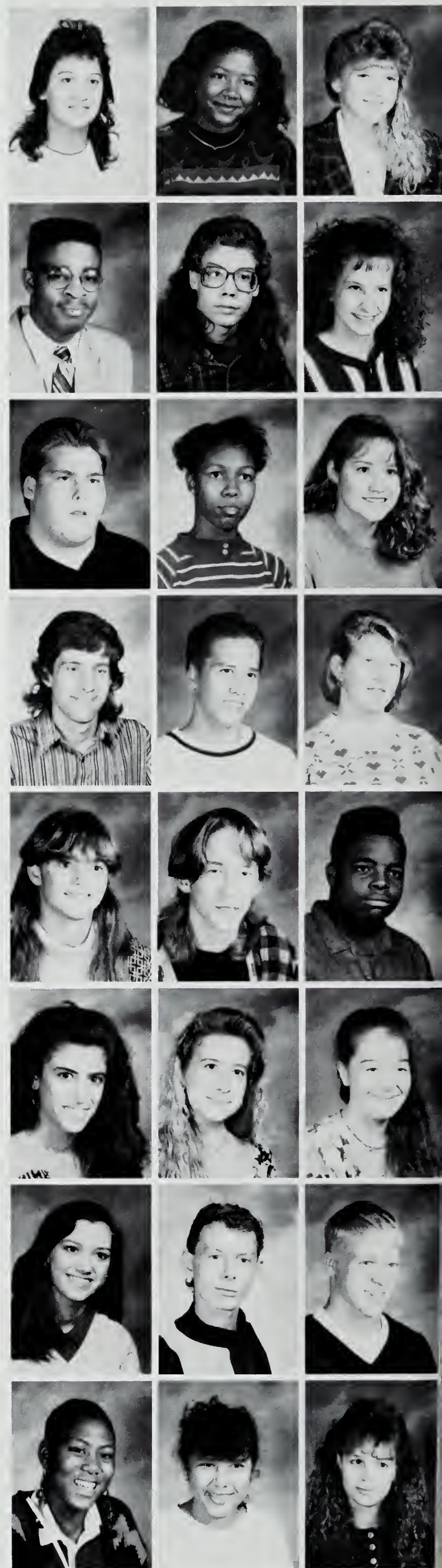
though most of the time, it's best if I can get out of the house before discussing it with them because then I'm free to stay out as long as I want."

Other sophomores had specific times at which they had to be home. Sophomore Liz Jordan lamented, "I have to be home by 12:30 with no exceptions."

Sophomore Megan Tremper had a different situation. She said, "My curfew depends on where

I go. If I go somewhere that's far away, my curfew is set at a later time."

Few sophomores admitted to being late for curfew. Sophomore James Henderson explained how he overcame his parent's alarm system. He said, "Detaching the alarm is the easy part. Trying to keep my dog, Pierre, from barking is the biggest challenge, but I manage."





Angie Cooper
LaTonya Cooper
Jill Couleman
Amirah Countee
Javon Cowan
Laura Cowell
Sam Cox
Chuck Craig
Timothy Craig



Alexis Creasy
Paul Crossley
Candy Culp
Paul Cummings
Philip Cunningham
David Danieli
Tracy Daniels
Kathleen Darabond
Tina Davenport



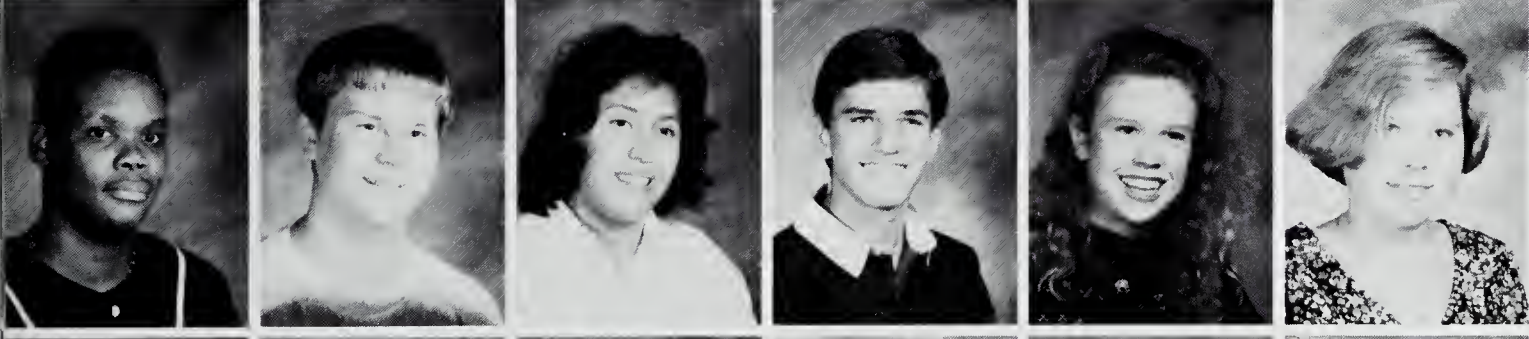
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Michelle Davis
Sandra Davis
Mary Ann Dawes
Joy Dawson
Linda Day
Aaron R. DeLeon
Stephen DeLeon
Pedro Delcid



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Kristin Diehl
Noel Dillard
Peter Dittamo
Tikeisha Dix
Dawn Dolan
Rebecca Domigan
Kellie Doolan



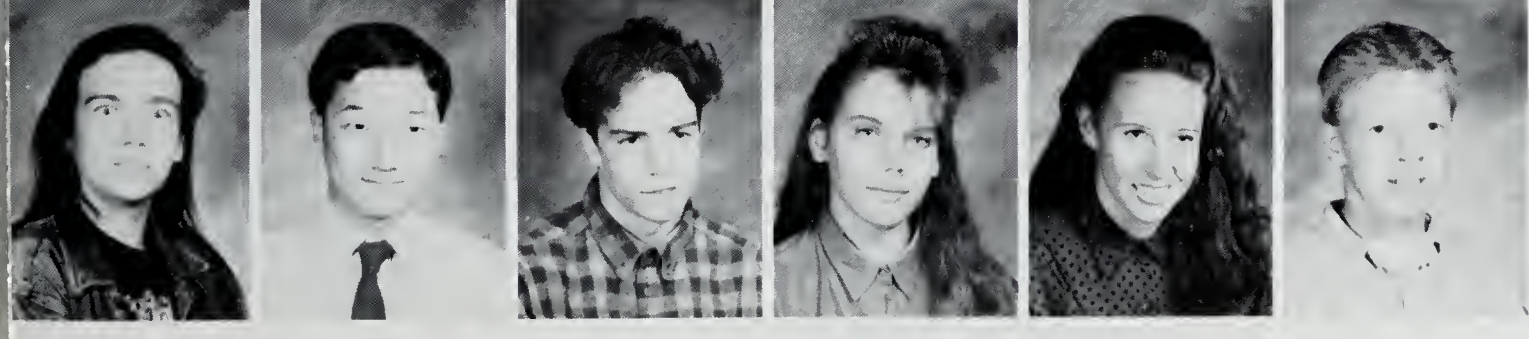
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Blythe Dutton
Patrick Dwyer
April Edwards



Luma El-Aker
Nadia El-Najjar
Karen Ellis
Maurice Ellis
Howard Englund
Nellamor Enriquez
Joe Errera
Karen Esterline
Heather Fahnstock



Kelley Farley
John Faucette
Jeff Fedak
Chase Finely
Kelly Finnegan
Angi Finney
Shannon Fitzsimmons
Melissa Fleming
Scott Flickenger



Tonnita Flood
Martha Flores
Tonya Foistner
Raymond Folks
Thomas Fong
Bill Foote
Kelly Ann Foreman
Stephanie Forest
Donald Forrer

Backpacks One Strap or Two Style or Comfort

► “Why are so many people wearing their backpacks on both shoulders? When did that become hip? Is the new wave of wearing backpacks on both shoulders a new fashion statement or do students find it more comfortable?

Fashion wasn't a concern for some students who found that wearing their backpacks on both shoulders was more comfortable. Sophomore Lewis Caplolupo said, “I don't

really give wearing my backpack much thought. I wear it on both shoulders some times and on one shoulder other times. It just depends what's easy at the time.”

Students found that when their bags were heavy, wearing their bags on both shoulders helped distribute the weight evenly. Sophomore Theresa Cerra said, “I prefer wearing my backpack on one shoulder except when I have a lot of books to lug home. Sometimes my

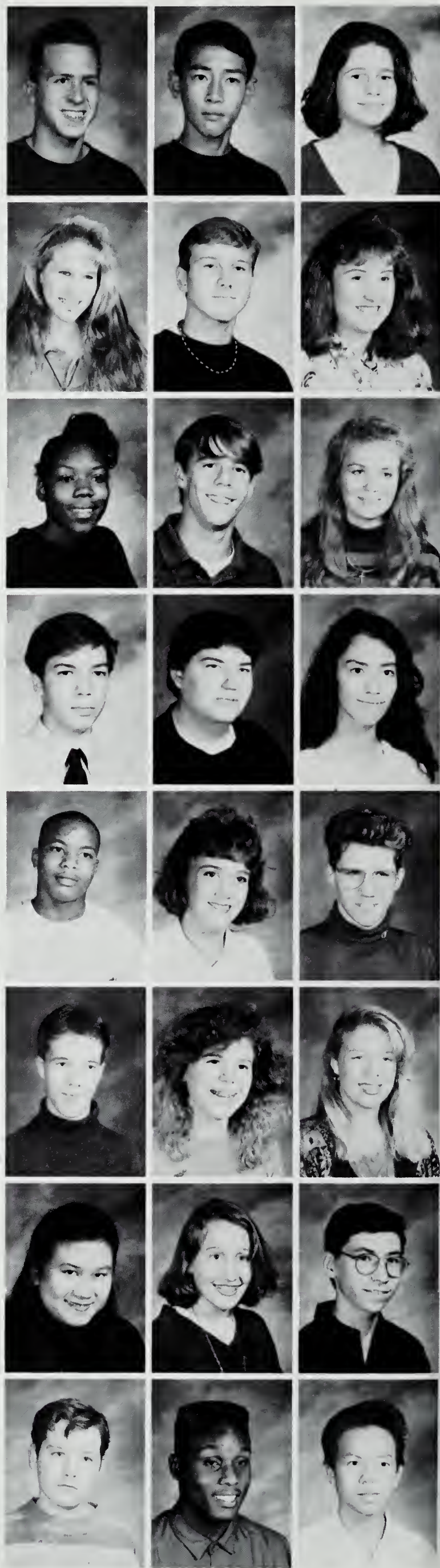
bag is just too heavy to wear on one shoulder.”

“I like wearing my bag on both shoulders! I feel like Buck Rodgers especially when I fasten the safety belt around my waist.” said sophomore Andy Stephenson. Style and a sense of individuality were motivators in influencing students who wore their backpacks on both shoulders. Personal preference was the deciding factor if it was one strap or two.



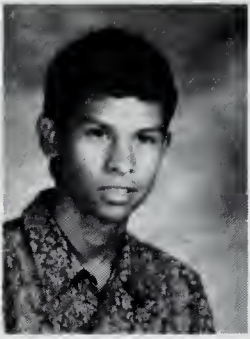
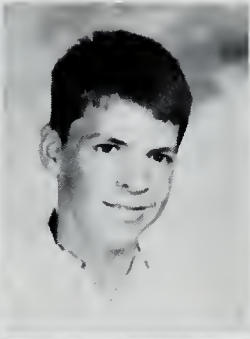
► Taking a break sophomore Danny Seeley shows off his trendiness to sophomore Pedro Delcid by wearing his backpack on one shoulder.

► Taking it easy after school sophomore Donald Griseto slings his backpack over one shoulder for his own personal ease and comfort.

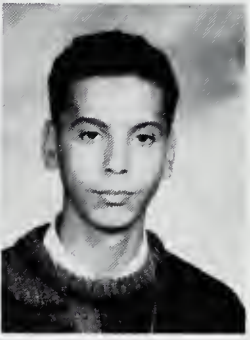
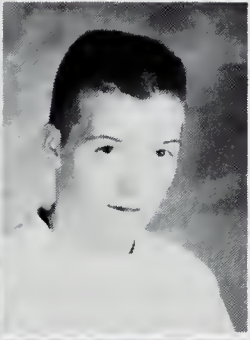
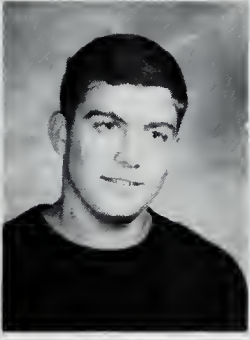
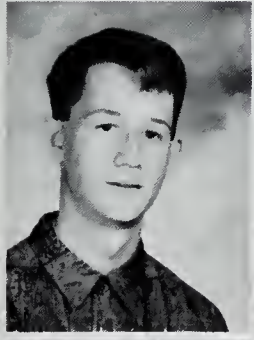




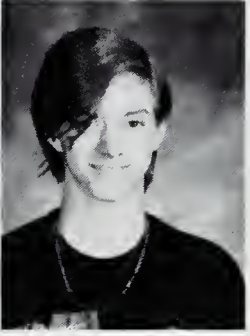
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Matt Garing
Dave Garn



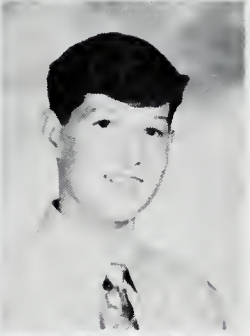
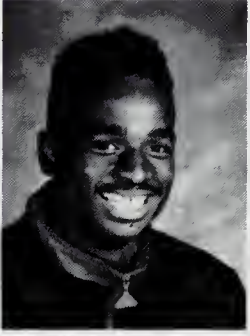
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Gilberto Golina
Vanessa Gonzalez
Megan Gottlieb



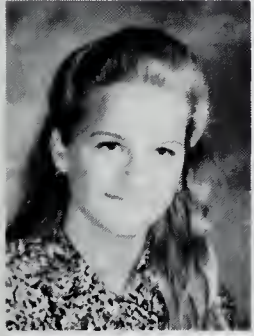
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Christopher Gray
Elizabeth Gray
Peter Gray
Tory Grazidse
Justin Green
Mike Greto
Donald Griseto
Franklin Guerrero



Jeff Guerrino
Paul Gyurcsanky
Laura Ha
Anthony Hairston
Denise Haithcock
William Hale
Vanessa Hall
Chris Hamilton
Kris Handman



Tim Hardeman
Kristen Harlow
Chris Harman
Jenny Harrington
Donekia Harris
Kenya Harris
Naicia Harris
Brittney Hart
Mark Houser



Milan Hawlett
Danielle Hayworth
Jamie Hefferman
Kristen Heller
Holly Hemmerly
Jeremy Herbert
Matt Herzog
Susan Hickerson
Brian Hicks



Jeanne Hilario
Jessica Hocter
William Hodge
Yalonda Hodges
Kelly Hogan
Sheletha Holden
Melissa Holowecki
Darnell Horton
Travis Hotop



Daniel Hoyt
Anthony Hughes
Do Phuong Hung
David Hunter
Robin Hurre
Janet Husoveck
Jessica Inskeep
Phoenix Ishmon
Amy Izzo

Michael Jackness
Farishta Jalala
Farzana Jalala
Jessica Jankowski
Lindy Jankura
Jeff Jimenez
Marc Johannsen
Wendy John
Bobbie Johnson



Erik Johnson
Holly Johnson
Kevin Johnson
Marlene Johnson
Mary Johnson
Raheem Johnson
Scott Jonely
Daniel Jones
Mary Jones



Rebecca Jones
Tiffany Jones
Elizabeth Jordan
Geoff Kamanda
Pattie Kans
Erica Katzenstein
Steve Keator
Eric Keehan
Lorele Kennedy



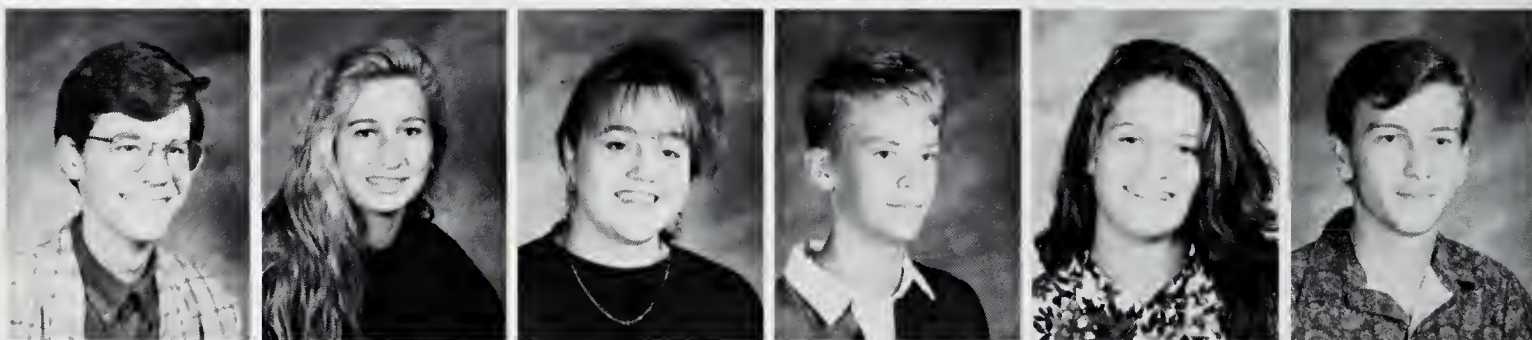
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Christie Kenyon
Hamid Khaliqi
Andy King
Ben King
Keno King
Robert King
Danylssa Kinghorn



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John Kovachik
Tim Kowal
Tara Kreutz
Chris Kreutzer
Andrea Kulig
Carolyn Lambros
Samantha Lance
Bryan Landgrover



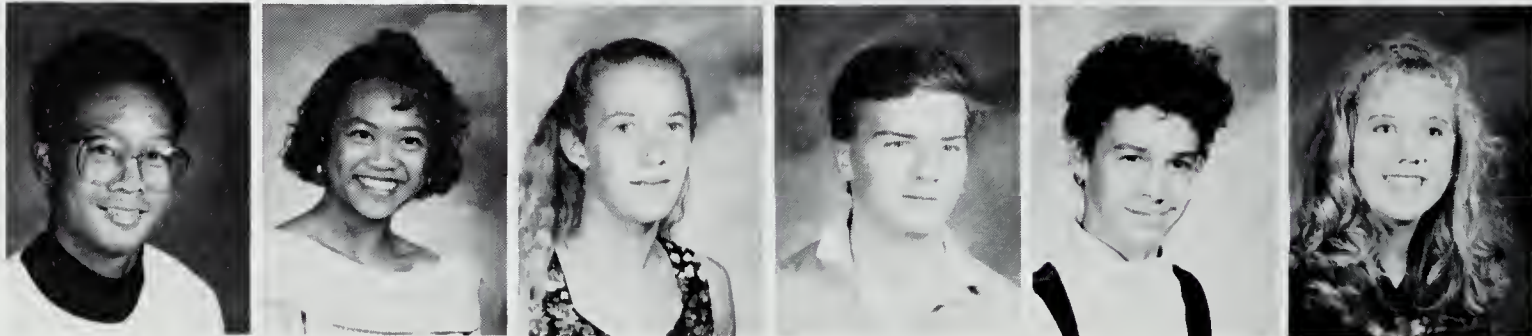
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Susan Laver
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Danny Lee
Shane Legano
Jill Lenman

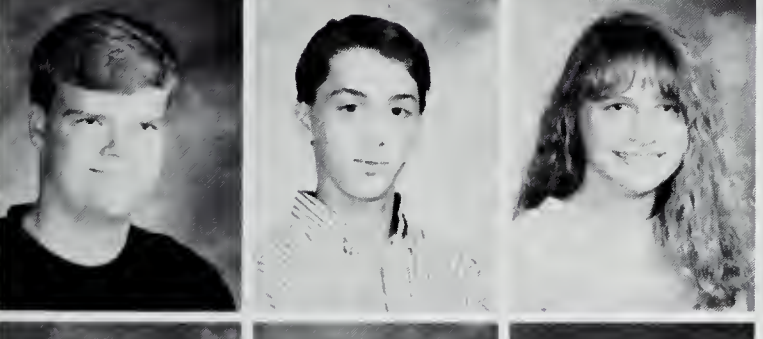
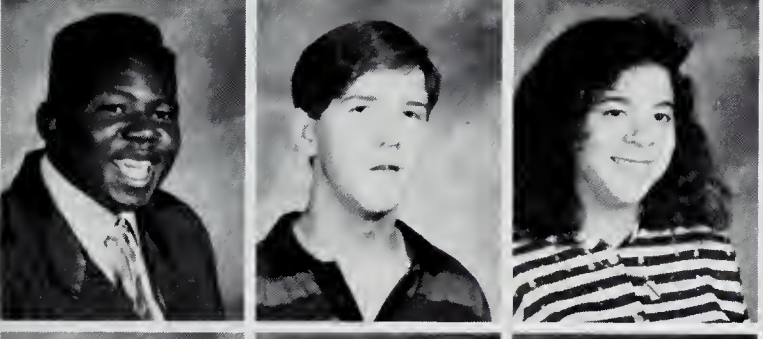
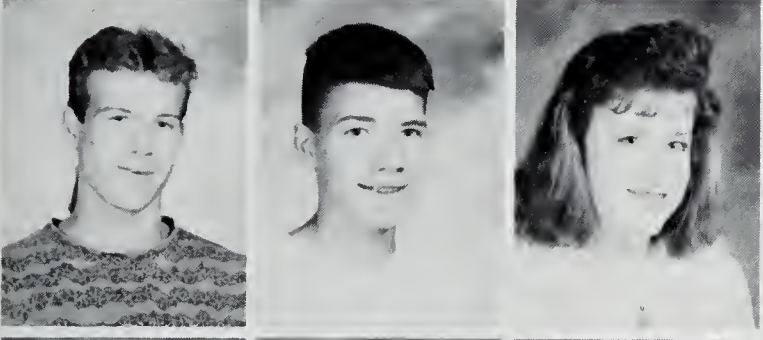


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Alexander Lennon
Tim Leventhal
Cindy Lewis
Marty Lewis
Michael Lewis
Sha Kela Lewis
Matt Liebhardt
Shannon Lilley



Michael Linderman
Tawni-Jean Linderman
Rebecca Lisack
Nick Loadholtes
David Logan
Heather Long
Paul Losier
Michelle Lossius
Kari Lowery





▶ May the force be with you! The Nike Force, that is. Sophomore Cheo Vickers shows off his favorite saying on a t-shirt.

▶ Is your fly buttoned? While reviewing vocabulary with junior Jimmy Gattis, sophomore Kristyn Rivellese sports a Levi's sweatshirt.



What Did You Say? Gotta Have It! *NOT!*

▶ "Gee, Mom, I just love eating brussel sprouts . . . NOT!" exclaimed sophomore Mike Moser, after his mother told him what she had made for dinner. "Not!" became a very popular saying.

Most teens picked up sayings from television shows, commercials, songs, and even athletes. They used these sayings for slang or even as just a thing to say. "My friend and I picked up on the

saying, 'Yikes', which has become a very popular saying for 'wow'," explained sophomore Stephanie Forest.

Sophomore Chris Stewart said, "I like the commercials for Levis . . . Is Your Fly Buttoned? . . . Button Your Fly!"

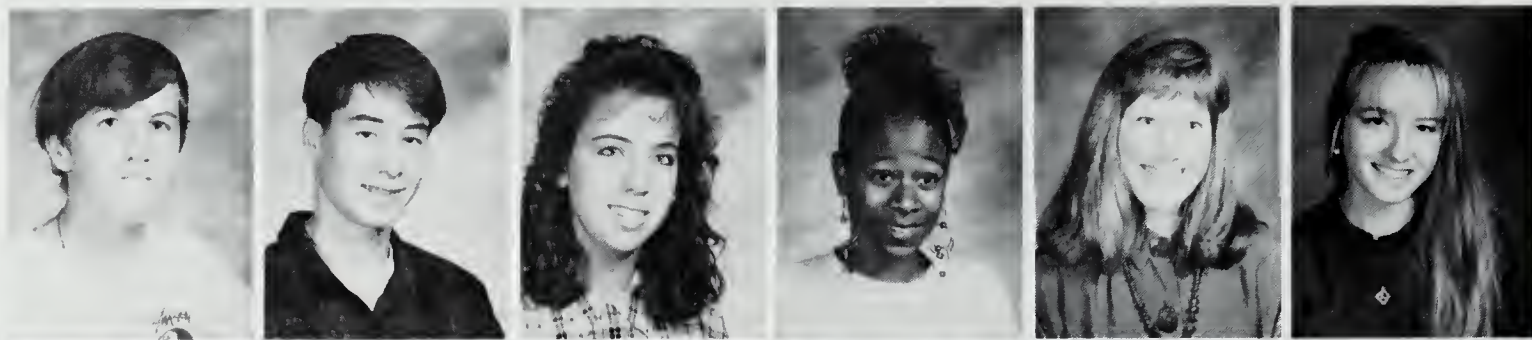
A lot of close friends had sayings that only they said. It was to be understood between them but to others they would not make much sense. "My friend and I started calling

everything MB that we thought was kind of dumb," said sophomore Wendy Tobias.

Sophomore Lane Pickell explained that whenever someone in her group says something dumb she'll respond, "Duh, my name is . . . and I live in a box!"

Everybody had their own little quirks and sayings. As sophomore Kristyn Rivellese put it, "Gotta Jet!"

Jason Ludwig
Chris Luley
Georgia Lundie
Amie Lusenl
Carmen Lynn
Karine Machado
Naheeda Malik
Spencer Mallard
Janice Mallia



Alicia Manatad
Rob Maples
Nashawna Marshall
Mary Martin
Meredith Martin
Nicole Mason
Paul Matthews
Greg McAlister
Giancarlo McAllister



Cynthia McCool
Michael McDevitt
Molly McEwan
Amy McGarry
John McKay
Casey McKinney
Dennielle McKinnon
Jason McPhillips
Christy McQuade



Terance McQuade
Ashley McVeigh
Latrease Meade
Haessol Medina
Jason Meermans
Luxi Melendez
Ivan Melson
Michelle Meriweather
John Miller



Kerri Minatre
Michael Mitchell
Thomas Mitchell
Mike Mitchem
Heather Mizell
Dave Mooney
John Moore
Melissa Moore
Charles Morello



LaQuinta Morris
William Morris
Kelly Mortensen
Mike Moser
Patrick Moyer
Braxton Mullen
Kris Murdock
C.J. Mushala
Jill Myers

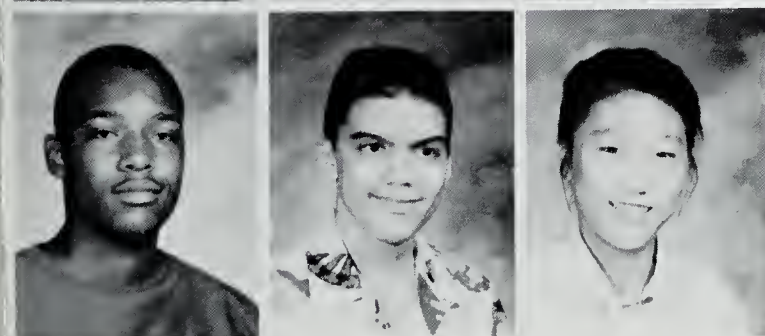
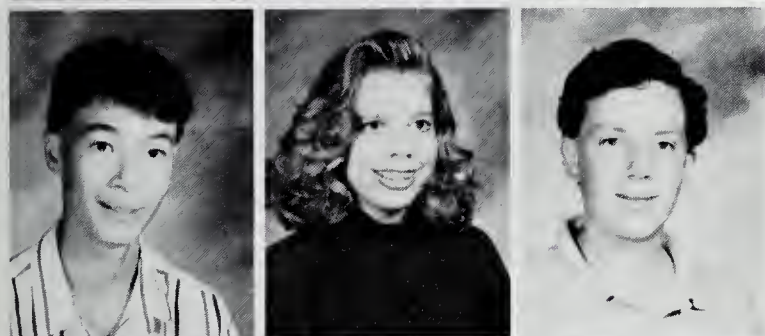
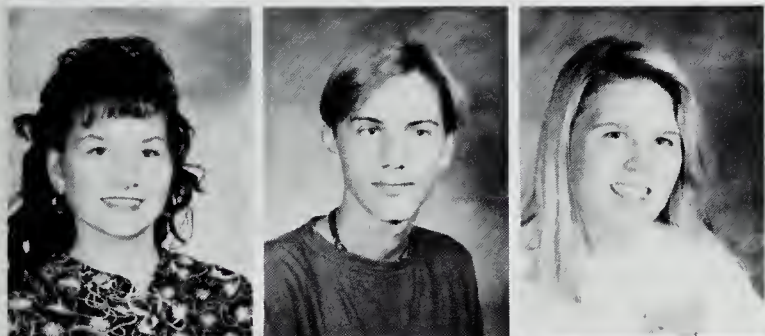
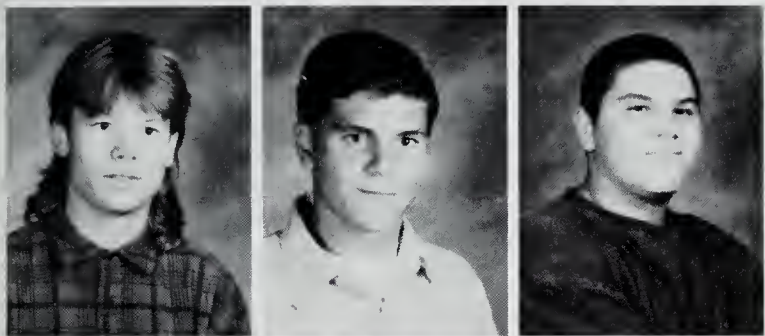
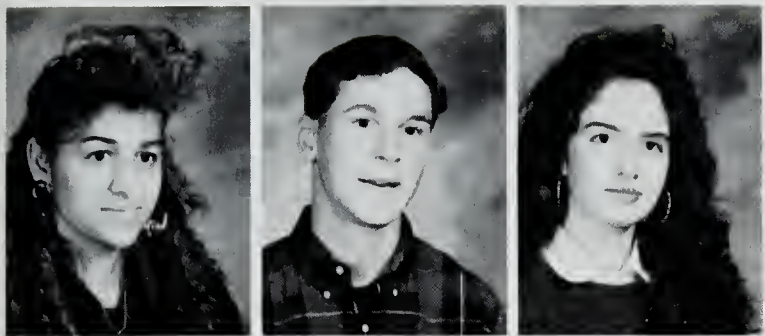


Michelle Myers
Jinarong Nadee
Sarah Nardotti
Kristel Nathaniel
Mettachit Navamal
Joe Nealon
Christine Nelson
Erin Nieusma
Sirirat Ningcharden



Zaina Nooristani
Chris O'Brien
Tina Ogles
Hwi-Jung Oh
Ju Eun Oh
Brian Olszyk
Gary Pair
Jonathan Pama
Stacey Park





The Battle of the Jeans: The Color, Fit, and Style

What to Wear?

▶ The student looked inside her closet. "What jeans should I wear? Blue denim or black, baggy or tight, buttonfly or zipper?" The decision to wear jeans may sound simple, but with the variety of jeans available in the "fashion world," the choice was much more difficult.

Baggy jeans seemed to be the "in" thing for most sophomore guys. Sophomore Cedric Thomas replied, "I like my jeans

baggy because they're roomy and I feel relaxed." The loose fit enabled a person to be comfortable, yet make a fashion statement.

One of the most controversial topics about jeans was button fly vs. zipper. The basic difference between the two was the way they fit. Sophomore Anthony Sabatini said, "I like buttonflies better than zipper jeans because they have a better fit."

Colored jeans became

the new fad for teens. The basic blue denim faded and colored jeans made a break through. Sophomore Kelly Mortensen explained, "I prefer colored jeans because they give me more of a variety for a wardrobe."

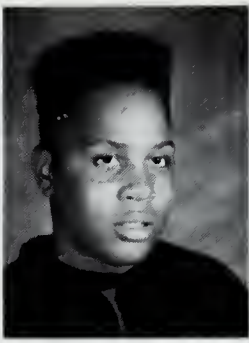
Jeans were invented long before anyone could remember. They became the most popular trend in clothes in all age groups. Students liked them because they were comfortable and fit to the person's liking.



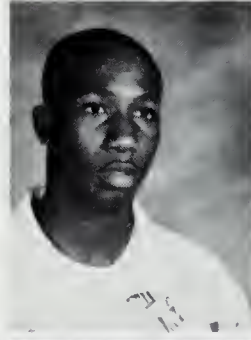
▶ Happily explaining the homework assigned, sophomore Kara Brady talks with her friends. Jeans were the common "fashion wear" among teens.

▶ Eating their lunch, sophomores Josh Thomas and Travis Hotop hang out in the locker bay. Colored jeans made a person's outfit.

Erica Parker
Stephanie Patterson
Sean Peirce
Ernest Perkins
Melody Pete
Heather Peters
Lane Pickell
James Pierce
Autumn Pittman



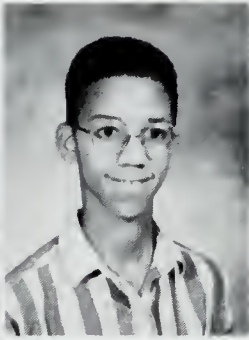
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Mike Pond
Paul Powers
Dennis Presky
Christine Prewitt
Kelly Publicover
Shannon Publicover
Ernie Pullen



Jonny Pullen
Todd Pulsifer
Melissa Puttre
Stacie Radcliffe
Mary Ragsdale
Jason Ralston
Milton Ramirez
Sha-Rhonda Randolph
Roman Rauhala



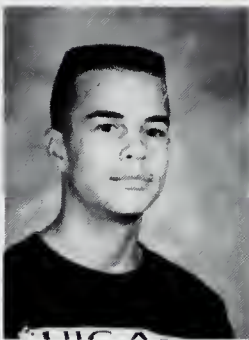
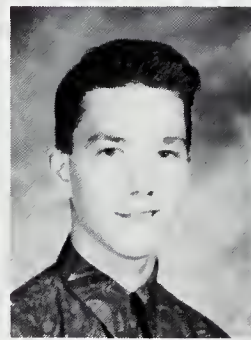
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Odaly Reyes
Jennifer Reznick
Caroline Rhynerson
Amie Richards



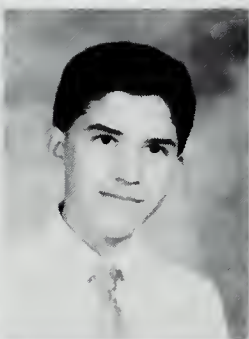
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Maria Rivera
Melanie Robbins
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Sean Roberts



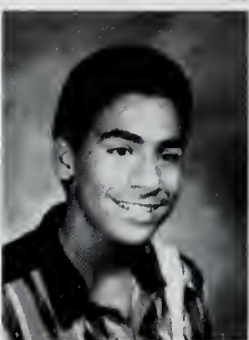
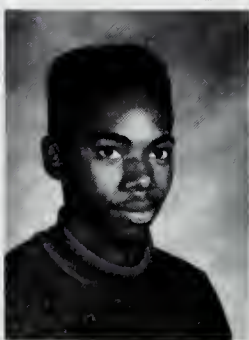
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April Rodgers
Davin Rodriguez
Erika Rodriguez
Andrea Root
Jessica Roscio
Bryan Ross
Steve Rossi



Erica Rosynek
Cheryl Rothlein
Tony Royer
Lindsay Ruff
Paul Ruiz
Anthony Sabatini
Amanda Sachs
Jim Saffley
Sarah Salisbury



Teresa Sams
Khadine Sanchez
Randolph Sanders
Kevin Sanderson
Alex Santiago
Carolyn Sawyer
Brian Schneickert
Keith Schofield
Cody Scoggins





▶ With a great variety of food to choose from, sophomore Eric Keehan puts the finishing touches on his plate at Shoney's.

▶ Before participating in the District track meet, sophomores Chris Luley and Russell Waller enjoy a quick meal at Shoney's.



Taking a "Drive-Thru" the Fast Food Craze

Here or to Go?

▶ "Welcome to McDonald's. Can I take your order?"

"Yeah, I'll have a cheeseburger, large fries, and a medium cherry coke."

People enjoyed fast food because it offered quick and inexpensive food for those on the go or those just wanting a sensible meal. Sophomores are no exception. Receiving their driver's licenses enabled

sophomores to visit fast food restaurants more frequently.

"My friends and I always go to McDonalds' or Burger King after basketball games on Friday nights. It gives us something fun to do on a boring night," commented sophomore Amy McGarry.

With tacos and burritos for only 69¢, Taco Bell was a popular place to eat for those with low budgets. It was common for

sophomores to take a "Run for the Border" after school.

"Taco Bell is a great place to hang out after school. The prices are low so it's good when I'm out of money," explained sophomore Carolyn Lambros.

The convenience, low prices, and quick tasty food made fast food restaurants perfect for meals on the go as well as just a place to socialize.

License Delay

Sophomores React to the Change in the Driving Age

► "Did you hear?" "No, hear what?" "They're going to raise the driving age on us!"

Rumors about the anticipated raising of the driving age floated through the sophomore class. Petrified 15 year olds feared the worst; that they might be denied the right to drive for another year. The expected law delayed license ownership until the age of 17. The cut off year was 1977. Many sophomores

thought this was unfair. "I think I am being discriminated because of my birth year!" exclaimed sophomore Chris Harman.

The reasons for the change were not clear to some sophomores, as sophomore Kelly Publi-cover said, "I don't understand why they would change the driving age. I drive just as well as someone who was born a year before me."

Not all sophomores were affected by the an-

ticipated law. Those who passed the cut off year basked in the security that they would still get their licenses at 16. "I am lucky I was born before 1977. I may be an older sophomore, but I am a driving sophomore," commented sophomore Shannon Fitzsimmons.

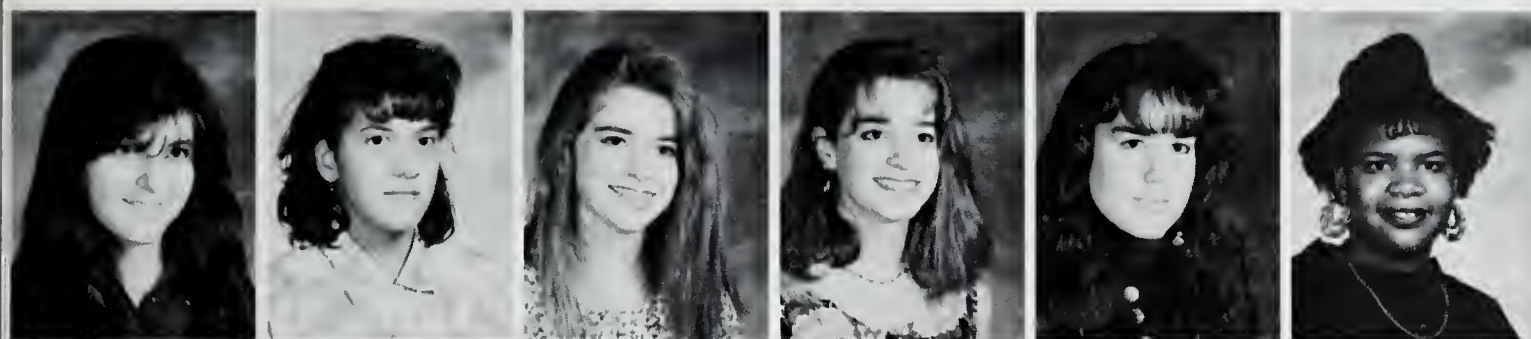
License or no license, sophomores learned to get around. Sophomore Audrey Block explained "I wouldn't worry if I didn't have my license, because my friends can drive."



► Sophomore Lincoln Burke makes a last minute check before starting his car. Most sophomores who had their license took driving seriously.

► Sophomore Spencer Mallard proudly shows his license to sophomore Luma Elaker. Sophomores were happy to get their licenses.





Theresa Scott
 Danny Seeley
 Jeanette Seese
 Carolyn Seibert
 Michele Sellers
 Chris Severance
 Leah Severance
 Dawn Sharp
 Chantel Sheffey



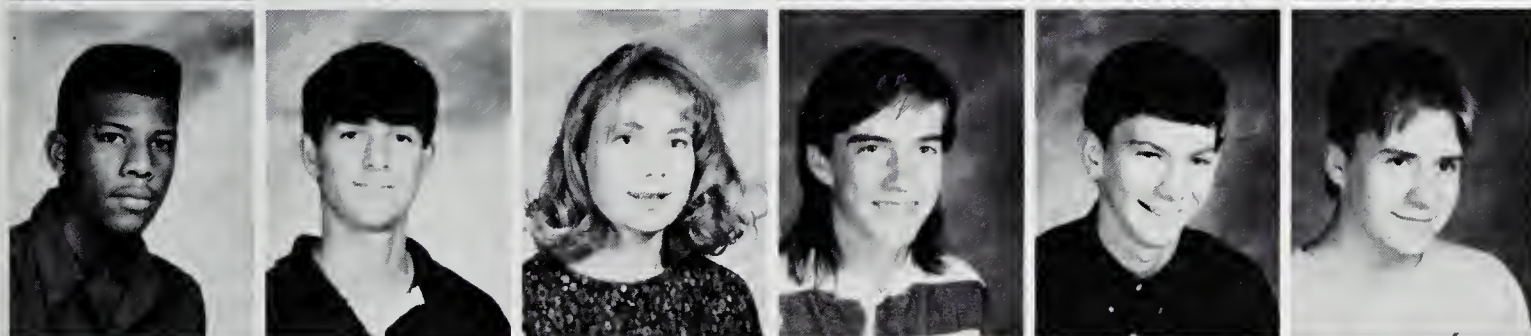
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 Jodi Simprini



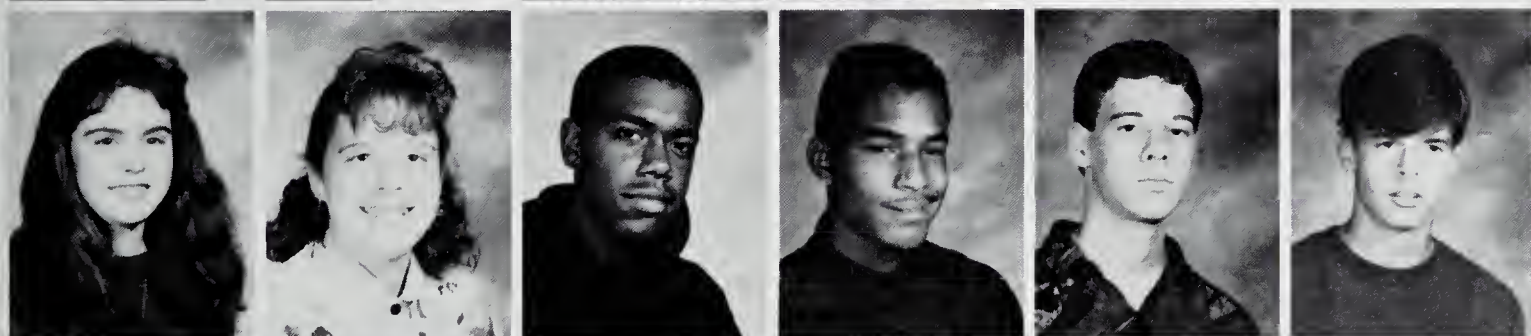
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 Sulisa Smith
 Eric Smothers
 Heather Snyder
 Deborah Spayd



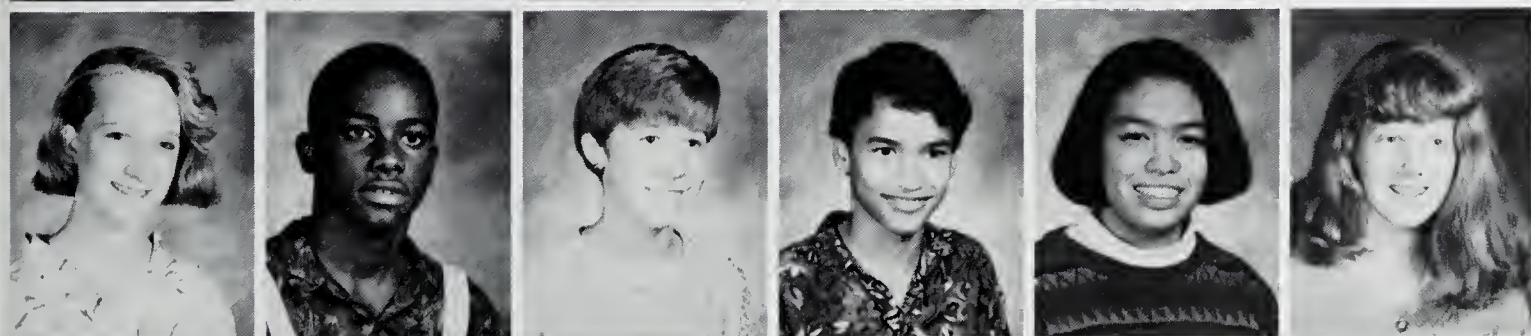
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 Chris Stewart



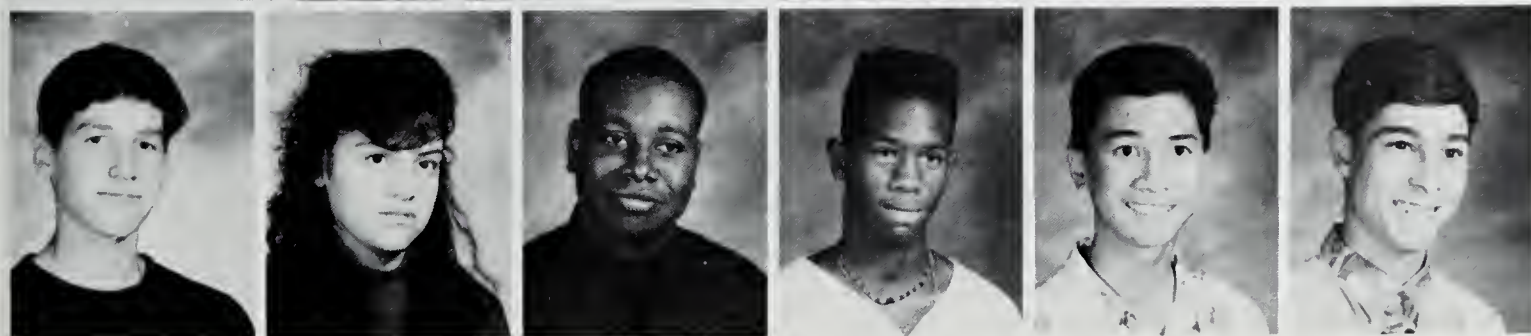
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 Joshua Stream
 Leon Stroy
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 Shannon Sullivan
 Albert Taber
 Kevin Tabor
 Ricky Tague



Meron Tamrat
 Stefanie Taylor
 Stephen Tefft
 Tanya Terribery
 Amelia Thomas
 Cedric Thomas
 Dante Thomas
 Jason Thomas
 Shawn Tierney



Wendy Tobias
 Bryon Todd
 Lisa Tolin
 Rozanna Tross
 Jason Traylor
 Megan Tremper
 Stewart Trenchard
 Raquel Trinidad
 Susan Trussell



Adruebbe Tunstall
 James Turner
 Bryan VanWinkle
 John Varrieur
 Myrla Vazquez
 Whitney Vick
 Cheo Vickers
 Lejandro Villanueva
 Jeff Vincent

► Sophomores Kelly Finnegan, and Cari Bice cheer the Redskins on to a Superbowl victory. These two were avid Redskins fans.

► Touchdown! Sophomores Michelle Sellers, and Laura Bouchard enjoy a Redskin game with friends from Gar-Field.



Who's got Superbowl fever?
Everyone's got it!

Redskins Mania

► "Hail to the Redskins, hail victory." This may not have been the most popular song, but the Redskins were definitely the most popular team. "I never really liked the Redskins, but when they did so good it was hard not to like them," expressed sophomore Mark Andersen of the Redskin's superbowl season.

Although the Redskins success has brought the Redskins new fans, the

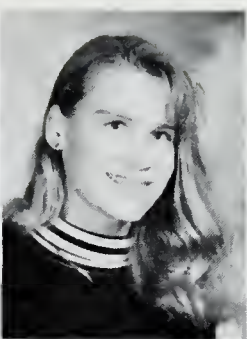
real fans that have always been there for the team, were enjoying their team's success even more. Sophomore Kelly Finnegan said, "I've always liked the Redskins, and I'm on their waiting list for season tickets."

The Redskins lost only twice in the whole season and their 34-17 superbowl victory over the Buffalo Bills, was a topping on the cake for Redskins fans, "The superbowl was awesome, and I was ready. I

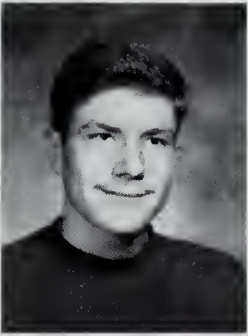
had my Redskin sweatshirt, and hat on," stated sophomore Michelle Sellers.

Although the Redskins gained many new fans during the course of their season if the Redskins continued their winning ways there could be no limit to their popularity. No matter how well the Redskins do they have always had fans that would not give up.

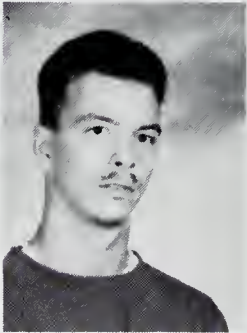
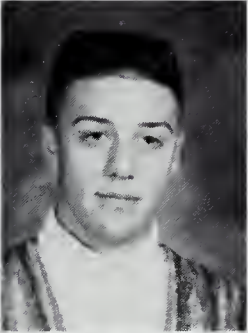
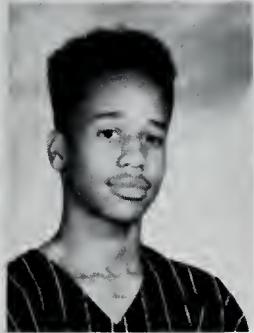




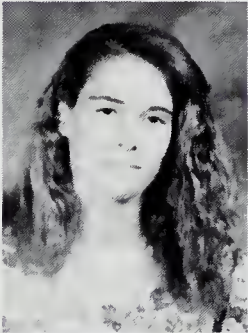
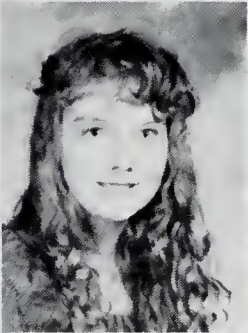
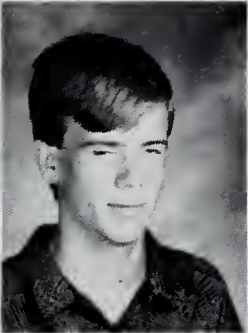
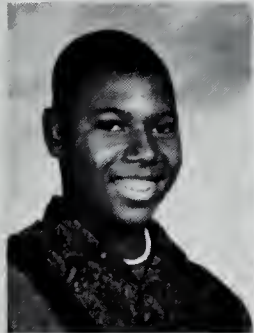
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Jamie Watson



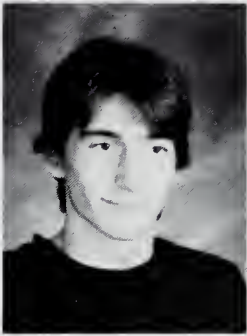
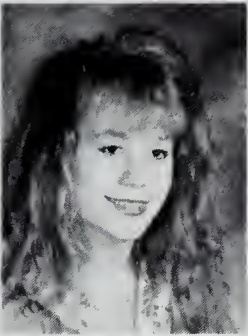
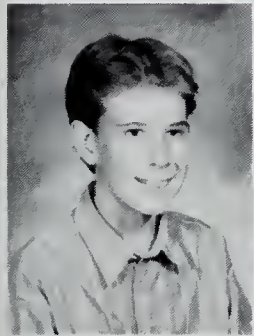
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Keith Wells



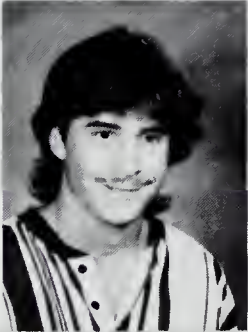
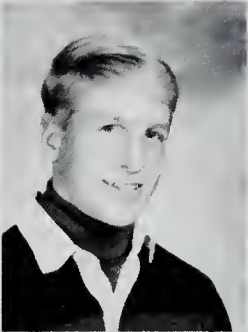
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Adell White
Darlene White
Orlando White
Celeste Whitehead
Danny Whyte
Ashlee Wilcox
Marva Wilcox
Tim Wiley



Chaquetta Williams
Denta Williams
Fontaine Williams
O'Neal Williams
Tony Williams
Amy Wills
Jennifer Wills
Charles Wilson
Chris Wilson



Monica Winters
Alison Witheridge
Heather Woodcock
Charles Woodside
Heather Worth
Wendy Xanten
Mandy Yamada
Lucia Yanez
Joe Yatsko



Mary Yatsko
Brian Yeager
Rachel Yonts
Brian Yurkus
Mike Zaiko
Mike Zakrajsek
Erik Zambrano
Lara Zborofsky
Shannon Zeno

Nathan Zezula
Jill Zizzo

The Freshman Overload Is A Twist in the Numbers Seam-bursting

► In the past, the words awkward and inexperienced characterized the freshmen class. The class of '95 took upperclassmen by storm with their energy and sheer number, 848.

The largest class ever, freshmen started off the year on the right foot, capturing a victory in the Homecoming Hall Decorating Contest. The theme

was "Woodbridge Goes Animated," and the hallway was ransacked by the Tazmanian Devil. "We got a lot of help during Homecoming with the float and the hallway," Vice President Elliot Walls said.

In financial terms, the freshmen class used the year to establish a fund for the upcoming events of Prom and graduation. "We had our citrus fruit sale and it was really suc-

cessful," freshman Mary Lowney said. The class made \$1200 from the sale, a solid base for their treasury.

Toyia Brown, freshman class President, explained, "The class is inexperienced, but we've proved to be adaptable and willing to learn. We had to learn to work together as a class, since we came from all over."



► Shooting the breeze, Freshmen Vonetta Chapman, Tara Duvall, Kunta Galloway, and Covan Barryman rest during gym class.

► Slam dunk! Freshman Beth Portell won the dunking contest between the classes at the pep rally before the Potomac Game.



Toyia Brown
President



Elliot Walls
Vice President



Azich Filabi
Secretary



Jennifer Scott
Treasurer

*Class
Of
'95*



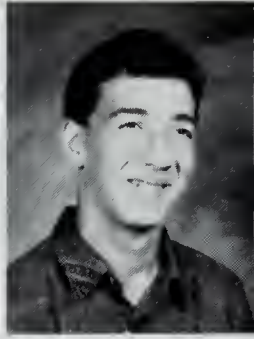
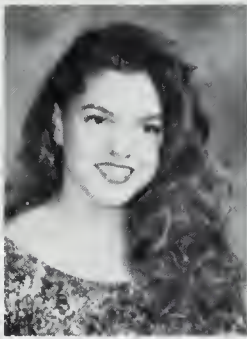
▶ You can't burst their bubble! Freshman class president Toyia Brown competes in the class balloon-popping contest during a pep rally.

▶ Just peeking in, Freshman Teresa Pelletier sneaks in after curfew. Along with schoolwork, freshmen dealt with a new social life.

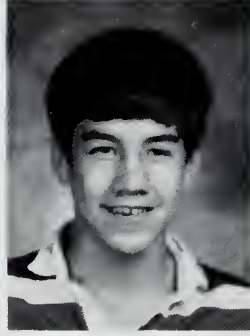


▶ Snowballed! Freshman Paul Gamino spends the first snow day, Feb. 13, outside in the elements playing football with friends.

Dan Abe
Julie Ackerman
Harvey Acuesta
Kathy Alexander
Gabriel Ali
Ace Allak
Dirron Allen
Kathryn Allen
Guyisha Alston



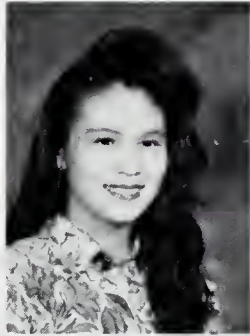
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Brandy Baldwin
Rachel Baltezore



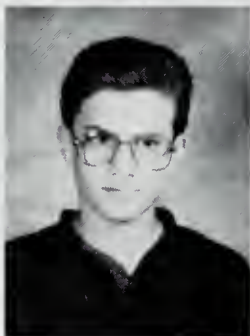
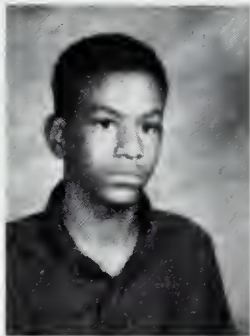
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Kevin Barbier
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Darrell Barksdale
Stephen Barnes
Livie Barr
Andrew Basehoar



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Margo Berry



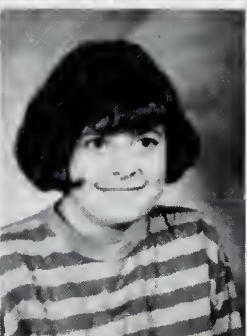
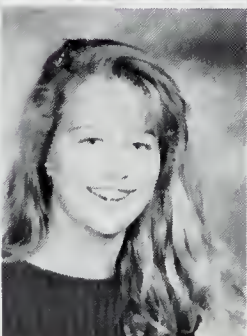
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Amanda Blodgett
Nwanna Bolding
Diane Bonham
Donte Boone



Lucy Borrás
Stephanie Boska
Amy Bowen
Gail Boyle
Amanda Bragg
Melissa Brannan
Eddie Breeden
Lance Breeden
Chrissy Brehm



Todd Breland
Wendy Bricker
Jennifer Brisbois
Christy Britton
Ben Brletic
Wendy Broadus
Sherrell Brogden
Jennifer Brooks
Shoshannah Brooks





Freshmen — Hurled Into a New Realm of Life

High School 101

► Being in a large, new school can be intimidating, especially at the bottom of the ladder.

Everyone had heard the stories: upperclassmen who sold elevator passes, older "terrorists" who stuffed freshmen in lockers, and students who sold pool passes.

The class of '95 was not so easily deceived. Or were they? Freshman Daniel Harrison said, "I was told that there were four pools in the build-

ing."

Junior high helped prepare the students for the upcoming year. "Being thrust into high school life isn't that bad," said freshman Leslie Royston, "it's a transition, but not a big one."

The idea of older role models didn't always apply to freshmen. "We don't always look up to upperclassmen — we'd rather go our own way," replied freshman Chris Cook. And what exactly was their way?

The freshman section was one of the loudest and most spirited. The class of '95 was invading the athletics' and academics' top spots.

"Ninth graders are becoming a big part of Junior Varsity and Varsity sports," said freshman Robbie Berger.

Despite the call word "freshmen" to the youngest level of highschoolers, they have gained respect. "Don't call us freshmen — we're ninth graders."



► Freshman Jimmy De-
genova takes notes
while freshmen Steve Perry
and Robert Santiago take a
more relaxed approach.



► As freshmen Billy Buck
and Carry Marrow
gaze unappetizingly at the
selections for their luncheon,
freshman Philip Pate cracks
a joke.

▶ Holding her cat, freshman Ragean Reigle carefully brushes the cat's fluffy fur. Chores took special care, especially with animals.

▶ Loading the dishwasher, freshman Jon Jones takes time out of his busy schedule to complete the chores assigned by his parents.



Moaning "Do I Have To?" For Family Chores Spic 'N Span

▶ "Mom, I'm going to the movies!" "Can you please unload the dishwasher and take out the garbage first?" "Oh, mom! I'm in high school now. How long will I still have to do chores?"

That was a question common among freshmen. "Do I have to?" was told to parents in many households as freshmen tried to avoid doing family tasks. Freshman Shelli Jendrossek said, "I'll

probably still have chores to do until I turn 21, but I'll clean the bathroom anytime for a buck or two."

Tasks were time consuming, but freshmen were responsible for doing basic deeds like the dishes, setting the table, cleaning rooms, and others. Money made having chores worthwhile as students always came up short in the cash department. "Walking the dog, taking out the garbage

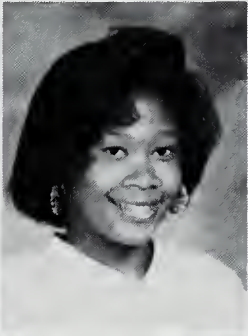
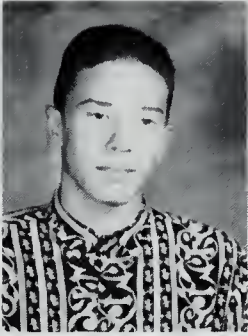
and clearing the table isn't exactly my idea of fun, but it earns me the money I need for the things I want," explained freshman Jeffrey Hummel.

Other freshmen had chores that weren't as common. Freshman Teri Wade said, "I don't like doing chores, but my dad is starting a new business, so sometimes I help out with the computers. I now consider that my job."

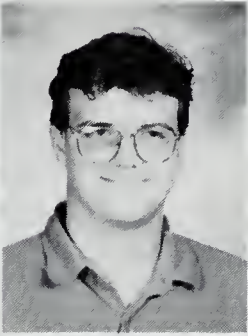




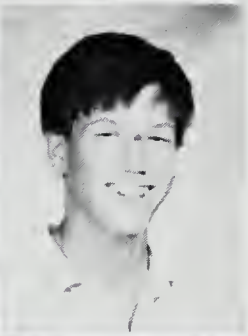
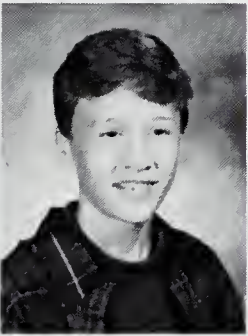
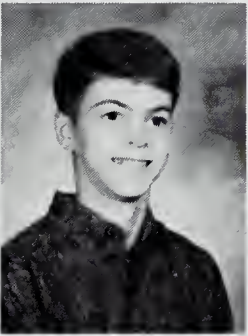
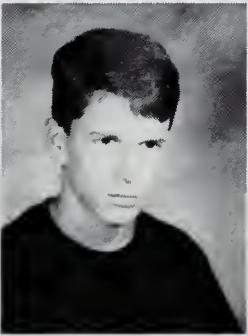
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Jennifer Brown
Robert Brown
Toyia Brown
Angela Bruck



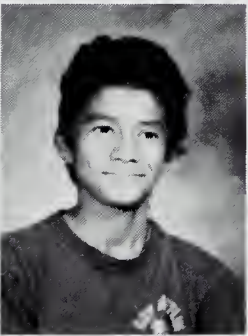
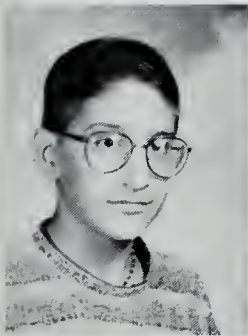
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Amy Burns
Rhiannon Burruss
Crystal Bushlow
Allison Butler



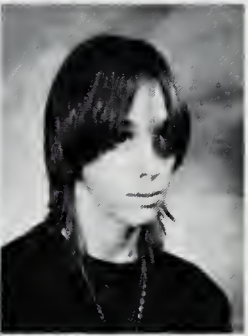
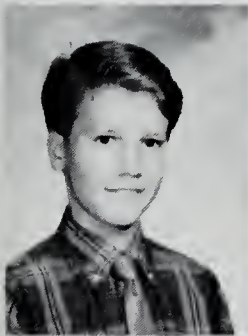
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Kristopher Calvert
Brian Campbell
Taylor Campbell



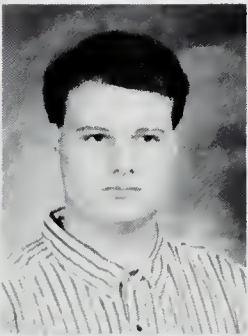
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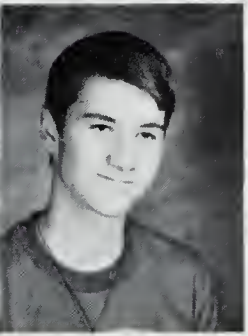
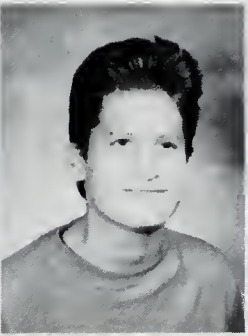
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Rhonda Champ-Spinner



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Alex Chemerys
Megan Chido
Sheraz Choudry
Kelly Christianson
Eletha Dawn Claiborne
Daniel Clark

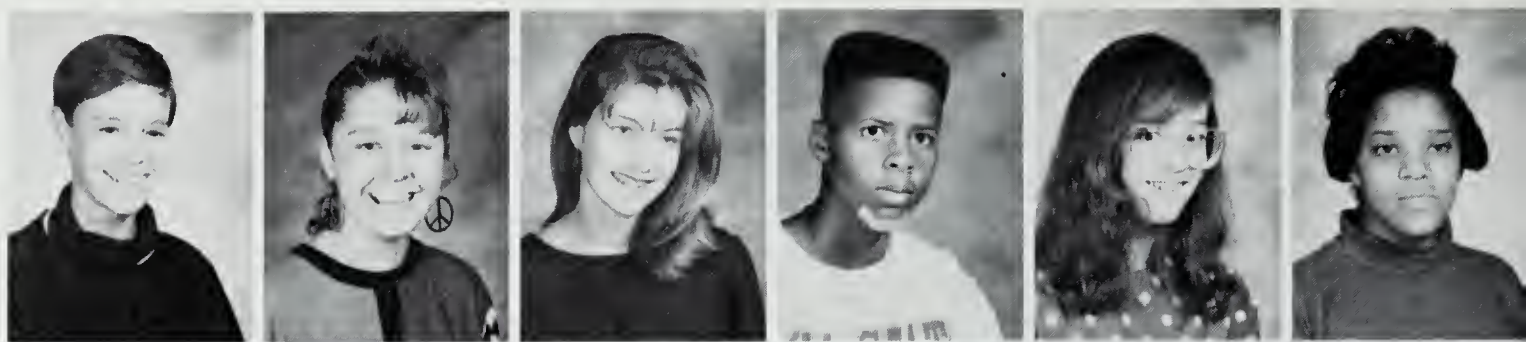


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Loretta Claytor
Daniel Cleary
Mark Clifton
Michelle Cline
Shannon Clouden

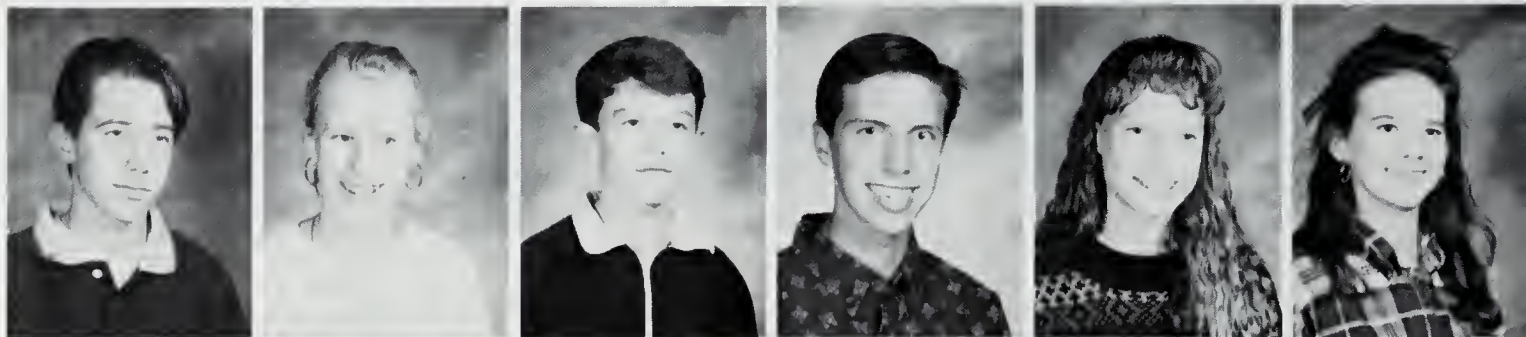


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Jennifer Conner
Robert Conrad
Chris Cook

Jeffery Cook
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 Kellie Couch
 Reggie Craft
 Catherine Craig
 Vetta Creasy
 Kenny Cronin
 Frank Crummett
 Molly Cundy



Brian Cunningham
 Jessica Cunningham
 John Curran
 Ben Currier
 Kelley Curtin
 Stephanie Curton
 Jim Dail
 Cameron Daniels
 Brian Davis



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 Catherine Deadman
 Robert Deaso
 Theresa Debban
 Brandy Deem
 Jimmy DeGenova
 Keith Delendo
 Henry DeLeon
 David Deleonardis



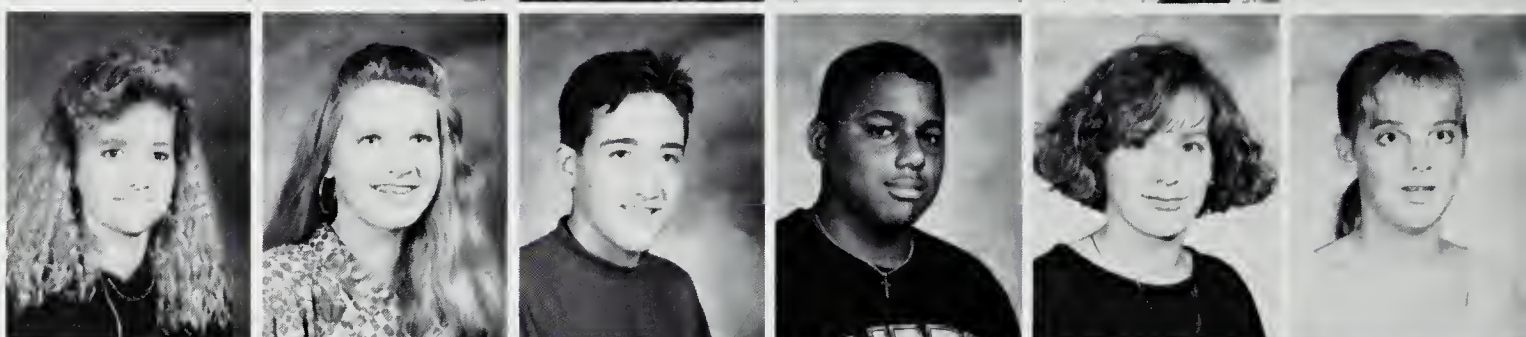
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 Andrew Dillon
 Rosangela Dimanto
 Eric Dobbs
 Mario Dominguez



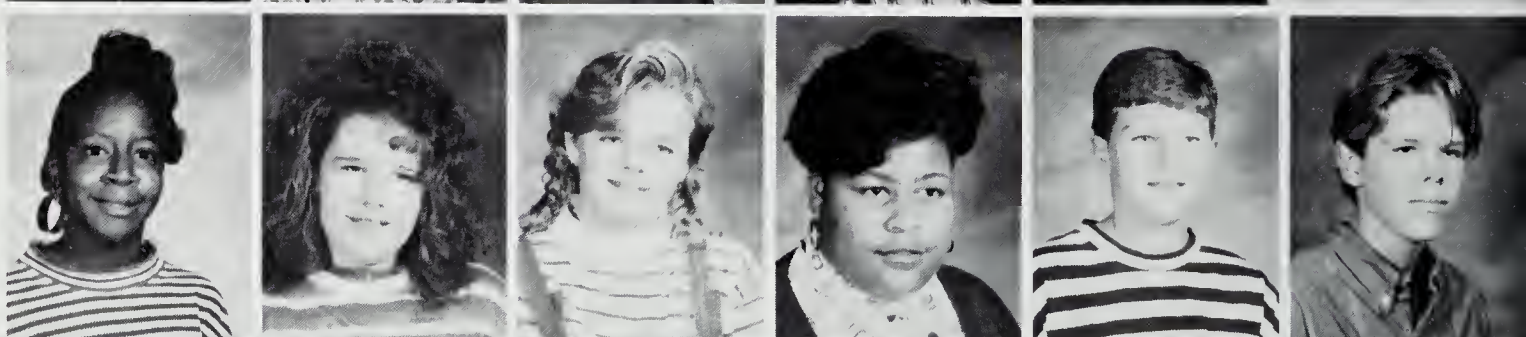
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 Erin Doughty
 Tony Douglas
 Lori-Anne Dowling
 Dana Drew
 Ebonie Dubar
 Latarisa Dudley



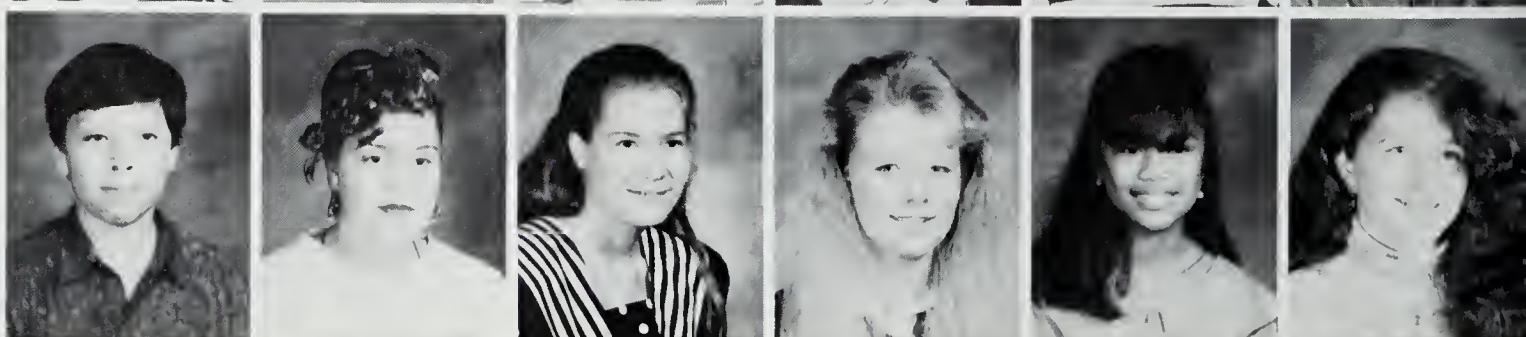
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 Rian Duncan
 Apryl Dunkle
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 Sean Dunnegan
 Jeanne Dunning

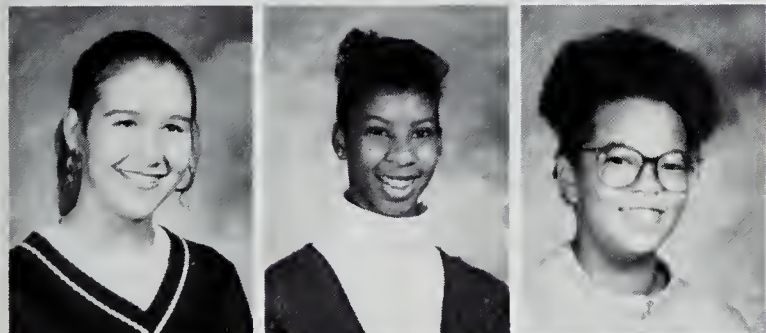


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 Chris Edwards
 John Ellis
 Shannon Elsis
 Brenda Enriquez
 Earl Ercoline



Otto Escobar
 Michelle Espaillat
 Alexandra Etsell
 Patricia Eversburg
 Carrie Falig
 Heather Farley
 John Farrell
 Anthony Faulds
 Christine Feindt





► Freshman Callie Robinson tries to ignore her alarm clock. Many freshmen tried to sleep in, even on school days.

► Many freshmen stayed in bed later than usual on holidays. Here freshman Kelly James rests after her alarm goes off for school.



Freshmen are Dead to the World on Saturday Mornings

Sleepy Heads

► "Hey Sue, are you getting up early tomorrow morning?"

"No way, I'm going to sleep in late!" This was the attitude of freshmen as the weekends rolled around. With the stress of high school new to them, freshmen used the weekends and holidays to make up for all of the late nights spent doing homework. Most students liked the fact that they could sleep till one or two o'clock in

the afternoon.

"Sleeping in is the one thing I look forward to during the week," said freshman Leslie Royston. Being new in high school was sometimes overwhelming to freshmen and they looked to sleeping in as their one salvation. Many students skipped an entire Saturday just to catch up on sleep from the previous week.

Some students however, did not have a chance

to sleep in. Freshmen Sean Gilhooly said, "I never get to sleep in because I have to get up early and deliver papers."

Freshmen were often arguing over what was sleeping in late. Some thought 10:00 was late, while others did not consider it late till 2:00 p.m. Some freshmen didn't like sleeping in, said freshman Mark Jackson, "I don't like missing the early cartoons."

Freshmen With Flair Lefties

What do President Bush, Benjamin Franklin, and Oprah Winfrey have in common? They are all left-handers. Although only ten to fifteen percent of the population is left-handed, that portion includes a long list of famous sports and entertainment figures.

Being left-handed meant living in a world made for right-handed people. Tools, appliances, wrist watches, and even playing cards were

prejudiced against lefties. "I wish they would make more desks and scissors for left-handed people. I'm tired of using everything made for righties!" exclaimed freshman Tim Guthrie.

Although some people felt "left" out of the mainly right-handed world, others saw themselves as being unique.

"Being left-handed does not make me feel odd at all, even though almost ninety percent of the world is right-handed,"

said freshman Betsy Shokri.

Studies showed that left-handers thought with the right side of the brain, and right-handers thought with the left. Many people said that is why left-handers were the only ones in their right mind.

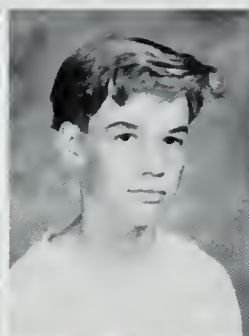
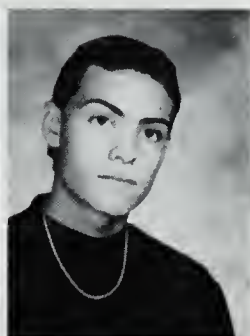
Freshman Mike Clark exclaimed, "Since there are only about two or three left-handers in each class, being one makes me an original!"



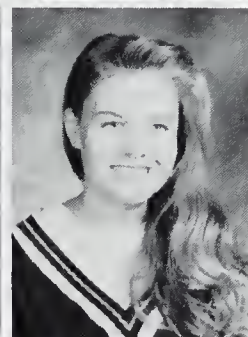
Finishing a last-minute assignment, freshman "leftie" Linda Gautreau writes an essay for her English class. Freshman Kelley Enos looks at the freshly-smudged ink.

Lefthanded freshman Hamida Shafig prepares to shoot a basket as classmates look on. Left-handed shooters were uncommon but effective.

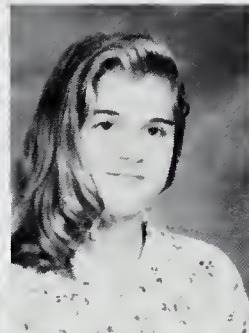
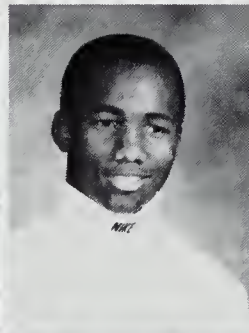




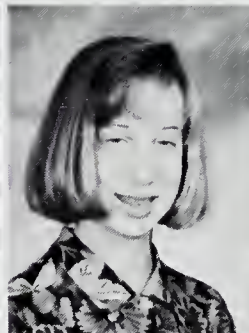
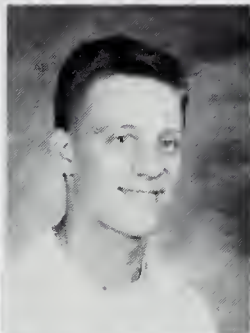
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Greg Fleming
Skye Fleming
Rene Fonseca
Rebecca Foreman



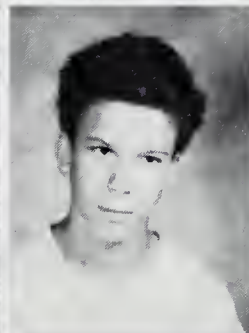
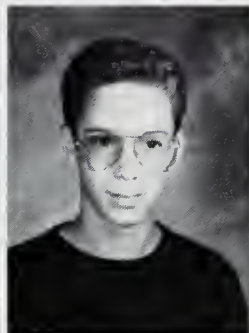
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Denise Frazier
Kenneth Frederick
Samantha Freeman



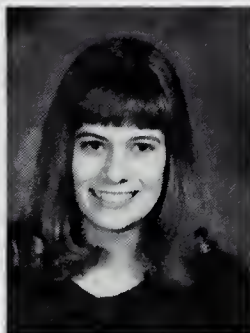
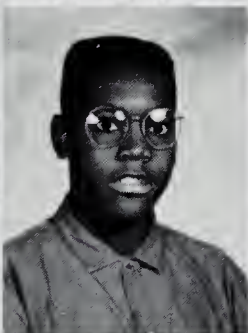
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Charles Gallion



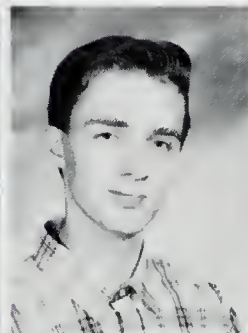
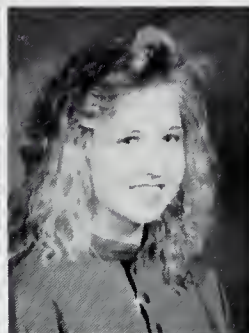
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Barry Gauch
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Keith Gibson
Sean Gilhooly



Jennifer Girten
Stephanie Glad
Stephan Godin
Greg Golliday
Ariel Gonzalez
Luis Gonzales
Michael Gonzalez
Jaime Gooch
David Graham



Rebecca Graham
Julie Granahan
Karl Grandt
Eve Gravely
Eric Gray
Jennifer Gray
Treva Greer
Eric Greiling
Noah Grieco



Cesar Guerrero
Pedro Guerrero
Sandra Guerrero
Matt Gundy
Tim Guthrie
Elba Guzman
Wendy Hacker
Micah Haines
Dan Hale



William Hale
Kelly Hall
Lando Arron Hall
Maria Hammer
Mads Hansen
John Harmon
Mike Harmon
Tanakia Harris
Daniel Harrison

► Freshman Jason Knepper reads a book on his bus ride. Many freshman gave up trying to do their homework in favor of just relaxing.

► Glancing at a textbook, freshmen Michael Powers, Rick Moore, and Adrian Donovan debate the answer to a difficult problem.



Trying to do homework at the last minute

Bus Rush!

► "Don't worry, I'll just do my homework on the bus."

For many freshmen, the option of putting off their homework to finish on the ride to school in the mornings was too tempting to resist. It's always seemed like a fine idea, until it's put into practice.

As freshman Katie Lyng said, "It's usually way too crowded on my bus to work. Besides, I found I couldn't resist

talking to my friends instead!"

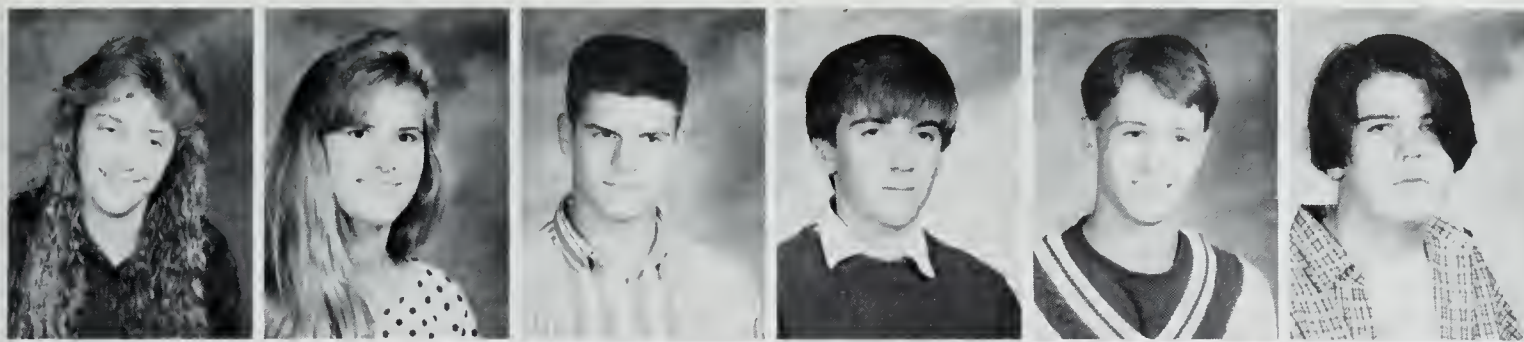
Another problem was brought out by freshman Jon Jones when he said, "It's just too dark in the morning to see well in the winter. I usually wind up finishing it later and socializing with my friends."

Freshman Amy King explained, "If I ride the bus, it's usually too short a trip to get much work done. Plus the ride is never smooth. The buses jerk you around way too much

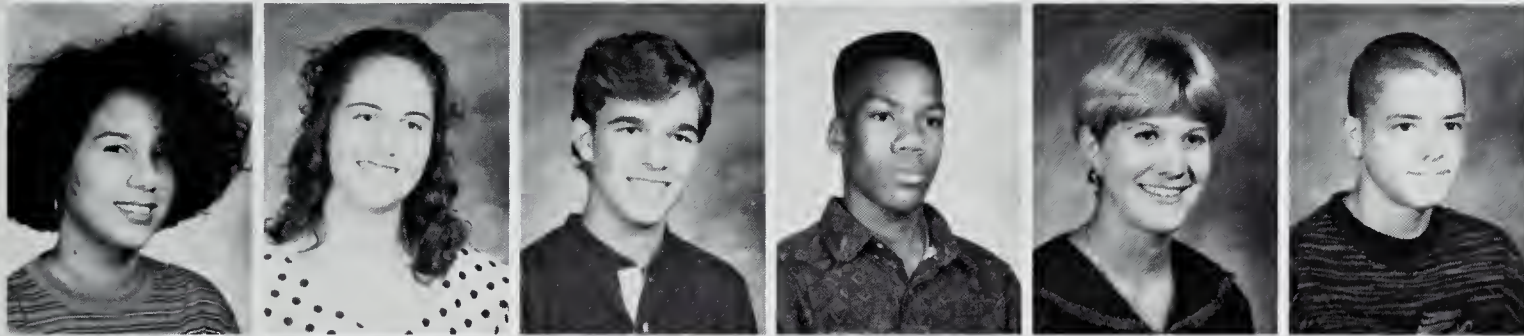
to write well. You can barely make-out what you write! Besides, who can think straight in the morning?"

Once again the art of procrastination suffered a blow from reality. The reality that nobody wants to do homework on the crowded, dark, bumpy, short bus ride to school in the morning, especially with friends there to talk to.





Evay Harvey
Abdollah Hashemi
Beverly Hatfield
Jamie Hatfield
Jacquelyn Hawkins
Matt Hawkins
Matt Hayes
Sean Healy
James Henderson



Kelly Hengst
Matt Henry
Joseph Herman
Neishla Hernandez
Cindy Hess
Nevin Hewlett
Demetrius Hicks
Angie Hildebrand
Barry Hill



Christy Hirshell
John Hoban
Stephanie Hockman
Katherine Hodge
Darrell Hoffman
Maurice Holbert
La Setta Holden
Bobby Holland
Crystal Holliday



Jamie Holliday
Melissa Hollis
Tarrah Holly
Jeff Holmes
Sean Hopkins
Maggie Horn
Bryan Houser
Jevon Howard
Martonio Howard



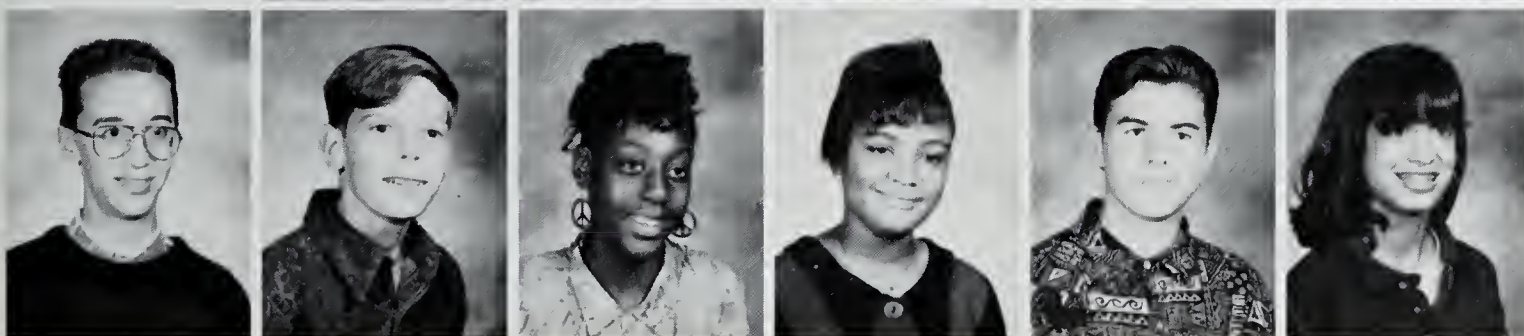
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Lora Huston
Larry Ibarra



Tim Irion
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Mark Jackson
Emily Jacobs
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Scott Jaquays

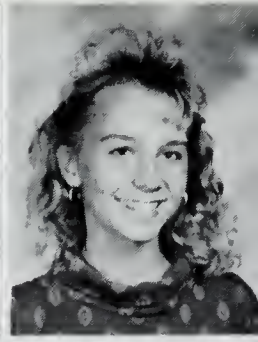


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Kara Johnson
Matt Johnston

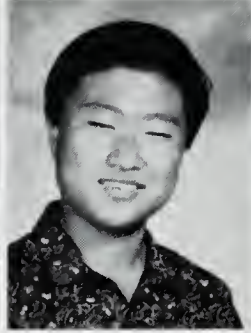
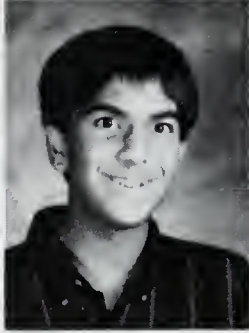


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Deshay Jones
Michael Jones
Michael Jones II
Natalie Jones
Tomeka Jordan
Patrick Jorgensen
Stephanie Joseph

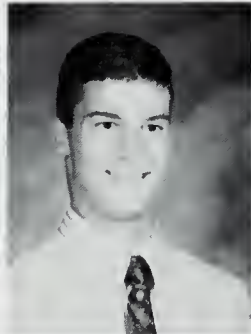
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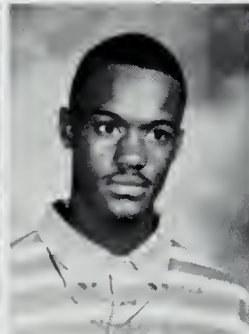
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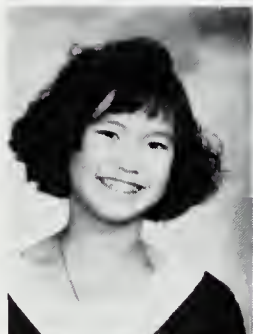
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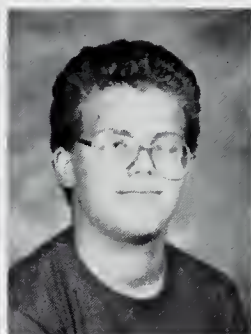
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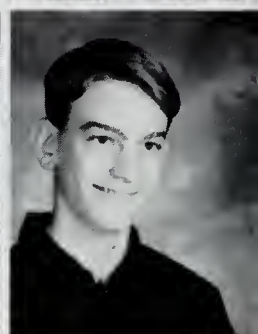
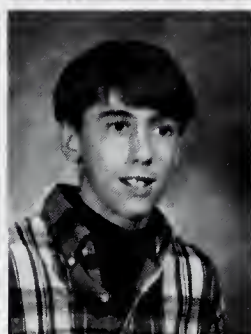
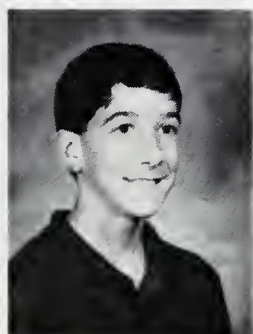
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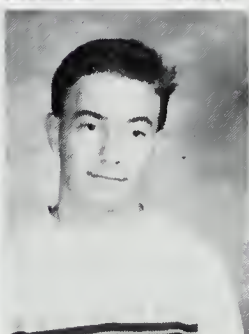
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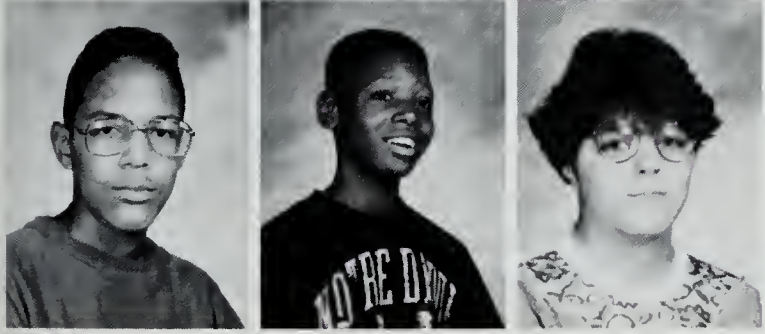
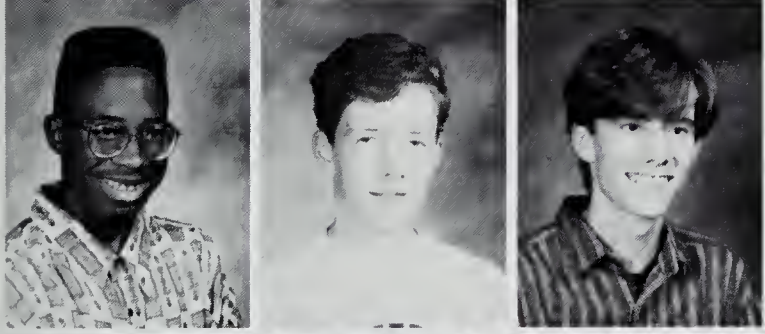
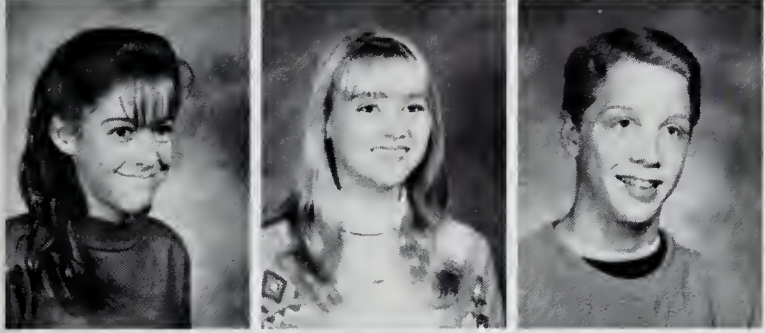


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Michael Lozier
Krista Ludwig
Jonathan Luedke
Katie Lyng
Angela McCarthy
Heather MacDonald



Christopher Maher
Joe Major
Alma Maldonado
Jodi Malinowski
Brent Maloney
Yolanda Martinez
Michael Martini
Dwayne Mason
Elizabeth Mason





► "Hey! When is it going to be my turn?" Freshman Jena Moorleghen tries to play video games while babysitting to pass the time.

► "What did you say?" To keep her charges happy, freshman Ryan Duncan plays a game. Games made everyone more relaxed.



Freshmen Take Control, Diapers and Bibs in Hand Junior Parents

► Friday night. Eight o'clock. She was standing in front of the mirror, primping for a night out. Dressed to kill, she wanted to make a good first impression. The door bell rang; she opened the door to her date. "Hi! I'll be your babysitter tonight!"

Freshmen often babysat on the weekends. "I babysit for the money! I've had jobs since I moved in here two years

ago. I get all that my sister rejects. I end up lending her money!" said freshman Gail Boyle.

Some, however, did not have a choice; babysitting was a mandatory chore. Parents drafted older brothers and sisters to care for the younger children, free of charge.

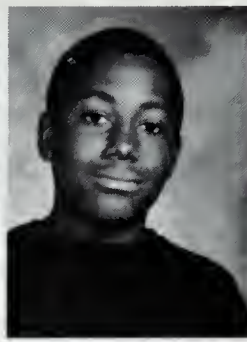
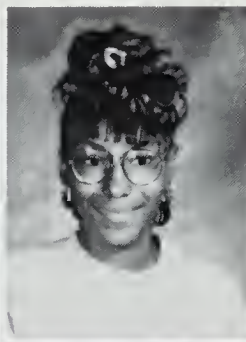
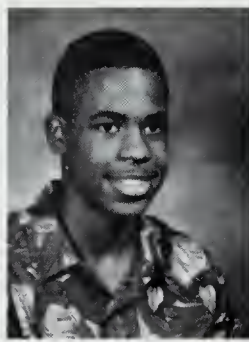
"I have to watch my younger brother every afternoon right after school. I can't get a job because of this," freshman Sarah

Flannagan said.

"I have two little sisters who I babysit. They have a hard time listening to me because I'm only their sister, not their mother," said freshman Lisa Wright.

Babysitting spanned all genders, as Jeff Hummel said, "Even though I am a male, I find it challenging to care for younger children. I enjoy making easy money."

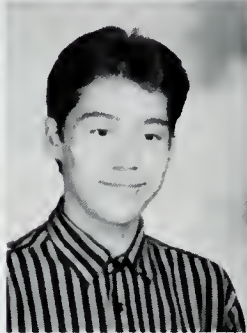
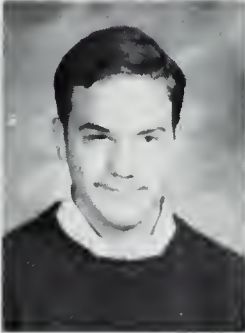
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Sean McCorkle
Brian McDonald
Jeremy McDonald



Heather McDonnell
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Molly McGee
Tynesha McKie
Gena McKinney
Kyle McKnight
Jeremy McLaughlin
Carrie McLeod
Mike McNamara



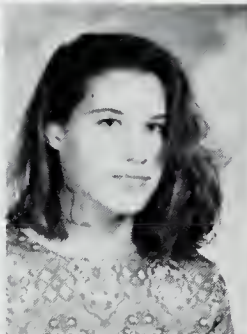
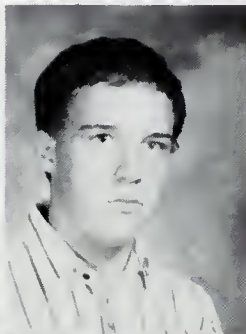
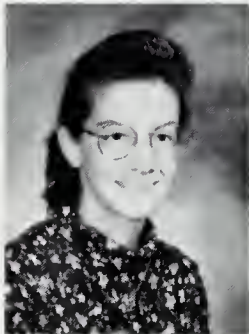
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Rob Meyerson
Jackie Michaliga



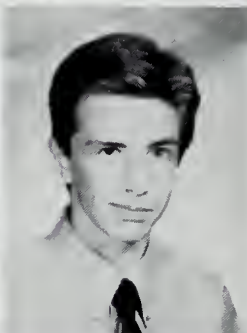
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Bobby Moore



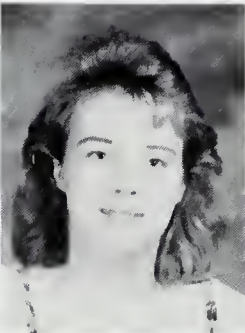
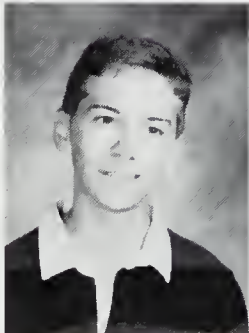
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George Morris
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Kimani Morton
Shawn Mullen



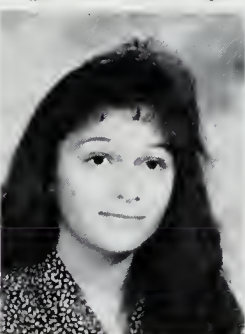
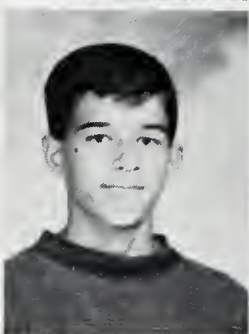
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Rita Murphy
Christine Myers
Matt Myskowski
Chris Neblett
Madeline Neely
Robert Neill
Jessica Nelson



Michael Nelson
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Andrew Newhouse
Allison Nichols
Stacey Niewiadomski
James Noel
Marty Noel
Heather Nolton
Theresa Norcross



Arnold Nowinski
Michelle Obando
Roxana Olivera
Christina Orr
Andy Osborn
Lori Owens
Brice Owens
Sung Pak
Alex Perez





Trying to Beat the Bell Any Way They Can Library Cut!

▶ "The hall is just too crowded. We'd better cut through the library to save time or we're going to be late!"

Why did so many freshmen run through the library between classes? It became a phenomenon many upperclassmen noticed. What were their reasons?

Freshman Laura Williams said, "I run through the library all the time because it's a lot easier than fighting my way through

the hallways. It's not like the librarians are waiting behind the card catalog ready to get us!"

Although freshman knew it was against the rules, few seemed to give that much thought. As Jamie Holliday said, "I've done it a couple of times when I was going to be late and it's no big deal. It didn't even save me that much time. And nobody really cared. I don't think anyone even noticed."

Some freshmen hardly found cutting through the

library necessary. Freshman Amy King explained, "Most of the time, I just meet my friends outside a pod and walk with them between classes. Only when I'm running really late do I ever bother to cut through the library. It hardly saves you any time, and you never know when they'll start enforcing the "no-cut" rule on us! Out of the blue one day, you could get busted."



▶ Freshman Barry Gauch ignores the posted warning and cuts through the library anyway, as was common practice among students.

▶ Freshmen Guyisha Alston, Sabrina Reeves, and Gloria Washington often meet at the entrance of the library to cut through.

A Question of Creativity To Doodle or Not Doodle

Artistic Habits

► The entire notebook was etched in pen ink. Each page was covered with marks of her boredom. The teacher announced notebooks were to be turned in for a grade. Frantically, the student attempted to erase the indelible ink.

Boredom was an initiator of doodling. "It is the only thing I can do to keep from falling asleep in class," said freshman Emily Reid. Anything and

everything was drawn. Scary, four-eyed monsters, intricate mazes, and simple daisies were all indicators of wandering, unfocused thoughts.

Others felt doodling was a way to express feelings. "Scribbles tell a lot about a person's mood on a given day," said freshman Lindsay Hughes. Boxes signified an analytical mood, hearts identified those in love, and curly scribbles signified those unaffected by stress

and pressure. Yet some still disagreed.

"I doodle only when I know I won't get into trouble. And then, I don't doodle anything specific, only whatever I feel like," said freshman Alex Chemerys.

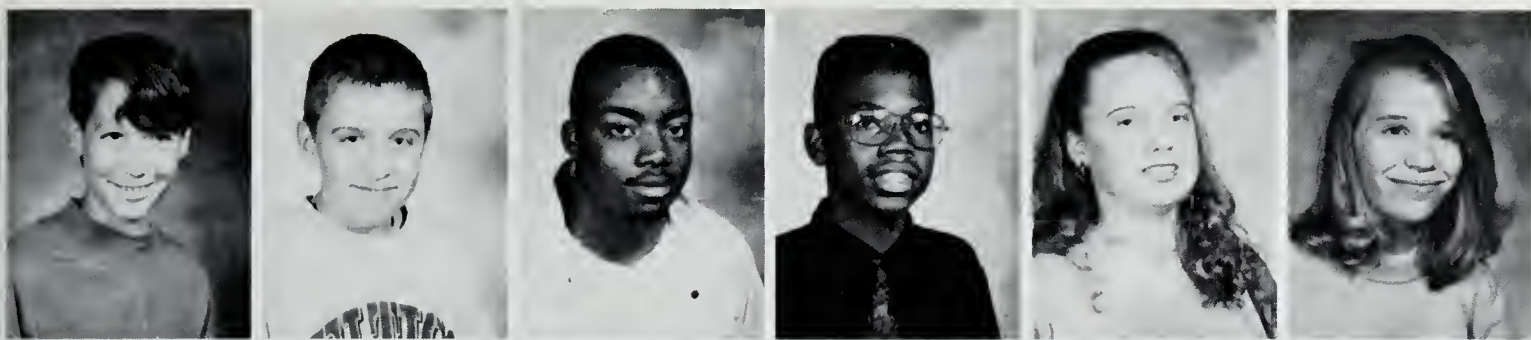
Doodling was the favorite pastime of students everywhere. Stories of boredom and love were found in scribbles across the covers of binders and pages of spirals.



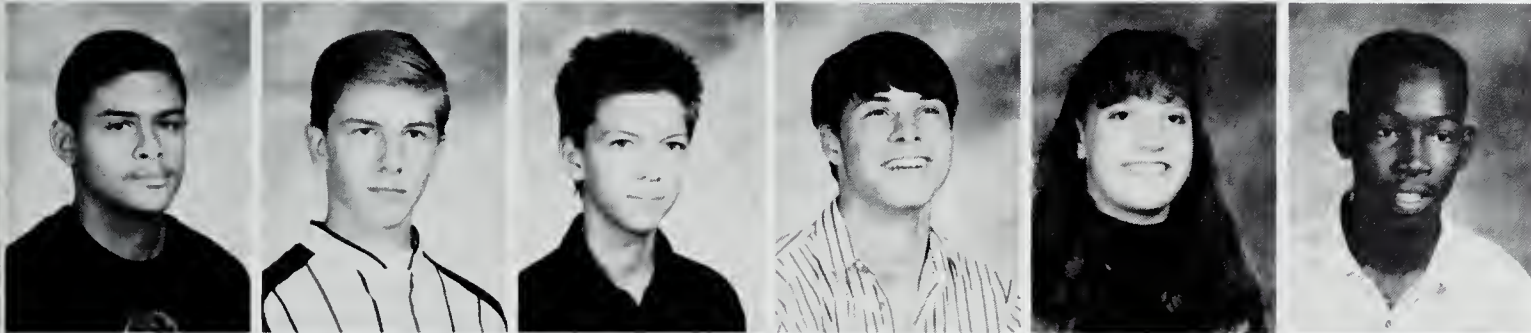
► Engulfed by study hall boredom, freshman Derek Forest lazily draws circles around the corners of his homework.

► Trying to decipher an intricate problem, freshman James Studebaker sketches on his notebook while brainstorming.

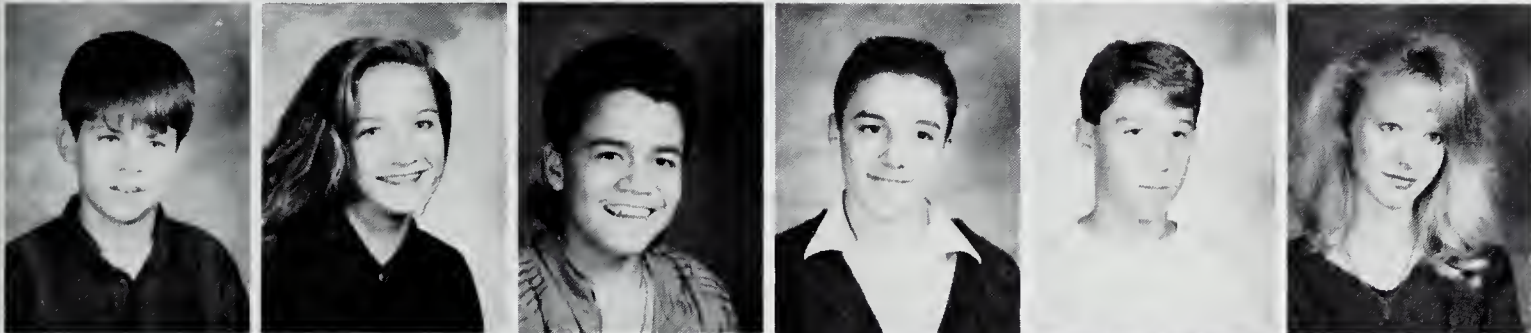




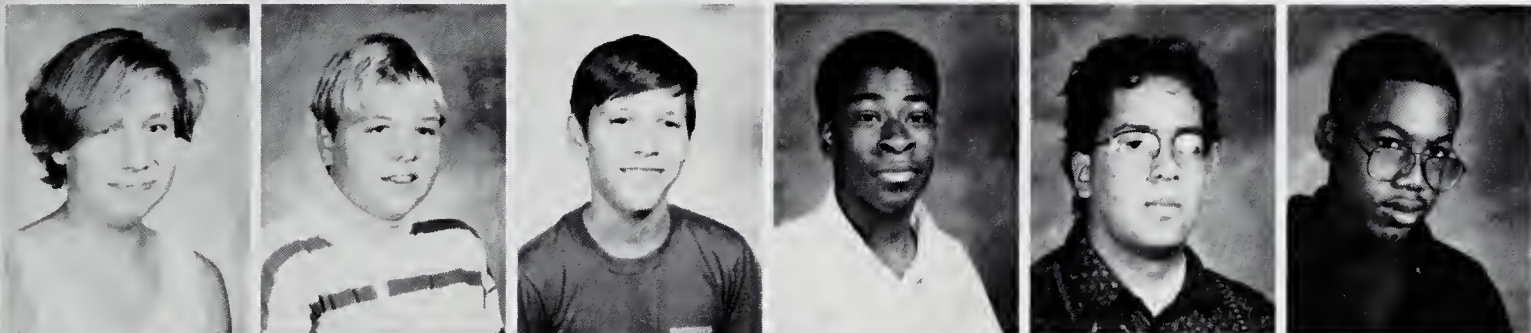
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David Paroskie
Phillip Pate
Keith Patterson
Shannon Patterson
Tiffany Paul
Adrian Payne



Jeremy Payne
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Emilio Perez
Steve Perry
Jason Peterson
Nathan Phillips
Shelly Piazza
John Pitts



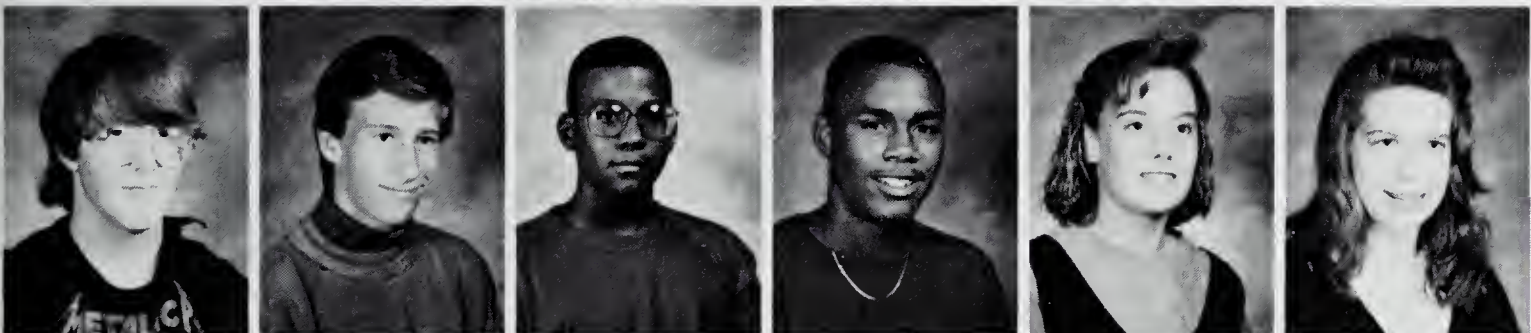
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Melissa Pratt



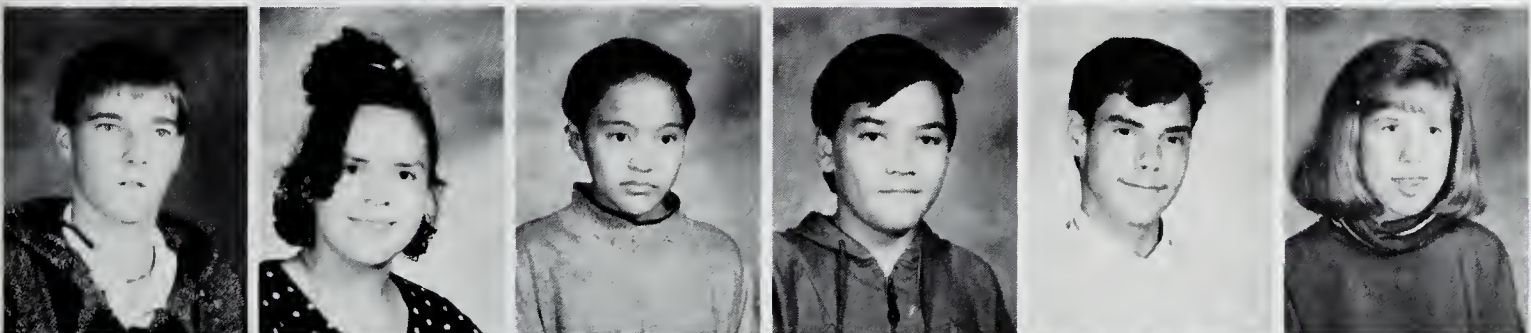
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Jeff Quinn
Laurie Radatz
Jason Rainey
Robert Rainey
Rodney Ralph
Allen Rankin
Reginal Ray II



Stephanie Redmon
Hope Reed
Jamie Reese
Sabrina Reeves
Emily Reid
Ragean Reigle
Toni Reinhart
Chris Remer
Jenny Reyes



Matthew Rice
Jamie Richardson
Jehramy Richardson
Mike Richardson
Patrick Richardson
Stephen Riley
Tauareen Riley
Terri Risko
Suzanna Ritchie



Debbie Rivera
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Majick Robinson
Jason Roche
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Bryant Roque
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Linda Ross

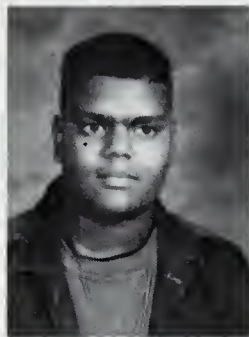


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Rhi Sampson
Tanema Sanders
Roberto Santiago
Maria Santos
Nancy Santos
Tom Saucerman
Amy Saunders

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Jennifer Schwarz
Tiffany Schwentner
Jennifer Scott
Suzanne Sears



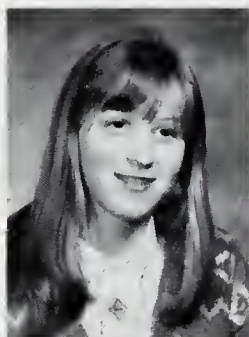
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Brian Self
John Sellers
Sydney Sentman
Hamida Shafiq
Justin Shartzler
Jennifer Shaw
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Noelle Shaw
Lisa Shimel
Kimberly Shires
Betsy Shokri
Rebecca Shreve
Karen Shull
Lynette Simmons
Jason Simpson
Ryan Simpson



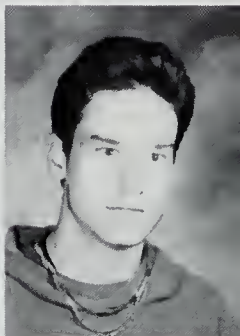
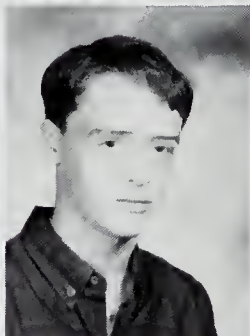
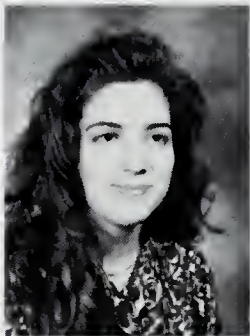
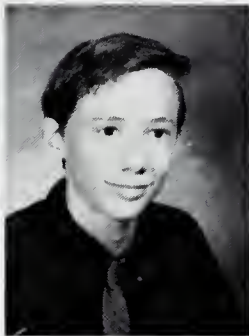
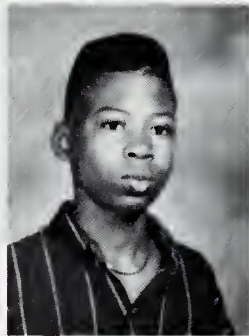
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Dan Sisco
Lynn Slatcher
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Mike Small
Dawnisha Smith
Jacqueline Smith
Jim Smith



Karen Smith
Lemarcus Smith
Malikah Smith
Cristine Sotelo
Maria Soto
Jared Stablier
Rayna Stengel
Danita Stephenson
Brandy Stevens



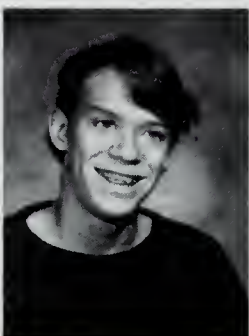
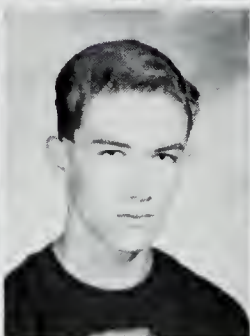
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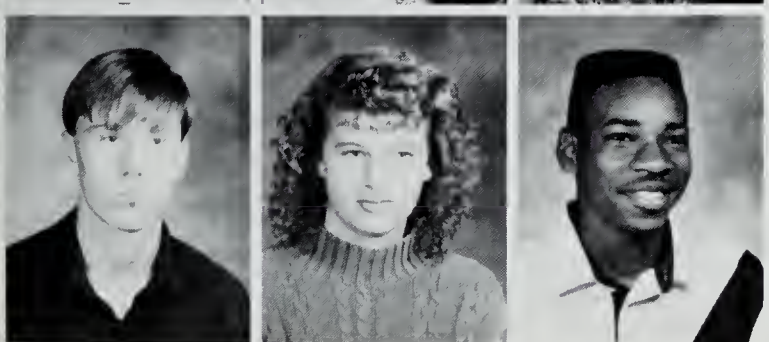
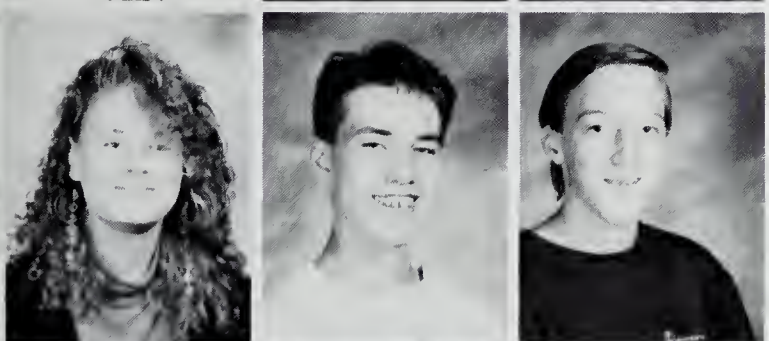
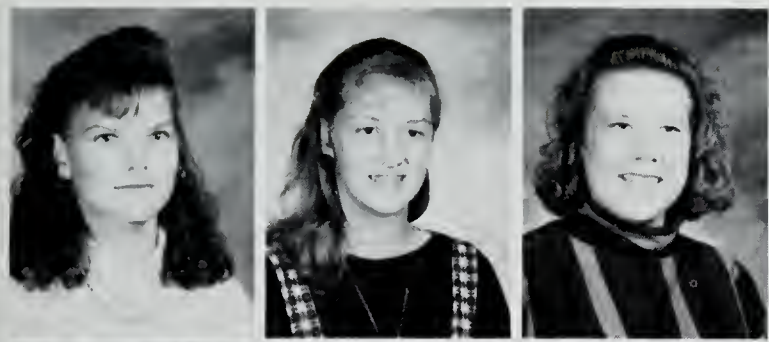


Courtney Summy
Melissa Surber
Amy Sutton
Amy Swann
Leslianne Swanson
Lisa Swanson
Jerry Sykes
Freba Tahmas
Jennifer Tate



Tammy Tavares
Derrick Taylor
Jay Taylor
Mike Taylor
Danny Terry
Daneeka Thomas
Darrell Thomas
Jennifer Thompson
Lee Thompson





Freshmen Attending Games Do They See Every Play?

Social vs. Games

▶ Did you see that play? Who made the basket? Was it a three pointer or a two pointer? Will someone please tell me what just happened?" asked freshman Jen Kodatt. During basketball games or any other sporting event, these words echoed out of the mouths of freshman who entertained themselves by socializing rather than watching the game.

Since age eliminated driving, Friday night games were a haven for

freshmen. "You know there will always be people at the games, and it was a great time to socialize. Occasionally we'd watch the game if we knew someone playing!" said freshman Carol Gibson.

Big sporting events, such as the Superbowl, provided a perfect opportunity for friends to assemble in a comfortable setting. "Come Superbowl time, we decided whose house to go to and who was to bring what type of food! Nothing

beats watching a good game with close friends and awesome food!" said freshman Jena Moorleghen.

Sporting events provided an escape from parental supervision, as well as a perfect chance to discuss the events of the day. And if the game proved to be close, one might see a couple outstanding plays. Sporting events also gave freshmen a glimpse of high school life above and beyond the books.



▶ Making sure to catch every dunk, freshman Tommy Schoegler watches Sunday basketball instead of hitting the books.

▶ Freshmen Mike Lozier and Robbie Burger keep their eyes glued to the T.V. On cold winter days, ESPN was a favorite station for young men.



► Preparing for the morning workload, freshmen Keith Delendo eats a nutritious snack. Being hungry made Mondays, even more unbearable.

► "What happened to the weekend?" Coming in a few periods late, freshmen Tony Faulds gets a late pass from Mrs. Smith.



Getting Back Into The Routine Of Weekday Living *Monday, Monday*

► "Hey there Northern Virginia, rise and shine. It's..." Keep it down alarm. I'm trying to catch some Z's. Still semi-unconscious the student slams on the snooze and covers his head with a pillow. Suddenly he remembers. Yikes! It's Monday!

Students sluggishly made their appearance on the first day of the week. After two days of not coming to school, fresh-

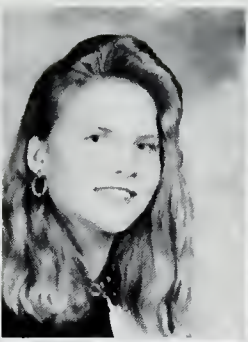
men quickly got out of the habit. School? Teachers? Homework? What were those things? They were left behind on Friday. Students were trying to recuperate from their weekend activities.

"It's really hard to get going on Mondays. I'm still in the weekend mode," said freshman Danny Flaherty.

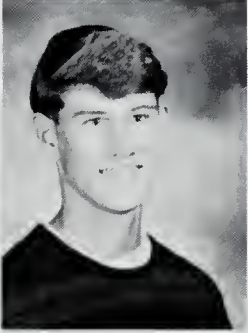
Freshman Angie McCarthy and Lorelle Meriweather agreed that,

"Monday is the beginning of forever. It's terrible. The whole week is ahead and the weekend is so far away."

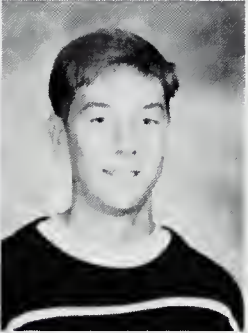
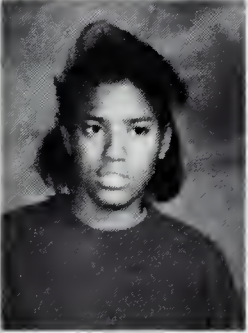
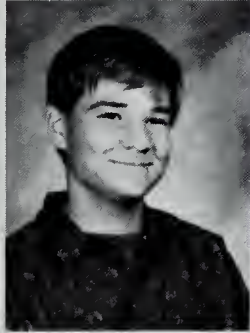
Was there anything positive about Mondays? Many students liked seeing their friends and socializing. Others found it altogether disagreeable. "I can't think of anything good about Mondays except it's the best day to miss," shared freshman Daniel Clark.



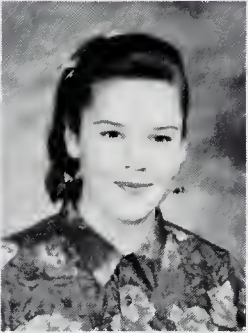
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Kym Turner
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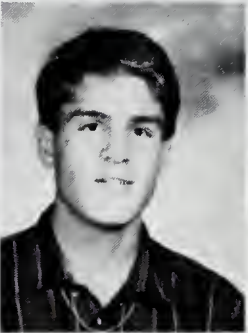
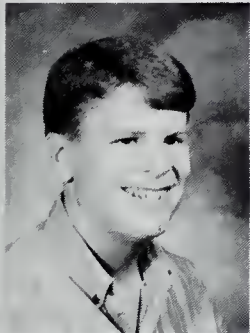
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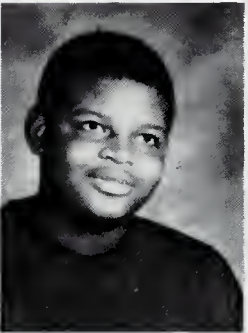
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Alicia Walker
Elliot Walls



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Debbie Ward
Sabrina Wariner
Brandyne Warren
Tanya Warren
Gloria Washington
Jonell Washington
Colleen Watson
Laura Watson



Paul Watson
Suzanne Watson
Hayden Webb
Brian Webber
Wendy Weeks
Christopher Wells
Kara Wesley
Jacob Wheaton
Aimee White



Suzanne White
Donald Whitfield
Roy Wilhelm
Angela Williams
Jay Jay Williams
Laura Williams
Laura Williams
Myca Williams
Patrick C. Williams



Krystal Wilson
Rodney Wilson
Robert Wilson
Tiffany Winston
Julie Wise
Ryan Witherell
Rebecca Woodcock
Rachel Woolfolk
Carole Woolley



Dan Yalch
Ryan Yoho
Robert Young
Sara Young
Audrey Zamora
Kristin Zerkow
Tim Zimbro

Ms. Margaret Adcock: Guidance Counselor, Senior liason.
Mrs. Dee Allen: General Math, Consumer, Math, Algebra I Part II, JV Cheerleaders' Sponsor, Senior Class Sponsor.

Mrs. Nancy Alvis: Keyboarding Applications, Office Specialist I, FBLA Sponsor.
Ms. Janice Atkinson: Sign Language Interpreter
Mrs. Linda Bell: Health & Physical Education

10, Driver's Education, Senior Class Sponsor.
Mr. Rob Benson: Concert Orchestra, Advanced Orchestra, Orchestra Ensemble, Piano, Boys JV Basketball Coach, Girls JV Soccer Coach.

Mrs. Kathy Bergmann: Accounting, Keyboarding Applications, FBLA Sponsor.
Mr. Phyllis Bishop: Biology I.
Mrs. Susan Bona-Bonaquisti: Health and Physical Education, Driver's Education

, Varsity Club Sponsor, Varsity Gymnastics Coach.
Ms. Cheryl Bonat: Algebra II, Algebra I, Part I, Senior Class Sponsor.
Ms. Reba Branch: Guidance Counselor.
Mrs. Penny Brindley: Algebra I, Ge-

Go Vikings! Assistant Principal, Mr. Ross cheers for the football team during a fall pep rally. Administration planned all spirit activities.

Picture perfect. Members of the faculty who dressed up for Halloween assembled for a picture. Halloween was part of Homecoming festivities.



Clowning Around

Teachers Express Spirit and Respect

For teachers, it was difficult to have to prepare innovative lesson plans on a daily basis, never mind play an active role in the workings of the school. Despite these obstacles, many teachers spent extra time breeding school spirit in students, whether by wearing green and gold or going to basketball games.

"Teachers need to par-

ticipate and show enthusiasm whether it be in the classroom or out. Recognition in one area helps us to get recognition in other areas," said Mr. Bish, who taught Advanced Placement Government and sponsored three clubs.

"Sometimes I tend to focus more on the academic aspects of this school's curriculum," said Mrs. Meyerle, the junior

Honors English teacher. "This school has more spirit than any other school that I have worked at. I am really impressed! In a time when school spirit is going out of style, it is refreshing to see such involvement here."

School spirit wasn't only a luxury but a responsibility of both students and teachers. "It is a matter of mutual respect. If

the teachers expect students to take interest in class, we, the teachers have to take interest in the extracurricular activities," said Mrs. McPherson, an AP Government teacher.

Senior George Forsythe said, "If teachers are spirited, it rubs off on all the students."

ometry.
Mrs. Elaine Buckey: American Studies I, Head Cheerleading Sponsor.
Mrs. Gail Burda: English 9, European Travel Sponsor.
Mrs. Susan Burdett: Spanish II, Span-

ish III.
Mrs. Sue Burns: Learning Strategies, Compensatory Skills I and II.
Mrs. Debbie Cahill: English 9 & 10.
Mrs. Carol Carpenter: English 12, AP English 12, Beta Club Sponsor, Na-

tional Honor Society Sponsor.
Ms. Gretchen Carr: American Studies II.
Mr. William Carreiro: Guidance Counselor
Mrs. Elizabeth Catron: Gifted Educa-

tion G.E.M.S.
Mr. Mark Chmelko: Earth Science, Girls Varsity Soccer Coach.
Mr. Thomas Cindric: Algebra II, Probability and Statistics, JV Softball Coach.

Ms. Maryann Clarke: Algebra I Part I, Geometry, Crew Coach.
Ms. Susanne Cleary: Child Care Occupations I & II, Life Management Skills I & II, FHA Sponsor.
Ms. Pamela Conn: World Studies I, Vi-



Clowning around. Mrs. Hailey answers questions and teaches despite her unusual costume, a clown suit complete with a blue face mask.

Dressed for trick-or-treating, Mrs. Schuckman and Mrs. Cotman help a student find a book. Both took great pains with their costumes.



Hurry up! Mr. Campbell struggles to tie a balloon, sit on it, and pop it during a relay race. Pep rallies featured class competitions.

Sweating it Out

Side by Side with Student Athletes

While some teachers preferred to finish their day as the last bell sounded, a select group chose to stay behind. Instead of rushing home, they changed mental gears from teaching to a completely different mindset; these teachers chose to coach.

While coaching involved some teaching, it

removed some of the formalities. "I enjoy coaching because it allows me to relate to students in a different way than I would in the class format," said Mrs. Boyd, the coach of women's varsity field hockey.

"I also believe that sports are intertwined with academics. I have strict regulations for my

players. If one grade falls below a D, they don't play," she said.

Coaches also enjoyed a special bond with their team. "We're like a family," said Mrs. Buckey, the varsity cheerleading coach.

"I coach because I love it! It's a permanent and important part of my life. I could never give it up!"

she said.

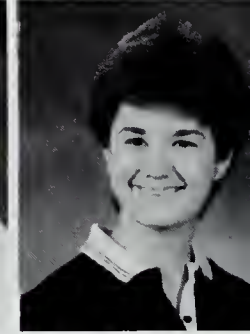
For some, teaching would not have been as fulfilling without the opportunity to coach. Mr. DeLeonardis, a math teacher, said, "Why do I coach? I like it. It makes me feel that I have a stronger bond with the school. I'm busier now, but I thrive on it. I enjoy it more."



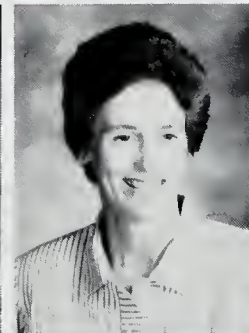
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Mrs. Nancy Alvis
Ms. Janice Atkinson
Mrs. Linda Bell
Mr. Rob Benson



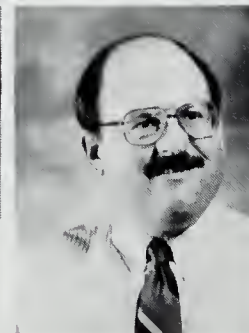
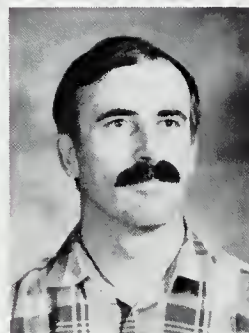
Mrs. Kathy Bergmann
Ms. Phyllis Bishop
Mrs. Susan Bonaquisti
Ms. Cheryl Bonat
Ms. Reba Branch
Mrs. Penny Brindley



Mrs. Elaine Buckey
Mrs. Gail Burda
Mrs. Susan Burdett
Mrs. Susan Burns
Mrs. Deborah Cahill
Miss Gretchen Carr



Mr. William Carreiro
Mrs. Elizabeth Catron
Mr. Mark Chmelko
Mr. Thomas Cindric
Ms. MaryAnn Clarke
Ms. Susanne Cleary



kette Drill Team Sponsor.
Ms. Ginger Collier: Earth Science, Sophomore Class Sponsor.
Mrs. Nancy Cox: Keyboarding Applications, Introduction to Business, FBIA Sponsor, Sophomore Class Sponsor.

Ms. Susan Cunningham: English 9, English 12, European Travel Sponsor.
Mr. Ed DeLeonardis: Algebra II, Geometry, Crew Coach, Swim Coach.
Mrs. Thora Davis: Resource, Freshman Class Sponsor.

Mrs. Gwen DiCroce: Art, AP Art, National Art Honor Society Sponsor.
Ms. Linda Dorsey: Biology I, Applied Biology, Senior Class Sponsor.
Ms. Sharon Drake: Algebra, Geometry.
Ms. Carol Drammeh: English 10

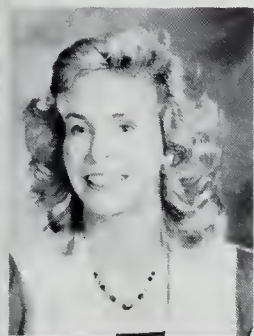
Mr. Jim Edwards: Consumer Math, General Math, Varsity Softball Coach, Girls' JV Basketball Coach.
Mrs. Beverly Ellis: 20th Century History, AP American History.
Mrs. Pam Emert: Relationships, Child

Development, Independent Living, FHA Sponsor.
Mr. Rob Everton: Industrial Cooperative Training I & II, VICA Sponsor.
Mrs. Sue Farris: English 11, NHS Sponsor.

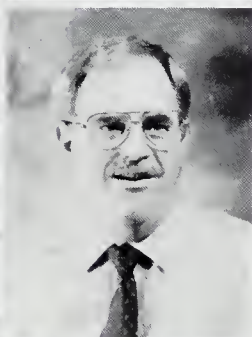


Does this hurt? Mrs. Bona examines a gymnast's ankle during an afterschool practice. All coaches had to know basic physical therapy.

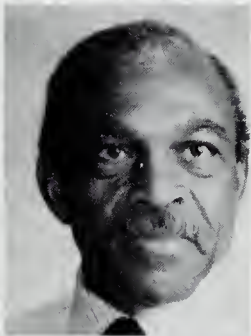
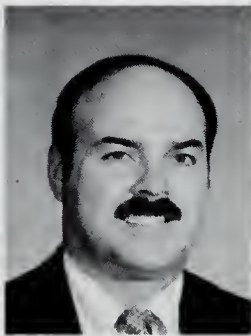
Get back on defense! Mr. Benson counsels the boys' freshmen basketball team during a time out. In the spring, he coached girls' JV soccer.



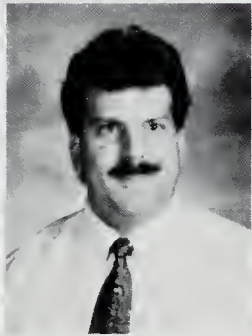
**Ms. Pamela Coan
Ms. Ginger Collier
Ms. Nancy Cox
Ms. Susan Cunningham
Mrs. Thora Davis
Mr. Ed DeLeonardis**



**Mrs. Gwen DiCroe
Ms. Linda Dorsey
Ms. Sharon Drake
Ms. Carol Drammeh
Mr. Jim Edwards
Mrs. Beverly Ellis**



**Mrs. Pam Emert
Mr. Bob Everton
Mrs. Sue Farris
Mr. Lewis Forrest
Ms. Mary Gaines
Mrs. Karen Garon**



**Ms. Linda Geer
Mrs. Glorine Gholson
Mr. Haig Gojekian
Mrs. Eva Goods
Mrs. Ellen Guillen
Ms. Gina Guillory**

Mr. Lewis Forrest: Resource, Girls Tennis Coach, Girls Freshman Basketball Coach.
Mrs. Mary Gaines: American Studies I
Mrs. Karen Garon: Spanish II & III, Spanish Honor Society Sponsor.

Ms. Linda Geer: Peer Relationships, Discovering Foods, Foods for Entertainment, Freshman Cheerleading Sponsor.
Mrs. Glorine Gholson: Office Systems, Office Specialist II, Keyboarding Ap-

plications, FBLA Sponsor.
Mr. Haig Gojekian: Librarian, Football Coach, Weightlifting Club.
Mrs. Eva Goods: English 10
Mrs. Ellen Guillen: Cooperative Office Education, Information/Word Process-

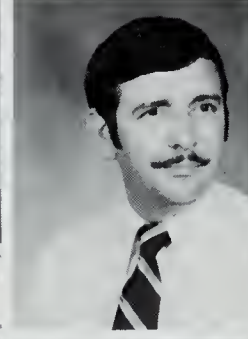
ing, Office Specialist II, FBLA Sponsor.
Ms. Gina Guillory: Compensatory Skills, Learning Activities, Freshman Sponsor.
Cathy Hailey: English 11, Creative Writing, Eddas sponsor.

Kenneth F. Hailey: Art, Art A.P., Freshman Class Sponsor, Eddas sponsor.
Mary Ann Hardebeck: Reading Specialist, Junior Class sponsor.
Pat Harrison: Guidance Counselor.
Timothy L. Healey: English 10, 11,

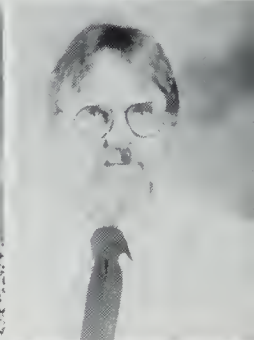
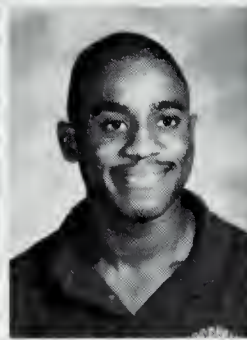
Mrs. Cathy Hailey
Mr. Kenneth Hailey
Mrs. Mary Ann Hardebeck
Mr. Pat Harrison
Mr. Tim Healey
Mrs. Julie Hicks



Mrs. Margaret Holt
Mr. William Hurst
Mrs. Alma Jackson
Mrs. Barbara Jackson
Mr. Cecil Jarman
Mr. Darin Jensen



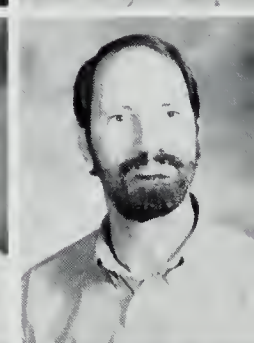
Mrs. Dolly Johnston-Cox
Mrs. Dawn Jones
Mr. Rodger Jones
Mr. Jack Kemp
Mrs. Patricia Kemp
Mr. Michael Kenney



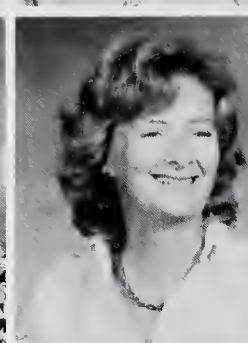
Mrs. Linda Krimmer
Ms. Judy Kyle
Mrs. Kathy Latham
Mrs. Rose Lee
Mr. Ed Linz
Ms. Nancy Livengood



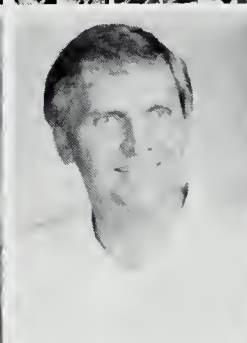
Mr. Larry Livingston
Ms. Jean Lusardi
Mr. Gerald MacDonald
Mr. Joe MacFarlane
Mr. Jeff Madorma
Mr. Don Maeyer



Mrs. Patricia Mahafkey
Mr. Alan Main
Mr. Howard McAllister
Mrs. Zayda McCorkle
Mrs. Anne McDow
Ms. Trina McFarland



Mrs. Mary McLaurin
Dr. Karen McPherson
Ms. Susan Mealiea
Mr. Sam Medore
Mrs. Marjorie Meyerle
Mrs. Mary Miles



Football, J.V. Baseball.
 Julie Hicks: Algebra I, Algebra III/Trig.,
 Swim Team.
 Margaret Holt: French I
 William Hurst: H. and P.E. 9.
 Alma R. Jackson: Data Processing II,

Keyboarding, Computer Concepts,
 F.B.L.A., Athletic Boosters.
 Barbara O. Jackson: English 9
 Cecil T. Jarman: Biology II, Football
 Chain Crew, Department Chairman.
 Darin Jensen: Exploring T.V., T.V. Pro-

duction, Viking T.V. Club.
 Dolly Johnston-Cox: Shorthand, Busi-
 ness Law, Business Management,
 F.B.L.A.
 Dawn Jones: H. and P.E. 9, Varsity Vol-
 leyball.

Rodger L. Jones Jr.: Alternative Ed./
 I.S.S. Coordinator, Indoor/Outdoor
 Track.
 Jack Kemp: BC AB Calculus, Algebra
 I.
 Patti Kemp: Functions/Analytic Ge-

ometry, A.P. Computer Science I, II,
 Teachers Roundtable Rep.
 Mr. Michael D. Kenney: School Social
 worker.
 Mrs. Linda Krimmer: Intro to Business,
 Keyboard Applications, Computer



“The joke’s on you,” laughed Mrs. Carpenter. Her afternoons were spent in the only classroom with windows helping her English students.

Burning the midnight oil Mrs. Webster, *Valkyrie* sponsor enters this month’s cover story into the computer for future revisions.



From Dawn Until Dusk

Teachers Slave Over Mountains of Ungraded Papers

The bell sounded sending throngs of students into the halls, heading for home. Teachers, however, did not get off quite so easily.

For most teachers, the day did not end at two o’clock. Teachers remained in classrooms, completing mounds of paperwork and sponsoring clubs.

Faculty members stayed after for various reasons. “I’m here every day at least until five o’clock in the evening,” said Mrs. Turner, who taught English, as well as speech classes.

“I like to be accessible to my students. I spend the time coaching Forensics and Student Congress, having student-

teacher conferences, or just tying up loose ends. Staying after helps facilitate my needs and the needs of my students. It also helps to bridge the barriers between me and my students. They know I am dedicated to helping them succeed,” said Mrs. Turner.

“I usually stay after to help my students who are

having difficulty. I also help them with all the computers. It gives me time to work with my students on a personal level,” said Mr. Zurko.

Others stayed to meet deadlines. “I’m here every afternoon for *Eddas*,” said Mrs. Hailey.

“Sometimes, I do not get home until five. I feel as if I have no life outside

of my classroom.”

“During layouts I’m frequently with the students until 10:30,” said Mrs. Webster, the sponsor of the *Valkyrie*, the school newspaper. On top of her responsibilities there, she also taught English and Journalism classes.

Concepts
Mrs. Judith Kyle: Spanish II, French I, Junior Class Sponsor, Recognition Committee.
Mrs. Kathy Latham: Spanish I, Spanish IV A.P., Spanish National Honor

Society.
Mrs. Rose Lee: Life Management Skills II, Interior Design, Independent Living, Clothing, FHA.
Mr. Ed. Linz: Physics.
Mrs. Nancy Livengood: Guidance Sec-

retary.
Larry Livingston: Auto Mechanics I & II, Faculty Senate, VICA Sponsor.
Ms. Jean C. Lusardi: Chemistry I, Consumer Chemistry, Junior Class Sponsor.

Mr. Gerald MacDonald: Geometry, Algebra II/Trigonometry.
Mr. Joseph MacFarlane: Concert Band, Varsity Woodwinds, Jazz Band, Guitar, Marching Band.
Mr. Jeff Madorma: Algebra I, Pep Club,

Junior Class Sponsor.
Mr. Don Maeyer: Vocational Electronics I and II, Electronics Technology, VICA.
Mrs. Patricia Mahafkey: Speech/Language Therapist.

Mr. Allen Main: Printing, Graphic Communications, VICA.
Mr. Howard W. McAllister: Communication Technology, Power and Transportation Technology, Basic Technical Drawing.

Mrs. Zayda L. McCorkle: Spanish V A.P., Spanish V, Spanish III.
Mrs. Anne McDow: French II, IV, V, French Honor Society.
Mrs. Trina MacFarland: Art.
Mrs. Mary P. McLaurin: Biology I, Student

Staff Recognition Committee Chairperson, Biology Department Coordinator.
Mrs. Karen McPherson: A.P. American Gov't, A.P. Comparative Gov't, Economics, Young Democrats.

Mrs. Susan L. Mealiea: Biology I, Junior Class Sponsor.
Mr. Sam Medore: Physical Education, Health, Driver's Education.
Mrs. Majorie Meyerle: English 11 Honors, English 10.

Mrs. Mary H. Miles: A.P. American History, American Studies I.
Mr. Don Miller: Health and P.E., Football
Mrs. Vivian H. Mitchell: English 11
Mrs. Lorraine Montanari: English 12,

Mr. Don Miller
Mrs. Vivian Mitchell
Mrs. Lorraine Montanari
Mrs. Dawn Moulen
Mr. Thomas Moulen
Mrs. Betty Mountjoy

Mrs. Sandy Munnell
Mrs. Debra Myles
Ms. Susan Novak
Mrs. Lori O'Farrell
Mrs. Susan Ohle
Mrs. Phyllis O'Toole

Mr. Mike Pallo
Mrs. Elaine Parker
Mrs. Sue Parker
Ms. Kim Perkins
Mr. Jim Petrus
Mr. Walter Piepke



Round the Clock

Teacher Couples Live, Love, and Work

When thinking of high school romances, a vision of giddy teens usually come to mind. That was not the only form of "school day love" that existed. Teacher couples, or husband and wife teachers, enjoyed sharing their profession with each other. Some couples even shared their workplace.

"My husband and I met at work. We both were working at Graham Park Middle. We started seeing each other and one thing just led to another," said Mrs. Hailey, an English teacher and the advisor to

the literary magazine.

"Even though we work at the same school again, we hardly ever see each other during the school day. We have completely opposite schedules. If we want to see each other we have to either interrupt a class or wait until the end of the day. Except for the car rides, it's almost as if we worked at different places."

Other teachers had 'dates' within their busy days. Mrs. Moulen, an English teacher and the yearbook advisor, saved her fifth period lunch for

her husband. Mr. Moulen who taught Small Engine Repair. "We always eat lunch together because it gives us more time together," said Mrs. Moulen.

"We met through another school-related activity. We both were crew coaches. at the time, he coached for Gar-Field. Now, I spend my afternoons in the yearbook room and he coaches for Woodbridge. With our afternoons gone, we need all the time we can get!"

Some teachers found it difficult to work together.

"My husband & I once taught chemistry at the same school," said Mrs. Mitsak, a teacher for the Gifted and Talented program. "It only lasted three days! Now, I spend less time at one school, so when we are working at the same school, there's no pressure at all. He does his job, and I do mine."

A 2:30 consultation! Mr. and Mrs. Hailey discuss possible artwork for Eddas. Mixing work and home life, they posed names for their new baby.



English 9, SAT Prep Classes.

Mrs. Dawn Moulen: English 11, Yearbook.
Mr. Thomas Moulen: Small Engine Repair I and II, VICA, Crew.
Mrs. Betty Mountjoy: Chemistry, Sen-

ior Class Sponsor.

Mrs. Sandy Munnell: English 12, American Civilization, Technology Supervision, Computer Club Sponsor.
Mrs. Debra Myles: Cosmetology I, Cosmetology II, VICA Sponsor.

Ms. Susan Novak: Sociology.

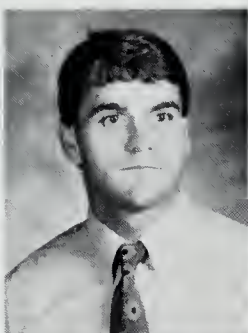
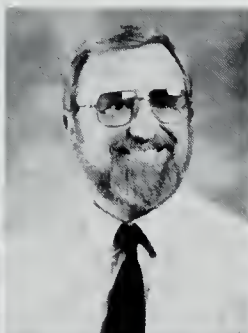
Mrs. O'Farrell: Biology, Junior Class Sponsor.
Mrs. Susan T. Ohle: Spanish I, II, III, Senior Class Sponsor.
Mrs. Phyllis O'Toole: Guidance Direc-

tor.

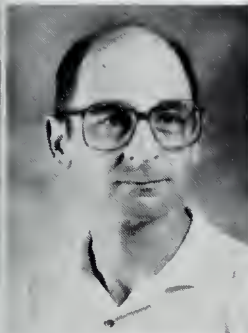
Mr. Mike Pallo: Drafting I, II, Football.
Mrs. Elaine B. Parker: Spanish IV, I, Junior Class Sponsor.
Mrs. Sue Parker: Data Processing I, II, Accounting Computer Applications,

FBLA.

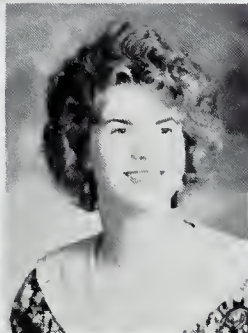
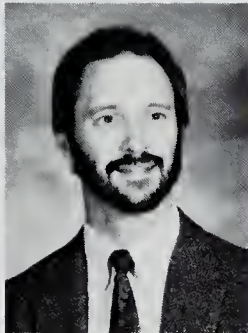
Ms. Kim Perkins: Keyboarding Applications, Introduction to Business, FBLA.
Mr. Jim Petrus: American Studies II.
Mr. Walter Piepke: Art.



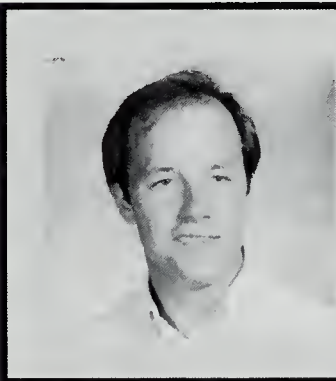
Mrs. Harriet Pinckard
Mr. Douglas Pinion
Mr. Joe Potente
Mr. James Poythress
Ms. Alison Prevost
Mrs. Greta Raines



Mr. Arthur Rodgers
Mr. Jon Rose
Mrs. Linda Ross
Mrs. Cheryl Saggars
Ms. Deborah Sehl
Ms. Rhonda Shaw



Ms. Susan Shuster
Mr. Albert Smith
Ms. Kalyn Speakes
Mr. Charles Staunton
Mrs. Becky Sundberg
Mrs. Joyce Sustar



"Working in the same school makes it easier to plan our personal life since we always know when the other is going to be getting off work."

Mr. Thomas Moulen

How's it going? Mr. and Mrs. Robinson discuss their days before beginning afternoon activities: Basketball and Career Club.

**Ms. Sharon Traylor
Mrs. Catherine Turner
Ms. Kathryn Voehl**



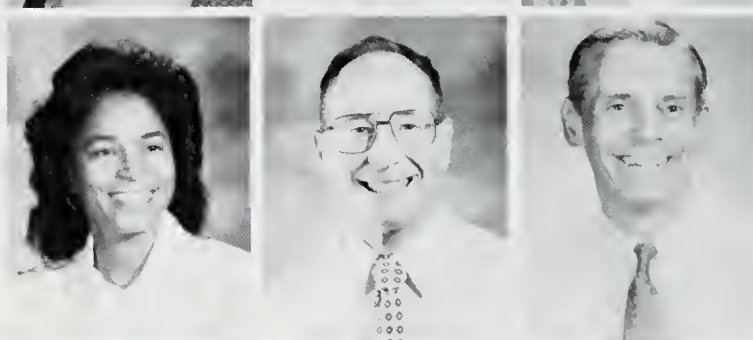
**Mrs. Nancy Vogt
Mrs. Josephine Volzer
Mrs. Jeanne Warner**



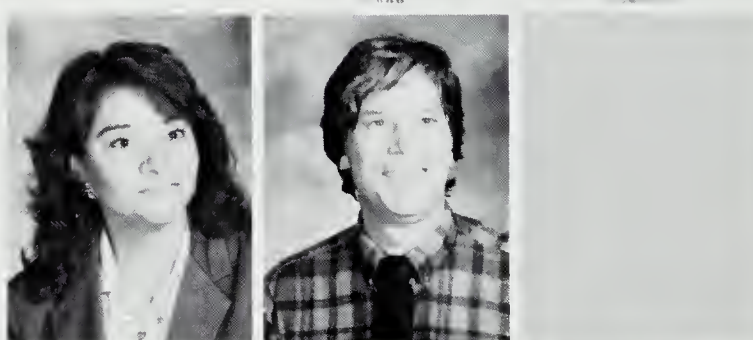
**Mrs. Anne Webster
Mrs. Cynthia Wild
Mrs. Clara Wittman**



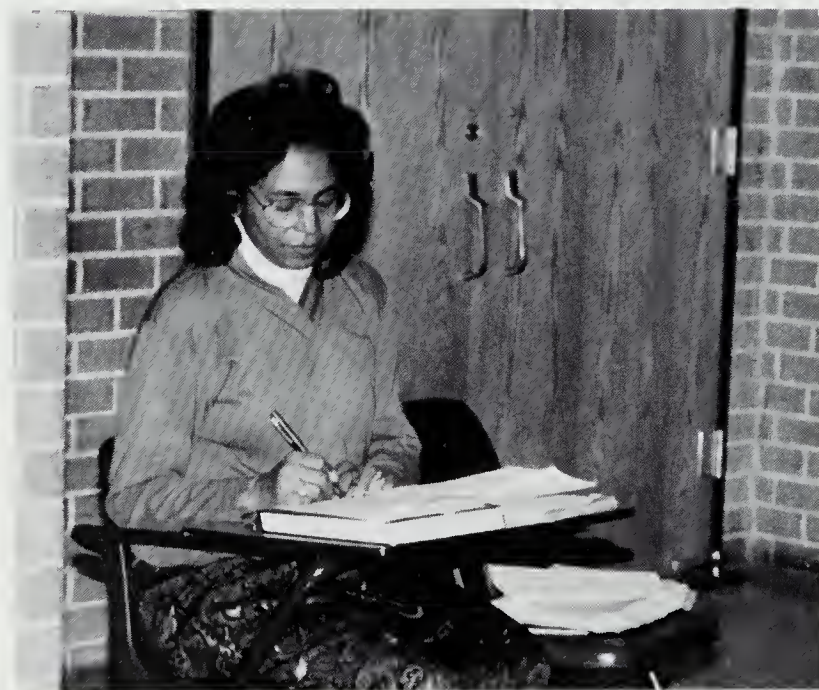
**Mrs. Elsie Woodland
Mr. James Young
Mr. Tony Zographos**



**Mrs. Maria Zuniga
Mr. Nick Zurko**



With a stack of ungraded papers, Mrs. Woodland sits outside the stage door during B and C lunch. For an hour, she monitored the hall.



Mrs. Harriet Pinckard: Guidance Counselor.
Mr. Douglas Pinion: Biology I, II, Boys Junior Varsity Soccer Coach, Senior Class.
Mr. Joe Potente: English.

Mr. James S. Poythress: World Studies I, American Studies I, Football.
Ms. Alison Prevost: Hearing Impaired, Special Education.
Mr. Arthur J. Rodgers: Driver Education, Cross Country, Indoor Track,

Outdoor Track.
Mr. Jon Rose: German I, II, IV, V, Delta Epsilon Phi, National German Honor Society, Deutschverein.
Mrs. Linda Ross: School Psychologist.
Mrs. Cheryl A. Saggors: Art, Art Club

Sponsor.
Ms. Deborah J. Sehl: Accounting, Keyboarding Applications, Sophomore Class Sponsor, FBLA.
Ms. Rhonda Shaw: English as a Second Language.

Ms. Susan Shuster: Substance Abuse Counselor.
Mr. Albert L. Smith: Speech and Drama, Drama Club, International Thespian Society.
Ms. Kalyn Speakes: English.



Watch Out

Teachers on the Prowl

Whether walking the empty halls during third period or monitoring the cafeteria, teachers and administrators were on the prowl. Armed with grade books, and in some cases, walkie talkies, they searched for any disruption of the learning process.

Simply walking the halls, however, was not the only way teachers spent their duty periods.

"As the department

Where's your pass? Mrs. Garon checks passes and monitors traffic flow from the senior locker bay into the hall during B and C lunch.

chair for foreign language, I spend my two supervisory periods, first and seventh, taking care of departmental business," Mrs. McDow, a French teacher, said.

"During first period I make sure every class has all its equipment, collect attendance cards, set up substitutes in the right classrooms, and take care of meetings with guidance and Mrs. White."

"I spend every other week monitoring a study hall," said Mrs. Goode, an English teacher. "It adds to my work load because I am required to submit effort and conduct grades

for every student. The study hall is during first period, though. This makes my job so much easier than it was before. Most kids are still half-asleep then."

Other teachers still spent their duty periods the old-fashioned way. "I walk the halls, checking for passes," Mrs. Miles, an AP History and American Studies teacher, said.

"However, every Thursday I screen students for special education classes. By doing that, I put my time for the duty period to good use."



What do you think? Mrs. Mitchell and Mrs. Hardebeck, the reading specialist, discuss future activities during a duty period.

Calm, cool, and collected. Ms. Shaw leans against the cafeteria wall as she keeps an eye on the students eating lunch.

Mr. Charles B. Staunton: Spanish I, II.
Mrs. Becky Sundberg: Copy Center Clerk, Drama.
Mrs. Joyce Sustar: World Studies I.
Ms. Sharon Thigpen T aylor: Spanish II, III, Cultural Awareness Club.

Mrs. Catherine Y. Turner: Speech I, English 10, Forensics and Student Congress.
Ms. Kathryn Voehl: Chemistry I, Consumer Chemistry, Junior Class.
Mrs. Nancy Vogt: Functions — Trig.

Geometry, Algebra I Part II, Norsemen.
Mrs. Josephine Volzer: French III, AP French V.
Mrs. Jeanne Warner: English 9, 10, Senior Class Sponsor.
Mrs. Anne Webster: English 10, Jour-

nallism I, *Valkyrie*.
Mrs. Cynthia Wild: Health and Physical Education, Driver Education.
Mrs. Clara Wittman: Introduction to Business, Keyboarding Applications, FBLA.

Mrs. Elsie Woodland: Algebra I, II, III/Trig.
Dr. James N. Young: Chemistry I, Science and Ecology Club Sponsor, Girls Crew, ROTC Sponsor.
Mr. Tony Zographos: Special Educa-

tion, Leo Club Sponsor, Sophomore Class Sponsor.

Mrs. Maria D. Zuniga: Algebra Part I and II, Numeric Geometry.

Mr. Nick Zurko: Computer Math, Algebra I Part I, Algebra III/Trig.

The intensity of the first basketball game at Hylton spilled off the court into Mrs. White. She watched the team double Hylton's score.

Stopped for a breather, Mrs. White and Mr. Brown talk to a member of the student body. Keeping close contact with students was a top priority.



Chic & in Charge

Mrs. Pamela White Takes the Helm

Imperiously surveying her domain, Mrs. White thrived on the energy of the students. She boomed into the microphone, "Green-Gold! Green-Gold! White, White, White, White, White, White!"

The cheer could have been for Mrs. White herself. In her first year as principal, she led the student body in a positive direction.

"After graduating from Radford, I began my career in education right here at Woodbridge. I started teaching math in 1967, and I've been here ever since" Mrs. White said.

She earned her Master's Degree from George Mason University and began her transition into administration. From administrative aide to prin-

cipal, Mrs. White tried to maintain the close contact with students achieved in classrooms. "I try to stay visible, meet students, and go to as many activities as possible, even if that means going to two or three activities a night."

Mrs. White's dedication spanned sports and academics. "Our school has a tradition to uphold. We

need to keep striving for excellence," she said.

"I only wish everyone would become more involved in the school. Everyone is a part of it. I'm afraid I'm being redundant, but we all need to work for excellence."

"Please pass the salt," said a kid on the run. Mrs. White devoted her free time to attending games and interacting with students.



Mr. Eddie Campbell
Alpha Administrator



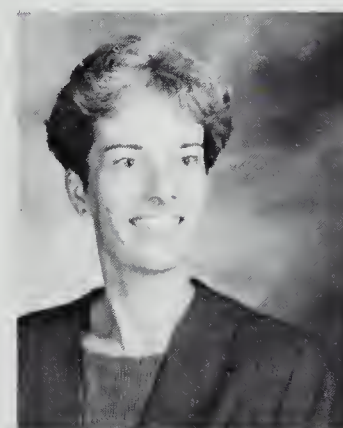
Mr. Alan Ross
Alpha Administrator



Mrs. Delores Roy
Alpha Administrator



Dr. Carla Yock
Alpha Administrator



Ms. Laura Zybrick
Alpha Administrator



Mr. Will Robinson
Administrative Aide



Mr. Don Brown
Activities Director



Mr. Jackie Watts
Security Officer

T

A Twist On tradition

Although Woodbridge did not capture the Central Fidelity Cup for Athletics until the summer of 1991, the Vikings knew the tradition of excellence had always existed.

After earning 7 state championships in the last 17 years, Cross Country headed off to state finals on November 16. Sophomore Laurie Olson placed third and senior Scott Chrissie placed sixth. The boys finished sixth as a team.

In 1974, the football team finished second in the state. The 1991 season was the best since. The Vikings were 10-0, District Champions, and the *Washington Post* rated them number 1 in the Metropolitan area. Unfortunately, hopes of a state championship were dashed after the regional game against Pulaski went into overtime. Pulaski won 23-20.

The girls' soccer team has participated in the state semifinals and finals for the last 4 years. In the spring, the girls finished second in the state after a 1-0 loss to West Springfield. The boys also finished second to Kempsville, 2-1.

The tradition of excellence was upheld no matter what the sport. That excellence meant going for every ball, taking every chance, and fighting until the last second, win or lose.

"I was nervous lining up at states, knowing no one in green stood next to me, but I realized this race was no different than any other . . . we were always a team." Laurie Olson, sophomore



"I concentrate on strong and accurate passes," said senior quarterback Jason Richards while warming-up for the Fauquier game.

That'll be a yellow card! Junior Kim Butts is carded for talking back to the referee at the 1991 District Finals against Garfield. The Vikings won 6-1.





Looking

Behind the Scenes

“**O**ops — I dripped,” whispered sophomore Stephanie Patterson. “You dripped!” exclaimed senior Shannon Murphy. 11 heads turned sharply to Stephanie. “Hurry! Get the white paint and cover it up before Mrs. Buckey gets back!” suggested junior Beth Robins.

The crash through banners displayed every Friday night at the football games did not magically appear. “After spending hours on drawing and painting the sign, making sure not to drip, I cringed every time the football players ripped through the sign in one second,” said sophomore Ashley Klimkiewicz.

The cheerleaders spent Thursday practices paint-

ing the sign. Tuesdays and Wednesdays proved to be more demanding. “Practices usually involved organizing pep rallies, teaching chants to J.V. and Freshmen, and working with the senior male cheerleaders,” explained junior Katrina Wahus.

Painting banners, learning chants, and organizing pep rallies were the events that went on behind the skirts of the varsity cheerleaders. An average of ten hours a week were spent for two hours to cheer on “The Mighty Vikings!”

Don't drip! Junior Michelle McDonald and sophomore Samantha Lance carefully paint over the penciled in letters to complete the banner the football players run through during half time.



Front Row: Katrina Wahus, Ahmara Perkins, Stephanie Patterson, Shannon Murphy, Samantha Lance, **Second Row:** Lukia DeWitt, Elizabeth Callender, Laura Simon, Stephanie Flowers, Michelle Fujisaki. **Third Row:** Lindy Jankura, Ashley Klimkiewicz.





Senior Shannon Murphy, dressed as a Viking, and junior Michelle McDonald, dressed as the Pulaski cougar battle it out during the Pulaski pep rally!

Tugging away earnestly, the varsity cheerleaders attempt to prove that 13 cheerleaders are stronger than 10 football players through a game of tug-a-war at the Pulaski pep rally.



During practice, sophomore Ashley Klimkiewicz carefully balances herself in the hands of seniors Jason Schooler and Scott Schober. Partner stunts were practiced to perfection.

The cheerleaders, accompanied by the male cheerleaders take part in the Homecoming tradition of riding the fire truck. The spirit of the night was revealed by the enthusiasm of the squad.



"Working with the guys for Homecoming provided a nice change of pace! It enabled us to perform more strenuous stunts!"

— Lukia DeWitt

Camping Out

Cheerleaders On The Move

Eighteen JV and Freshman cheerleaders dressed in matching shorts and T-shirts jumped off the bus and loaded their luggage. Soon the cheerleaders would discover who their camp roommates were going to be. Having never worked together as a team or as individuals before, the JV and Freshman cheerleaders would get to know each other no matter what. "At first it was hard getting to know each other, but with the roomies Mrs. Allen paired us up with, we soon became friends," admitted sophomore and JV cheerleader, Kelly Finnegan.

The cheerleaders did more than just make new friends at camp. They learned new cheers, new

jumping techniques, and a new sense of team spirit. "Cheerleading camp gave me confidence, the experience of working with others, and it showed me the true meaning of teamwork," said Freshman Cheerleading captain, Rachael Woolfolk.

The Freshman cheerleading squad's spirit and skill won them first place out of thirteen squads, with a score of 94.3 points out of 100. "Winning first place was the best! We all worked really hard and it paid off!" exclaimed Freshman cheerleader Michelle Seitz.

Practicing for the next pep rally, the JV cheerleading squad released a crucial cheer. Pep rallies were exciting events.



"Cheerleading has given me a chance to meet new people," JV Captain Lauren Almquist.



"Being a Cheerleading captain has been a rewarding experience," Jennifer Hummel.



"Let's go Vikes!" Freshman cheerleading captain Jennifer Hummel shows her team spirit by raising her arms into a "V".

Standing at attention, freshman cheerleader Laura Houston is "all smiles" while waiting for the cues to begin the next cheer.



Concentrating on stiff arm movements, sophomore Jessica Hctor swings into motion. Preparation was a must for a proper cheer.



Front Row: Alicia Manatad, Lauren Almquist, Jessica Hctor, Laura Bouchard. **Back Row:** Jennifer Grey, Sydney Settman, Krista Ludwig, Kelly Finnegan, Tina Orr, Terri Wade



Front Row: Kellie James, Adrian Payne, Jennifer Hummel, Melissa Seitz. **Back Row:** Alison Nichols, Shelli Jendrossek, Rachel Woolfolk, Lora Huston.

Untouched

Dominating the District

The sun blared down on the newly sodded A.T. Howard Memorial Stadium on September 6th. In the distance the team entered the track hand-in-hand, lead by Coach Ron Davis. No one quite realized the role unity, symbolized by the joining of hands, would play in the months to come.

"The players realized that each game demanded team effort, no game could be won by one person alone," said Coach Davis. The 22-0 victory over Woodson on September 6th was the first of the four shut-outs to come.

As the regular season came to a close the Vikings faced their long time rival, Gar-Field. "The game was incredible," said kicker Mike Mills, "both teams were intent to win. We wanted to beat Gar-Field and take home

the District Title, not share it!" With 1:16 left in the game, the defense held Gar-Field at the 19 yard line. In the next play, cornerback Paul Harris intercepted the ball to give Woodbridge possession, an undefeated regular season, and the first outright District Title since 1977.

Leading the season on defense was senior Anthony Carter with 84 tackles while quarterback (flush left) Jason Richards lead the offense. "We decided to pass more this year," said the senior. 105 of Richards' 181 attempts were completed.

Senior Paul Harris reflected on the semi-regional game, "The loss to Pulaski was a tough, close one, 20-22 in overtime, but our season was excellent. We captured the District Title for the first time in years!"

Celebrating the first outright District Title since 1977, center Arash Filabi shows off the Herb-Sanders Trophy awarded after the 21 to 16 victory over Gar-Field on November 8th.

The expression on fullback Anthony Carter's face shows his determination to gain a first down for Woodbridge against Stonewall. Such determination led to a 26 to 7 victory.





Lead by Coach Davis, the Mighty Viking team retreats to the lockers after a 28 to 6 win over Fauquier on October 11th. The team entered and exited every game holding hands.



Quarterbacks: Les Smith, Donald Forrer, Jason Richards, Shawn Scales, Brion Dunlop.



Front Row: Dwight Gochenour, Chris Kowal, John Wilson, Jeff Thurnher, Chris Slusser, Jason Richards, Arash Filibi, Cornelle Smith, Justin Stevereson, Alex Ruiz, Shawn Scales, Anthony Carter; **Second Row:** Eric Mitchell, Les Smith, Jon Ableson, Jeff Vincent, Daniel Pack, Andrew Hylton, Tim Bright, Stephen Scott, Donald Forrer, Dave Leventhal, Stanley Holmes, Guillermo Corea, Jason Monastra; **Third Row:** Robert Laver, Michael Fink, Leroy Teagle, Mike Mills, Paul Harris, Tyrone Robinson, Ronnie Poindexter, Gregory Maestro, Brion Dunlop, John Campbell, Vincent Lommen, Scott Boger; **Fourth Row:** Tony Tangeman, Jason Way, Matt Clark, Andy Tergis, Stephen Jordan, Mark Boger, Ed Williams, Andre Pelletier, Jason Schuller, Paul Cotton, Joshua Staats, Austin White, Kevin Woleslagle.

Varsity Football

Opponent	W	Opp	Opponent	W	Opp
H. D. Woodson	22	— 0	West Springfield	21	— 0
Osborn Park	35	— 7	Stafford	35	— 0
North Stafford	6	— 3	Stonewall Jackson	26	— 7
Potomac	39	— 0	Gar-Field	21	— 16
James Wood	63	— 7	Pulaski	20	— 22
Fauquier	28	— 6			
			Season Record	10	— 1



Quarterback Jason Richards takes time to re-adjust his knee brace during a defensive play. "With football being such a rough sport, some type of injury was common," said the senior.



Front Row: Dwight Gochenour, O'Neal Williams, Peter Dittamo, Vincent Lommen, Hohn Boyd; **Second Row:** Danny Whyte, Joshua Staats, Whitney Vick, Andrew Hylton, James Davis, Frederick Barfield, Kevin Sanderson, Andrew Tergis; **Third Row:** Freddie Borrás, Ronnie Poindexter, Dennis Coates, Chase Finley, Gregory Maestro, James Beall, Mauricio Vargas, John Sullivan, Donald Forrer; **Back Row:** Frederick Soto, Paul Cotton, Alex Ruiz, Michael Fink, Jeff White, Roger Singh, Daniel Pack, Marty Lewis, George Friend, Jeremy Scalph



Front Row: Jeremy Milburn, Alex Anzuejo, Jeff Bass, Jevon Howard, Allah Rankin, Jared Stroup, Robert Lipp, Lee Thompson, Tommy Schegler; **Second Row:** Barry Gauch, Joe Lighthill, Ace Allak, Robert Neil, Mike Lafon, Robert Meyerson, Khari Bankston, Marc Angelo, Tim Zimbro, Tanu Bah; **Third Row:** Franklin Villagomez, Eric Gray, Jason Meredith, Robbie Berger, Sean Healy, James Long, Nate Barfield, Maurice Holbert, Chris Keefe, Ed Aponte; **Back Row:** Matt Hawkins, Willie Faiviee, Chris Timm, Nate Phillips, Charlie Kodatt, Kevin Barbier, Jacob Wheaton, Jeremy Paine, Andrew Dillion, Robert Deaso, Jonathan Ludkee

JV Football Frosh

Opponent	W	Opp	Opponent	W	Opp
Osborn Park	6	—	6	Osborn Park	12 — 8
North Stafford	14	—	8	North Stafford	0 — 0
Potomac	7	—	0	Potomac	7 — 6
James Wood	28	—	0	James Wood	21 — 0
Fauquier	0	—	34	Hylton	19 — 24
Hylton	0	—	36	Stafford	14 — 6
Stafford	21	—	6	Stonewall Jackson	0 — 8
Stonewall Jackson	20	—	0	Gar-Field	0 —
Gar-Field	15	—	6	Season Record	3-4-1
Season Record		6-2-1			

In warm-ups before a game, freshmen football's quarterback Mike Lafon lines up behind center Joe Lighthill. In the backfield at running-back was Khari Bankston.





Hard Hits

And Memorable Plays

“Did you see that pass?” exclaimed JV player Marty Lewis, “That’ll be one for the record books!” Every team member had one particular play they remembered. For freshman Barry Gauch, a quarterback, it was a pass against rival James Wood. “I saw freshman receiver Sean Healy running down the sideline on a fly pattern. And even though he was only open for a split second, I threw it perfectly to him for a 40 yard pass play! He ended up on about the 3 yard line. We went on to score and win

the game 21-0.”

The JV team’s most memorable game was the 16-15 victory over Garfield. Sophomore Danny Whyte, a quarterback for the JV team, remembered, “Although every game is important, that game was our real goal for the year. Everyone wants to be able to brag that we won the game since Garfield is so close to Woodbridge, and so we were pumped up for the game!”

Yet not every memorable game was a victory. Sophomore Paul Cotton remembered the 0-36 defeat to Hylton, “We played one of our best games against Hylton, and never gave up.”

These memorable moments culminated in a 6-2-1 season for JV and a 3-4-1 season for the frosh.

Does this hurt? Ms. Harrelson, the trainer, examines sophomore Chase Finley’s ankle. As the only trainer, Ms. Harrelson provided assistance at most sporting events.



“We had a great season. The coaches put a lot of effort into the season and helped us along. Everybody got better during the year.”

Robbie Berger, freshman

The freshmen football team defense is lined up against Hylton High’s powerful offense. In the end, Hylton won the game, but only by the score of 19 to 24.

Run to Win

Endurance Equals Points

“Get your running shoes on!” said Coach Dawn Jones. That dreaded phrase was a reminder that each time the team lost, running was in store, whether it be Indian sprints, mile-runs, cross-country, or other tiring conditioning runs.

“Mrs. Jones’ coaching philosophy had to be ‘practice makes perfect.’ But by game time, everyone was ready because of her dedication to the team,” explained senior Meredith Venie.

The team’s 9-5 record and a fourth place overall district rating revealed the team’s success. Junior Maureen McNamara said, “As a volleyball team, we

finished in good standings. But as a cross-country team, we would have won states.”

Teamwork and endurance brought out the best in even the worst of circumstances. During the Hylton game, Hylton jumped out to a 12-0 lead. However, once the players started talking and working together, the Vikes cut the lead to 13-12.

Junior Jennifer Kass commented, “Although we lost that game, we knew we could overcome even the greatest deficit. It took us a while to work as a team. When we finally did pull together, we really clicked.”

Dinking the ball over the net, senior Mandy McGee carefully guides it away from James Wood. The dink was essential for quick points.

Extending her arms, junior Keri Pratscher sets the ball to senior Michelle Hummel. Agility and balance were keys to a perfect set.



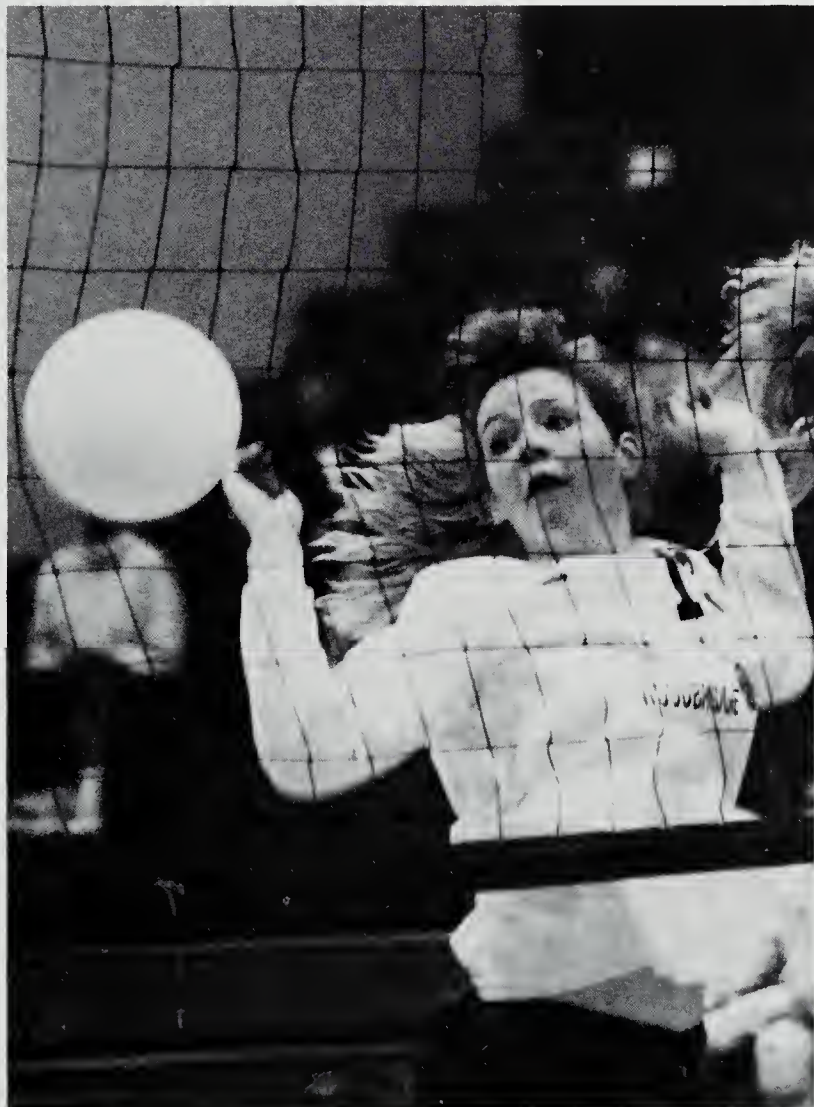


Front Row: Abigail Acuesta, Michelle Hummel, Keri Pratscher, Jennifer Kass; **Second Row:** Mandy McGee, Hilary Clark, Tracy Sinkovic, Patty Hunke, Rochelle Huling, Maureen McNamara, Staci Edney; **Third Row:** Rick Krimmer, Tonia Bartelme, Nina Angelo, Shauna Hotop, Meredith Venie, Martha Clark, Denise Alley, Ena Catedral, Coach Dawn Jones

Varsity Volleyball

<u>Opponent</u>	W		Opp	<u>Opponent</u>	W		Opp
Stonewall Jackson	2	—	0	Hylton	0	—	2
Hylton	0	—	2	James Wood	2	—	0
James Wood	2	—	1	Potomac	0	—	2
Potomac	1	—	2	Osborn Park	1	—	2
Osborn Park	2	—	0	Fauquier	2	—	0
Fauquier	2	—	0	Gar-Field	2	—	1
Gar-Field	2	—	0				
Stonewall Jackson	2	—	0	Season Record	9	—	5

“I got it!” The Vikes stare intensely at the incoming ball. A keen eye and proper communication was necessary to execute a winning play.



After blocking a spike, senior Merideth Venie avoids touching the net. No part of a player's body was allowed to touch the net.

“Kill it, spike it, let's go Vikes!” From the sideline, the team screams chants of encouragement. Teammates were vital to keep up team spirit.

During a home game, freshman Cerima Wanzek sets up to serve the ball. Position had to be very precise in order to serve a perfect ball. Players spent much time perfecting serves.



Where did it go? Freshman Eva Catadrel looks to the ceiling in confusion. Teammate Beth Portell stares on in wonder as the volleyball soars to the ceiling.



Front Row: Kathleen Darabond, Candy Culp, Kelli Couch; **Second Row:** Lee Ann Staunton, Debbie Ward, Julie Ackerman, Tarrah Holly, Alex Lennon, Jena Moorlegghen; **Third Row:** Coach Hilleary, Beth Portell, Verolga Steverson, Jennifer Scott, Kerri Byrnes, Carolyn Sievert, Jill Zizzo.



Front Row: Bhatati Uppin, Stephanie Boska, Kristen Zerkow, Cerina Wanzec, Ann-Marie Phillips; **Second Row:** Peggy Van Mullekam, Jamie Castle, Heather McDonnell, Wendy Bricker; **Third Row:** Stephanie Schmidt, Joanna DeMott, Amy Sutton, Traci King, Stephanie McCloskey, Coach McClure.

J.V. Volleyball Frosh

Opponent	W	Opp	Opponent	W	Opp
Stonewall Jackson	0	— 2	Stonewall Jackson	2	— 0
Hylton	2	— 0	Hylton	0	— 2
James Wood	0	— 2	Potomac	0	— 2
Potomac	2	— 1	Osborn Park	0	— 2
Osborn Park	2	— 0	Gar-Field	1	— 2
Fauquier	2	— 1	Stonewall Jackson	1	— 2
Gar-Field	1	— 2	Hylton	1	— 2
Stonewall Jackson	2	— 0	Potomac	2	— 0
Hylton	2	— 0	Osborn Park	0	— 2
James Wood	0	— 2	Gar-Field	0	— 2
Potomac	2	— 0	Season Record	2	— 8
Osborn Park	2	— 1			
Fauquier	2	— 1			
Gar-Field	2	— 1			
Season Record	10	— 4			

Strategy

Serve It Up, Lady Vikes!

“One point at a time!” These words were heard coming from J.V. coach Hilleary during numerous J.V. games.

Although they lost two of their first games to James Wood and Stone-wall Jackson, the girls turned their losing streak around when they beat Potomac 2-1. Sophomore Kerri Byrnes said, “We started winning when we focused on a new strategy. We concentrated on calling the ball and backing each other up.”

Sophomore Lee Ann Staunton described the Gar-Field game, “It was intense. We were down 13-2, but we pulled together and talked to each other

bringing the final score to 15-13!”

Many J.V. players were freshmen. The season offered a chance for some to play for the first time on a high school team. Freshman Julie Ackerman said, “I was lucky to be part of the J.V. team. The season was exciting, but challenging.”

The Freshmen team did not improve score-wise, but they did improve their skills. Freshman player Amy Sutton said, “Our team improved throughout the season although it wasn't reflected in our scores.”

Although the record was 2-8, the team maintained a positive attitude.

Sophomore teammates Lee Ann Staunton and Kathleen Darabond stand by ready to help out as sophomore Candy Culp bumps the ball into the air. Support was very important in games.

Practice did make perfect! Freshman player Jamie Castle assumes her position to bump a ball. Hours of practice helped in perfecting different positions.



Today Guys,

It's a Little Something

The phrase was dreaded by every cross-country runner. A little something meant either a small light workout or a "graham-cracker" workout, where they were out there so long that Coach Rodgers needed a graham-cracker to hold til dinner. He was known for his little quirks that gave the team its own personality. That own personality led the team to their 11th straight District title.

"Cross-country was a self-challenge. It took a special dedication," stated junior Nathan Hissong. In the sport of cross-country, everyone's place counted towards the team

score. However, it took self-determination to get better. Although it took this special dedication, it was also like a second family. The team usually stayed together all of the time.

"Cross-country is more of a team sport than any other sport," said junior Christine Royston. This spirit was upheld by the entire team. It's what made the boys' team capture their 11th straight District title. It's what made sophomore Laurie Olson win Districts and Regionals and place third in states. The new word for the team was "victory."

Running was not all hour-long distance runs. As senior Ellen Wahlquist demonstrates, it also required long hours of lifting weights and doing calisthenics.

"Come on Woodbridge, just a little bit left, you can do it!" Junior Nathan Rayburn rounds a corner at the home meet against Potomac. The boys went on to win this meet.



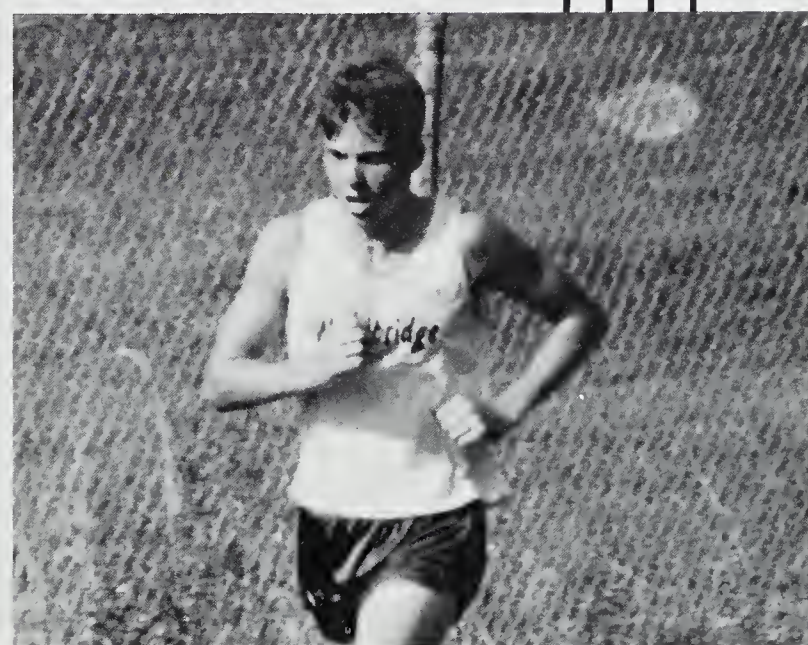
Concentration was a large factor in running a good race. Senior Ian Harrison focuses on what he needs to do in order to run well. Many runners needed some time alone.



Front Row: Leslie Royston, Joe Robinson, Lorianne Dowling, Laurie Olson, Moraima Santiago, Janelle Labis, Mary Lowney, Adrienne Tunstall; **Second Row:** Cheryl Rothlein, Melissa Holowecki, Julie Todaro, Christine Royston, Amy Joyce, Ellen Wahlquist, Amy McGarry, Jamie Holladay; **Third Row:** Barry McMinamon, Ashley Ceci, Patrick Todd, John Callos, Billy Buck, Dan Harrison, Nathan Hissong, Andy King, Nathan Rayburn, Eric Keehan, Robert Houser, Bryon Todd; **Fourth Row:** Chris Neblitt, Terrone Simms, Derrick Taylor, Jason Callen, Brian Nakamura, Mark Jackson, Mike Saure, Mike Libby, Roberto Santiago, Sean Gilhooly, Juan Sotelo, Jen Boyt; **Back Row:** Coach Rodgers, Scott Crissey, Steve Hetzel, Jim Trimble, Geoff Russell, Chris Morgan, Mike Brenner, Sean Kelly, Robbie Walker, Andy Sherman, Paul Losier, Frank Gilhooly, Mike Britton

Cross Country

Opponent	Boys	Girls
James Wood Invitational	1st	1st
Handley Invitational	1st	2nd
Marion Invitational	2nd	1st
Gar-Field and Faquier	1st	2nd
University of Virginia	4th	6th
Potomac and Stonewall	1st	1st
William and Mary Invitational	4th	2nd
Hylton, O.P., and James Wood	1st	2nd
Cross Country Classic	3rd	16th



After a good race, many runners needed a good rest. Freshman Roxanne Olivera leans up against a telephone pole to catch her breath after a difficult home meet.

Charge on! Sophomore Andy Sherman runs his hardest to win. It all paid off as he continued on and finished first in the home meet against Stonewall.

Friendship

Built An Impressive Team

On a sunny ninety degree day in the middle of August, junior Todd Rothlisberger stepped confidently onto the eighteenth green for a birdie putt. As he walked to his ball, he carefully calculated the slope of the green. After a short pause to assure his line to the hole, he drew back his putter and gracefully tapped the ball into the hole.

Moments like these were typical during the team's summer practices and games. "Most people think that the golf team doesn't have to practice, but we had to practice a lot. That is when everyone improved," said sophomore Scott Jonely.

In addition to practicing, the team members competed among themselves. "We are all good friends, and our friendly competition helped to keep us motivated to play our best," said junior Andy Crater on the team's competitive nature.

Competitiveness within the golf team led them to only three losses in the district during the regular season. However the team never had a consistent number one seed. "We didn't have the leadership we needed from our number one seed. It seemed every time we were comfortable with our number one player, he would do poorly, and someone else would be number one," admitted senior Carl Hermelin. After their impressive regular season the team faced a disappointing fifth place finish in the district tournament. "Even after fifth place in the tournament, we are looking forward to next season," said junior Todd Rothlisberger.

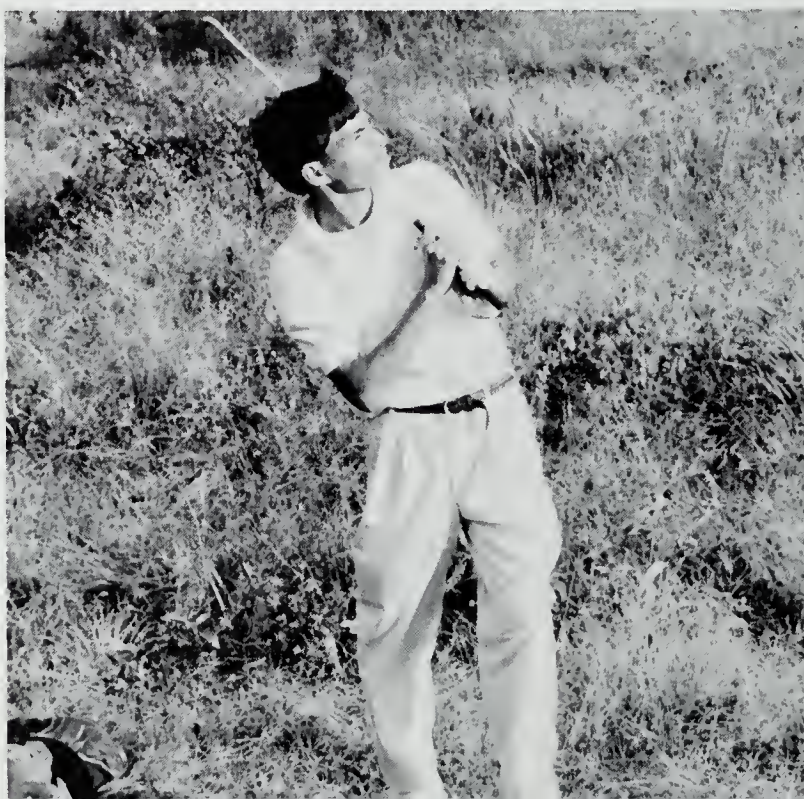
Senior Jason Solomonson attempted to chip his ball out of a sand trap during one of the team's summer practices. This is one of the areas that the team spent a lot of time working on during practices.



"When the season started we were just nine guys playing golf. Now we've become a team."

— Andy Crater

Junior Todd Rothlisberger watches his shot fly to the green at Montclair Country Club. After a short putt Todd got a par for the hole in his first match as the number one seed.





Junior Andrew Crater prepares for a putt at Montclair Country Club. Although this was only a practice round, the team took golf very seriously, and this was an important putt.



Front row: Scott Jonely, Steve Nowlin, Todd Rothlisberger; **Back Row:** Andy Crater, Erik Muendel, Jeff Conaway, Jason Solomonson, John Graves

Golf

Opponent	Place
Osborn Park	First
Hylton	First
Stafford	First
Quantico Invitational	Third
North Stafford	First
Quantico	First
Faquier	Second
Mercusburg	Fifth

Senior Jeff Conaway relaxes with a cold cup of water after a tough hole at the Quantico Invitational. The team placed third in the district in that thirty-six hole tournament.



Front Row: Elizabeth Jordan, Kristen Heller, Anne Pennell, Jennifer Harrington, **Second Row:** Holly Johnson, Tracy Torre, Jodi Simprini, Jennifer Ivaniszek, Julie Harris, Megan Tremper, Cristina Laraia, **Third Row:** Julie Stephens, Coach Derrickson, Kate Duecy, Lynne Gallitz, Courtney Littig, Jennifer Sutton, Regina Taylor, Steffany Medina, Melanie Binns, Coach Ann Marie Boyd



Front Row: Wendy Tobias, Kristyn Rivellese, Erica Katzenstein, Jamie Watson, Jodi Shoop, Karmen Dubose, Julie Harris, **Second Row:** Sara Young, Angie Finney, Jill Lehman, Erica Ealley, Autumn Pitman, Shannon Sullivan, Ania Ziolkowski, Rebecca Woodcock, **Third Row:** Coach Ann Marie Boyd, Lane Pickel, Ashlee Wilcox, Janelle Sweeney, Regina Price, Regina Taylor, Tennile Brown, Kerie Coddington, Amy Torre

JV Field Hockey Varsity

Opponent	W	Opp	Opponent	W	Opp
North Stafford	0	— 6	North Stafford	0	— 3
Lee	0	— 3	Bishop Ireton	1	— 0
Bishop Ireton	4	— 0	T.C. Williams	0	— 5
Stuart	3	— 1	Fauquier	1	— 2
T.C. Williams	0	— 1	Lee	1	— 4
Fauquier	0	— 1	Bishop Ireton	1	— 0
Lee	1	— 2	Fauquier	1	— 3
Bishop Ireton	4	— 0	Stafford	1	— 2
Fauquier	0	— 1	North Stafford	1	— 3
Stafford	1	— 2	Stafford	1	— 2
North Stafford	1	— 4	Season Record	2	— 8
Stafford	2	— 3			
Season Record	3	— 9			

Going for the breakaway with opposing players closing in on the play, junior Janelle Sweeney darts down the field with the ball. Breakaways turned the advantage over to the Vikes.



Back Again

And Sticking Together

“It’s 5:45 am, oh geez, I’ve gotta be at the field in 15 minutes. I can’t be late or I’ll have to run extra!” thought senior Courtney Littig as she rolled over and realized what time it was.

Summer try-outs started bright and early at 6 a.m. and lasted until 8:30 or 9. “To be up at 6:00 in the morning to begin try-outs took a lot of dedication,” commented junior Kate Duecy.

Coach Ann Marie Boyd instilled the team values and traditions needed to be successful during the season. “Mrs. Boyd kept my morale high with her pep talks and occasional breaks from practice to

discuss the high points and low aspects of how we played,” explained junior Jennifer Ivaniszek. “She took the time to make it clear and concise on what we needed to do to come out on top!”

The second game against North Stafford left a lasting impression in the minds of the players. In the first game, North Stafford devastated the Vikes with a 6-0 loss, but in the second confrontation, the Vikings narrowed the score down to 4-1. “When senior Steffany Medina scored, the team let out a roar of excitement and enthusiasm, and sticks flew as players jumped with even more excitement,” said senior Tracy Torre while reflecting on the highlight of the game. Junior Julie Harris explained, “At the game, our whole team came together and gave it 100% effort!”

“I have your support!” shouts sophomore Megan Tremper to junior Kate Duecy as she tries to cross the ball before the on-coming opponent tries to move in on the attack.



“I had this image of solid 220 pound girls with clubs, all swinging at my vital body parts. It wasn’t like that at all!”

— Melanie Binns

Moving in on the action, sophomore Kristen Heller reaches for the ball. Left-hand lunging was an essential skill needed to regain the ball from an attacking opponent.

Dancing

Small Scale to Big Time

The drill team, "The Golden Girls" marched onto the basketball court of the George Mason Patriot Center at half-time and performed their routine. These girls, in 1985, under the direction of their new sponsor, Pamela Coan, soon became the Vikettes.

It started as a small scale dance team. The Vikettes gradually worked their way up to the highest of dance competitions.

"I'm so proud of all the hard work and dedication that the girls have put in throughout the past seven years to bring us where we are today," commented sponsor Pam Coan.

The Vikettes entertained the crowd at foot-

ball and basketball games, as well as at pep rallies. Everyone looked forward to watching a new routine each week.

"Performing at football games was my favorite time to dance. I loved dancing in front of the school as well as the community," said senior Ann Marie Hauser.

Senior Paige Robinson exclaimed, "Being a Vikette has given me the opportunity to experience things and go places that I never would have, had I not been with this organization. It's helped prepare me for life!"

Preparing to perform their half-time show at the James Wood football game, Kara Wesley and LaTonya Cooper check their position in the drill line.



Front Row: Kelly Ward, Paige Robinson, Ann Marie Hauser, Liz Donahue, Shannon Couch, **Second Row:** Karen Shull, Frani Englert, Missy Bamler, Tara Conrad, Jennifer Cramer, Kirsten Rigby, Tanya Kam, Melanie Robbins, Cam Wheelless, Melissa Puttre, Tammy Tavares; **Third Row:** Michelle Ford, Jennifer Luedke, Amy Burds, Heather James, Betsy Kenney, Jessica Roscio, LaTonya Cooper, Kara Wesley, Kellie Doolie, Karina Gutierrez, Jennifer Kooyoomjian, Jennifer Reznick; **Fourth Row:** Stephanie Curton, Chris Severance, Nancy Clark, Gigi Guerrero, Ebonie Dubar, Noe Apo, Leah Severance, Teresa Pelletier, Tiffany Paul, Tracy Daniels, Sarah Flanagan, Sponsor Pam Coan.



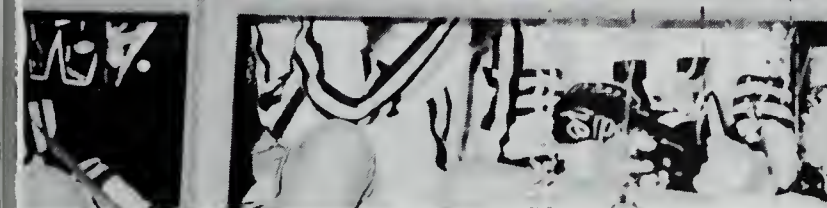


L leading the line, sophomore Stephanie Curtain stands on the track before going on the field to perform the half-time show at the Gar-Field football game.

|||||

Performing at the Potomac football game pep rally, Vikette Captains Kelly Ward, Paige Robinson, and Ann Marie Hauser, Liz Donahue, and Shannon Couch dance for their peers.

|||||



Performing their famous in-stand routine at the December pep rally, senior Ann Marie Hauser and junior Shannon Couch lead the Vikettes during the show.

Excitedly watching the football game against H.D. Woodson, senior Vikettes Jennifer Kooyoomjian and Jen Luedke enjoy chatting at a Friday night home football game.



"I have learned a lot about hard work and dedication. Being on the Vikettes has taught me to work toward a goal and achieve it."
Senior Cam Wheelless

Priorities

Teamwork to be the Best

Darkness set in. The green lights began to flash, and the smoke began to rise. The noise of the crowd rose as the white light focused on the far side of the gym. The commentator began to announce the starting line-up; the starting line-up that guided the team to a number one ranking in the District after beating Potomac by a score of 53 to 52. Sophomore Brion Dunlap recalled the final shot that won the game, "I wanted the last foul shot. I just knew it would go in. Maybe it was selfish to want it, but when the ball went through the net,

I felt so happy that I was part of the Woodbridge Family, our team."

The "family" spent hours together with Coach Robinson in grueling practices and preparation for games. "We helped each other out especially Damion and Ted, they were new to Woodbridge ball, but it didn't take them long to adjust to Mr. Robinson's way," said junior Matt Clark.

"Coach Robinson taught us about being a player and also a person. He taught us about teamwork and I feel that contributed greatly to our success as a team," said senior Shawn Scales.

Bouncing Back. After catching an offensive rebound, senior Charles Mahdi prepares to make another shot against Potomac, as junior Damion Keys stands by.

Where now? Closing in for the shot senior Cornelle Smith finds himself surrounded by Stafford defenders. Defensive coverage tightened as a shooter approached the net.





Front Row: Leroy Tagle, Keyno Teel, Cornell Smith, Shawn Scales, Brion Dunlap, Paul Harris. **Second Row:** Cameron Mays, Matt Clark, Damion Keyes, Jerel Williams, Ted Pelot, Charles Mahdi, Marcus Diggs.

Boys V Basketball

Opponent	W	Opp	Opponent	W	Opp
Stafford	77	55	Osborn Park	85	69
North Stafford	64	53	James Wood	72	27
Stonewall Jackson	53	36	Hylton	90	62
Washington Lee	74	45	Osborn Park	67	44
Robinson	82	61	Potomac	70	64
Hayfield	85	58	Fauquier	63	60
Hylton	80	43	Gar-Field	55	45
James Wood	74	49	Potomac	53	52
Potomac	52	58	Stafford	66	58
Fauquier	65	63	Gar-Field	89	91
Gar-Field	76	69	Albemarle	49	60
Stafford	53	43			
North Stafford	78	46	Season Record	22	3
Stonewall Jackson	67	49			

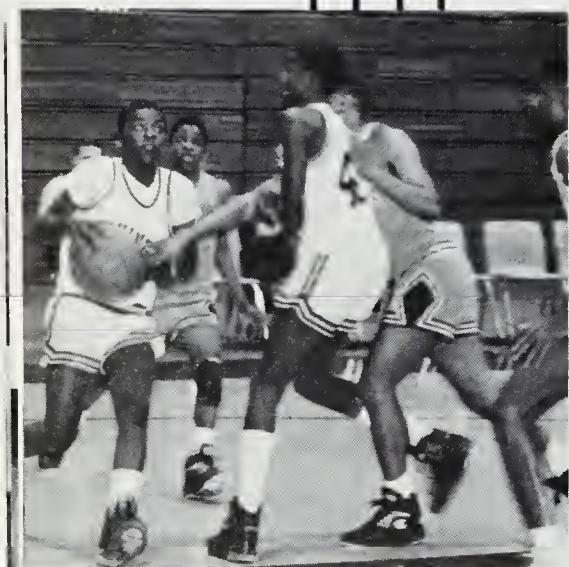
For Keeps. Trying to escape defender Devon Johnson, senior Paul Harris glances up court for an open man. Practice drills proved beneficial in losing defenders.



Coming through! Senior Shawn Scales pushes his way past Stafford defenders, Nate Colbert and Jay Berdnik. Aggressive actions resulted in crowd-pleasing plays.

Memories. Celebrating the victory over Potomac and a season record of 21-1, sophomore Brion Dunlap and senior Cornelle Smith remove the net as a souvenir.

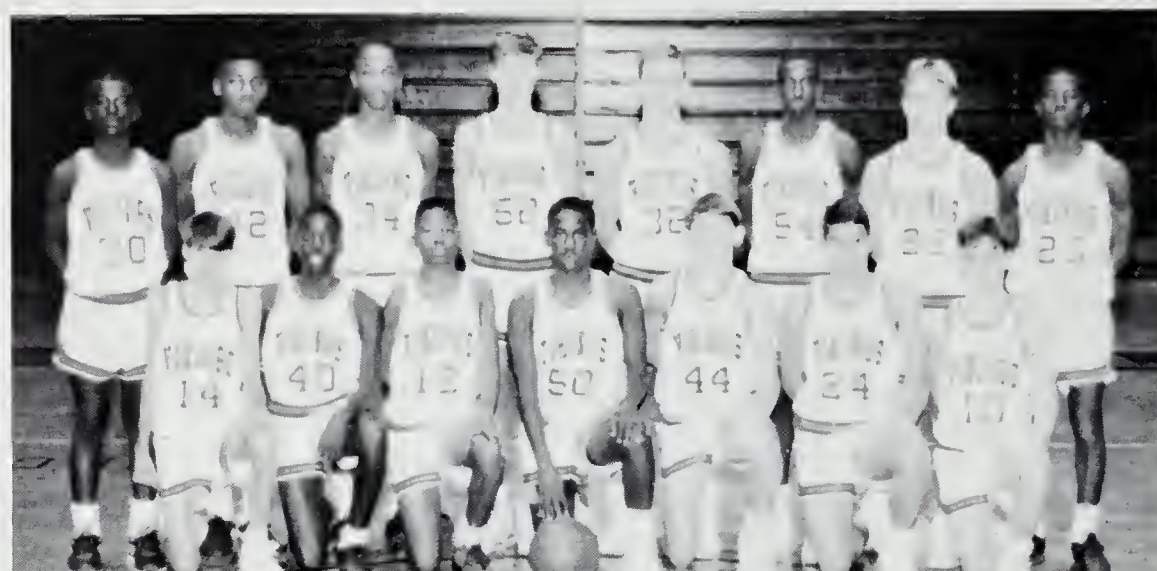
Freshman Barry Gauch takes a jumpshot against Hylton, while coach Huckestein watches. Even the freshman team excelled at long range shots.



Approaching the net, freshman Dirron Allen fixes his eyes on the net, as fellow teammate and freshman Lee Thompson blocks a Falcon defender.



Front row: David Hunter, Danny Whyte, Jon Adkins, Damond Jackson, Mike Greto, Stanley Allen, **Back row:** Gary Pair, Leon Stroy, Steve Boycourt, Jason Thomas, Spencer Mallard, Anthony Hughes.



Front row: Mike Lozier, Dirron Allen, Colwin Stevens, Tony Howard, Jeremy McLaughlin, Ariel Gonzalez, R.J. Witherall, **Back row:** Nate Barfield, Lee Thompson, Rasheed Quash, Aaron McConnell, Barry Gauch, Tanu Bah, Robbie Berger, Marcus Griffen.

Frosh Basketball JV

Opponent	W	Opp	Opponent	W	Opp
North Stafford	38	37	Stafford	69	59
Stafford	28	18	North Stafford	54	42
Stonewall	39	25	Stonewall	74	42
Hylton	61	31	Hylton	73	32
Warrington	39	32	James Wood	79	36
Metz	34	22	Potomac	50	59
Ceder Lee	67	52	Osborn Park	88	90
Potomac	48	35	Fauquier	68	51
Gar-Field	41	37	Gar-Field	76	88
North Stafford	44	38	Stafford	72	40
Osborn Park	57	47	North Stafford	64	28
Stafford	41	30	Stonewall	83	33
Stonewall	54	51	James Wood	51	60
Hylton	42	20	Hylton	71	55
Osborn Park	50	34	Osborn Park	63	64
Hammond	54	65	Fauquier	62	68
Potomac	43	22	Season Record		10-6
Gar-field	26	29			
Hammond	60	72			
Season Record		16-3			



Scoring

The Name of the Game

“Three — two — one, Swoosh!”

Sophomore Spencer Mallard practiced making last second three pointers after the team’s regular practice. It was shots like those that helped to lead the boys Junior Varsity, and Freshman basketball teams to their impressive seasons. Most players could not dunk, so they brought excitement to their games with three point shots. “It’s really exciting to see three pointers go in, especially in a freshman game,” said sophomore Mike Greto. It was that excitement that brought fans to watch the games.

“Whenever I was open

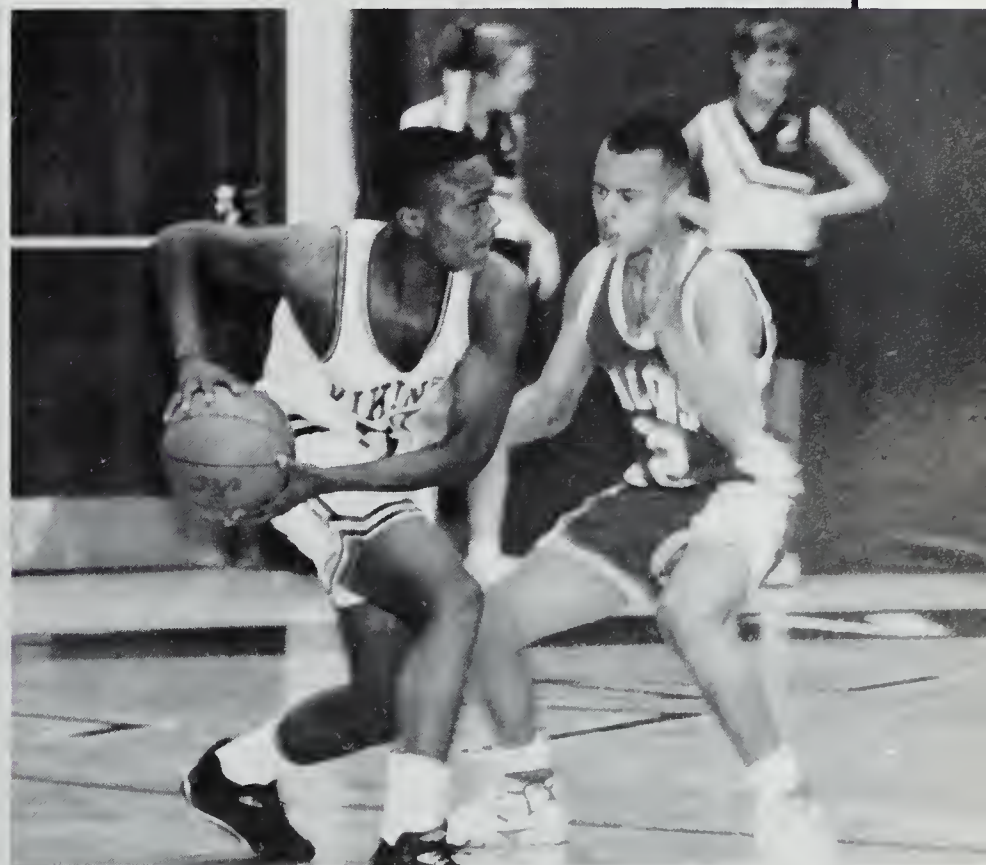
I usually shot three pointers. They were a big help when the team was behind,” commented freshman Ariel Gonzalez. These three pointers helped both the J.V., and the Freshman teams to have winning seasons.

Not only were 3 pointers important to the teams, defense was stressed as well. “Defense is the hardest part of basketball, but if we played good defense we usually won,” stated freshman Robbie Burger.

A combination of consistent long range shooting, and good defense made for an excellent season for the Freshman and J.V. Basketball Teams.

Looking for the open man, Freshman Ariel Gonzalez attempts to drive past his defender. Ariel was point guard, and he could always find an open player to pass to.

Sophomore Anthony Hughes attempts to pass around a player from Fauquier. The junior varsity team had a strong offense, that liked to take three point shots.



Fast Times

From Practices to Games

"The games, bus rides, and sometimes practices were fun, but what made everything so fun was how well the team got along. When we all got together we just laughed and let loose," stated sophomore Lori Anderson. Throughout the season the team got to know each other and learned what to expect from each other on the court.

The season was marked by a change of coaches. Coach Ron Davis returned to the role. Long, hard practices, new drills, and different strategies added to the new season. Senior Meredith Venie replied, "Coach Davis was an excellent coach, he ac-

cented parts of the game that each of us needed, and really improved our skills. It showed in our games."

The team had a great season, but for each teammate there were certain games that stuck out in her mind. Sophomore Rebecca Lisack remembered an important game during the season and replied, "The game I remember most is the Fauquier game. In the first half we were behind, but we got our heads in the game and made a great comeback."

Comebacks like these placed the Lady Vikes 2nd in the District as the season came to a close.

After receiving the ball, sophomore Carrie Blackburn makes her way down the court. A main part of getting the ball to the net was passing the ball to each other.

Pushing forcefully to get the ball, senior Meredith Venie tries to get the ball first as soon as it falls from the net. Aggression was a main part of a good game.

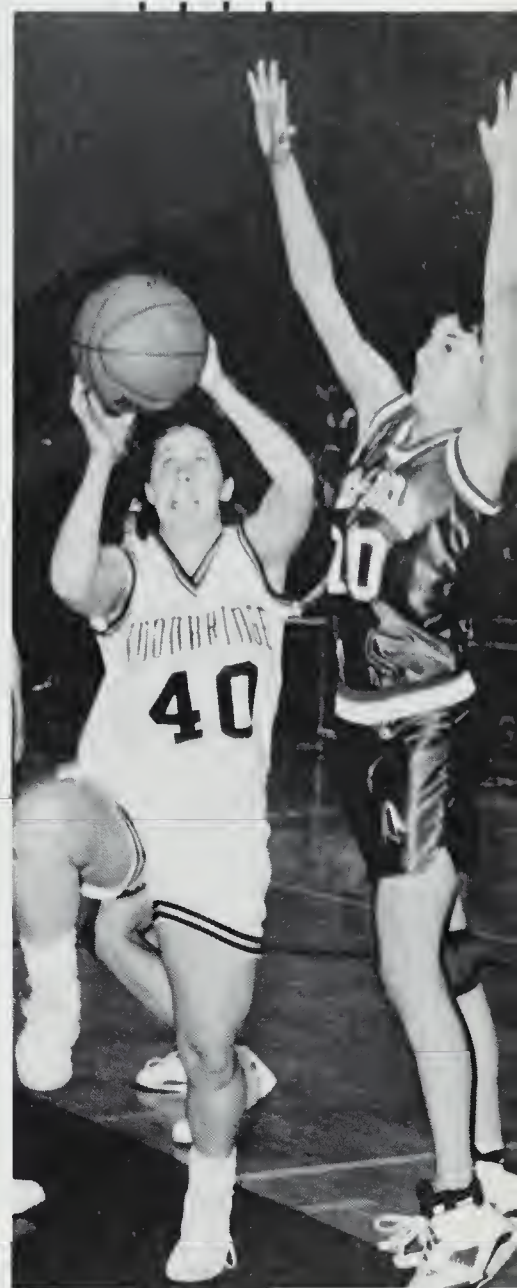




First Row: Carrie Blackburn, Talia Lake, Amanda Lance; **Second Row:** Jaideysh Powell, Jennifer Blackburn, Yolnada Hodges, Rebecca Lisack; **Third Row:** Cindy McCool, Coach Brian Bonacquisti, Jennifer Sutton, Lori Anderson, Jennifer Scott, Meredith Venie, Sharonda Randolph, Coach Ron Davis.

Girls' V. Basketball

Opponent	W	Opp	Opponent	W	Opp
Stafford	46	36	Osborn Park	68	42
North Stafford	47	32	James Wood	78	38
Stonewall Jackson	62	17	Hylton	66	26
Notre Dame	42	50	Osborn Park	81	34
Billis	68	50	Potomac	64	66
Thomas Jefferson	57	41	Fauquier	43	45
Hylton	58	21	Gar-Field	51	61
James Wood	65	30	Potomac	60	42
Potomac	65	38	Fauquier	54	52
Fauquier	52	46	Gar-Field	31	52
Gar-Field	59	68	Cave Springs	55	64
Stafford	65	47	Season Record		18-7
North Stafford	60	27			
Stonewall Jackson	72	36			



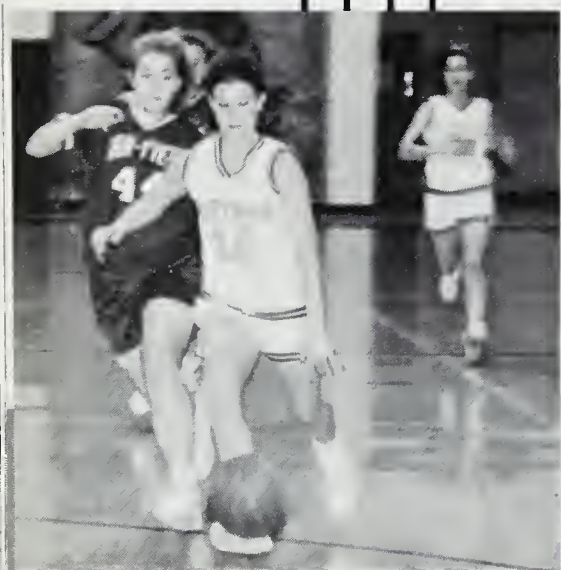
In an important game against Gar-Field, senior Jennifer Blackburn jumps to shoot the ball. The girls practiced hard so they could beat their biggest rival.



Senior Jennifer Blackburn watches senior Jaideysh Powell carefully, hoping her shot makes it into the net. Teamwork was a must in a successful game.

Attempting to block the opposing players, sophomore Rebecca Lisack waits for the foul shot to be taken so she can stop Potomac players from getting the ball.

Reeking havoc on the Gar-Field court, freshmen Verolga Steverson jumps, ball in hand, to score two more points. Away games added extra stress to the players.



“Ball out of control!” Racing to get the ball, freshmen Debbie Ward uses speed and blocking techniques to prevent her opponent from getting the ball.



Front Row: Jena Moorleghan, Julie Stephens, Holly Johnson, Yasman Ayati, Cindy Jones; **Second Row:** Verolga Steverson, Rhonda Champ, Kelly Foreman, Andrea Root, Heather Fahnestock, Hilary Clark.



Front Row: Heather Thorstad, Dawn Clairborne, Wendy Broadus, Debbie Ward, Rachel Baltezare; **Second Row:** Rebecca Woodcock, Kelly Curtin, Jaime Claypool, Rebecca Forman, Tiffany Winston, Rebecca Murphy.

Frosh ■ Basketball ■ JV

Opponent	W	Opp	Opponent	W	Opp
North Stafford	29	17	Stafford	40	15
Stafford	24	31	North Stafford	48	23
Stonewall Jackson	3	1-9	Hylton	56	30
Hylton	58	10	James Wood	42	16
Osborn Park	27	33	Potomac	41	24
Gar-Field	29	26	Osborn Park	45	12
North Stafford	18	26	Fauquier	37	35
Stafford	12	27	Gar-Field	41	34
Stonewall Jackson	23	20	Stafford	33	12
Kylton	2	6	North Stafford	29	16
Osborn Park	14	21	James Wood	52	14
Gar-field	16	22	Hylton	51	28
Hammond	32	22	Osborn Park	49	17
			Fauquier	32	48
Season Record	7-6		Gar-Field	45	32
			Stonewall Jackson		Forfeit
			Stonewall Jackson		Forfeit
			Season Record		16-1



Practice

Makes the Difference

“Five shots from everyone before you leave!”

The free throw competition signaled the end to an hour and a half of sweating it out on the courts by the J.V. basketball girls' team. Practices helped to have a winning season, losing only to their biggest rival, Fauquier.

Every moment was used. Shots were made while waiting for others to arrive. Stretches were followed by 3 lane lay-ups, scrimmages, and technical throwing.

“The team was like a family. We all worked together,” said sophomore Hilary Clark.

Prayers gave the players another form of strength on game days.

The girls freshmen team also met up to the challenge of rivals. “It was more exciting to play and win against Gar-Field because they were our biggest rivals,” said freshman Rebecca Murphy.

Preparation for competition began at practices. Three on two drills, foul shots, and playing against each other sharpened skills.

“Our coach was the one behind our wins. If we messed up he would give us suggestions on how to improve,” said Tiffany Winston.

Constantly moving, sophomore Jena Moorleghan tries to out-manuever her opponent. Fast feet and controlled dribbling were essential skills in basketball.

Watching the game carefully, freshmen coach Mr. Forrest calls for a time out to give freshmen Dawn Clairborne a few pointers about her playing.



Sophomore Jason Callen races around a turn in the two-mile at the state meet. Many athletes used corners to pass other runners in races.



“Here you go, take the baton!” Junior Christine Royston hands off to sophomore Adrienne Tunstall in the 4X400 meter relay in the state meet at George Mason.



Front Row: Christy Britton, Leslie Royston, Jamie Holladay **Second Row:** Cheryl Rothlein, Laurie Olson, Christine Rayston, Adrienne Tunstall, **Back Row:** Coach Jim Rodgers, Melissa Holowecki, Julie Todaro, Jen Roberts, Dirie Phillips, Coach Tony Jones.



Front Row: Geoff Baker, Greg Patterson, Jason Callen, Sean Gilhooly. **Second Row:** Chris Nelson, Dave Sheldon, Maurice Dixon, Nathan Zezula, Tyrone Robinson, Alfred Mosley. **Third Row:** Coach Jim Rodgers, Rob Walker, Chris Morgan, Scott Crissey, Mike Brenner, Frank Gilhooly, Jason Way, Coach Tony Jones.

Indoor Track

Opponent	Boys	Girls
Virginia Tech Invitational	4th	5th
East Coach Invitational	5th	4th
Fork Union Invitational	6th	7th
Virginia Tech Invitational	6th	6th
Districts	2nd	2nd
Regionals	4th	3rd
States	19th	20th

Fast Track

Spirit Driven Runners

The air was stagnant from all the people crowded into the small arena. The runners lined up and prepared to race. The starter raised his gun to begin the race.

The average indoor track was 200 meters long, instead of 400 meters long as in outdoor. "The races were faster and more intense than those on outdoor tracks, but I hated the crowded feeling in the track center. It was like a can of sardines," said sophomore Laurie Olson.

Due to the small track facilities the runners stayed within a small radius of each other. "Since

I'm leaving next year, I didn't think I'd get into track, but the people and the feeling after you run a good race is contagious," said senior Jen Roberts.

The team confronted obstacles, such as injuries. Sophomore Russell Waller said, "Although I was injured for part of the season, it felt like I was part of the team because of the spirit of the team."

Team spirit carried the team to a successful season. The 3200 meter relay placed first in Districts and Regionals, and junior Maurice Dixon placed first at Regionals in the high jump.

A goal accomplished! Senior Scott Crissey crosses the finish line of the two-mile at the state indoor meet. He placed second in the event.

Warming up was an important part to getting ready for a race. Sophomores Laurie Olson and Cheryl Rothlein jog a few warm-up laps before a race.





Front Row: Shawn Harris, Juan Sotello, Damen Stewart. **Second Row:** Nick Wong, Steve Rossi, Steve Nowlin, Scott Parker. **Third Row:** Joe Pittman, Mark Kuhn, Austin White, David Leventhal, Arash Filabi, Coach Hilleary.



Front Row: Rodney Wilson, Scott Jonely, Chris Nebler, Scott Keef, John McKay, Kevin Tabor, Eric Zambrano, Juan Sipes. **Second Row:** Brett Lewis, Roman Rahalla, Chris Sierra, Rob Laver, Alex Ruiz, Josh Mitchell, Jason Cecci. **Third Row:** Rob Meyerson, Matt Hawking, James Davis, Coach Surber, Casey Fry, Jason Monastra, Dan Flaherty, Jason Webber.

JV Wrestling V

JV	Opponent	V	JV	Opponent	V
First	Stafford	First	First	Potomac	First
First	James Wood	First	First	Osborn Tournament	Third
First	North Stafford	First		Western Branch Tournamen	Third
First	Faquier	First		District Tournament	Third
First	Hylton	First		Regional Tournament	Fourth
Second	Stonewall Jackson	Second		State Tournament	Eighth
First	Osborn Park	First		Season Record	8-1
First	Gar-Field	First	8-1		

After pressing his challenger's face to the mat, senior Arash Filabi awaits his response. Compromising moves allowed wrestlers to plot their next attack.



Power Zone

Instincts Pin To Win

Four minutes had passed and he still struggled to get the upper edge. With aching muscles, he attempted to find enough strength to place his opponent in a pin. He succeeded and once again Woodbridge prevailed.

"Instinct is the best reaction in a tough situation," said junior Mark Kuhn. Although the wrestlers prepared in practice for those tight positions, they only hoped their best instincts would counter an attack of the opponent.

Often the athletes challenged a friend of a heavier weight class during practice to prepare for a match. "Wrestling people

of another class made your opponent seem much lighter when it came time to compete," said senior Scott Parker.

Another type of preparation came before a round when a wrestler stood "on deck." On deck was the guy waiting to wrestle next. They visualized the moves they hoped to make. "I liked to imagine the first take-down and then my aggressiveness, as I waited for my teammate to finish his match. Watching others wrestle before me, helped a lot too," said senior Austin White. Statistics showed, the wrestlers with the first take-down usually won on the mat.

Pure aggression, endurance, and reflex determined whether a wrestler triumphed or dominated to pin.

Aggressively dominating the round, senior Sean Harris uses four years of experience to defeat the Gar-Field opponent. Constant drilling meant success.



"Wrestling is fast motion, a great way to get aggressions out. It is a rush to be exhausted after an enduring but exciting match."
Senior David Leventhal

Staying on top, sophomore Scott Jonely dares not to allow his victim to move. A slightly relaxed hold could often end in defeat for a dominant wrestler.

Power Play

Strength in Low Numbers

“Wait! Does it go beam, bars, vault, floor, or vault, floor, bars, beam? Will someone please answer me!” pleaded freshman Loretta Claytor. With only five gymnasts, each one was forced to compete in every event. “Unlike other schools we couldn’t choose our best girls to compete in every event, there were only five of us. We all competed, we had to! Schedules got confusing!” said freshman Stephanie Parker.

“Although the team was tiny, they contained more talent than the larger teams I worked with in earlier years,” revealed

coach Bonacquisti. The five gymnasts competed year-round and most of them had been gymnasts for ten years.

Two sophomores and three freshman composed the team, making it the youngest team in eight years. “At times being young was a disadvantage. We haven’t competed as much on the high school level as others,” said freshman Heather Moore.

Although the team faced difficult odds with a small team and little high school competition, the majority of meets were lost only by a few points, proving the strength of this small team.

Sophomore Karine Machado completes a front-hand spring on the vault. Vault was one of the four events in which an all-around gymnast competed in during a meet.

Freshman Heather Moore concentrates on pointing her toes and increasing the height of her stag leap in her beam routine. Good form meant high scores from the judges.





Front Row: Karine Machado, Loretta Claytor, Stephanie Parker, Jennifer Wills, Heather Moore. **Second Row:** Dara Drew, Jessica Inskeep, James Beall.

Gymnastics

<u>Opponent</u>	<u>Place</u>	<u>Opponent</u>	<u>Place</u>
North Stafford	Second	Osborn Park	Second
Stafford	Second	Stonewall Jackson	Second
Hylton	Second	Gar-Field, Potomac	Third
Parkview Invational	Eighth	Districts	Seventh

Nearing the end of her routine, sophomore Karine Machado prepares for her dismount. Perfect dismounts put the finishing touch on a routine.



Starting with the basics, sophomore Jennifer Wills spots fellow teammates and sophomore Karine Machado. Spotters offered a helping hand if a stunt proved too difficult.

Warming-up before the meet, sophomore Jennifer Wills runs through her floor routine. Warming-up helped to stick jumps, like the ring jump in competition.

Hot Shots!

All the Right Moves

Playing a game in the dark was hardly a regular soccer game. And a game lasting until after midnight wasn't exactly ordinary — but that was the type of odds the Woodbridge Varsity soccer team faced.

"Coach said we had the talent, but as a young team, it was difficult to put it together," expressed sophomore John Boal on the beginning of the season.

Instead of conditioning the team by doing the same old drills, such as passing, shooting, and trapping, coach Helios prepared them for the upcoming season with a new approach. For the first two weeks, balls weren't used. He had them concentrate on skill, maneuvers, as well as endurance through distance running, calisthenics, and sprints. He also began practicing indoors, which gave the team a new surrounding.

Hilios and new assistant coach John Short-

grad stressed team unity as well as fundamentals, creating the most successful team WSHS has had in the last 12 years. "I was really surprised with the cohesiveness of the team," Hilios added.

The Vikings achieved a record of 19-3, yet none of the victories were easy.

They played Kempsville in a very uncomfortable 106 degrees. In another match, they played Osbourn Park and click! The onfield overhead lights lost power. However, they completed that game, lit by the moon until well after ten o'clock.

"Even though we didn't win at State Finals, getting there was a real experience. Being the best team WSHS has had in a long while means a lot," added senior Joe Soos.

Under Pressure: Freshman Steve Rossi takes a defensive stab at the ball, while junior Ryan Schock positions himself for a quick fake to take control of the scrimmage.



"Every game we fought to win. The hard work and effort took us straight to States."

— Brian Rothlisberger

With Coach Hilios observing, senior Joe Soos waits for the right moment to give the offensive pass. Well-thought out plays were key to having a successful team.





Destination Goal: With junior Chris Petrini hot on his heels, junior J.J. Caputo sprints up the sideline for a scoring opportunity. Junior Steve Masten takes a breather as they go by.



Front Row: Stephen Masten, Brian Rothlisberger, Matt Petrus, Jeff Fedak, Steve Rossi, Jason Fusca, Brian Foley, Dave Capece, Kevin Sullivan, Trey Long, Chris Petrini. **Second Row:** JJ Caputo, Darin Spade, John Boal, Raymond Henry, Spencer Mallard, Jay Anderson, Scott Poiror, Ryan Schock, Kevin Turner, Dave Showers, John Adkins, Joe Soos.

Boys' Soccer

<u>Opponent</u>	W	Opp	<u>Opponent</u>	W	Opp
Jeb Stuart	5	— 2	Potomac	3	— 2
Edison	4	— 2	North Stafford	5	— 0
McLean	3	— 1	Midlothian	2	— 1
Madison	3	— 1	Fauquier	6	— 2
Osborn Park	1	— 2	Stafford	10	— 0
South Lakes	3	— 1	Gar-Field	3	— 2
Stonewall Jackson	4	— 1	Osborn Park	2	— 3
Albermarle	4	— 2	Season Record	19	— 3



Basic Training: Although the team may not like the everyday running, it was endurance drills such as running miles that took the team all the way to the State Finals.

Teaming Up

Pinion Prepared Winners

“Who's the best, Woodbridge. Who's the best, Woodbridge! WHO'S THE BEST, WOODBRIDGE!” Coach Pinion yelled as the team responded. Team spirit was an essential part of the team's tradition when starting a game.

The dismay of losing two of the first games, against Gar-Field and South Lakes, stood out in the minds of the players. The losses reminded them to remain strong and to work harder. Sophomore Jimmy Gattis said, “As a result of losing we really bonded as a team.”

The season was topped off when the team re-

ceived new uniforms. “I liked it when we got our new uniforms, instead of those John Travolta spandex shirts,” exclaimed freshman Mike Moser. Many of the players expressed their enthusiasm to be rid of their old uniforms.

Pinion commented, “The season started out slow but finished strong, indicating that the team had improved.” If the team walked away with nothing else that season, they walked away with heads held high and good friends. Sophomore David Showers added, “I learned that winning wasn't everything.”

Kicking like a Russian folk dancer, freshman Jeff Fedak, high stepped his way to a place on the varsity team at the end of the J.V. season. Three other players were also moved up.

Making it look easy sophomore Seth Johnson does a bicycle kick during practice. Trying new and dangerous skills was always a challenge for the team to perfect.



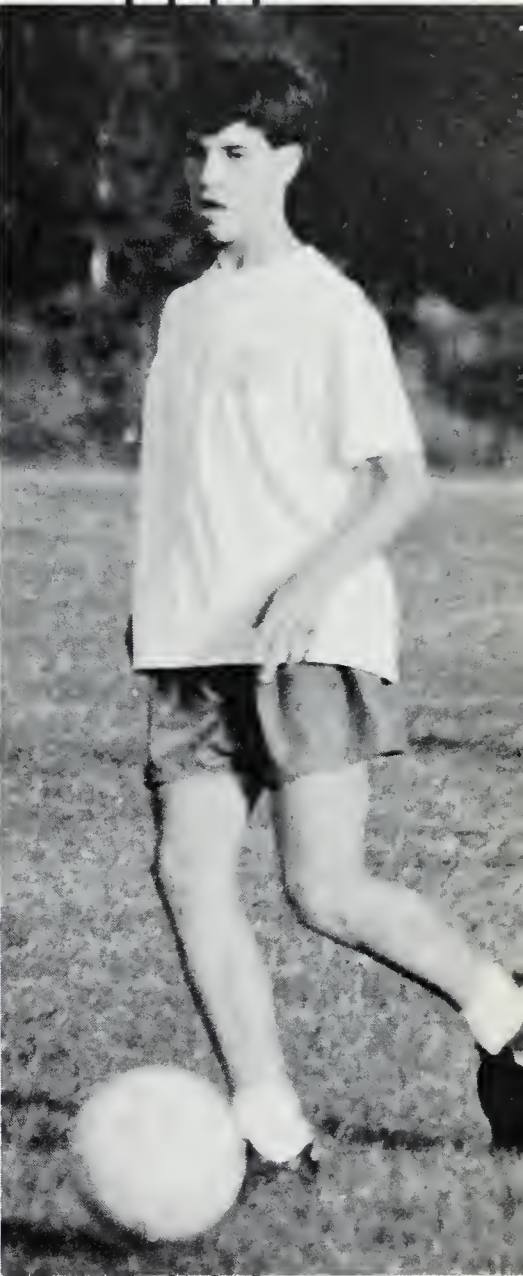


Front Row: Scott Jonely, Darin Council, Justin Buchanan, Simon Franco, Jeff Fedak, Jimmy Gattis, John Adkins, Scott Granger, Chris Gray, Dan Mellen; **Second Row:** Cindy Burns (manager), Caroline Ryhynerson (manager), Tommy Watson, Justin Baird, Mike Moser, Randy Garcia, Greg McAlister, Seth Johnson, Shawn Tierney, Andrew Clark, Mike Greto, John Mustachio, Chris Luley, David Showers (captain), Coach Doug Pinion

JV Soccer

Opponent	W	Opp	Opponent	W	Opp
South Lakes	1 — 2	Albemarle	2 — 0		
Madison	2 — 1	Stonewall Jackson	4 — 0		
Fauquier	3 — 2	Stafford	4 — 0		
North Stafford	3 — 1	James Wood	2 — 0		
Midlothian	1 — 1	Gar-Field	1 — 2		
Osborn Park	1 — 1				
Brentsville	4 — 2	Season Record:	9-2-2		
Potomac	5 — 0				

Good players have good eyes. Freshman Justin Buchanan scans the field to make the best pass. Obviously, they made many good choices on their way to another winning season.



Lining up on his target, sophomore John Mustachio keeps the ball in play. The depth of talent displayed out there makes any opponent afraid to take the field against them.

Here comes the bad guy! No problem. Freshman Chris Gray has already decided on his next move as he prepares to lift the ball over this opponent's head.

A New Era

Chmelko Takes Over

The sun began to set and the echo of the crowd rose. Senior Kim Smith set up her final shot. From the sidelines Coach Mark Chmelko yelled at the girls to "Follow up the shot!" Heeding Chmelko's advice, junior Kim Butts ran to the top corner of the box just in time to receive Kim Smith's ball and shoot it into the net. Coach Chmelko lead the Girls Varsity team to a 3-0 victory over Woodbridge's notorious rival Gar-Field, on May 10th.

Coach Chmelko replaced Coach Alan Ross after 11 years. The transition between the two coaches proved to be successful. Junior Nancy Blanch described the adjustment for the players, "The change was not difficult at all. Many of Ross's coaching techniques rubbed off on Chmelko over the years, but Chmelko added his own personal touch to everything!" Chmelko

coached J.V. with 15 of the players before. Freshman Rebecca Lisack described the openness of the team toward Chmelko, "The whole team welcomed Chmelko. We knew his style and what to expect from him."

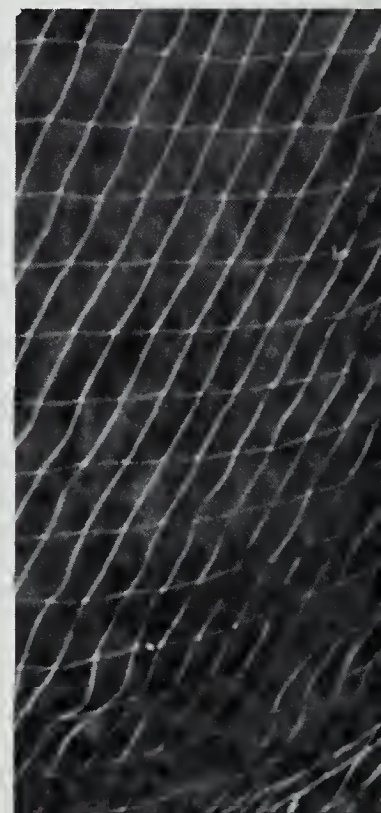
The team went undefeated in the district, won regional championships, and placed 2nd in the state. Junior Michelle Sullivan revealed the secret to the way Chmelko pushed hard work, "I felt like Chmelko was down on our level. If we had problems he was willing to listen. He pushed us to be supportive of each other and do the best we could. But you could always catch coach cracking a joke when the tension got high!"

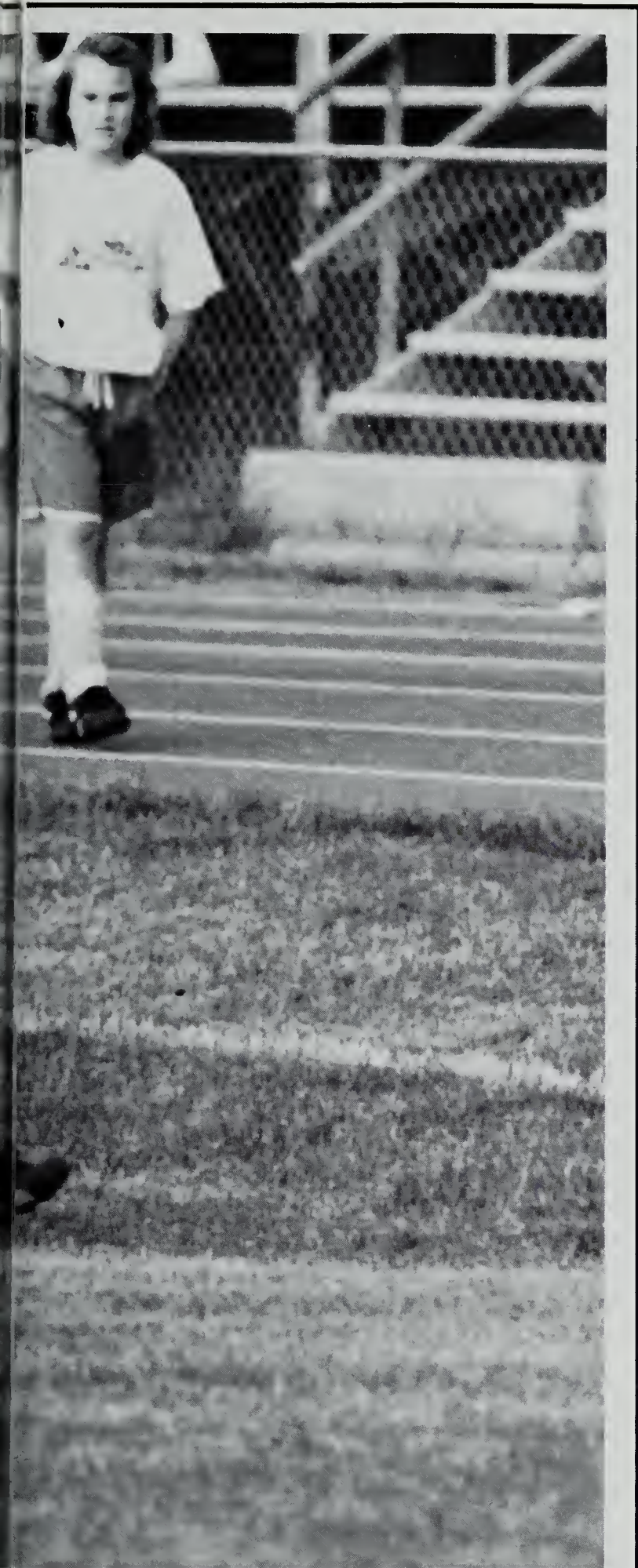
Quick thinking pulls Gar-Field defender Anne Sullivan into empty space, as junior Jennifer Roberts sharply cuts the ball to lose her defender, and make her way to the goal.



"The coaching was excellent, and we had a great deal of talent. That's what created our success." — Stephanie Boyle

Senior Kim Smith's adamant expression shows the great amount of concentration she uses to set up the ball for the perfect shot. Concentration was the key to an excellent game.





Many practices were devoted to one on one drills. Senior Kathleen Paolucci demonstrates the result of hours of practice as she takes on Gar-Field defender Heather Martin.



Front Row: Amanda Lance, Robin Franz, Jenny Blackburn, Kathleen Paolucci, Amy Short, Stephanie Boyle; **Second Row:** Sheri Bradley (manager), Nancy Blanch, Michelle Sullivan, Chrissy Little, Michelle Bouchard, Michelle Carro, Holly Jonely; **Third Row:** Coach Mark Chmelko, Erin Tierney, Rebecca Lisack, Becky ufts, Scott Cheatham, Kim Butts, Kim Smith, Jessica Moorlegghen, Jennifer Roberts, Michelle Todd, Kara Luck, Katie Luck.

G.V. Soccer

<u>Opponent</u>	W	Opp	<u>Opponent</u>	W	Opp
W.T. Woodson	5	— 2	Stafford	9	— 0
Osborn Park	6	— 0	Gar-Field	3	— 0
Stonewall	8	— 0	Potomac	7	— 0
Monican	5	— 0	Gar-Field	3	— 0
Potomac	3	— 0	Albermarle	11	— 0
Herndon	3	— 3	Gar-Field	6	— 1
North Stafford	3	— 0	Clover Hill	8	— 0
Madison	0	— 1	West Springfield	0	— 1
Fauquier	6	— 0	Season Record	16	— 2

“Kee your eye on the ball, and get your body in front of it!” Senior Erin Tierney heeds Coach Chmelko’s advice while warming up for the rival match against Gar-Field.



Slow Start

Only Loss Spurs Them On

“Beating Madison was a goal our team set because we lost to West Springfield, who Madison beat in overtime. We didn’t want another loss, so when the time came we were ready to win, and we did,” said junior Jen Sutton. Madison ranked as the girls’ rival, so naturally they wanted to win. “The game was close. We scored early in the 1st quarter, but holding Madison became our goal. Benson repeatedly told us to keep up the pressure, to play smart,” recalled sophomore Kristen Heller.

Although it was Benson’s first year coaching the J. V., adjustment went well. Sophomore Jodi Simprini recalled, “Coach Benson knew how to improve our skills and keep us fit, but at the same time had fun. He inspired us to work hard and want to win.”

The girls finished the season with a 11-1-1 rec-

ord and the title of District Champions. They suffered one loss in the beginning of the season to West Springfield. Sophomore Julie Stephens recalled the loss and the effect it had on the team, “I was really upset that we lost our first game to West Springfield, but then we all got serious and set our minds to win the rest of our games, and we did!”

The team scored a total of 73 goals and only gave up five. Sophomore Jennifer Harris revealed her thoughts on the season, “We had such success because not only were we physically fit, we were mentally fit when game time came.” The team got off to a slow start but after hard work things turned around.

Many soccer players keep fit off season by playing county soccer. Sophomore Lisa Tolin, while playing a county game at Bristow Field, runs to the goalie making sure the ball doesn’t drop.



“The hard off-season work we did gave depth to our team. Our game against Madison proves that!”
April Rodgers

Giving all she can sophomore Jodi Simprini attempts to steal the ball away from an opposing player. Defense’s main concern after they steal the ball was to send it down the field.





After carefully looking for an open teammate, sophomore Autumn Pittman prepares to kick the ball down the field. It's an advantage when the goalies are able to kick the ball far!



Front row: Vickey Barone, Ashley Klimkiez, Kristen Heller, Lisa Tolin, Jennifer Harrington, Angi Finney; **Back row:** Jodi Simprini, Julie Stephens, Nicole Bates, April Rodgers, Jill Tillbury, Jennifer Sutton, Autumn Pittman

J.V. Soccer

Opponent	W	Opp	Opponent	W	Opp
West Springfield	1	— 4	Stonewall	6	— 0
Fauquier	8	— 0	Herndon	0	— 0
W.T. Woodson	4	— 0	Stafford	11	— 0
North Stafford	6	— 0	Gar-Field	7	— 0
Osborn Park	5	— 0	Madison	1	— 0
Brentsville	12	— 0			
Monican	3	— 1	Season Record	11	— 1
Potomac	9	— 0			

Where does it hurt? Coach Rob Benson looks at junior Jen Sutton's knee during half time, after she is kicked in the game. At times it was needed to call time out to tend to an injury.



Play Ball

Under the Big Lights

The game against North Stafford was different, the team bubbled with enthusiasm. Their eyes scanned the stadium. They saw reporters interviewing players and noticed that they were standing where the pros played.

"It was awesome to play on the same field as some of the greatest baseball stars," said sophomore Matt Clark. Even though the stadium seats seemed empty, nothing could get the team down because they were playing at RFK. The team ran out of the locker room with a burst of energy. Teamwork stayed with

the team even though they were losing 7-6 in the bottom of the seventh. Jon Crater led off with a line drive single to right. Then Josh Millsapps, with a 1-0 count hit a homerun to win the game.

"Hitting a homerun at RFK was one of the most exciting experiences and it will stay with me for the rest of my life," said junior Josh Millsapps.

The season ended with a 7-9 record, but everyone agreed that RFK was the most memorable game. "RFK was one of the most intense games of our season," said junior Chris Crowley.

Senior James Minidis puts ultimate effort in catching a routine fly ball at practice. The team ran through game situations to improve their hitting and fielding skills.

Standing on the mound at RFK, junior Chris Pinder winds up and makes the pitch. With one out in the seventh inning, Chris struck out Danny Washington of North Stafford.





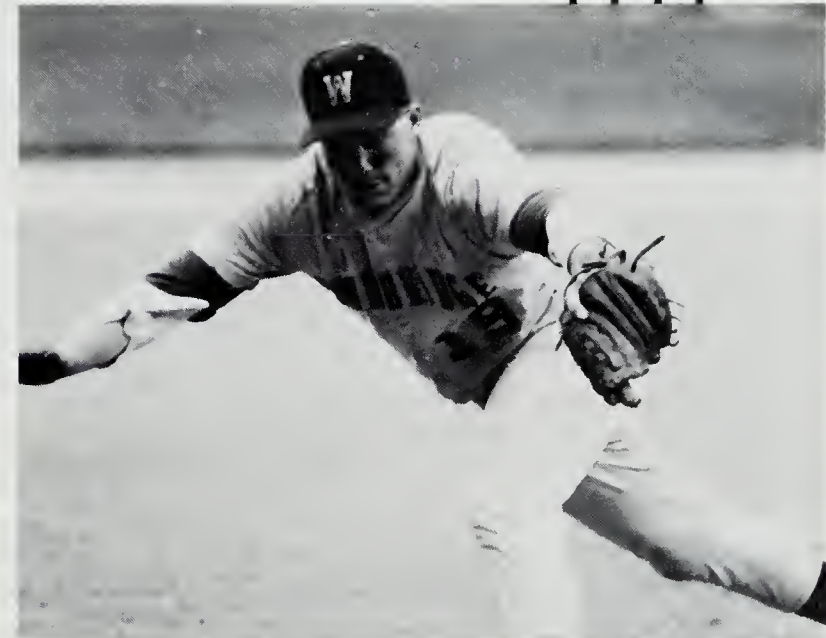
Front Row: Chris Crowley, Ryan Fedak, Eddie Gekosky, Jon Mulholland, James Minidis, Sig Capolupo, Greg Velo; **Back Row:** Chris Pinder, Matt Clark, Josh Millsapps, Cameron Mays, Chris Wallrapp, Fred Cundy, Jon Crater, Mike Matthews

During batting practice junior Jon Mulholland pitches to a team member. Players had a chance to practice their hitting on the field and in the batting cage.



V. Baseball

Opponent	W	Opp	Opponent	W	Opp
Robert E. Lee	2	— 3	Potomac	0	— 10
Centerville	15	— 4	Fauquier	11	— 6
Potomac	4	— 5	Stafford	14	— 2
Fauquier	1	— 2	James Wood	8	— 6
Osborn Park	4	— 8	North Stafford	5	— 6
Stafford	4	— 3	Osborn Park	5	— 4
James Wood	4	— 8	Stonewall Jackson	1	— 2
North Stafford	8	— 7	Gar-Field	4	— 8
Stonewall Jackson	5	— 4			
Gar-Field	1	— 4	Season Record	8	— 10



With James Wood up at bat, junior Fred Cundy waits for a hit towards first base. In the third inning Fred snagged a pop fly near the James Wood dugout to end the inning.

At RFK junior Josh Millsapps goes all out to make the pick up. Josh threw the ball to first baseman Fred Cundy to tag a North Stafford batter out.

Team Pride

The Winning Edge

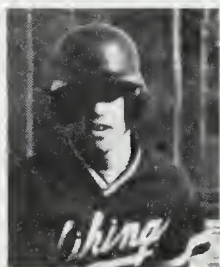
“Viking Pride!” The cheer came from the JV Baseball team after they listened to Mr. Healey, their coach, give them a pep talk after every game. Team pride was very important to the JV players. Self-confidence gave the players the dedication to work through the traditional exercises and game strategies at their practices. The practices clearly paid off as the team had a record of 13-5.

The toughest opponents were Potomac High School and Gar-Field High School. The unbreakable Viking pride showed through key players like pitcher Keith Cassidy and Lou Capolupa who received the most valuable player award. With players like these, the JV team dealt their own tough blows to opposing teams. As coach Healey professed “I think we learned

as a team, including myself, that you cannot look past any opponents.”

The most memorable game was the last one of the season against Gar-Field High School. The team had lost their previous two games, and morale was low. Mr. Healey gave them a pep talk before the game and the players took the field. A thunderstorm delayed the game, but when the playing began, Woodbridge let their talents come through. Keith Cassidy pitched a 3-hitter, and Woodbridge took the game 7 to 0. With this victory, the JV team knew that they had a reason and the right to be proud.

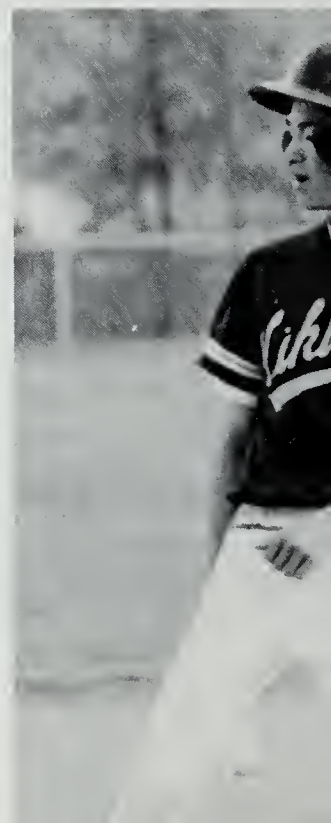
Listen up! Coach Healey gives the team a traditional pep talk. Mr. Healey gave more than just good advice though. He taught the playing skills the team needed to have such a successful season.

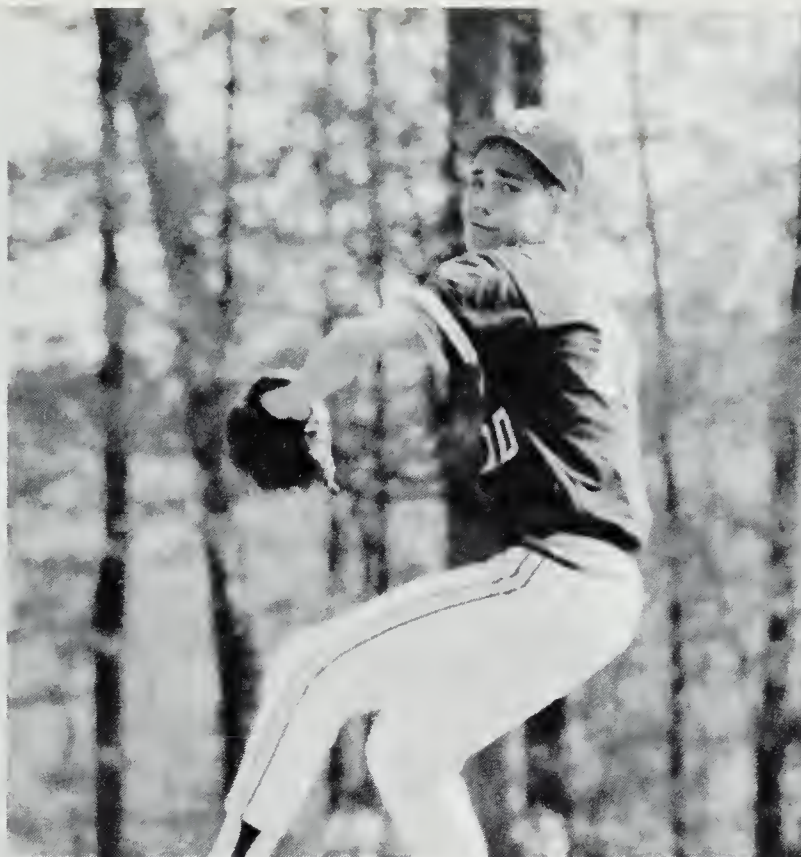
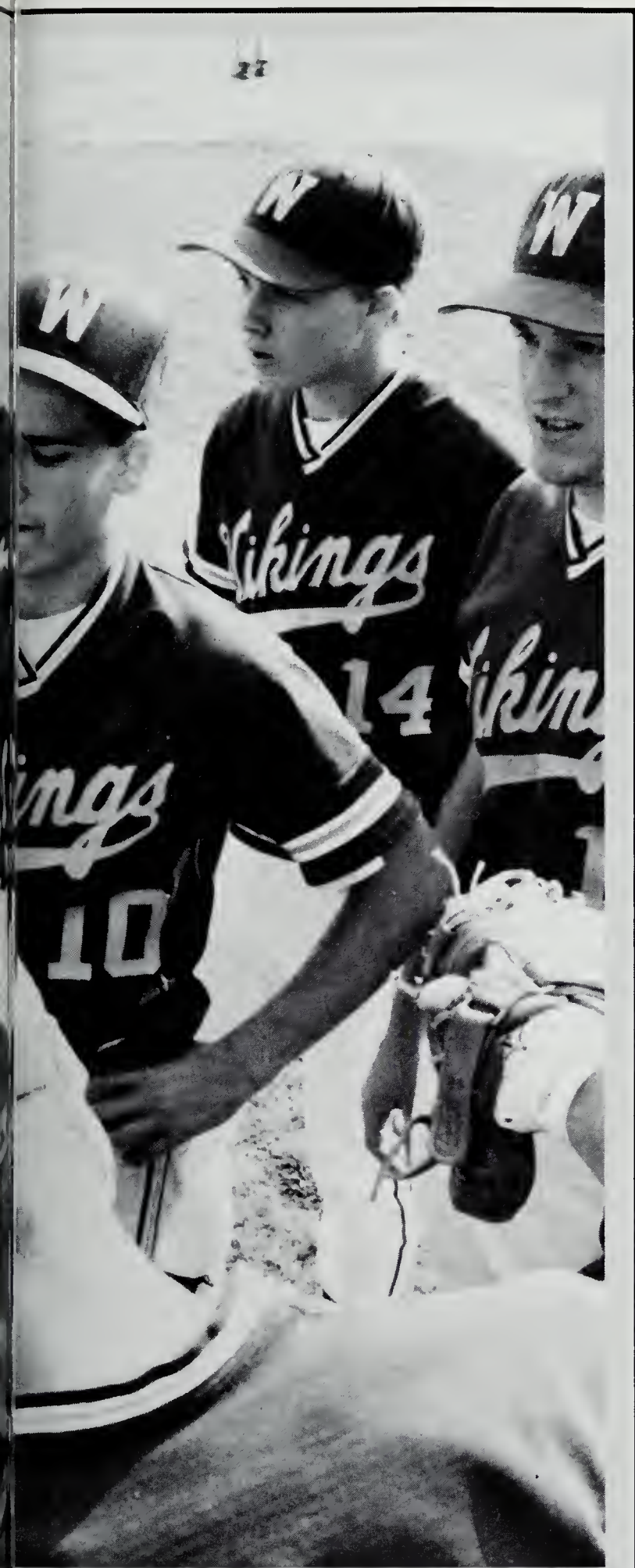


“I Thought the coaches prepared us well this year by making us practice long and hard.”

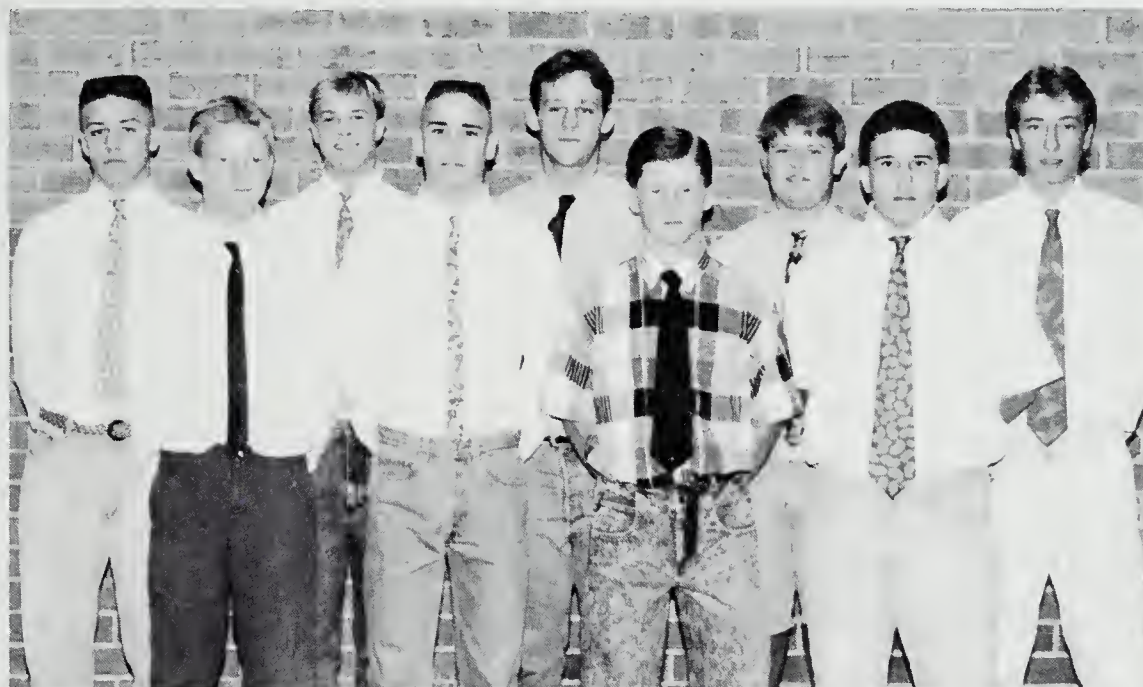
Danny White

Hit me with your best shot! Crouched and waiting, freshman Mike Zai-ko is ready for anything the batter can hit his way. To be successful, it was vital to stay alert on the field.





Look out! Sophomore Keith Cassedy winds up to deliver a powerful pitch against a batter from Fauquier. Cassedy's pitching was only a part of the Vikes cumulative talents which gave them a final record of 13-5.

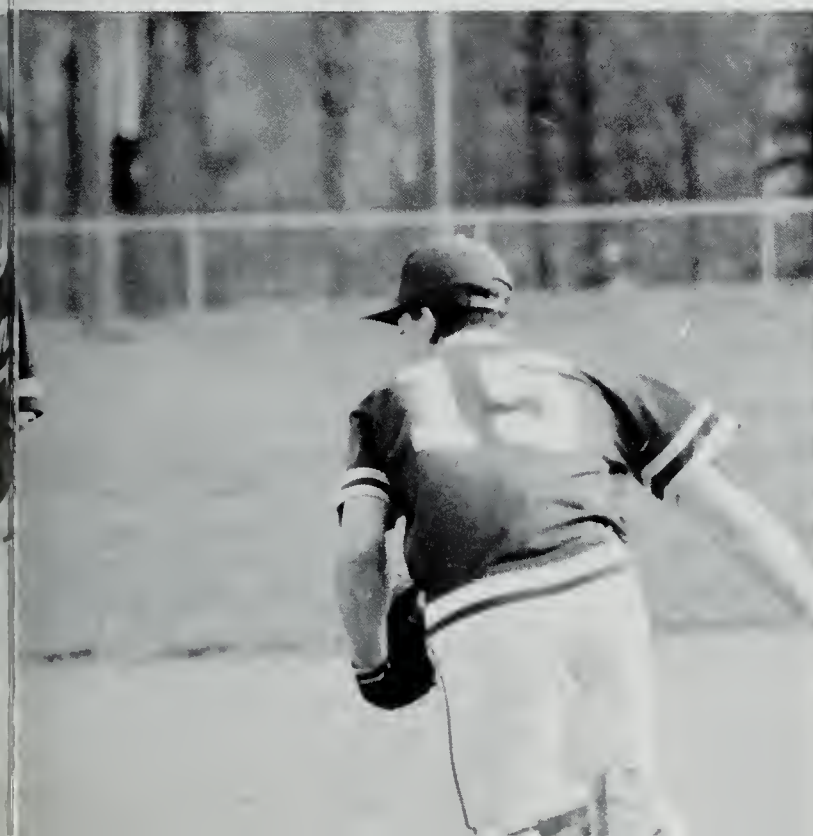


First Row: Toby Forrer, Keith Cassedy, Justin Raynor, Rich Leopold; **Second Row:** Danny White, Lincoln Burke, Tim Morgan, Darren Clouden, Tray Robb, Not Pictured: Lou Capolupa, Mike Zaiko, David Hunter, Ryan Bass

JV Baseball

Opponent	W	Opp	Opponent	W	Opp
Lee	12	— 0	Potomac	8	— 19
Centerville	3	— 1	Fauquier	15	— 0
Potomac	2	— 1	Osborn Park	4	— 10
Fauquier	8	— 0	Stafford	8	— 1
Osborn Park	4	— 6	James Wood	14	— 3
Stafford	8	— 1	North Stafford	9	— 1
James Wood	13	— 2	Stonewall Jackson	8	— 5
North Stafford	9	— 4	Gar-Field	7	— 0
Stonewall Jackson	13	— 1			
Gar-Field	5	— 6	Season Record	13	— 5

Watch out behind you! Freshman Lou Capolupa protects a base during a game against Fauquier. Quick reflexes contributed to the team's double victory over Fauquier during the season.



Lady Vikes

Excelling with Teamwork

They were a young team with three sophomores, and only two seniors, but the Woodbridge Varsity Softball team finished second in the district.

Led by seniors Rebecca Ramirez and Jamie Haley, the Lady Vikes were an offensive powerhouse. "In their first practice game they displayed their power, which proved to be our hitting," explained Coach Jim Edwards. In this game they faced Robinson and one of the best pitchers in Virginia. After three innings without a hit, junior Kerry Suniega stepped up to bat, and got the team's first base hit of the sea-

son.

"Although we were young, it didn't take us long to get things together, especially after we got over the butterflies," said sophomore Jen Kass after the Robinson game.

The season started well, however as it drew to an end, the team was plagued with injuries. "We decided no matter how many injuries we had, we were going to do well," said junior Kim Dehnel. This spirit kept the team competitive in the district tournament.

The team ended the season in 2nd, despite its youth and injuries.

After a tough victory sophomore Lisa Sutherland and junior Kim Dehnel head for the locker room. Coach Edwards always had a few comments for the girls before they headed off the field.

"Good cut!" Sophomore Lisa Sutherland gets a hit. Although the team did well on defense, their batting and base running was their strongest quality, and this hit was one of many.



Safe at third. Junior Maggie McGee reaches third base, and now the bases are loaded after a hit. The Vikings won many games by shocking their opponents with early runs.



Front row: Keri Pratcher, Kim Dehnel, Patty Hunke, Jen Kass; **Back row:** Amy Trice, Courtney Littig, Kerry Suniega, Maggie McGee, Denise Helmandollar

Varsity Softball

Opponent	W	Opp	Opponent	W	Opp
Robinson	1	— 2	Fauquier	9	— 4
Potomac	6	— 3	Stafford	5	— 3
Fauquier	7	— 2	James wood	5	— 0
Osborn Park	6	— 3	North Stafford	4	— 5
James Wood	12	— 5	Stonewall Jackson	6	— 1
North Stafford	6	— 4	Osborn Park	5	— 4
W.T. Woodson	15	— 3	Gar-Field	4	— 6
Stafford	10	— 0	Osborn Park	8	— 3
Stonewall Jackson	6	— 4	North Stafford	7	— 11
Gar-Field	1	— 9			
Potomac	10	— 9	Season Record	14	— 5



Image is everything. Since the girls don't wear hats like the baseball team, junior Kerry Suniega shades her eyes and looks good, as she throws a strike to her opponent.

Taking a break from the action, sophomores Maureen McNamara and Amy Trice watch the game from the dugout. Not everyone got a chance to play the whole game every time.

Rough Play

Esprit de Corps = Success

It was the end of the seventh inning of the Woodbridge vs. Gar-Field game. The Lady Vikes were watching nervously as their opponent's next batter went up to bat. The Vikes had the lead and Gar-Field already accumulated two outs.

The pitcher went up to the mound and threw her first pitch. It was a strike. The next pitch was high, but the batter hit the ball foul. The last pitch was delivered, the batter swung and missed. Strike three! The Vikes won the game!

The 9-6 victory over Gar-Field was one of the most important victories of the season. Gar-Field was undefeated and the players wanted to break their rival's winning streak. "We had a brand new team and weren't expected to do well, but all the players were involved and used teamwork to come from behind early in the game," stated sophomore Lisa Paternite.

nite.

As the season progressed, the players continued to work together to earn a record of 13-4.

"In the beginning there was little teamwork. With the help of Coach Cindric we were able to pull together as a team and have a successful season," freshman Lee Ann Stanton admitted.

Freshman Virolga Sterverson described how the players combined teamwork, enthusiasm, and dedication to succeed. "Not all the players got along real well off the softball field, but on the field we played together as one. We were able to resolve our differences in order to play our best. We were a team and that made all the difference."

Strike three! Freshman Jill Zizzo winds up and pitches a fastball to her opponent. Determination and coordination combined with proper form made a winning pitch.



"Teamwork and encouragement brought the team together. Even in a bad play, someone was always still cheering for us."
Hilary Clark

What a game! Sophomore catcher Lisa Paternite receives a friendly pat on the back by Coach Cindric after a game. The players always welcomed helpful advice from the coach.





Keeping an eye on the ball, freshman Lee Ann Stanton runs to cover first base while her opponent takes a step towards second. Staying alert was a must to make a good play.



Front row: Mary Dawes, Lisa Paternite, Audrey Cox, Melody Dawes, Cara Bradie, Patty Leith, Lee Ann Stanton;
Back row: Andrea Root, Heather Fahnestock, Jessica Kitta, Jill Zizzo, Wendy Updyke, Ann Mooney, Hilary Clark, Verolga Steverson, Coach Tom Cindric

JV Softball

Opponent	W	Opp	Opponent	W	Opp
Robinson	13	— 8	Gar-Field	9	— 6
Potomac	13	— 20	Potomac	14	— 3
Fauquier	19	— 10	Fauquier	19	— 6
Osborn Park	3	— 18	Osborn Park	7	— 8
Stafford	20	— 5	Stafford	19	— 9
James Wood	14	— 9	James Wood	17	— 15
North Stafford	14	— 13	North Stafford	13	— 7
W.T. Woodson	16	— 17	Stonewall	29	— 9
Stonewall	11	— 7	Season Record	13	— 4

“Hey batter batter!” Sophomore Melody Dawes waits for her pitch as she corrects her stance. Concentration was essential to make perfect contact with the ball.





Front Row: Alfred Winborn, Chris Felton, Geoff Baker, Jeff Thurner, Alvin Moise, Kevin Woleslagle, John Bryt, Eric Mitchell, Greg Patterson; **Second Row:** Mike Brenner, Bryon Todd, Andy King, Tim Cheppell, Chase Finley, Joe Monastra, Eric Keehan, Russell Waller, Greg Jones, Ian Harrison; **Third Row:** Coach Rodgers, Brian Nakamura, Scott Crissey, Emmanuel Bennett, Mike Britton, Braxton Mullen, Chris Nelson, Terrance Harrelson, Tyrone Robinson, Anthony Carter, Tim Weir, Steve Bohannon, Alex Wehmeyer, Frank Gilhooly, Jim Trimble, Sean Wiley, Coach T. Jones



Front Row: Laura Bouchard, Cheryl Rothlein, Laurel Mitchell, Michelle Melton, Jennifer Boyt, Adrienne Tunstall, Kendra Jones; **Second Row:** Edie Mangibin, Amy McGarry, Holly Johnson, Denett Grant, Christina Royston, Angela Woodcock, Julie Todaro, Beth DeGenova, Betsy Russell, Latoya Farrell, Dirie Phillips, Coach Rodgers

Outdoor Track

Opponent(s)

Con/Maden Relays
Stonewall Jackson/Osborn Park
Stafford
Potomac
Mary Washington Invitational
North Stafford
Cedar Cliff Relays
Gar-Field

Girls

1st
2nd
2nd
2nd
14th
2nd
5th
2nd

Boys

1st
1st
1st
1st
1st
1st
4th
2nd

On your mark, get set, go! Sophomore Justin Stevenson gets ready to run as senior Joe Monastra holds the starting blocks. Teamwork helped runners get ready for their races.





Fast Track

Another Lap In The Sun

One could feel the stress build at the starting line, the runners ready to race, tensing up and ready to pounce on the enemy and take the victory. This was the general feeling for all of the track athletes at the beginning of a race. And even though they had a fairly young team, Woodbridge track ran away with a District championship. The runners ran their workouts with the hopes of winning and upholding the winning tradition.

"The practices were difficult and hot, but they all paid off in the invitationals on Saturdays,"

Up, up, and away! Sophomore Christine Royston races to beat the competition at the Gar-Field dual meet. It took a special dedication and commitment to run the hurdles for Woodbridge track.

stated Sophomore Angela Woodcock. Runners ran every day after school, even in the hot days of summer. Although the temperature was often high, the students practiced on and worked towards their ultimate goal.

"We had a young team this year, but we worked hard and it resulted in a District Championship," Coach Rodgers said. Rodgers kept the team running and practicing. His "little" workouts were usually the big difference between a second place finish and a first place finish.

The track team used their youth and power to win yet another season and uphold their legacy.

"It was my first year here at Woodbridge track and I already feel the strong winning tradition," said Freshman Andy King. The legacy lives.



"Track was a real experience for me. I met some good friends and can't wait till track season next year." Eric Keehan

The track team had many group successes and some individual recognition also. Junior Steve Masten accepts an award for placing first in the 500 meter dash at the state meet.

Court Date

Tennis Causes A Racket

Taking their opponents to the courts, the men's tennis team volleyed, sliced, and served their way to the state semi-finals.

"It was great going to state because it was the first time that guy's tennis has ever gone," said senior Greg Strawderman.

Although tennis is viewed as a one on one sport, the majority of the players have to win in order to go to the next stage of competition. They also depend on each other for support.

During practices they worked together to improve their technique and

physical strength. A regular workout began with ten minute warm-ups. Leg and arm stretches reduced the players' chances of pulled muscles during their cross country run around Lake Ridge and hitting drills.

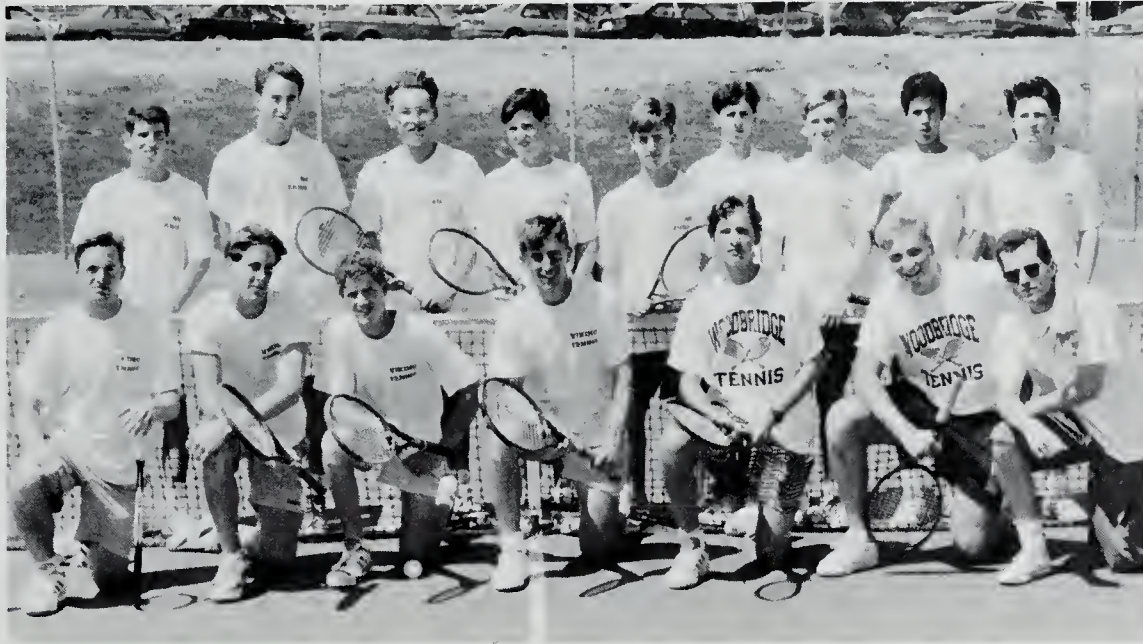
"They're good players, but they needed to work on endurance. The running was something new to the program and worked for the team," commented Coach Anderson.

"After wins, especially against Potomac, we went to McDonald's or Pizza Hut to celebrate," said Ted Pelot.

Concentrating on returning the ball to his opponent, junior Guillermo Corea gets ready to use a backhand stroke. Players had to quickly decide the most effective way to hit.

"I've got it!" Up for the challenge, sophomore Jason Barnidge jumps the extra height to make the play. High balls often went over the opponent's head.



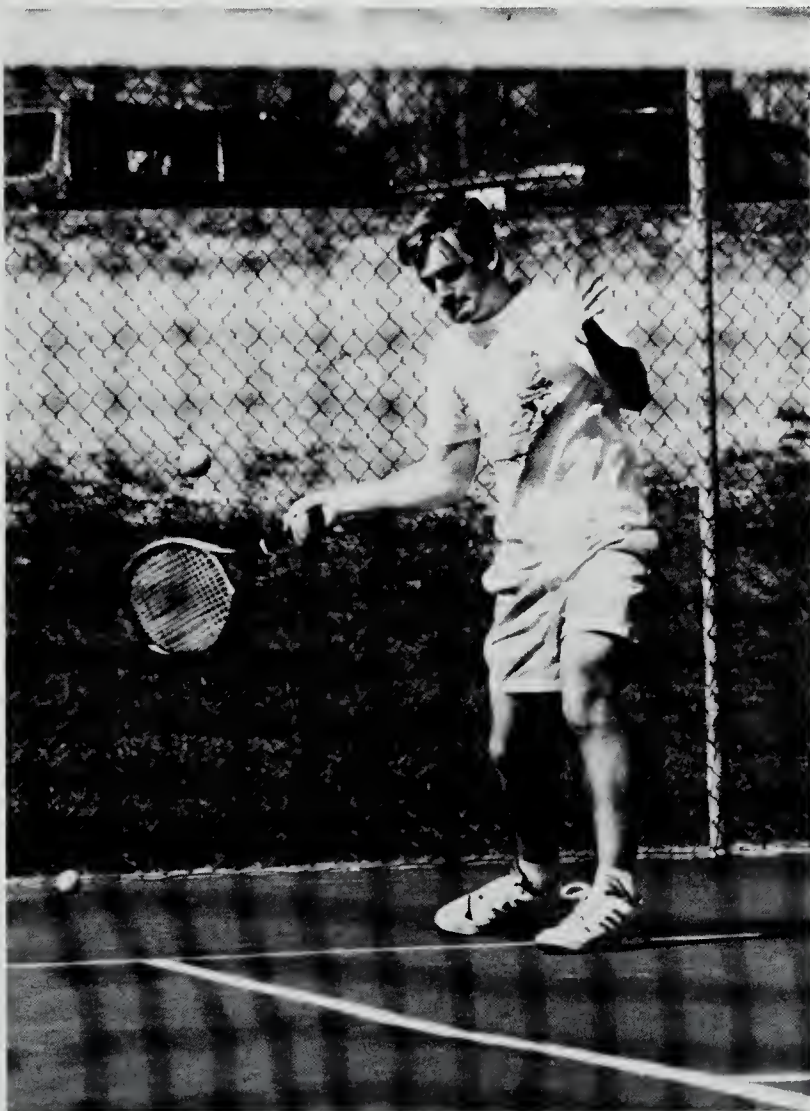


Front Row: Jason Strohecker, Ted Pelot, Greg Strawderman, John Lisack, Stefen Pinkernell, Dave Richardson, Coach Pete Anderson; **Second Row:** Todd Pulsifer, Matt Lisack, Frederic Van Bellinghen, Mark Hauser, David Cloyed, Jeff White, Jason Barnidge, Guillermo Corea, Lee Ross

Men's Tennis

Opponent	W	Opp	Opponent	W	Opp
Stafford	8	— 1	Potomac	5	— 1
Potomac	6	— 3	Cave Springs	8	— 1
North Stafford	9	— 0	E. C. Glass	5	— 4
Gar-Field	9	— 0	Douglas Freeman	2	— 6
Stonewall	9	— 0			
Osborn Park	9	— 0	Season Record	10	— 1
Stafford	5	— 0			

Preparing to serve an overhead shot, junior Ted Pelot positions his body, racket, and tennis ball. Technique was important to make precise serves and other hits.



Getting ready for district games, junior Jason Strohecker practices his forehand with his drill partner. Hitting with teammates strengthened playing skills.

Trying to catch his competitor off guard, freshman Todd Pulsifer lobbs the ball over the net. This hit was used to gain points when the rival was near the base line.

Sky High

The Region's Number One

“After three years of coming so close to winning Regionals, it felt so good to finally have it in my hands. Accepting the Regional trophy for the team made all the long practices and hard work worth it,” stated senior and number one seeded player Jessica James.

Hours before most students even woke up, the Lady Vikes were on the courts perfecting their strokes. The team began as early as 6 a.m. every morning in August.

After winning Districts for the seventh consecutive year, the Lady Vikes finally captured the Regional title. They defeated E.C. Glass, 8-1 in the semifinals and Patrick Henry, 6-3 in the finals of the regional tournament.

Senior Aimee Rosenberg stated, “The best part about winning Regionals was finally beating E.C. Glass. We had never done that before.”

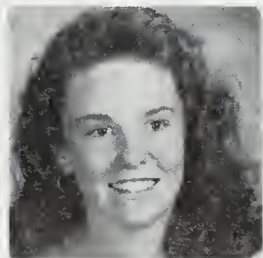
After defeating E.C.

Glass, the team faced Patrick Henry for the Regional title. The score was tied, 3-3, after the single matches were played. The championship came down to the top three doubles matches. The Lady Vikes were victorious and were finally Regional Champions.

Not only did they advance to states as a team, but top-seeded James won the Regional singles title and placed third in the state. The number one duo, James and sophomore April Rodgers won the Regional doubles title as well.

After 11 years of coaching, Lewis Forrest stated, “This was our most rewarding season. Coaching young ladies such as these makes it all worthwhile.”

A Dynamic Duo, Sophomore April Rodgers looks on as doubles partner Jessica James practices her backhand before an important match against Osbourn Park.



“Accepting the Regional trophy for the team made all the long practices and hard work worth it,”
Jessica James

With a firm grip on her racket and much determination, senior Aimee Rosenberg hits a perfect backhand volley. Strenuous practice drills paid off in these intense matches.





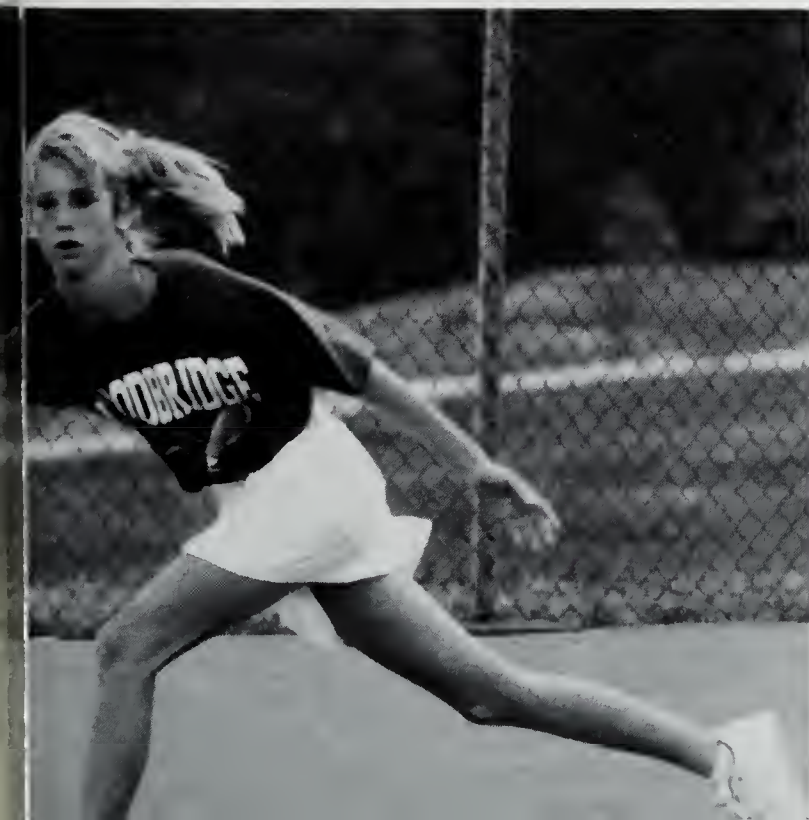
With the score tied at deuce, sophomore Susan Trussell awaits the serve from her opponent. Deep concentration and a strong forehand return resulted in a victory.



Front Row: Vicki Barone, Amy Staab, Meredith Martin, Aimee Rosenberg; **Second Row:** Misty Clark, Liz Cackowski, Lisa Tolin, April Rodgers, Brook Conaway, Susan Laver, Tamisha Esannason, Betsy Story **Back Row:** Coach Lewis Forrest, Yasmin Ayati, Kristie Mitchell, Jessica James, Kelly Foreman, Michelle Hobson, Susan Trussell, Rebecca Lisack, Cindy Lewis.

Girls' Tennis

Opponent	W	Opp	Opponent	W	Opp
James Wood	9	0	Gar-Field	8	1
Stonewall Jackson	9	0	Gar-Field	7	2
Fauquier	8	1	Fauquier	6	0
Hylton	9	0	E.C. Glass	8	1
Osborn Park	6	3	Patrick Henry	6	3
North Stafford	9	0	Midlothian	2	7
Stafford	9	0			
Potomac	9	0	Season Record	13	1



Keeping her eyes focused on the ball, sophomore April Rodgers uses her quickness to get to it. Skills such as speed, agility and footwork were practiced daily.

Lacrosse

The Stix the Limit

Sticking it to their competition in their premier season, the boys lacrosse team went undefeated. It was a year of beginnings and organization. The team participated in fundraisers such as car washes and selling team programs to help pay for equipment. They held a lacrosse clinic in the spring and established a season game schedule.

These were activities that school sponsored sports took for granted. "Parents worked hard with the players to raise money in order to support the club and its formation," stated senior Ernest Gregory.

Teammates had to adjust to one another since each player had different experience, came from different organizations, or was starting off in their first season of lacrosse. "Coach Riley was a good inspiration to the players

because he was so patient with us and helped everyone out individually on their strengths and weaknesses," stated senior Lan Huynh.

Senior Brian Majewski added, "After a regular practice schedule was established and people became familiar with one another, the atmosphere became very relaxed, and our confidence was building after each game especially the Mount Vernon game because they were our first real challenge."

Cooperation, open mindedness, and patience were the keys to forming a first year team. These boys sure got it into gear and shocked their opponents by going 14 and 0.

Seniors Chad Richardson, Dave Cheatham and senior Ken Hamby shake hands with their opponents displaying good sportsmanship after a hard-fought game.



"We haven't been playing lacrosse long, but we must have done something right going 14 and 0."
— Jeff Rhodes

Lacrosse games often got down and dirty as senior Dave Cheatham slides into his opponent while fighting to keep possession of the ball and his footing at the same time.





“**V**iking Pride!” chants the team in a huddle before the Mount Vernon game in order to get psyched and form team unity which helped to get their minds on the game.



Front Row: Tyson Wild, Clay Harris, Lan Huyn, Rob Dudley, Tom Marrineak, Jimmy Letsky, **Second Row:** Chad Richardson, Ernest Gregory, Danny Barone, Ken Hamby, Les Smith, John Haskens, Brian Majewski, Will McKay; **Third Row:** Paul Losier, Ass. Coach Joe, Jeff Rhodes, Dale Smith, Brad Katscaka, Aaron Wahus, Chris Nelson, Coach Riley, Dave Cheatham

Lacrosse

Opponent	W	Opp	Opponent	W	Opp
O'Connell	8	— 3	Thomas Jefferson	8	— 3
Jefferson	8	— 2	Stonewall	15	— 6
Mt. Vernon	12	— 5	Fauquier	14	— 11
Stonewall	12	— 2	Loudoun County	15	— 1
Thomas Jefferson	10	— 7	Loudoun County	17	— 2
West Springfield	4	— 2	Stonewall	13	— 3
Fairfax	12	— 8			
Robert E. Lee	8	— 0	Season Record	14	— 0

Congratulating the players from Thomas Jefferson on a game well played seniors Danny Barone, Les Smith, Chad Richardson, and John Haskins slap hands after the game.



AquaVikes

Swimming the Fast Lane

"Step up." With a toe over the edge of the diving block, the Woodbridge swimmer prepared himself for the start. "Gentlemen, this is the 200 meter individual medley. Take your mark."

He focused on the race ahead, muscles tensed, ready to perform.

Beep! The swimmers exploded into the air with streamlined grace as they began their event.

In their first year as a varsity sport, the Woodbridge Swim Team secured a top spot with other competing teams, some of which started over seven years ago.

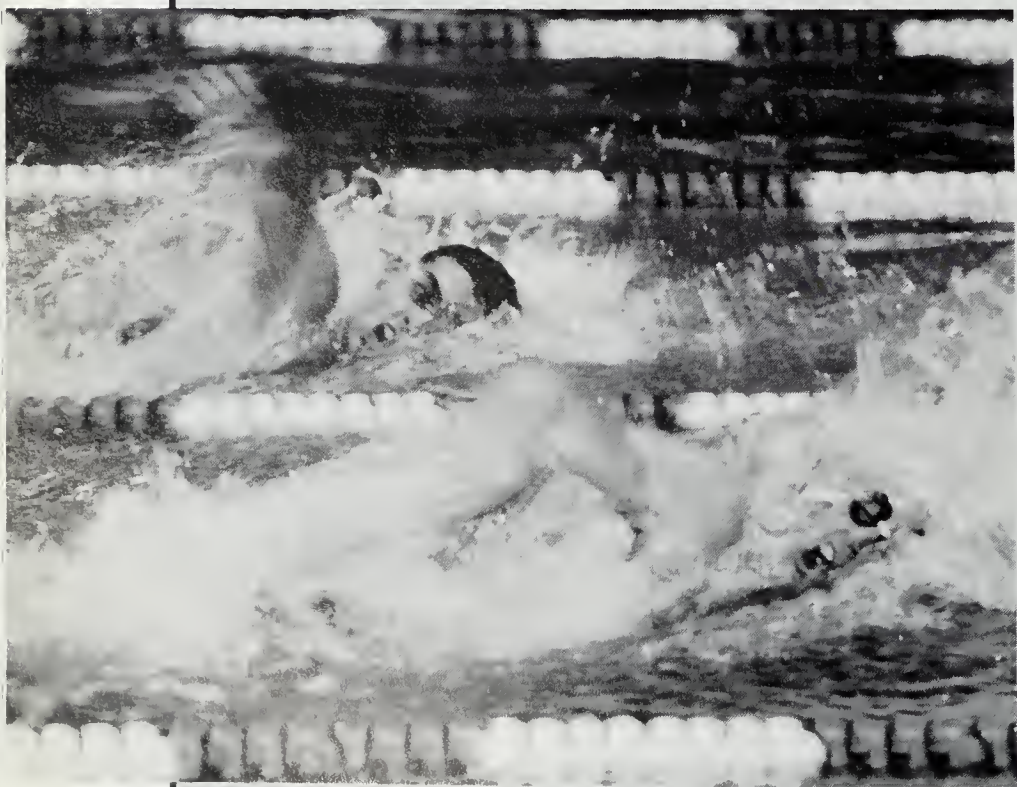
Practice was held at Devil's Reach Recreation Center three days a week. There, the team trained in the water as well as in the aerobic room.

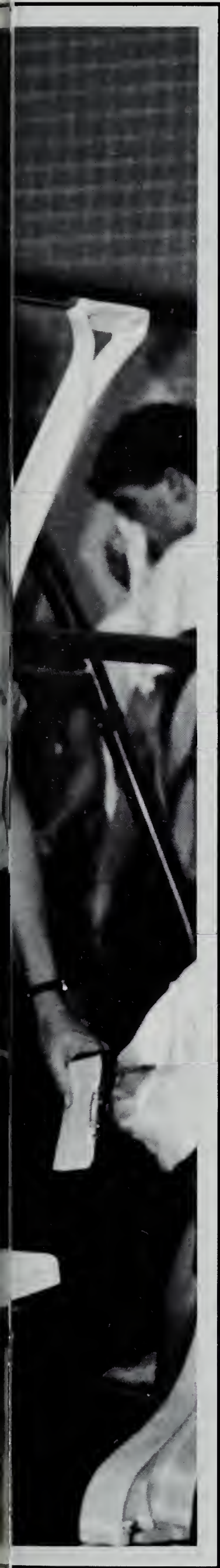
At Districts, Woodbridge had several individual (as opposed to team) victories. Junior Kara Nelson took home three medals and junior Craig Baldwin swam away with the district record for the 100 meter breaststroke.

However, as junior Chris Osburn explains, "Swimming is a team sport because the score never depends on just the first place finishers. That way, everyone contributes to the win."

Keeping a watchful eye on his competitor, junior Craig Baldwin pushes his freestyle to the limit. Close races like these were not uncommon.

Awaiting the starter's command, junior Kristina Huntington poses herself while she concentrates on the upcoming race during the district meet at Chinn.

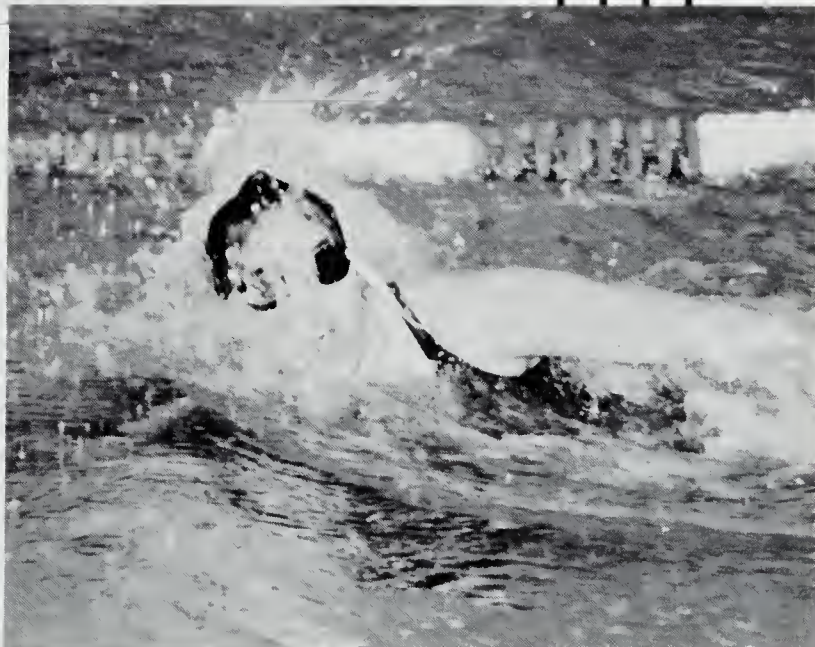




Front Row: Barbara Garn, Brandy Warren, Melanie Kass, Ali Witheredge, Kristina Huntington, Kirsten Powell; **Second Row:** Mary Jones, Jodi Simprini, Becky Radcliffe, Shannon Fitzimmons, Kara Nelson; **Third Row:** Chris O'Brien, Jason Phillips, Daniel Harrison, Monica Winters, Brian Hicks, Christine Nelson.

Swimming

Opponent	Boys	Girls
Relay Carnival	4th	4th
Stafford	2nd	2nd
Stonewall	2nd	1st
Osborn Park	2nd	1st
James Wood	1st	1st
Hylton	2nd	2nd
Districts	4th	5th
Season Record	6-1	3-4



Determination unleashed. Junior Mark Snyder makes a splash as he comes out of his turn during the backstroke leg of the Medley Relay.

Taking a quick breath, freshman Tara Plummer battles her way through the water during the 100 meter freestyle event at the district meet.

Oarpower!

Sweat, Pain, and Grace

Shouts of "Wood-bridge! Wood-bridge!" roared from rowers, parents, and coaches sitting in the grandstands of Sandy Run Park. The Senior Eight had just beaten T.C. Williams for the first time in the ten year history of the crew program.

Coach Shultz recalled the victorious day, "The guys worked hard all season for their success."

The varsity eight was seen running, rowing, and lifting weights. Water time was valued most by the crew. They worked to achieve perfect release, swing, recovery, and catch; fundamentals of the rowing stroke. Concentration on perfection was noted by senior Chris Kowal, "The intensity at which we rowed, made us

strong, and gave us the desire to win."

The rest of the program worked just as hard. Practices were a survival of the fittest. Adrenaline was a necessity for endurance. "Workouts were more demanding than before, on and off the water," groaned junior Kevin Grunden.

Rowers constantly strived to make a higher seating. Coxswains pushed to win. The perseverance of the men's team in practices made them one of the most feared crews on the Occoquan.

Preparing for an upcoming Saturday regatta, juniors Aaron Black and Nathan Hissong power their way through a strenuous piece. Long, hard workouts meant victory.



Front Row: David Ritchie, James Kline, Kevin Grunden, Mike McGee; **Second Row:** Bobby Bellamy, Edward Wallawender, Andy Phillips, Bryan VanWinkle; **Back Row:** Aaron Black, Chris Kowal, Jerome Gagliano





Practicing on the reservoir, the men's A boat demonstrates the fine art and grace of rowing. Varsity crews made rowing look easy, but novices often found it quite difficult.

Repetitions of bench rows for juniors Steve Bidwell and James Casey proved grueling. Muscles were built strong thru various weight-training exercises.



Lifting the boat high above his head junior Jerome Gagliano helps to pull a shell out of the water. After a long row, the weight of the boat seemed unbearable.

||||

Visualizing his technique, senior Peter Rossi attempts to block out any pain related to erging. A rower's erg ability was often used as a measurement of strength.

||||



"Dedication is vital to success in any sport. It is the essence of crew. Our discipline gives us the edge to be elite and dominate." Neil Seitz, junior

“Up over your heads, ready up!” Junior Leigh Sullivan hoists the shell above her head at coxswain’s command. Rowers and coxswains worked together to put boats away.



“Mines bigger!” Sophomore Kara Nelson and freshman Tasha Lyon flex their muscles at Nationals in Delaware. Bulging biceps are one of the rewards of crew.



“Communication is most important. The coxswain and the rowers should always understand each others’ limitations.”
Kirsten Powell



“Push off, and oars across.” Sophomore Tracy Tomlinson and junior Jessica Botta wait for their coxswain to give further instructions. Cold days made practice even more strenuous.

Taking a break in the boat house, sophomores Barbara Greyson and Jen Inne enjoy their time off the water. Boats sat together before any race, a team on land as well.



Two Breeds

Coxswains Versus Rowers

“If the boat wins, it's the rowers' gain; loses, the coxswain's fault!

In rowing, there were two breeds, rowers and coxswains. Both thought the other did less. The coxswains were “dead weight” and the rowers were “all brawn, no brain.”

“I used to hate it when my coxswain yelled. It was unfair, we felt all the pain,” Barb Greyson, a sophomore said.

Sophomore coxswain Heather Conti said, “I lost my voice after races from yelling them on.”

“One foot out, ready out!” Sophomore Emily Newcomb gets out as freshmen Darien Berkowitz and Lindy Jankura hold the shell, demonstrating the spirit of teamwork.

Throughout the regattas, both sides decided it was time to cooperate with each other. It took seeing things from someone else's shoes for some to come around. Christy Nelson, a freshman added, “I coxed a boat once and almost hit the dock!”

A boat of coxswains entered the championships. “It was fun, but we lost. Too many coxswains telling each other what to do,” junior Sara Williams joked.

The twist of roles seemed to have created a bond between the two. By the seasons finale, the coxswains and rowers, two opposites, came together as one. They relived the past triumphs and the past painful mistakes as the dedicated unit they had become — a boat.



First Row: Alli Witheridge, Megan Gottlieb, Michelle Sellers, Megan Tremper, Elizabeth Jordan, Darien Berkowitz, Heather Peters, Mary Ragsdale; **Second Row:** Jodie Shoop, Lane Pickell, Carrie Booker, Monica Winters, Amanda Saks, Heather Long, Audrey Blok, Shea Myers, Danielle Chaloux, Bridget Boyle, Heather Conti, Christy Nelson; **Back Row:** Mr. DeLeonardis, Stacy Welsh, Leigh Sullivan, Melissa Blokis, Jennee O'Neill, Christine Livingston, Courtney Tournbow, Betsy Erlandson, Kirsten Powell, Tracy Torres, Monica Neel, Sara Williams, Regina Price, Amy Staab, Barbara Greyson, and Mr. Bailey

Recorded:

The Twists and the Traditions

A

A battle of wits erupted when **Anita Hill** charged Clarence Thomas with sexual harassment. Not only did it entertain, but brought new awareness to a controversial issue.

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B

For the first time in movie history an animated film was included in the Oscar nominations. Movie of the Year and Best Musical Score were two of the awards proposed for Disney's ***Beauty and the Beast***.

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Strengthened by the coup attempt in August, the Russian freedom fighters worked to rid themselves of Communist rule. It is now called the **Commonwealth of Independent States**.

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National Art Honor Society: First Row: Moana Navaro, Cam Wheelis, Kendra Jones, Mrs. DiCroce. **Second Row:** Jon Hickman, John Graves, Jeremy Humphrey, Betsy Russell, Vivian Hase, Eric Nowak.



Art Club: Front Row: Mrs. Saggars, Pattie Lieth, Matt Dietze, Greg Patterson, Lizzie Chock. **Back Row:** Laura Ha, Lisa Dunn, Brian Self, Touny Navamal.



Women's Concert Choir: Front Row: Rachel Yonts, Adrienne Tunstall, Laura Montoya, Jamie Watson, Shannon Brown, Mary Dawes, Dannielle McKinnon, Robyn Stansbery. **Second Row:** Christa Gerogolian, Denise Giampa, Carmen Moreno, Megan Gottlieb, Heesun Lee, Heebin Park, Blythe Dutton, Leah Severance, Sheletha Holden. **Third Row:** Molly Mcewan, Betsy Kenny, Jennifer Brown, Terri Sams, Melody Pete, Chris Severance, Melanie Robertson, Kris Kiehl, Heather Woodcock, Amanda Sachs. **Back Row:** Jessica Wariner, Cyndee McCool, Ebony Allen, Michael Meriweather, Erika Braxton, Kristen Rigby, Karen Easterline, Amy Thomas, Heather Fahnestock, Melissa Puttree, Holly Johnson.



Viking Chorale: Front Row: Becca Jones, Sabra Unterzuber, Amy Brown, Terri Chiarito, Kelly Hengst, Shiela Franco, Maggie Horn, Martin Boone, Stuart Burchett, Larry Dennis, Todd Breland. **Second Row:** Kathy Coates, Sarah Nardotti, Melissa Cummings, Angel Bruck, Jennifer Cave, Stephanie Flowers, Bobby Holand, Cheo Vickers, Sung Pak. **Third Row:** Raquel Trinidad, Michelle Davis, Kathy Short, Katie Allen, Melissa Holowecki, Amy Burchell, Mary Mayzell, Bary Gauch, Eric Frieson, Travis Hotop, Nevin Hewlett. **Back Row:** Sheri Berry, Kelli Hawthorne, Lilly Alvidrez, Alicia Shamurd, Hilary Clark, James Earl Pierce, Tyrone Noel, Da'jour Turner.

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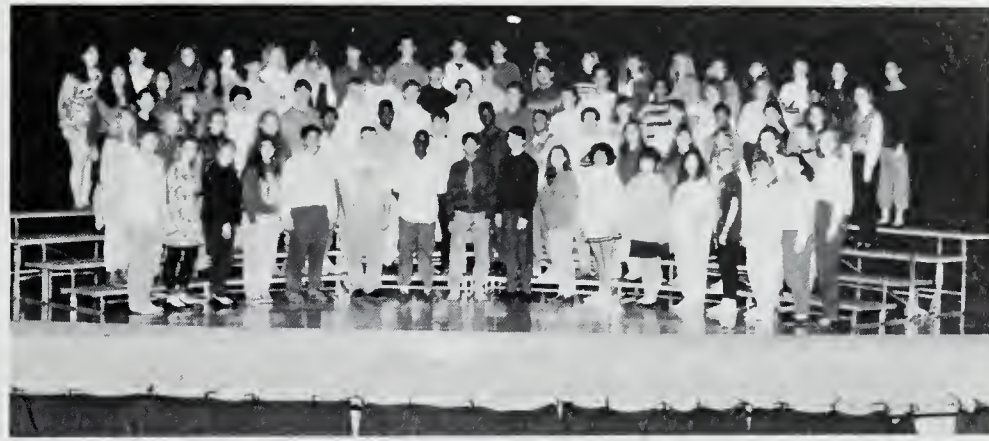
D

Dr. Seuss, (Theodore Seuss Geisel), died September 24, 1991. He was best known for children's nonsense books such as *The Cat in the Hat* and *Green Eggs and Ham*.

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Concert Choir: Front Row: Nadia El-najjar, Melissa McMullen, Tracy Sinkovic, Joel Herera, Marty Myers, Tim Harris, Tavian Caudwell, Richard Krimmer, Kelly Farley, Gigi Guerrero, Urara Ashara, Gail Emerson, Charity Garrel, Beth Moffitt, Shelly Robinson. **Second Row:** Kari Lowery, Julie Harris, Katie VanAllen, Tracy Torre, Curtis Pereira, Robert Wofford, John Mustachio, Mr. Burns, Wes Campbell, Kenny Trott, Barbara Greyson, Cathy Reynolds, Rochelle Huling, Jen Lind, Diana Hyle. **Third Row:** Holly Jonely, Katrina Wahu, Renee Bryson, David Leventhal, Mike Cole, Mark Perry, Bob King, Andy Craig, Andrew Austin, Melanie Savon, Erin Carter, Venice Morales, Sue Han, Jennifer Tinsley. **Fourth Row:** Melanie Montanari, Courtney Turnbow, Sonia Singleton, Aaron Deadman, Matt Torrence, Arthur Lockamy, Jamie Chang, Jamie Place, Chuck Payne, Marcus Neto, Kelley Wilson, Kristin Quinn, Melissa Riley, Timako Allen, Sarah Weiland. **Back Row:** Jennifer Canaan, Sarah Allen, Jennifer Sutton, Angela Woodcock, Ann Marie Hauser, A.C. Carter, Mark Dawson, Mike Huestis, James Kline, Shawn Kline, Roger Singh, Meredith Phillips, Kristen Peifer, Marci Buckles, Susan Layton, Martha Clark, Jennifer Bushong, Regina Taylor, Dirie Phillips.

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F

Cecil Jacobson, a former **Fertility Doctor** of Fairfax, VA went on trial for using his own sperm to impregnate his women patients. Prosecutors say he may have fathered as many as 75 kids.

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G

On the fourteenth of January, **George Bush** gave a gracious "arigatou" to Prime Minister Kiichi Miyazawa during dinner as he suddenly spewed his meal onto the lap of his host.

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E

"I will have to retire from the Lakers . . ." **Earvin Magic Johnson** announced to a shocked world that he had acquired the HIV virus after being sexually promiscuous in the past.

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Terry Anderson and two other **hostages** were released in the first week of October 1991. Held for 2,454 days, Anderson was the longest man held hostage in Lebanon.

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Yearbook: *Front Row:* Jessica Botta, Michelle Hummel, Holly Jonely, Elizabeth Callender, Kristyn Rivelles, Amy Staab, Jennifer Ivaniszek. *Second Row:* Laura Simon, Heather Wilson, Alli Walls, Teresa Cronin, Sharon Myskowski, Andy Staab, Scott King. *Third Row:* Amanda Crowe, Scott Cheatham, Amy Burns, Kate Drezek, Kim Trimble, Alan Gilstrapp, Kara Petersen. *Fourth Row:* Kirsten Powell, Laura Massaro, Lynne Gallitz, Arran McWhirter, Jimmy Gattis, Kate Duecy, Mrs. Dawn Moulen.



Eddas: *Front Row:* April Suchland, Melissa Reagan, Mrs. Cathy Hailey, Gail Emmerson. *Second Row:* Rachel Safely, Tricia Lloyd, Mary O'Malley, Carol Roth, Jennifer Harper. *Third Row:* Melissa Newberry, Shelly Robinson, Amy Zezula, Moanna Navarro, Barbara Garn. *Fourth Row:* Jason Ladner, Noah James, Scott McNett, Rich Waite, Walter Schawartz.

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I

The fad that swept the nation was *in line roller skating*. It was popular with both children and adults. A good pair of skates usually cost about one hundred dollars in toy stores.

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J

Serial killer *Jeffrey Dahmer* was put on trial for the murder of 15 young men, after drugging them, performing crude lobotomies, having sex, and saving parts later to eat.

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Woodbridge Singers: *Front Row:* Belen Pifel, Joel Herrera, Amanda Lance, Scott Lonely, Beth Moffit. *Second Row:* Charity Garret, Tom Weed, Kenny Trott, Tiffany De Bloois. *Third Row:* Arthur Lockamy, Tim Harris, Jennifer Cannan, Diane Hyle, Holly Jonely, Shawn Kline. *Back Row:* Chuck Payne, Sarah Allen, Marcus Meto, Andrew Austin, Jennifer Bushong, Andy Craig.



Pep Club: *Front Row:* Julie Arend, Shelly Robinson, Amy Lynn, Jasi Artis. *Second Row:* Joelen Marsh, Kelly Wilson, Jennifer Smith, Guillermo Corea. *Third Row:* Susan Lee, Kristin Diehl, Mary O'Malley, Jason Portell. *Back Row:* Christine Little, Rick Krimmer, Jennifer Wilson.



Jazz Band: *Front Row:* Jay Johnson, Trina Davis, Ben Wilson. *Second Row:* Shawn Gooden, John Boyd, Louis Ramos, Arran McWhirter. *Third Row:* Matt Holmes, Bill Holbrook, Keith Wilson, David Deel.

K

Kimberly Bergalis, the first person to get AIDS from a health care worker, died on December 8, 1991 at the age of 23. She contracted the disease in 1987 from her dentist, David J. Acer.

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Symphonic Band: Front Row: Susan Hickerson, Angela Sampson, Amy Ynn, Whdellas Vasquez, Amy Sanders, Trina Davis, Marie Ambrogio, Karan Reignay. **Second Row:** Ernie Cunningham, Tivona Jenkins, Kristin Ker, Rachel Safley, John Boyd, Michelle Clearn, Susanne Moyer, Jason Gregory, Kristy Reinhart, Kelly Popp, Jay Johnson. **Third Row:** James Harmon, Craig Milligan, Jimmy Pratte, Jenny Bugg, Jody Malinkowski, Sheila McLaughlin, Amy Trice, Kathy DeMarse, Louis Ramos, Nathen Piazza, Chuck Barchuck. **Fourth Row:** Karsten Halusa, Natalie Kissinger, Jen Lojewski. Paul Powers, Beth Burns, Chris Osburn, Ramon Sasmita, Brian Fuhrman, David Deel, Ryan Spyker, Chris Haran, Guillermo Corea. **Back Row:** David Aylor, Terrance McQuade, Alfonz De Pardy, Arran McWhirter, Laura Massaro, Paul Lossier, Nathan Zezula, Tim Miller, Bill Holbrook, Christy Riser, Matt Holmes, Peter Piers.

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N

Nirvana, the most popular band of its time, gained its fame when "Smells Like Teen Spirit" burst through the charts, knocking Michael Jackson's "Dangerous" from the top spot.

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Ozone hole — "The threat is not for the future, it's for now." A new study this year showed the ozone layer in Northern USA, Canada, Europe, and Russia was depleting.

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P

A combined phenomenon of liberal views and self discipline, **Paul Tsongas** took the nation by storm. After beating lymphoma, he became the first cancer-conquering candidate.

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Cosmetology Club: **Front Row:** Jamile Ayala, Shely Markley, Paula Emerson, Wendy Taylor, Kima Wooden, Trudy Holmes, LaShonda Owens, Mrs. Dorsey. **Second Row:** Ana Portillo, Cindy Subt, Tanya Lateff, Tina Scales, Mindi Carroll, Jennifer Dunivan, Shelly Khalique. **Third Row:** Renee Merritt, Crystal Thurmar, Tina Mitchell, Dawn Dodson, Melissa Cummings, Erika Rodriguez, Nicole Bacon, Mrs. Myles. **Back Row:** Angie Bell, Jennee O'Neill, James Pickrel, Lauren McNeil, Jennifer Kingrey, Gisela Aponte.



Concert Orchestra: **Front Row:** Marva Wilcok, Michele Bidelspaen, Rodney Wilson, Rebecca Gale, Stephanie Boska, Christine Beck, Tracy Irion. **Second Row:** Joe Herman, Kelly Couch, Teri Carter, Stephanie Joseph, Lynn Slatcher, Sarah Young, Suzanne Ritchie. **Third Row:** Madeline Neely, Eric Dobbs, Tanya Warren, Rosangela Dimanto, Kathy Hooze, Courtney Jones, Jessica Cunningham, Deshay Jones. **Fourth Row:** Reggie Ray, Mike Saure, Amy Sutton, Amy Izzo, Rachel Woolfolk, Kyle Jones, Pat Grieco. **Back Row:** Jason Baumgardt, Jennifer Couley, Michele Losius, Keith Wells, Shelly Piazza, Jacqueline Smith.

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R

"Read my lips." George Bush states that he will lift the nation out of the longest **recession** since the 1930's. Actions speak louder than words, George.

Q

Queen Elizabeth II was the first British monarch to go to an American baseball game. On May 15 she sat with President Bush and watched the Orioles play the A's. (A's won 6-3)

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Orchestra Ensemble: *Front Row:* Stephanie Patterson, Michelle Hummel, Andy Phillips, Treon Brown, Michelle Fujisaki, JoEllen Marsh, Susan Lee. *Second Row:* Allison Vaughn, Rob Elliott, Thomas Wynne, Marc Johannsen, Jeanne Ward, Kara Ker. *Back Row:* Kari Chatfield, Jason Schooler, Josh Turnquist, Joy Dawson, Todd Thiel, Chris Smith, Mike Swann.



Viking TV Club: *Front Row:* Kri Handman, Rene Filipovich, Jenn Boyt, Donna Guerrero, Jamie Buchanan. *Second Row:* Steve Haines, Lee Ross, Sharone Brown, Dan Brown, Mike Smith, Verolga Steverson, Meme Robinson, Mr. Darin Jensen. *Third Row:* Bill Weappa, Grant Lattin, Mike Smith, Cheo Vickers, Mike Andrews, Andrew Hilton, Azish Filabi. *Back Row:* Larry Carter, Theo Fikre, Rudy Jackson, Tinka Bartels, Yvette Jordan, D.J. Teetz, Nakia Harris, Brian Halley, Tyrone Turner.



SADD: *Front Row:* Soorena Safaie, Scott Shober, Kristen Lee. *Second Row:* Nancy Rankin, Michelle Ford, Jenny Parks, Janet Park, Karen D'Sousa, Heather Conti, Carmen DuBose, Sarah Williams. *Third Row:* Jennifer Ivanisek, Bryan Foley, Arshia Ahmadi-Nabi, Lisa Dunn, Keri Pratcher, Michelle Fugisaki, Alli Walls, Lynne Gallitz, Katrina Wahus, Julie Harris. *Fourth Row:* Rachael Safley, David Showers, Jennifer Sutton, Heather Heft, Hunter Johnston, Kristy Riser, William Holbrook, Sarah Conk.

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S

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German Club: *Front Row:* Katinka Bartels, Mindy Ferguson, Bridget Nieusma, Katie Eminger, Mr. Rose, Chris Sciara. *Second Row:* Jason Kinchelor, Michael Harmon, Rachael Baltezore, Alexander Etsel, Marcia McIntosh, Rodney Wilson. *Third Row:* Daniel Cleary, Bill Foote, Brian Alszyk, Heather Hendricks, Robert Harhnak, Ashton Fairlamb, Mary Johnson, Scott Jaquays, Kristen Diehl, Katrina Ziegenhorn. *Back Row:* Michelle Davis, Amy Nelberg, Paul Powers, Stephanie Hockman, Nick Dellerman, Matt Cowan, D.J. Teetz, Tory Medaglia, Robert Ellic, Syed Kazmi.



Career Club: *Front Row:* Chip Hamilton, Angela Sampson, Tivona Jenkins, Jennifer Parks, Mrs. Robinson. *Second Row:* Stacy Parks, Tiffany Huggins, Brenda Simms, Jamie Lopez.

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In the 1991 World Series, Atlanta Braves fans showed their spirit by imitating an Indian tradition, the **"Toma-hawk Chop."** Two famous participants included Jane Fonda and Jimmy Carter.

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U

Albertville, France was home to the 1992 Olympics. The **U.S Olympians** went home with eleven medals. The women were the powerhouse of the Olympics, bringing home nine medals.

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V

The Presidential election of 1992 brought heartbreak to many candidates, such as **Virginia's Governor Doug Wilder**. He had to drop out of the race due to unpopularity.

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Model U.N.: Front Row: Daniela McAllister, Bridget Nieuwsna. **Second Row:** Pat Hilton, Jennifer Smith, Robbie Walter, Dennis Stuart.



Science and Ecology Club: Front Row: Allison Melton, Janet Park, Daren Disouza, Dr. Jim Young (sponsor). **Second Row:** Susan Trussell, Kelly Publicover, Eric Keehan.

W

A woman's condom was developed to allow concerned women to protect themselves from AIDS and other sexually transmitted diseases, as well as unwanted pregnancies.

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X

American experienced **xenophobia** in January 1992 when over 6000 Haitian Boat People were refused political refugee status. They fled Haiti after the overthrow of Aristide.

Y

Since the republics of Croatia and Slovenia declared independence in June, **Yugoslavia** has been in a cycle of civil war that the United Nations could not stop.

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Z

Zip Code 90210 became famous after millions of teenagers tuned in on Thursday's to watch the latest teen drama, *Beverly Hills 90210* with its cast of heart throbs.

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Editor's Note

To the student body: If you don't like the maroon cover, please understand, it's a twist on tradition.

To the staff: I know my standards for this book were high, even demanding and occasionally irrational, but you guys did a fabulous job. You went along with what I asked and the result is magnificent.

To the editors: Way to go! I appreciate your ideas and thank you for listening to mine. I can never thank you enough for working with me, not against me.

To Mrs. Moulen: Congratulations and you can stop worrying. The book is by far the best book Woodbridge has ever seen and I'm not biased either.

To my friends and family: You guys have put up with a ton; I promise I'll stop talking about the book.

To Jen: Thanks . . . I owe you a Blizzard.

A Twist On tradition

The cycle has come full circle. The *Twists* were incorporated into the traditions to make for an eventful year.

On Tuesday, February 4th a snake found its way into a transformer and cut off the electricity. The transformer had to be replaced while students lounged around at home.

ACT UP, an AIDS activist organization, passed out condoms and AIDS literature at the entrance of the student parking lot for the second time on March 2nd.

The Class of 1992 sold plots of land at \$10 a piece for the "Meadow Muffin Contest" held April 4th. The contest was designed as a fundraiser for graduation.

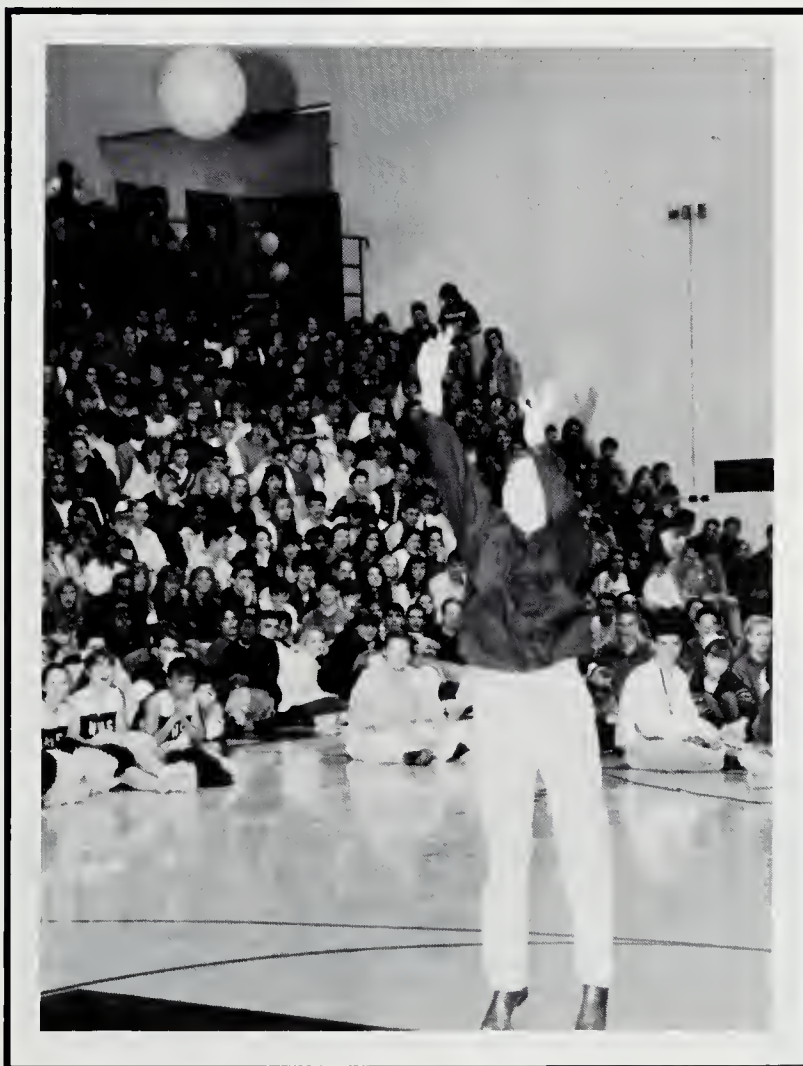
It was . . . a *Twist* on tradition.





Au, au secours! Seniors Christa Davidson, Carol Roth, and Tracy Torresing "Help, help me Rhonda" in French for Foreign Language Night.

See ya later! Junior Kari Pratscher hangs out her bus window to talk to her friends before the bus departed for an away volleyball game.



Shoot it! Sophomore Susan Laver represents her class in a basketball contest during the Potomac Pep Rally held on February 14.



A moment for unity. Surrounded by smoke from the light show a few minutes earlier, the Boys' Varsity Basketball Team takes a second to rally team spirit before the Potomac game. This game,

played at home on January tenth, contributed a victory to their 22-3 season record. The team finished first in the regular season, but the boys lost to Gar-Field in the District Tournament.

A Twist On tradition





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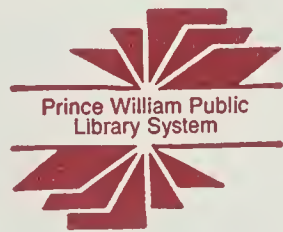
1992

Woodbridge Senior High School (W
Woodbridge Senior High School
Valhalla yearbook /

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Colophon

The 1700 copies of the 1992 **Valhalla** were printed by Herff Jones Yearbook Company in Gettysburg, Pennsylvania. Each book cost \$30, \$35, or \$37.50 due to a progressive price increase. Publishing Representative Tom Tanton and Customer Service Advisor Barb Merson aided in publication.

The cover is a school designed quarterbound cover. The base materials are maroon and antique white. The applied colors are silkscreen laquer black (#26) and gold foil. In addition, a whirl-pool grain has been applied. The cover has been turned on 160 pt. binder board.

The endsheets are also school designed. They are printed on 100# ecru colortext stock. The applied lithograph inks are black (HJ 950) and maroon (HJ 194). Also, gold foil has been applied to the front endsheet. "Tradition" is printed in Times Roman. "A Twist On" is printed in Kaufman.

The 324 pages are printed on 80# bordeaux enamel stock with 64 pages of four color process. The signatures are smythe sewn and have been rounded and backed. Body type is 10 pt. Korinna and captions are 8 pt. Korinna Bold.

All four color process senior portraits and black and white underclassmen portraits were taken by Segall-Majestic Photography Studios in Baltimore, Maryland.

The 1991 **Valhalla** received a Trophy Class rating from the Virginia High School League, an All American rating from the National Scholastic Press Association, an All Southern rating from the Southern Interscholastic Press Association, and a Medalist Award from the Columbia Scholastic Press Association.

